

## DAFTAR PUSTAKA

- Aan Komariah. & Djam'an Satori. (2014) *Metodologi Penelitian Kualitatif*. Bandung: Alfabeta.
- Abdullah, S. M. (2019) Social Cognitive Theory: A Bandura Thought Review published in 1982-2012. *Psikodimensia*, 18(1), p. 85. Available at: <https://doi.org/10.24167/psidim.v18i1.1708>.
- Acosta, J. *et al.* (2019) Understanding the relationship between perceived school climate and bullying: A mediator analysis. *Journal of School Violence*, 18(2), pp. 200–215. Available at: <https://doi.org/10.1080/15388220.2018.1453820>.
- Ainiyah, H. R., & Cahyanti, I. Y. (2020) Efektivitas Pelatihan Asertif Sebagai Upaya Mengatasi Perilaku “Bullying” di SMPN A Surabaya. *Psikostudia: Jurnal Psikologi*, 9(2), 105. Available at: <https://doi.org/10.30872/Psikostudia.V9i2.3868>.
- Alderwick, H. *et al.* (2021) The impacts of collaboration between local health care and non-health care organizations and factors shaping how they work: a systematic review of reviews. *BMC Public Health*, 21(1), pp. 1–16. Available at: <https://doi.org/10.1186/s12889-021-10630-1>.
- Ana, F. U., Zuliani, Z. & Pujiani, P. (2023) Focus Group Discussion (FGD), Workshop dan Pendampingan pencegahan Perundungan di Lingkungan Sekolah SMK PK Bakti Indonesia Medika Jombang. *J-ABDI: Jurnal Pengabdian kepada Masyarakat*, 3(5), pp. 827–836. Available at: <https://doi.org/10.53625/jabdi.v3i5.6477>.
- Anisa, A. M. & Indra Maulana, I. S. (2022) Gambaran Tingkat Pengetahuan Remaja Tentang Bullying di SMA Tamansiswa Rancaekek. *Malahayati Nursing Journal*, 4, pp. 919–927. Available at: [https://download.garuda.kemdikbud.go.id/article.php?article=2617747&val=13791&title=Gambaran Tingkat Pengetahuan Remaja Tentang Bullying Di SMA Tamansiswa Rancaekek](https://download.garuda.kemdikbud.go.id/article.php?article=2617747&val=13791&title=Gambaran%20Tingkat%20Pengetahuan%20Remaja%20Tentang%20Bullying%20Di%20SMA%20Tamansiswa%20Rancaekek).
- Anugerah, D. T. & Rusli, D. (2020) Pengaruh Dukungan Teman Sebaya Terhadap Resiliensi Remaja Pesantren Modern Nurul Ikhlas. *Jurnal Riset Psikologi*, 1, 1–12.
- Armitage, R. (2021) Bullying In Children: Impact On Child Health. *BMJ Paediatrics Open*, 5(1), 1–8. <https://doi.org/10.1136/bmjpo-2020-000939>
- Arikunto, S. (2016). *Manajemen Penelitian*. (2016 Jakarta : Rineka Cipta, Ed.) (Cet. 13). Jakarta : Rineka Cipta, 2016.

