Daftar Pustaka

APA Dictionary of Psychology. (2018). *Neuroplasticity.* Retrieved May 22, 2024 https://dictionary.apa.org/neuroplasticity

APA Dictionary of Psychology. (2018). *Cognitive Process.* Retrieved May 22, 2024 https://dictionary.apa.org/cognitive-process

APA Dictionary. (2018). *Behavior Checklist*. Retrieved April 7, 2023, from https://dictionary.apa.org/behavior-checklist

APA Dictionary. (2018). Sensory System. Retrieved January 12, 2024, from https://dictionary.apa.org/sensory-system

Bauer, C. M., Hirsch, G. V., Zajac, L., Koo, B., Collignon, O., & Merabet, L. B. (2017). Multimodal MR-imaging reveals large-scale structural and functional connectivity changes in profound early blindness. *PloS One, 12*(3), e0173064. https://doi.org/10.1371/journal.pone.0173064

Bennett, R. (2023). A multisensory approach for children with CVI. *Perkins School for the Blind*. Retrieved April 23, from https://www.perkins.org/amultisensory-approach-for-children-with-cvi/

Boyce, C. W., & Neale, P. (2006). Conducting in-depth interviews: a guide for designing and conducting in-depth interviews for evaluation input. *Pathfinder International*. https://www.popline.org/node/177523

Cho, J.-D. (2021). Muti-Sensory Interaction for Blind and Visually Impaired People. Electronics, 10(24), 3170. https://doi.org/10.3390/electronics10243170

Connolly, K. (2014). Multisensory perception as an associative learning process. *Frontiers in Psychology*, *5*. https://doi.org/10.3389/fpsyg.2014.01095

Doyle, L., McCabe, C., Keogh, B., Brady, A., & McCann, M. (2020). An overview of the qualitative descriptive design within nursing research. *Journal of research in nursing : JRN*, *25*(5), 443–455. https://doi.org/10.1177/1744987119880234

Elliott, V. (n.d.). *Thinking about the Coding Process in Qualitative Data Analysis*. NSUWorks. https://nsuworks.nova.edu/tqr/vol23/iss11/14/

Enoch, J., McDonald, L., Jones, L., Jones, P. R., & Crabb, D. P. (2019). Evaluating Whether Sight Is the Most Valued Sense. *JAMA ophthalmology*, 137(11), 1317–1320. https://doi.org/10.1001/jamaophthalmol.2019.3537

Franchini, B. E. 2021. High-Intensity Interval Training in Judo. *The Arts and Sciences of Judo*. 1(1):35-45.

Franchini, E., De Moura, C. F. D., Shiroma, S. A., Humberstone, C., & Julio, U. F. (2019). Pacing in judo: analysis of international-level competitions with different durations. *International Journal of Performance Analysis in Sport*, *19*(1), 121–130. https://doi.org/10.1080/24748668.2019.1570458

Gori, M., Cappagli, G., Baud-Bovy, G., & Finocchietti, S. (2017). Shape Perception and Navigation in Blind Adults. *Frontiers in Psychology*, 8. https://doi.org/10.3389/fpsyg.2017.00010

Gross, E. B., & Medina-DeVilliers, S. E. (2020). Cognitive Processes Unfold in a Social Context: A Review and Extension of Social Baseline Theory.

Frontiers in psychology, *11*, 378. https://doi.org/10.3389/fpsyg.2020.00378

Hutmacher F. (2019). Why Is There So Much More Research on Vision Than on Any Other Sensory Modality?. *Frontiers in psychology*, 10, 2246. https://doi.org/10.3389/fpsyg.2019.02246

Hutmacher, F. (2021). What is our most important sense? *Frontiers for Young Minds, 9*. https://doi.org/10.3389/frym.2021.548120

Internasional Blind Sports Association. (2023). *Judo.* Retrieved March 11, 2024 https://ibsajudo.sport/about-judo/classification/

Kalat, J. W. (2020). *Biological Psychology (13th ed).*

Kashiwagura, D. B., & Franchini, E. (2022). The grip dispute (kumi-kata) in judo: A scoping review. *Revista De Artes Marciales Asiáticas*, *17*(1), 1–18. https://doi.org/10.18002/rama.v17i1.7030

Kılıç, F., Karakoç, Ö., & Karakoç, B. (2022). The Effects Judo Trainings On Static And Dynamic Balance Test and Physical Parameters Of The Adolescence Children. *Asian Exercise and Sport Science Journal, 6(*1). https://doi.org/10.30472/aesj.v6i1.287

Kim, H., Sefcik, J. S., & Bradway, C. (2017). Characteristics of Qualitative Descriptive Studies: A Systematic Review. *Research in nursing & health*, *40*(1), 23–42. https://doi.org/10.1002/nur.21768

Kons, R. L., Patatas, J. M., Franchini, E., Bragança, J. R., & Detanico, D. (2022). Tactile and auditory stimuli can improve the specific physical performance

of Para-Judo athletes with varied origins of visual impairment. *Perceptual and Motor Skills*, *130*(1), 419–433. https://doi.org/10.1177/00315125221143256

