

DAFTAR PUSTAKA

- Albert, P. 2015. "Why Is Depression More Prevalent in Women?" *Journal of Psychiatry & Neuroscience* 40(4): 219–21. <https://doi.org/10.1503/jpn.150205>.
- Anguzu, R., Sneha N, Aprill Z.D., Rebekah J.W., & Leonard E.E. 2021. "Age and Gender Differences in Trends and Impact of Depression on Quality of Life in the United States, 2008 to 2016." *Women's Health Issues* 31(4): 353–65. <https://doi.org/10.1016/j.whi.2021.02.005>.
- Baek, S-U., Minseok K., Myeong-Hun L., Taeyeon Kim, Jong Uk Won, & Jin-Ha Yoon. 2023. "Working Hours and the Onset of Suicidal Ideation and Depressive Symptoms: A 10-Year Nationwide Longitudinal Study in South Korea (2012–2022)." *Psychiatry Research* 326 (August): 115344–44. <https://doi.org/10.1016/j.psychres.2023.115344>.
- Baek, S-U., Jong-Uk W., & Jin-Ha Y. 2023. "The Role of Work–Family Conflict in the Association between Long Working Hours and Workers' Sleep Disturbance and Burnout: Results from the Sixth Korean Working Conditions Survey." *BJPsych Open* 9(5): e165. <https://doi.org/10.1192/bjo.2023.555>.
- Bakker, A.B., & Juriena D.D.V. 2021. "Job Demands–Resources Theory and Self-Regulation: New Explanations and Remedies for Job Burnout." *Anxiety, Stress, & Coping* 34(1): 1–21. <https://doi.org/10.1080/10615806.2020.1797695>.
- Barnet, R.C., & Karen C.G. 2000. "Reduced-Hours Job-Role Quality and Life Satisfaction among Married Women Physicians with Children." *Psychology of Women Quarterly* 24(4): 358–64. <https://doi.org/10.1111/j.1471-6402.2000.tb00218.x>.
- Barnett, R.C., Karen C.G., & Robert T.B. 2009. "Reconsidering Work Time: A Multivariate Longitudinal Within-Couple Analysis." *Community, Work & Family* 12(1): 105–33. <https://doi.org/10.1080/13668800802550052>.
- Codella, R., & Andrea C. 2023. "Physical Inactivity and Depression: The Gloomy Dual with Rising Costs in a Large-Scale Emergency." *International Journal of Environmental Research and Public Health* 20(2): 1603. <https://doi.org/10.3390/ijerph20021603>.
- Davidson, A.J., Stanley X., Carlos I.A.O., M.J.D., Emily V.M., John F.S., Edward H., & Arne B. 2018. "Monitoring Depression Rates in an Urban Community: Use of Electronic Health Records." *Journal of Public Health*

Management and Practice 24(6): E6–14.
<https://doi.org/10.1097/phh.0000000000000751>.

Ferrari, A. J., A. J. Somerville, A. J. Baxter, R. Norman, S. B. Patten, T. Vos, & H. A. Whiteford. 2013. “Global Variation in the Prevalence and Incidence of Major Depressive Disorder: A Systematic Review of the Epidemiological Literature.” *Psychological Medicine* 43(3): 471–81.
<https://doi.org/10.1017/s0033291712001511>.

Fuchs, E., & Gabriele F. 2004. “Cellular Consequences of Stress and Depression.” *Dialogues in Clinical Neuroscience* 6(2): 171–83.
<https://doi.org/10.31887/dcns.2004.6.2/efuchs>.

“Global Burden of Disease Study 2017 (GBD 2017) Data Resources | GHDx.” n.d.
Ghdx.healthdata.org. <https://ghdx.healthdata.org/gbd-2017>.

Hashmi, H A, M Khurshid, & I Hassan. 2007. “Marital Adjustment, Stress and Depression among Working and Non-Working Married Women.” *Internet Journal of Medical Update - EJOURNAL* 2(1).
<https://doi.org/10.4314/ijmu.v2i1.39843>.

Huynh, T.B., Vanessa M.O., Bricia T., Kari M., D.A.Q., Jannie J.K., Francisco D., & Alejandra V. 2022. “Association between Informal Employment and Depressive Symptoms in 11 Cities in Latin America.” *SSM - Population Health* 18 (June): 101101. <https://doi.org/10.1016/j.ssmph.2022.101101>.

Kendler, K.S., & Charles O.G. 2014. “Sex Differences in the Pathways to Major Depression: A Study of Opposite-Sex Twin Pairs.” *American Journal of Psychiatry* 171(4): 426–35.
<https://doi.org/10.1176/appi.ajp.2013.13101375>.

Kim, J., & Eun-Cheol P. 2021. “The Impact of Work Hours on Depressive Symptoms among Koreans Aged 45 and Over.” *International Journal of Environmental Research and Public Health* 18 (3): 853.
<https://doi.org/10.3390/ijerph18030853>.

Kim, W., Eun-Cheol P., Tae-Hoon L., & Tae H.K. 2016. “Effect of Working Hours and Precarious Employment on Depressive Symptoms in South Korean Employees: A Longitudinal Study.” *Occupational and Environmental Medicine*, August, oemed-2016-103553. <https://doi.org/10.1136/oemed-2016-103553>.

Lee, J.S, Ji S.L., Song Y.C, Eunsoo W., Hyun Y.J., Moon S.L., Young G.K, Changsu H., & Kyu T.H. 2022. “Association between Work-Family Conflict and Depressive Symptoms in Female Workers: An Exploration of Potential Moderators.” *Journal of Psychiatric Research* 151(4): 113–21.
<https://doi.org/10.1016/j.jpsychires.2022.04.018>.