- Asih, A. Y. P., & Setianto, B. (2022) Workshop Dalam Upaya Mewujudkan Pesantren Sehat di Pondok Pesantren Adduriyah Nyantren Pamekasan Madura. *To Maega: Jurnal Pengabdian Masyarakat*, 5(3), 406. <https://doi.org/10.35914/tomaega.v5i3.1174>
- Azizah, N., & Alamuddin Yasin, A. (2022) Efektifitas Pendekatan Konseling Behavioral Pada Perilaku Self Harm Di Manu Putri Buntet Pesantren. *Jieco: Journal Of Islamic Education Counseling*, 2(1), 1–7.
- Badan Pusat Statistik. (2020) *Potret Sensus Penduduk 2020 Menuju Satu Data Kependudukan Indonesia*.
- Bisri, H. (2019) Eksistensi dan Transformasi Pesantren Dalam Membangun Nasionalisme Bangsa. *Al-Wijdán: Journal Of Islamic Education Studies*.
- Bollmer, J. M., Milich, R., Harris, M. J., & Maras, M. A. (2005) A Friend In Need: The Role Of Friendship Quality As A Protective Factor In Peer Victimization And Bullying. *Journal Of Interpersonal Violence*, 20(6), 701–712. <https://doi.org/10.1177/0886260504272897>
- Bullo, A., Zen, R., L. H. & Schulz, P. J. (2022) Effects of Perceived School Rule Enforcement on Traditional and Cyber Victimization: A Panel Study among Early Adolescents, *International Journal of Environmental Research and Public Health*, 19(16). Available at: <https://doi.org/10.3390/ijerph191610218>.
- Bussey, K. (2023) The Contribution Of Social Cognitive Theory To School Bullying Research And Practice. *Theory Into Practice*, 62(3), 293–305. <https://doi.org/10.1080/00405841.2023.2226549>
- Bjärehed, M. *et al.* (2019) Individual Moral Disengagement and Bullying Among Swedish Fifth Graders: The Role of Collective Moral Disengagement and Pro- Bullying Behavior Within Classrooms. *Journal of Interpersonal Violence*, 36(17–18), pp. NP9576–NP9600. Available at: <https://doi.org/10.1177/0886260519860889>.
- Byrne, H., B. Dooley, A. Fitzgerald, & L. Dolphin. (2016) “Adolescents’ Definitions of Bullying: The Contribution of Age, Gender, and Experience of Bullying. *European Journal of Psychology of Education*, 31 (3): 403–418. doi:10.1007/s10212-015-0271-8
- Closson, L. M. & Watanabe, L. (2018) Popularity In The Peer Group And Victimization Within Friendship Cliques During Early Adolescence. *Journal Of Early Adolescence*, 38(3), 327–351. <https://doi.org/10.1177/0272431616670753>

- Creswell, J. W. (2017) *Research Design* (Vol. 21, Issue 1). Sage. <http://journal.um-surabaya.ac.id/index.php/jkm/article/view/2203>
- Darise, D. S. (2021) *Pengaruh Peer Education Terhadap Perilaku Kebiasaan Konsumsi Jajanan Pada Remaja di Kabupaten Gorontalo* [Universitas Hasanuddin]. <http://journal.unilak.ac.id/index.php/jieb/article/view/3845%0a>  
[http://dspace. uc.ac.id/handle/123456789/1288](http://dspace.uc.ac.id/handle/123456789/1288)
- Damayanti, M. R., Sudira, P. G., & Nopriani, N. L. P. (2020) Effectiveness Of A School-Based Peer-Led Education Program On High School Students' Health Behavior In A Boarding School In Bali, Indonesia. *Enfermeria Clinica*, 30, 90–95. <https://doi.org/10.1016/j.enfcli.2020.07.019>
- Daulay, N. *et al.* (2023) Implementasi layanan bimbingan dan konseling dalam mengatasi permasalahan bullying. *Jurnal EDUCATIO: Jurnal Pendidikan Indonesia*, 9(1), p. 94. Available at: <https://doi.org/10.29210/1202322651>.
- Dinas Pemberdayaan Perempuan Perlindungan Anak Dan Pengendalian Penduduk (DP3AP2) Daerah Istimewa Yogyakarta. (2021) *Ekspose Data Penanganan Korban Kekerasan Terhadap Perempuan Dan Anak Daerah Istimewa Yogyakarta Tahu*. <https://dp3ap2.jogjaprov.go.id/berita/detail/582-ekspose-data-penanganan-korban-kekerasan-terhadap-perempuan-dan-anak-daerah-istimewa-yogyakarta-tahu>
- Direktorat Sekolah Dasar, Direktorat Jenderal Pendidikan Anak Usia Dini, Pendidikan Dasar dan Pendidikan Menengah, dan Kementerian Pendidikan, Kebudayaan, Riset dan Teknologi. (2021) *Pencegahan Bullying di Sekolah: Stop Perundungan/Bullying Yuk!..* <https://ditpsd.kemdikbud.go.id/upload/filemanager/download/pencegahan-3-dosa-besar-pendidikan/20210308%20Buku%20Saku-Stop%20Bullying.pdf>
- Dodd, S., Widnall, E., Russell, A. E., Curtin, E. L., Simmonds, R., Limmer, M., & Kidger, J. (2022) School-Based Peer Education Interventions To Improve Health: A Global Systematic Review Of Effectiveness. *BMC Public Health*, 22(1), 1–13. <https://doi.org/10.1186/s12889-022-14688-3>
- Emilda, E. (2022) Bullying di Pesantren: Jenis, Bentuk, Faktor, dan Upaya Pencegahannya. *Sustainable Jurnal Kajian Mutu Pendidikan*, 5(2), 198–207. <https://doi.org/10.32923/kjimp.v5i2.2751>
- Estrada, C. A. M. *et al.* (2019) Religious education can contribute to adolescent mental health in school settings. *International Journal of Mental Health Systems*, 13(1), pp. 1–6. Available at: <https://doi.org/10.1186/s13033-019->

0286-7.