Kons, R. L., Pupo, J. D., Ache-Dias, J., Garcia, T., Da Silva, R. R., Katicips, L. F. G., & Detanico, D. (2018). Effect of official judo matches on handgrip strength and perceptual responses. *Journal of Exercise Rehabilitation*, *14*(1), 93–99. https://doi.org/10.12965/jer.1835156.578

Kons, R., Krabben, K., Mann, D. L., & Detanico, D. (2021). Effect of vision impairment on match-related performance and technical variation in attacking moves in Paralympic judo. *Journal of Sports Sciences*, 39(S1), 125-131. DOI: 10.1080/02640414.2021.1945776

Krabben, K. J., Ravensbergen, R. H. J. C., Nakamoto, H., & Mann, D. L. (2019). The Development of Evidence-Based Classification of Vision Impairment in Judo: A Delphi Study. *Frontiers in Psychology,* 10(98). doi: 10.3389/fpsyg.2019.00098

Krabben, K., Mann, D. L., Van Helden, A., Kalisvaart, Y., Fortin-Guichard, D., Van Der Kamp, J., & Savelsbergh, G. J. (2021). Getting a grip on the resilience to blur: The impact of simulated vision loss on a visually guided combat sports interaction. *Psychology of Sport and Exercise*, 55, 101941. https://doi.org/10.1016/j.psychsport.2021.101941

Krabben, K., Mann, D., Lojanica, M., Mueller, D., Dominici, N., Van Der Kamp, J., & Savelsbergh, G. (2021). How wide should you view to fight?

Establishing the size of the visual field necessary for grip fighting in judo. *Journal of Sports Sciences*, *40*(2), 236–247. https://doi.org/10.1080/02640414.2021.1987721

L, R., H, M., A, A., A, G., & K, A. (2019). Impact of coordination training on the development of speed among young judokas from 10 to 12 years old. *Pedagogics Psychology*. 325-329.

Laby, D. M., & Appelbaum, L. G. (2021). Review: Vision and On-field Performance: A Critical Review of Visual Assessment and Training Studies with Athletes. *Optometry and vision science : official publication of the American Academy of Optometry*, 98(7), 723– 731. https://doi.org/10.1097/OPX.0000000000001729

Lee, H. K., & Whitt, J. L. (2015). Cross-modal synaptic plasticity in adult primary sensory cortices. *Current opinion in neurobiology*, *35*, 119–126. https://doi.org/10.1016/j.conb.2015.08.002

Lee, Y.; Lee, C.-H.; Cho, J.D. 3D Sound Coding Color for the Visually Impaired. *Electronics 2021*, 10, 1037. https://doi.org/10.3390/ electronics10091037

Liebenberg, L., Jamal, A., & Ikeda, J. (2020). Extending youth voices in a participatory thematic analysis approach. *International Journal of Qualitative Methods*, *19*, 160940692093461.

Liljenström, H. (2021). Consciousness, decision making, and volition: freedom beyond chance and necessity. *Theory in Biosciences*, *141*(2), 125–140. https://doi.org/10.1007/s12064-021-00346-6

Luan, M., Maurer, H., Mirifar, A., Beckmann, J., & Ehrlenspiel, F. (2020). Multisensory action effects facilitate the performance of motor sequences. *Attention, Perception & Psychophysics*, *83*(1), 475–483. https://doi.org/10.3758/s13414-020-02179-9

Lufityanto, G., Donkin, C., & Pearson, J. (2016). Measuring Intuition: Nonconscious Emotional Information Boosts Decision Accuracy and Confidence. *Psychological science*, *27*(5), 622–634. https://doi.org/10.1177/0956797616629403

Lunn, J., Sjoblom, A., Ward, J., Soto-Faraco, S., & Forster, S. (2019). Multisensory enhancement of attention depends on whether you are already paying attention. *Cognition*, *187*, 38–49.

Mariani, A. M., & Lembo, L. (2021). *Multisensory training: motor learning and sports performance in young athletes*.

Martins, H. S., Lüdtke, D. D., César , J., Cidral-Filho, F. J., Inoue Salgado, A. S., Viseux, F., & Martins, D. F. (2019). Effects of core strengthening on balance in university judo athletes. *Journal of bodywork and movement therapies*, *23*(4), 758–765. https://doi.org/10.1016/j.jbmt.2019.05.009

Naeem, M., Ozuem, W., Howell, K., & Ranfagni, S. (2023). A Step-by-Step process of thematic analysis to develop a conceptual model in qualitative research. *International Journal of Qualitative Methods*, *22*. https://doi.org/10.1177/16094069231205789

National Paralympic Heritage Trust. (2017). *Judo*. Retrieved March 5, 2023, from https://www.paralympicheritage.org.uk/judo

O'Brien, J., Ottoboni, G., Tessari, A., & Setti, A. (2020). Multisensory perception, verbal, visuo-spatial and motor working memory modulation after a single open- or Closed-Skill exercise session in children. *Journal of Cognitive Enhancement*, *5*(2), 141–154. https://doi.org/10.1007/s41465-020-00189-x

Orquin, J. L., Lahm, E. S., & Stojić, H. (2021). The visual environment and attention in decision making. *Psychological Bulletin*, 147(6), 597– 617.