- Li, Z., Junming D., Ning W., Yingnan J., Junling G., & Hua F. 2019. "Effect of Long Working Hours on Depression and Mental Well-Being among Employees in Shanghai: The Role of Having Leisure Hobbies." *International Journal of Environmental Research and Public Health* 16(24): 4980. <https://doi.org/10.3390/ijerph16244980>.
- Ma, X. 2023. "Impact of Long Working Hours on Mental Health: Evidence from China." *International Journal of Environmental Research and Public Health* 20(2): 1641. <https://doi.org/10.3390/ijerph20021641>.
- Melchior, M., Avshalom C., Barry J.M., Andrea D., Richie P., & Terrie E.M. 2007. "Work Stress Precipitates Depression and Anxiety in Young, Working Women and Men." *Psychological Medicine* 37 (8): 1119–29. <https://doi.org/10.1017/s0033291707000414>.
- Milner, A., Tania K., Anthony D.L., Rebecca B., & Anne K. 2018. "Men's Work, Women's Work, and Mental Health: A Longitudinal Investigation of the Relationship between the Gender Composition of Occupations and Mental Health." *Social Science & Medicine* 204(5): 16–22. <https://doi.org/10.1016/j.socscimed.2018.03.020>.
- Mumang, A.A, Saidah S, Ida L.M., & Irawan Y. 2021. "Gender Differences in Depression in the General Population of Indonesia: Confounding Effects." Edited by Giovanni Galeoto. *Depression Research and Treatment* 2021(6): 1–8. <https://doi.org/10.1155/2021/3162445>.
- Nagina, P. 2009. "Investigating Occupational Stress among Married and Unmarried Working Women in Hyderabad City." *Pesquisa.bvsalud.org*, 21–37. <https://pesquisa.bvsalud.org/portal/resource/pt/emr-90990>.
- Nakata, A. 2017. "Long Working Hours, Job Satisfaction, and Depressive Symptoms: A Community-Based Cross-Sectional Study among Japanese Employees in Small- and Medium-Scale Businesses." *Oncotarget* 8(32). <https://doi.org/10.18632/oncotarget.18084>.
- Niedhammer, I., Lucile M., & Jean-François C. 2015. "Occupational Factors and Subsequent Major Depressive and Generalized Anxiety Disorders in the Prospective French National SIP Study." *BMC Public Health* 15(1). <https://doi.org/10.1186/s12889-015-1559-y>.
- Ogawa, R., Emiko S., Takami M., Makoto I., Masaru S., & Tetsuhiro M. 2018. "The Relationship between Long Working Hours and Depression among First-Year Residents in Japan." *BMC Medical Education* 18(1). <https://doi.org/10.1186/s12909-018-1171-9>.
- Park, S., Hyungdon K., Hongdeok S., Jae H.L., Daeun L., Dong-Hyuk C., & Suk-Kyu O. 2020. "The Negative Impact of Long Working Hours on Mental

Health in Young Korean Workers.” Edited by Sergio A. Useche. *PLOS ONE* 15(8): e0236931. <https://doi.org/10.1371/journal.pone.0236931>.

- Peltzer, K., & Supa P. 2018. “High Prevalence of Depressive Symptoms in a National Sample of Adults in Indonesia: Childhood Adversity, Sociodemographic Factors and Health Risk Behaviour.” *Asian Journal of Psychiatry* 33 (March): 52–59. <https://doi.org/10.1016/j.ajp.2018.03.017>.
- Rahayu, A.W. 2015. “Perempuan Dan Belenggu Peran Kultural.” *Jurnal Perempuan*. January 29, 2015. <https://www.jurnalperempuan.org/wacana-feminis/perempuan-dan-belenggu-peran-kultural>.
- Rojas, G., Vania M., Pablo M., Pamela F., & Álvaro J.M. 2019. “Improving Mental Health Care in Developing Countries through Digital Technologies: A Mini Narrative Review of the Chilean Case.” *Frontiers in Public Health* 7 (December). <https://doi.org/10.3389/fpubh.2019.00391>.
- Salk, R.H., Janet S.H., & Lyn Y.A. 2017. “Gender Differences in Depression in Representative National Samples: Meta-Analyses of Diagnoses and Symptoms.” *Psychological Bulletin* 143(8): 783–822. <https://doi.org/10.1037/bul0000102>.
- Sloan, D.M, & Arthur R.S. 2006. “Gender Differences in Depression.” *Women’s Health* 2 (3): 425–34. <https://doi.org/10.2217/17455057.2.3.425>.
- Targum, S.D., & Maurizio F. 2019. “Fatigue as a Residual Symptom of Depression.” *Innovations in Clinical Neuroscience* 8(10): 40–43. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3225130/>.
- Weston, G., Afshin Z., Elizabeth W., Livia A.C., & Anne M. 2019. “Long Work Hours, Weekend Working and Depressive Symptoms in Men and Women: Findings from a UK Population-Based Study.” *Journal of Epidemiology and Community Health* 73(5): 465–74. <https://doi.org/10.1136/jech-2018-211309>.
- Zhang, Y., Alicia G.D., Mazen E.G, Sundus S., & Laura P. 2023. “Work–Family Conflict and Depression among Healthcare Workers: The Role of Sleep and Decision Latitude.” *Workplace Health & Safety*, January, 216507992211399. <https://doi.org/10.1177/21650799221139998>.