Ferrer, R. *et al.* (2019) Effectiveness of the TEI program for bullying and cyberbullying reduction and school climate improvement. *International Journal of Environmental Research and Public Health*, 16(4). Available at: <https://doi.org/10.3390/ijerph16040580>.

Fertman, C. I., & Allensworth, D. D. (1982) Health Promotion Program. *Journal Of The Tennessee Medical Association* (Vol. 75, Issue 9).

Francis, J. *et al.* (2022) How does the school built environment impact students' bullying behaviour? A scoping review. *Social Science and Medicine*, 314 (March), p. 115451. Available at: <https://doi.org/10.1016/j.socscimed.2022.115451>.

Garandean, C. F., Turunen, T., Saarento, Z. S., & Salmivalli, C. (2023) Effects Of The Kiva Anti-Bullying Program On Defending Behavior: Investigating Individual-Level Mechanisms Of Change. *Journal Of School Psychology*, 99(March), 101226. <https://doi.org/10.1016/j.jsp.2023.101226>

Glanz, K., Rimer, B. K., & Viswanath, K. (2002) *Health Behavior And Health Education - Theory, Research, And Practice* (4th Edition). Jossey-Bass.

Hardani. (2020) *Buku Metode Penelitian Kualitatif Dan Kuantitatif*. CV. Pustaka Ilmu Group.

Hellström, L. & Lundberg, A. (2020) Understanding bullying from young people's perspectives: An exploratory study. *Educational Research*, 62(4), pp. 414–433. Available at: <https://doi.org/10.1080/00131881.2020.1821388>.

Hull, T. H., Hasmi, E., & Widyanoro, N. (2004) *"Peer" Educator Initiatives For Adolescent Reproductive Health Projects In Indonesia*. Reproductive Health Matters, Vol. 12, No. 23, Sexuality, Rights And Social Justice (May, 2004), pp. 29-39. 9

ILO (International Labour Organization). (2008) *A Handbook For Peer Educators: Addressing HIV/AIDS In The Workplace*. [www.ilo.org/publns](http://www.ilo.org/publns)

Irawati, R. P., Lestari, P. M., & Siminto, S. (2021) Pemahaman Remaja Mengenai Bullying Dan Dampak Negatif Jangka Panjang Yang Ditimbulkannya. *Dharma Sabha Cendekia*, 3(1), 49–59. <http://jos.unsoed.ac.id/index.php/dsc/article/view/3616>

Irwanti, R. U. & Haq, A. H. B. (2023) Efektivitas Psikoedukasi dalam Peningkatan Pengetahuan tentang Bullying pada Remaja. *Journal of Islamic and Contemporary Psychology (JICOP)*, 3(1s), pp. 214–220. Available at: <https://doi.org/10.25299/jicop.v3i1s.12362>.

