

Daftar Pustaka

- Alsa, A. (2007). *Pendekatan Kuantitatif & Kualitatif serta Kombinasinya dalam Penelitian Psikologi* (3 ed.). Pustaka Pelajar.
- Amira, F. S., & Mastuti, E. (2021). Hubungan antara Parent Attachment dengan Regulasi Emosi pada Remaja. *Buletin Riset Psikologi dan Kesehatan Mental*, 1(1), 837–843. <http://e-journal.unair.ac.id/index.php/BRPKM>
- Anisa, W., & Setiyawati, D. (2018). *Keluarga Pelaku Klithih* [Thesis tidak dipublikasikan]. Universitas Gadjah Mada.
- Avedissian, T., & Alayan, N. (2021). Adolescent well-being: A concept analysis. *International Journal of Mental Health Nursing*, 30(2), 357–367. <https://doi.org/https://doi.org/10.1111/inm.12833>
- Azwar, S. (2021). *Penyusunan Skala Psikologi* (3 ed.). Pustaka Pelajar.
- Azza, I. I., Asiyah, S. N., & Wardhani, P. (2023). Pengaruh koherensi dan fungsi keluarga pada kualitas hidup saat pandemi COVID-19. *GUIDENA: Jurnal Ilmu Pendidikan, Psikologi, Bimbingan dan Konseling*, 13(1), 38–49. <https://doi.org/10.24127/gdn.v12i2.6392>
- Badan Pusat Statistik. (2021). *Klasifikasi desa perkotaan perdesaan di Indonesia 2020*.
- Badan Pusat Statistik. (2023). *Statistik Indonesia 2023*.
- Bronfenbrenner, U. (1994). Ecological Models of Human Development. Dalam *International Encyclopedia of Education* (Kedua, Vol. 3, hlm. 37–43). Elsevier.
- Daniel, S. K., Abdel-Baki, R., & Hall, G. B. (2020). The Protective Effect of Emotion Regulation on Child and Adolescent Wellbeing. Dalam *Journal of Child and Family Studies* (Vol. 29, Nomor 7, hlm. 2010–2027). Springer. <https://doi.org/10.1007/s10826-020-01731-3>
- Dwityaputri, Y. K., & Sakti, H. (2015). *Hubungan Antara Regulasi Emosi Dengan Forgiveness Pada Siswa di SMA Islam Cikal Harapan BSD-Tangerang Selatan* (Vol. 4, Nomor 2).
- Eisenberg, N., Cumberland, A., & Spinrad, T. L. (1998). Parental Socialization of Emotion. *Psychological Inquiry*, 9(4), 241–273.
- Endriyani, S., Sari, S. P., & Aksanonnisa. (2022). Analisis dampak pandemi COVID-19 terhadap psikososial remaja. *Jurnal Keperawatan Jiwa (JKI):Persatuan Perawat Nasional Indonesia*, 10(2), 277–285.

