

INTISARI

Latar Belakang. Hasil survei pada bulan Juli tahun 2002 di Perusahaan Jawatan Rumah Sakit Dr. Wahidin Sudirohusodo Makassar, ditemukan perawat masih kurang memberikan pelayanan komunikasi terapeutik dengan baik. Rampisela (1997), menemukan masalah yang sama di Rumah Sakit Dr. Sardjito Yogyakarta bahwa masih kurang responnya petugas kesehatan ketika keluarganya dan atau pasien menyampaikan keluhannya yang berkaitan dengan pengobatan dan perawatannya. Tujuan penelitian adalah mengetahui pengaruh pelatihan dengan metode modul, *role play* melalui media CD terhadap peningkatan kemampuan perawat melakukan komunikasi terapeutik dalam aktivitas tindakan keperawatan.

Metode. Penelitian ini menggunakan Eksperimen semu dengan rancangan *Nonequivalent Control Group Design With Pre-test and Post-test*. Subjek penelitian ini adalah 32 perawat, 16 orang diberi pelatihan dengan metode modul, *role play* melalui media *Compact Disc (CD)* dan 16 perawat hanya diberi modul saja.

Hasil. Setelah dianalisis dengan menggunakan *Independent t-test*, menunjukkan hasil bahwa pelatihan komunikasi terapeutik dapat meningkatkan perilaku komunikasi terapeutik perawat dalam tindakan keperawatan.

Kesimpulan. Pelatihan komunikasi terapeutik dengan metode modul dan *role play* melalui media *Compact Disc (CD)* lebih bermakna meningkatkan perilaku komunikasi terapeutik perawat dalam tindakan keperawatan dibanding pelatihan hanya dengan metode modul.

Kata-Kata kunci: Komunikasi Terapeutik-*Role Play* Melalui CD-Modul

ABSTRACT

Background. The result of preliminary survey on July 2002 in Dr. Wahidin Sudirohusodo hospital of Makassar, found that therapeutic communication by nurses not yet optimal in nursing care practice. Rampisela (1997), found similar problem in Dr. Sardjito hospital Yogyakarta, which stated that there was a lack of response of the health care provider when patients and their families complained about their medication and nursing care. The aim of this research was to find out the influence of training with module, role-play with media CD toward the improvement of nurse's ability in having communication therapeutic in nursing implementation of activity.

Method. This research used a Quasi Experimental with Nonequivalent Control Group Design with Pre-test and Post-test. The subject of this research were 32 nurse that divided into 16 nurse who were given training with module method; role-play by media Compact Disc (CD) and 16 nurse were given module only.

Results. After analysed by using independent t-test, it showed that training on therapeutic communication could improve behaviour of therapeutic communications in nursing activity.

Conclusion. The training on therapeutic communications with module method, role-play with Compact Disc (CD) media was more significant in improving behaviour of therapeutic communications in nursing action compare to the training with module method only.

Keywords: Therapeutic communications-role play with CD-module