- Irma, S. R. (2018) Perilaku Bullying di Kalangan Gamers Online Pada Remaja Sekolah Menengah Pertama. *Jurnal Simbolika: Research And Learning In Communication Study*, 4(2), 86–94. <https://www.ojs.uma.ac.id/index.php/symbolika/article/view/1820>
- James, F. M. & Brad, L. N. R. T. (2005) *Planning, Implementing And Evaluating Health Promotion Programs: A Primer*. (6th Ed.). Pearson. <https://doi.org/10.1097/00001416-200507000-00017>
- Jennifer L. P., Lance S. R., Dale E. B. & Daena J. G. (2012) The Forms and Functions of Peer Social Support for People Living with HIV. *J Assoc Nurses AIDS Care*, 23(4). Available at: <https://doi.org/10.1016/j.jana.2011.08.014>.
- Kahfi, S., & Kasanova, R. (2020) Manajemen Pondok Pesantren Di Masa Pandemi Covid-19 (Studi Pondok Pesantren Mambaul Ulum Kedungadem Bojonegoro). *Jurnal Pendidikan Berkarakter*, 3(1), 26–30.
- Kementerian Kesehatan RI. (2019) *Pedoman Penyelenggaraan Pesantren Sehat*. [https://www.scribd.com/embeds/429893687//content?start\\_page=1&view\\_mode=scroll&access\\_key=key-fFexxf7r1bzEfWu3HKwf](https://www.scribd.com/embeds/429893687//content?start_page=1&view_mode=scroll&access_key=key-fFexxf7r1bzEfWu3HKwf)
- Kementerian Pemberdayaan Perempuan Dan Perlindungan Anak RI. (2021) *Survei Nasional Pengalaman Hidup Anak Dan Remaja (SNPHAR)*.
- Keysinaya, E. Y. (2022) Peran Unicef Indonesia Menangani Perundungan Di Sekolah Melalui Program Roots. *Sospol: Jurnal Sosial Politik*, 8(2), 207–224. <https://doi.org/10.22219/Jurnalsospol.V8i2.22258>
- Khotimah, K., Agrina, A., & Jumaini, J. (2020) Hubungan Remaja Masuk Pesantren Dengan Kemampuan Adaptasi. *Jurnal Ners Indonesia*, 10(2), 194. <https://doi.org/10.31258/Jni.10.2.194-203>
- Komisioner Komisi Perlindungan Anak Indonesia. (2020) *Sejumlah Kasus Bullying Sudah Warnai Catatan Masalah Anak Di Awal 2020, Begini Kata Komisioner KPAI*. 10 Februari 2020. <https://www.kpai.go.id/publikasi/sejumlah-kasus-bullying-sudah-warnai-catatan-masalah-anak-di-awal-2020-begini-kata-komisioner-kpai>
- Kauppi, T. & Pörhölä, M. (2012) School teachers bullied by their students: Teachers' attributions and how they share their experiences. *Teaching and Teacher Education*, 28(7), pp. 1059–1068. Available at: <https://doi.org/10.1016/j.tate.2012.05.009>.
- Komisi Perlindungan Anak Indonesia (KPAI). (2022) *Catatan Pelanggaran Hak*

*Anak Tahun 2021 Dan Proyeksi Pengawasan Penyelenggaraan Perlindungan Anak Tahun 2022.* Kpai.Go.Id. <https://www.kpai.go.id/publikasi/catatan-pelanggaran-hak-anak-tahun-2021-dan-proyeksi-pengawasan-penyelenggaraan-perlindungan-anak-tahun-2022>

Kusumaningrum, T. A. I., Kusumawati, Y., Indriawan, T., Saputri, M. W., Pebrianti, S., & Liswanti, A. L. (2021) Pembentukan Peer Educator Dalam Upaya Diseminasi Informasi Pencegahan Perilaku Berisiko HIV Pada Siswa. *Jurnal Warta LPM*, 24(4), 677–686. <http://journals.ums.ac.id/index.php/warta>

Kusumawaty, I. *et al.* (2020) Penguatan Kapasitas Konselor Sebaya di Sekolah. *Journal of Community Engagement in Health*, 3(2), pp. 140–146. Available at: <https://doi.org/10.30994/jceh.v3i2.52>.

Lechner, V., Crăciun, I.C. & Scheithauer, H. (2023) Barriers, resources, and attitudes towards (cyber-)bullying prevention/intervention in schools from the perspective of school staff: Results from focus group discussions. *Teaching and Teacher Education*, 135(January). Available at: <https://doi.org/10.1016/j.tate.2023.104358>.

Lestari, A. L. Y. (2018) Mengalami Bullying di Pesantren : MengamankanDiri Sendiri Walaupun Tiada Gunanya. *Journal Of Holistic Nursing Science*. <https://doi.org/10.31603/nursing.v5i1.1879>

McCann, H. *et al.* (2021) Sexual Health Services in Schools: A Successful Community Collaborative. *Health Promotion Practice*, 22(3), pp. 349–357. Available at: <https://doi.org/10.1177/1524839919894303>.

Menesini, E. & Salmivalli, C. (2017) Bullying in schools : the state of knowledge and effective interventions. *Psychology, Health & Medicine*, 8506, pp. 1–14. Available at: <https://doi.org/10.1080/13548506.2017.1279740>.

Nudin, M. I. & Abdurakhman, O. (2020) Motivasi Orangtua Memilih Pesantren Sebagai Sarana Pendidikan. *E-Formal Thesis* (Vol. 5, Issue 1, Pp. 14–27).