- Etikan, I. (2016). Comparison of Convenience Sampling and Purposive Sampling. *American Journal of Theoretical and Applied Statistics*, 5(1), 1. <https://doi.org/10.11648/j.ajtas.20160501.11>
- Evans, A. N., & Rooney, B. J. (2011). *Methods in Psychological Research* (Kedua). Sage Publication.
- Febriani, A. (2018). Klithih: Faktor Risiko dan Developmental Pathway Pelakunya. *Humanitas*, 15(2), 145. <https://doi.org/10.26555/humanitas.v15i2.10536>
- Gross, J. J., & Thompson, R. (2007). Emotion Regulation: Conceptual Foundations. *Handbook of Emotion Regulation*, 3–27.
- Handayani, D. T., Lilik, S., & Rin, W. A. (2011). *Perbedaan psychological well-being ditinjau dari strategi self-management dalam mengatasi work-family conflict pada ibu bekerja* [Skripsi tidak dipublikasikan]. Universitas Sebelas Maret.
- Hasanah, M. (2019). Stres dan solusinya dalam perspektif psikologi dan Islam. *Jurnal Ummul Qura*, XIII(1), 2580–8109.
- Herawati, T., Pranaji, D. K., Pujihavuty, R., & Latifah, E. W. (2020). Faktor-Faktor yang Memengaruhi Pelaksanaan Fungsi Keluarga di Indonesia. *Jurnal Ilmu Keluarga dan Konsumen*, 13(3), 213–227. <https://doi.org/10.24156/jikk.2020.13.3.213>
- Hertjung, W. S., Yuwono, S., Partini, Laksita, A. K., Ramandani, A. A., & Kencana, S. S. (2022). Faktor-faktor yang memengaruhi resiliensi remaja di masa pandemi. *Proyeksi*, 17(2), 60–71. www.kemdikbud.go.id
- Hidayati, N. K., Anisa, W., Nursasmito, A., As Sidqi, A. F. R., Fatimatuzzahro, & Jatmika, W. N. (2022). *Module of Psychological First Aid & Mental Health Literacy*. Center for Public Mental Health.
- Ikatan Psikolog Klinis Indonesia. (2023). *Statistik Keanggotaan Ikatan Psikolog Klinis Indonesia*. <https://data.ipkindonesia.or.id/statistik/keanggotaan-ikatan-psikolog-klinis-indonesia/>
- Kaligis, F., Ismail, R. I., Wiguna, T., Prasetyo, S., Indriatmi, W., Gunardi, H., Pandia, V., & Magdalena, C. C. (2021). Mental health problems and needs among transitional-age youth in Indonesia. *International Journal of Environmental Research and Public Health*, 18(8). <https://doi.org/10.3390/ijerph18084046>

- Kaur, D., & Ajinkya, S. (2014). Psychological impact of adult alcoholism on spouses and children. *Medical Journal of Dr. DY Patil University*, 7(2), 124–127.
- Kaur, J., Cheong, S. M., Mahadir Naidu, B., Kaur, G., Manickam, M. A., Mat Noor, M., Ibrahim, N., & Rosman, A. (2014). Prevalence and correlates of depression among adolescents in Malaysia. *Asia Pacific Journal of Public Health*, 26(5_suppl), 53S-62S.
- Kementerian Kesehatan Republik Indonesia. (2021). *Profil Kesehatan Indonesia Tahun 2020*.
- Kravchenko, Z., Stickley, A., & Koyanagi, A. (2015). Close Relationships Matter: Family Well-being and its Effects on Health in Russia. *Europe - Asia Studies*, 67(10), 1635–1655. <https://doi.org/10.1080/09668136.2015.1100370>
- Lana, M. C. D., & Indrawati, K. R. (2021). Peranan kualitas persahabatan dan kecerdasan emosional pada kebahagiaan remaja. *Jurnal Psikologi Udayana*, 8(1), 95–108. <https://doi.org/10.24843/JPU.2021.v08.i01.p010>
- Li, J., Wang, H., Li, M., Shen, Q., Li, X., Zhang, Y., Peng, J., Rong, X., & Peng, Y. (2020). Effect of alcohol use disorders and alcohol intake on the risk of subsequent depressive symptoms: a systematic review and meta-analysis of cohort studies. *Addiction*, 115(7), 1224–1243. <https://doi.org/https://doi.org/10.1111/add.14935>
- Li, X., Zou, H., Liu, Y., & Zhou, Q. (2014). The Relationships of Family Socioeconomic Status, Parent-Adolescent Conflict, and Filial Piety to Adolescents' Family Functioning in Mainland China. *Journal of Child and Family Studies*, 23(1), 29–38. <https://doi.org/10.1007/s10826-012-9683-0>
- Margaretta, E. E., & Risnawaty, W. (2021). The Role of Family Functioning in Emotional Regulation Among Undergraduate Students. *Advances in Social Science, Education and Humanities Research*, 570, 993–999.
- Mariyati, L. I., Partontari, R. A., & Kusuma, M. K. I. (2023). Peranan regulasi emosi terhadap subjective well being pada santri di Sidoarjo. *Journal of Islamic and Contemporary Psychology*, 3(1), 100–110.
- Marth, S., Cook, N., Bain, P., & Lindert, J. (2022). Family factors contribute to mental health conditions – a systematic review. *European Journal of Public Health*, 32. <https://doi.org/10.1093/eurpub/ckac129.454>