Pangestika, A. C., Dhuta, N. L., Qalbi, F. A., Safei, K., Salsabilla, S., & Andriana, E. (2023). *Blindsight & Reflex Action: Bagaimana Membangun Kemampuan Atlet Blind Judo Dalam Menyadari Pergerakan Lawan di Bawah Ketidaksadaran Visual?*. [Unpublished Manuscript]

Paillard, T. (2019). Relationship between sport expertise and postural skills. *Frontiers in Psychology*, 10(1428), 1-9.

Pieniak, M., Lachowicz-Tabaczek, K., Karwowski, M., & Oleszkiewicz, A. (2022). Sensory compensation beliefs among blind and sighted individuals. *Scandinavian Journal of Psychology,* 63(1), 72–82. https://doi.org/10.1111/sjop.12781

Pike G., Edgar G., Edgar H. (2012). "Perception," in Cognitive Psychology, eds Braisby N., Gellatly A. (Oxford: Oxford University Press;), 65–99.

Piras, A., Pierantozzi, E., & Squatrito, S. (2014b). Visual Search Strategy in Judo Fighters during the Execution of the First Grip. *International Journal of Sports Science & Coaching*, *9*(1), 185–198. https://doi.org/10.1260/1747-9541.9.1.185

Powis, B., & Macbeth, J. L. (2023). Running blind: the sensory practices of visually impaired runners. *Qualitative Research in Sport, Exercise and Health*, 1–15. https://doi.org/10.1080/2159676x.2023.2284704

Puderbaugh, M., & Emmady, P. D. (2023, May 1). *Neuroplasticity*. StatPearls - NCBI Bookshelf. https://www.ncbi.nlm.nih.gov/books/NBK557811/

Purinton, E. F., & Burke, M. M. (2019). Engaging Online Students: Using A Multisensory Exercise For Deeper, Active Learning. *Marketing Education Review*, *30*(1), 29–42. https://doi.org/10.1080/10528008.2019.1677478

Quak, M., London, R. E., & Talsma, D. (2015). A multisensory perspective of working memory. *Frontiers in Human Neuroscience*, *9*. https://doi.org/10.3389/fnhum.2015.00197

Rodrigues, P. (2020). Sports vision : influence on athlete's performance. Acta Scientific Ophthalmology, 3(5), 61–68.

Sengul, D. (2017). Planning Implementation of Training to WIn Performance by Visually Impaired of Study Case. Nobel International Journal of Social Science Research, 2(7). 74-80.

Silva, P. G., Rios, L. C., Oyama, P. R. L., Regatieri, C. V. S., Moscovici, B. K., Schor, P., & Schor, B. (2020). Visual function of high-performance judokas. *the Pan-American Journal of Ophthalmology*, *2*(1), 12. https://doi.org/10.4103/pajo.pajo_13_20

Silva, P. R., Farias, T., Cascio, F., Santos, L. D., Peixoto, V., Crespo, E., Ayres, C., Ayres, M., Marinho, V., Bastos, V. H., Ribeiro, P., Velasques, B., Orsini, M., Fiorelli, R., De Freitas, M. R. G., & Teixeira, S. (2018). Neuroplasticity

in visual impairments. *Neurology International*, *10*(4). https://doi.org/10.4081/ni.2018.7326

Soto-Faraco, S., Kvasova, D., Biau, E., Ikumi, N., Ruzzoli, M., Morís-Fernández, L., & Torralba, M. (2019). Multisensory interactions in the real world. https://doi.org/10.1017/9781108578738

Spering, M. (2022). Eye Movements as a Window into Decision-Making. *Annual Review of Vision Science*, 8(1), 427– 448. https://doi.org/10.1146/annurev-vision-100720-125029

Teichert, M., Isstas, M., Liebmann, L., Hübner, C. A., Wieske, F., Winter, C., Lehmann, K., & Bolz, J. (2019). Visual deprivation independent shift of ocular dominance induced by cross-modal plasticity. *PloS One*, *14*(3)

Von Bernhardi, R., Bernhardi, L. E., & Eugenín, J. (2017). What is neural plasticity? In *Advances in experimental medicine and biology* (pp. 1–15). https://doi.org/10.1007/978-3-319-62817-2_1

Voss, P., Collignon, O., Lassonde, M., & Lepore, F. (2010). Adaptation to sensory loss. Wiley Interdisciplinary Reviews. *Cognitive Scienc*e, 1(3), 308–328. https://doi.org/10.1002/wcs.13

Weller, S. C., Vickers, B., Bernard, H. R., Blackburn, A. M., Borgatti, S.,Gravlee, C. C., & Johnson, J. C. (2018). Open-ended interview questions and saturation. *PloS one*, 13(6), e0198606. https://doi.org/10.1371/journal.pone.0198606