Muslikhah, I. (2015) *Peranan Kelompok Teman Sebaya (Peer Group) Dalam Perkembangan Remaja* [Universitas Sarjanawiyata Tamansiswa Yogyakarta]. <https://medium.com/@Arifwicaksanaa/Pengertian-Use-Case-A7e576e1b6bf>

Nuzuliana, R. & Istiyati, S. (2020) Gambaran Pelaksanaan Program Penanganan Kekerasan Terhadap Perempuan Dan Anak Pada Puskesmas Di Yogyakarta. *Jurnal Kebidanan*, 9(2), 103. <https://doi.org/10.26714/jk.9.2.2020.103-114>



- Nguyen, T. H., Nguyen, H. M. T., Ha, T. T., & Nguyen, N. N. (2022) The Role Of Teacher And Peer Support Against Bullying Among Secondary School Students In Vietnam. *Journal Of Genetic Psychology*, 183(5), 391–398. <https://doi.org/10.1080/00221325.2022.2099243>
- Nurussofiah, F.F., Muhammad, D.H. & Prasetya, B. (2023) Strategi Kepemimpinan Pondok dalam Menerapkan Akhlak Santri di Pondok Pesantren Miftahul Arifin Bantaran Kabupaten Probolinggo', *Islamika*, 5(1), pp. 296–315. Available at: <https://doi.org/10.36088/islamika.v5i1.2786>.
- Nugroho, S., Handoyo, S., & Hendriani, W. (2020) *Identifikasi Faktor Penyebab Perilaku Bullying Di Pesantren : Sebuah Studi Kasus*. 17(2).
- Norris, S.A. *et al.* (2022) Nutrition in adolescent growth and development', *The Lancet*, 399(10320), pp. 172–184. Available at: [https://doi.org/10.1016/S0140-6736\(21\)01590-7](https://doi.org/10.1016/S0140-6736(21)01590-7).
- Notoatmodjo, S. (2012). *Metodologi Penelitian Kesehatan*. 144.
- Okubo, K. (2023) Parental Caregiving and Adolescent Attachment as Determinants of Adolescent Self-Improvement: Differences Between Mother – and Father – Child Dyads in Japan. *The Family Journal: Counseling and Therapy for Couples and Families* [Preprint]. Available at: <https://doi.org/10.1177/10664807231193438>.
- Patmawati, P. & Sumardi, S. (2020) Hubungan Pengetahuan Dan Sikap Terhadap Hygiene Perseorangan Santri Di Pondok Pesantren. *Jurnal Keperawatan dan Kesehatan Masyarakat Cendekia Utama*, 9(2), p. 180. Available at: <https://doi.org/10.31596/jcu.v9i2.599>.
- Patungo, V. (2023). Pengalaman Kader Dalam Pelayanan Posyandu. *Jurnal Keperawatan Silampari*. 6 (2). <https://doi.org/10.31539/jks.v6i2.4675>
- Peraturan Menteri Pendidikan, Kebudayaan, Riset, dan Teknologi Republik Indonesia Nomor 46 Tahun 2023 Tentang Pencegahan dan Penanganan Kekerasan di Lingkungan Satuan Pendidikan. [https://jdih.kemdikbud.go.id/detail\\_peraturan?main=3310](https://jdih.kemdikbud.go.id/detail_peraturan?main=3310)
- Peraturan Menteri Kesehatan Republik Indonesia Nomor 1 Tahun 2013 Tentang Pedoman Penyelenggaraan dan Pembinaan Pos Kesehatan Pesantren. <https://peraturan.bpk.go.id/Details/172128/permenkes-no-1-tahun-2013>
- Peraturan Presiden RI No. 101 Tahun 2022. (2022) *Peraturan Presiden RI No. 101 Tahun 2022 Tentang Strategi Nasional Penghapusan Kekerasan Terhadap Anak*. 147266.