- Martiastuti, K. (2018). The relationship between family function and adolescent autonomy in the rural and urban area. *Journal of Family Sciences E*, 03(01), 15–29.
- Morris, A. S., Silk, J. S., Steinberg, L., Myers, S. S., & Robinson, L. R. (2007). The role of the family context in the development of emotion regulation. *Social Development*, 16(2), 361–388. <https://doi.org/10.1111/j.1467-9507.2007.00389.x>
- Nabilah, S. M., Nuzulia, F., & Hadiyati, R. (2022). Hubungan antara Kelekatan pada Ibu dan Regulasi Emosi Remaja pada Siswa Kelas X dan XI SMA Boarding School. *Jurnal Empati*, 10(5), 305–309.
- Naily Farih, Y., Yogi Wulandari, P., & Penelitian Psikologi dan Kesehatan, B. (2022). Pengaruh Keberfungsian Keluarga terhadap Regulasi Emosi pada Remaja Awal. Dalam *Mental (BRPKM)* (Vol. 2, Nomor 1). <http://e-journal.unair.ac.id/BRPKM>
- Nasution, R. D. (t.t.). Pengaruh modernisasi dan globalisasi terhadap perubahan sosial budaya di indonesia. *Jurnal Kominfo*.
- National Academics of Sciences, E. and M. (2019). *The Promise of Adolescence: Realizing Opportunity for All Youth* (R. J. Bonnie & E. P. Backes, Ed.). The National Academies Press. <https://doi.org/10.17226/25388>
- Núñez-Regueiro, F., & Núñez-Regueiro, S. (2021). Identifying Salient Stressors of Adolescence: A Systematic Review and Content Analysis. *Journal of Youth and Adolescence*, 50(12), 2533–2556. <https://doi.org/10.1007/s10964-021-01492-2>
- Orenstein, G. A., & Lewis, L. (2022). *Eriksons Stages of Psychosocial Development*. StatPearls [Internet].
- Peraturan Gubernur Daerah Istimewa Yogyakarta Nomor 106 Tahun 2021 (2021).
- Permatasari, S., Situmorang, N. Z., & Safaria, T. (2021). Hubungan Regulasi Emosi dan Konformitas Teman Sebaya dengan Perilaku Agresi di Pontianak. *EDUKATIF: Jurnal Ilmu Pendidikan*, 3(6), 5150–5160. <https://doi.org/10.31004/edukatif.v3i6.1422>
- Pratama, R. N., Hamami, M. A. N., & Sa'id, M. (2021). Regulasi emosi siswa sekolah menengah di masa pandemi covid-19. *Prosiding Seminar Nasional Psikologi dan Ilmu Humaniora (Senapih)*.
- Pusat Data dan Informasi Kementerian Kesehatan Republik Indonesia. (2019). *Situasi Kesehatan Jiwa di Indonesia*.