- Permata, J. T. & Nasution, F. Z. (2022) Perilaku Bullying Terhadap Teman Sebaya Pada Remaja. *Educativo: Jurnal Pendidikan*, 1(2), 614–620. <https://doi.org/10.56248/educativo.v1i2.83>
- Prabandari, Y. S., Padmawati, R.S., Supriyati, Hasanbasri, M. & Dewi F. S. T. (2020) *Ilmu Sosial Perilaku Untuk Kesehatan Masyarakat*. Yogyakarta: Gadjah Mada University Press.
- Prasetya, I. & Nugroho, A. (2021). Reviu Strategi Pencegahan Perilaku Berisiko Pada Pemuda Di Rpjmn 2020 — 2024. *Review Of Risky Behavior Prevention Strategies In Youth In RPJMN 2020 — 2024*. 129–141.
- Peraturan Menteri Agama Republik Indonesia Nomor 30 Tahun 2020 Tentang Pendirian dan Penyelenggaraan Pesantren.
- PPanopio, F. (2019) Barriers in the Implementation of School-Based Anti-Bullying Intervention Programs and Strategies in Public Elementary Schools in a Certain Division in the Philippines. *International Journal of Advanced Research*, 7(4), pp. 1454–1484. Available at: <https://doi.org/10.21474/ijar01/8974>.
- Pramudita, W.R. *et al.* (2024) Stop Bullying, Jaga Kesehatan Mentalmu dan Budayakan Sikap Menghargai. *Jurnal Pengabdian Masyarakat Saga Komunitas*, 03(02), pp. 286–291.
- Primadhani, N.R. (2021) Penerapan Pembelajaran Berbasis Aplikasi Twitter Dalam Meningkatkan Keterampilan Menulis dan Membaca Cerita Pendek 1–10. doi: 10.31219/osf.io/69gd3
- Putri, S. (2021) *Internalisasi Nilai-Nilai Akhlak Dalam Mencegah Perilaku Bullying Pada Siswa Kelas V di MIS Bidayatul Hidayah Kec. Percut Sei Tuan Kab. Deli Serdang Sumatera Utara* [Uin Maulana Malik Ibrahim Malang]. <http://Etheses.Uin-Malang.Ac.Id/26193/2/18761007.Pdf>
- Puspita, V.D. & Kustanti, E.R. (2018) Hubungan Antara Dukungan Sosial Teman Sebaya dengan Perundungan Pada Siswa SMP PL Domenico Savio Semarang. *Jurnal Empati*, 7(4), pp. 252–259. Available at: <https://ejournal3.undip.ac.id/index.php/empati/article/view/23458/21418>.
- Rahayu, B. A. & Permana, I. (2019) Bullying Di Sekolah : Kurangnya Empati Pelaku Bullying Dan Pencegahan. *Jurnal Keperawatan Jiwa*, 7(3), 237. <https://Doi.Org/10.26714/Jkj.7.3.2019.237-246>
- Rahmadi, F. *et al.* (2021) Pengembangan Manajemen Sekolah Terintegrasi Berbasis Sistem Informasi di Sumatera Utara. *Fitrah: Journal of Islamic*



- Education*, 2(2), pp. 96–109. Available at: <https://doi.org/10.53802/fitrah.v2i2.64>.
- Rustika, I.M. (2016) Efikasi Diri: Tinjauan Teori Albert Bandura. *Bul. Psikol.* 20: 18–25. doi:10.22146/bpsi.11945.
- Rahayu, B. A. & Permana, I. (2019) Bullying Di Sekolah : Kurangnya Empati Pelaku Bullying Dan Pencegahan. *Jurnal Keperawatan Jiwa*, 7(3), 237. <https://doi.org/10.26714/jkj.7.3.2019.237-246>.
- Rofi'ah, S., Widatiningsih, S., & Vitaningrum, D. (2017) Efektivitas Pendidikan Kesehatan Metode Peer Group Terhadap Tingkat Pengetahuan Dan Sikap Personal Hygiene Saat Menstruasi. *Jurnal Ilmiah Bidan*, 2(2), 31–36.
- Salimi, N., Karimi, S. A., Rezapur, S. F., Hamzeh, B., Roshanaei, G., & Babamiri, M. (2019) The Effect Of An Anti-Bullying Intervention On Male Students Bullying-Victimization Behaviors And Social Competence: A Randomized Controlled Trial In Deprived Urban Areas. *Journal Of Research In Health Sciences*, 19(4).
- Sainz, V. & Martín, M. B. (2023) The importance of prevention programs to reduce bullying: A comparative study. *Frontiers in Psychology*, 13(January), pp. 1–11. Available at: <https://doi.org/10.3389/fpsyg.2022.1066358>.
- Santrock, J. W. (2009) *Psikologi Pendidikan* Edisi 3. Jakarta: Salemba Humanika.
- Saraswati, Rika, Hadiyono & Venatius. (2020) Pencegahan Perundungan/Bullying di Institusi Pendidikan: Pendekatan Norma Hukum dan Perubahan Perilaku. *Jurnal Hukum, Politik Dan Kekuasaan*, 1(1).
- Sari, F.A., Sari, N.P. & Nabila. (2019) Health Promotion Breast Self Examination (BSE) Using Instagram in Non Medical Student of Andalas University. *Media Kesehat. Masy. Indones.* 15: 253–263.
- Saudi, F. (2023) Penguatan Literasi Fikih Informasi Bagi Pengurus Organisasi Santri Di Pondok Pesantren Boarding School Muallimin Muhammadiyah Lombok Barat. 1(6), 725–733.
- Situmorang, D. R. (2019) *Hubungan Self-Efficacy Dengan Penyesuaian Diri Mahasiswa Universitas Islam Riau*.
- Snelling, A. M. (2014) *Introduction To Health Promotion*. Jossey-Bass.UU RI No.18 Tentang Pesantren, Pub. L. No. 18 (2019).
- Sukamto, B. *et al.* (2023) Persepsi Siswa Terhadap Tindak Pidana Perundungan di Madrasah Aliyah Negeri Se Yogyakarta. *Jurnal Educatio FKIP UNMA*, 9(2), pp. 737–743. Available at:

<https://doi.org/10.31949/educatio.v9i2.4368>.

Susanti, I. G., & Wulanyani, N. M. S. (2019) Pengaruh Dukungan Sosial Teman Sebaya Dan Kontrol Diri Terhadap Perundungan (Bullying) Pada Remaja Awal Di Denpasar. *Jurnal Psikologi Udayana*, 6(01), 182. <https://doi.org/10.24843/jpu.2019.v06.i01.p18>

Suprpti, V. (2021) Peer Counselor Training for Prevention and Curation of Bullying Behavior among Adolescents: Pelatihan Konselor Sebaya. *Proceding of Inter-Islamic University Conference on Psychology*, 1(1), pp. 1–5.

Stamland, K., Janne, G. & Hildegunn, S. (2023) Bullying by Teachers Towards Students — a Scoping Review. *International Journal of Bullying Prevention*, 5(4), pp. 331–347. Available at: <https://doi.org/10.1007/s42380-022-00131-z>.

Stephenson, J. *et al.* (2008) The Long-Term Effects Of A Peer-Led Sex Education Programme (Ripple): A Cluster Randomised Trial In Schools In England. *Plos Medicine*, November 2008, Volume 5, Issue 11, E224.

Swearer, S. M., Wang, C., Berry, B., & Myers, Z. R. (2014) Reducing Bullying: Application Of Social Cognitive Theory. *Theory Into Practice*, 53(4), 271–277. <https://doi.org/10.1080/00405841.2014.947221>.

Swank, J.M., Smith-Adcock, S. & Weaver, J.L. (2019) School Counselors' Roles and Responsibilities in Bullying Prevention: A National Survey. *Professional School Counseling*, 22(1), p. 2156759X1985146. Available at: <https://doi.org/10.1177/2156759x19851465>.

Triansyah, J. *et al.* (2022) Web-Based Student Violation Monitoring Information System Design at SMK Gandasari. *The IJICS (International Journal of Informatics and Computer Science)*, 6(1), p. 15. Available at: <https://doi.org/10.30865/ijics.v6i1.3881>.

Trisnowati, H. (2018) *Perencanaan Program Promosi Kesehatan*. Yogyakarta: Penerbit Andi.

Tzani, P C., Ioannou, M., Synnott, J., & McDonnell, D. (2019) Peer Support At Schools: The Buddy Approach As A Prevention And Intervention Strategy For School Bullying. *International Journal Of Bullying Prevention*, 1(2), 111–123. <https://doi.org/10.1007/S42380-019-00011-Z>

Ubaidilla, M. I. (2022) *Faktor-Faktor Penyebab Perilaku Bullying Santri Di Pondok Pesantren Tubagus Pangeling Kota Depok*. UIN Syarif Hidayatullah Jakarta.

Utami, S. U. & Busyairi, A. (2021) Sistem Poin Dalam Meningkatkan Karakter Disiplin Dan Kemandirian Siswa Era Generasi Z. *Joyful Learning Journal*, pp. 29 38. Available at: <https://journal.unnes.ac.id/sju/index.php/jlj/article/view/23230>.