- Pusat Kesehatan Reproduksi FKMK UGM. (2022). *I-NAMHS: Indonesia-National Adolescent Mental Health Survey*.
- Putra, M. M. G. A. P. (2019). Perbandingan subjective well-being berdasarkan keterlibatan organisasi pada mahasiswa. *Jurnal Mahasiswa Psikologi*.
- Retnowati, S., Widhiarso, W., & Rohmani, K. W. (2003). Perananan keberfungsian keluarga pada pemahaman dan pengungkapan emosi. *Jurnal Psikologi*, 30(2).
- Rozali, Y. A., Sitasari, N. W., & M, S. (2022). Pentingnya keberfungsian keluarga dalam membentuk kesiapan belajar siswa di masa pandemi COVID-19. *Jurnal Psikologi: Media Ilmiah Psikologi*, 20(1), 32–38.
- Sahi, R. S., Eisenberger, N. I., & Silvers, J. A. (2023). Peer facilitation of emotion regulation in adolescence. *Developmental Cognitive Neuroscience*, 62. <https://doi.org/10.1016/j.dcn.2023.101262>
- Samodra, P. B., Noviekayati, I., & Rina, A. P. (2022). Kecenderungan perilaku cyberbullying pada remaja pengguna media sosial: Bagaimana peran regulasi emosi? *Sukma: Jurnal Penelitian Psikologi*, 3(02), 122–131.
- Santrock, J. W. (2018). *A Topical Approach To Life-Span Development* (Ninth). McGraw-Hill Education.
- Saputra, S. (2017). Hubungan Regulasi Emosi dengan Hasil Belajar Siswa. *Konselor*, 6(3), 96. <https://doi.org/10.24036/02017637698-0-00>
- Sembiring, M., & Tarigan, T. (2022). Hubungan regulasi emosi dengan resiliensi akademik siswa SMA Seminari Menengah Pematangsiantar. *Jurnal Penelitian Pendidikan Agama Katolik*, 2(2), 131–147. <https://doi.org/10.52110/jppak>
- Shek, D. T. L. (2002). Assessment of Family Functioning in Chinese Adolescents: The Chinese Version of the Family Assessment Device. *Research on Social Work Practice*, 12(4), 502–524. <https://doi.org/10.1177/1049731502012004003>
- Soleman, S. R., Utomo, E. K., Khusna, L., & Ardika, N. A. (2022). Masalah psikologis remaja akibat pandemi COVID-19: Literature review. *Jurnal Keperawatan*, 14(S4), 1127–1134. <http://journal.stikeskendal.ac.id/index.php/Keperawatan>
- Suroyya, S. S., & Afiatin, T. (2022). *Regulasi emosi sebagai mediator keberfungsian keluarga terhadap kesejahteraan subjektif siswa remaja* [Skripsi tidak dipublikasikan]. Universitas Gadjah Mada.

- Suryaputri, I. Y., Mubasyiroh, R., Idaiani, S., & Indrawati, L. (2022). Determinants of Depression in Indonesian Youth: Findings from a Community-based Survey. *Journal of Preventive Medicine and Public Health*, 55(1), 88–97. <https://doi.org/10.3961/JPMMPH.21.113>
- Tennant, R., Hiller, L., Fishwick, R., Platt, S., Joseph, S., Weich, S., Parkinson, J., Secker, J., & Stewart-Brown, S. (2007). The Warwick-Edinburgh mental well-being scale (WEMWBS): Development and UK validation. *Health and Quality of Life Outcomes*, 5. <https://doi.org/10.1186/1477-7525-5-63>
- Tri, R., & Harjuna, B. (2022). *Kontribusi Regulasi Emosi terhadap Resiliensi Mahasiswa dengan Rentang Usia Remaja Pasca Kematian Orangtua* (Vol. 6).
- Violenta, D., Budiyani, K., & Utami, N. I. (2021). Regulasi emosi dan perilaku cyberbullying pada remaja. *Psikosains*, 16(2), 80–88.
- Wicaksono, D. A., Roebianto, A., & Sumintono, B. (2021). Internal Validation of the Warwick-Edinburgh Mental Wellbeing Scale: Rasch Analysis in the Indonesian Context. *Journal of Educational, Health and Community Psychology*, 10(2).
- Widyayanti, N., Arofah, H., Nur, A., Awali, A., Tinggi, S., & Yogyakarta, P. (2022). Regulasi emosi dan perilaku cyberbullying pada remaja awal. *Jurnal Spirits*, 12(2).
- Wilkinson, A., Lantos, H., McDaniel, T., & Winslow, H. (2019). Disrupting the link between maltreatment and delinquency: How school, family, and community factors can be protective. *BMC Public Health*, 19(1). <https://doi.org/10.1186/s12889-019-6906-y>
- Zarei, F., Akbarzade, I., & Khosravi, A. (2019). The Relationship between Emotional Intelligence and Stress, Anxiety, and Depression among Iranian Students. *International Journal of Health Studies*, 5(2), 1–5. <https://doi.org/10.22100/ijhs.v5i3.668>
- Zhou, X., Bambling, M., Bai, X., & Edirippulige, S. (2023). Chinese school adolescents' stress experience and coping strategies: a qualitative study. *BMC psychology*, 11(1), 91. <https://doi.org/10.1186/s40359-023-01137-y>