Utarini, A. (2020) *Tak Kenal Maka Tak Sayang Penelitian Kualitatif Dalam Pelayanan Kesehatan*. Yogyakarta: Gadjah Mada University Press.

Waasdorp, T.E. *et al.* (2021) The role of bullying-related policies: Understanding how school staff respond to bullying situations. *European Journal of Developmental Psychology*, 18(6). Available at: <https://doi.org/10.1080/17405629.2021.1889503>.

Wachs, S. *et al.* (2020) Associations among adolescents' relationships with parents, peers, and teachers, self-efficacy, and willingness to intervene in bullying: A social cognitive approach. *International Journal of Environmental Research and Public Health*, 17(2), pp. 1–16. Available at: <https://doi.org/10.3390/ijerph17020420>.

Wahyusantoso, S. and Chusairi, A. (2020) Buletin Riset Psikologi dan Kesehatan Mental Hubungan Health Belief Model pada Perilaku Prevensi saat Pandemi Covid- 19 di Kalangan Dewasa Awal. *Buletin Riset Psikologi dan Kesehatan Mental (BRPKM)*, 1(1), pp. 129–136. Available at: <https://e-journal.unair.ac.id/BRPKM/article/view/24706/pdf>.

Waliyanti, E., & Swesty, F. A. (2021) Phenomena Of Bullying Behaviour On Adolescents In Boarding School. *Jurnal Kedokteran Dan Kesehatan Indonesia*. <https://doi.org/10.20885/jkki.vol12.iss2.art5>

Waseem, M. & Nickerson, A.B. (2024) Bullying: issues and challenges in prevention and intervention. *Current Psychology*, 43(10), pp. 9270–9279. Available at: <https://doi.org/10.1007/s12144-023-05083-1>.

Watson, K. D. C., Mensah, G., Bergeron, K., Abdi, S., Rampel, B. & Manson, H. (2018) Effectiveness of capacity building interventions relevant to public health practice: a systematic review. *BMC Public Health*. 18 (684). <https://bmcpublihealth.biomedcentral.com/articles/10.1186/s12889-018-5591-6>.

World Health Organization (WHO). *Adolescent health*. [https://www.who.int/health-topics/adolescent-health/#tab=tab\\_1](https://www.who.int/health-topics/adolescent-health/#tab=tab_1)

World Health Organization. (2019) School-Based Violence Prevention: A Practical Handbook. *Pediatric Emergency Care* (Vol. 15, Issue 6).

<https://www.unicef.org/media/58081/file/UNICEF-WHO-UNESCO-handbook-school-based-violence.pdf>

Yin, R.K. (2003) *Applications of Case Study Research*. Second Edition. SAGE Publications

Yin, X. Q., Wang, L. H., Zhang, G. D., Liang, X. B., Li, J., Zimmerman, M. A., & Wang, J. L. (2017) The Promotive Effects Of Peer Support And Active Coping On The Relationship Between Bullying Victimization And Depression Among Chinese Boarding Students. *Psychiatry Research*, 256(2), 59–65. <https://doi.org/10.1016/J.Psychres.2017.06.037>

Yuliasari, H. (2020) Pelatihan Konselor Sebaya Untuk Meningkatkan Self Awareness Terhadap Perilaku Beresiko Remaja. *Jurnal Psikologi Insight*, 4(1), pp. 63–72. Available at: <https://doi.org/10.17509/insight.v4i1.24638>.

Yunita, R. & Isnawati, I. A. (2022) Penerapan Peer Group Sebagai Upaya Meningkatkan Kepercayaan Diri Santri Korban Bullying Di Pesantren. *JMM (Jurnal Masyarakat Mandiri)*, 6(3), 2458. <https://doi.org/10.31764/jmm.v6i3.8636>

Zambuto, V. *et al.* (2019) Why do some students want to be actively involved as peer educators, while others do not? Findings from NoTrap! anti-bullying and anti-cyberbullying program. *European Journal of Developmental Psychology*, 16(4), pp. 373–386. Available at: <https://doi.org/10.1080/17405629.2017.1419954>.

Zambuto, V. *et al.* (2020) Voluntary Vs Nominated Peer Educators: a Randomized Trial within the NoTrap! Anti-Bullying Program. *Prevention Science*, 21(5), pp. 639–649. <https://doi.org/10.1007/s11121-020-01108-4>.