

HUBUNGAN KONTROL DIRI DAN PERSEPSI REMAJA TERHADAP PENERAPAN DISIPLIN ORANGTUA DENGAN PROKRASTINASI AKADEMIK

Intisari

Ada dua permasalahan yang dibicarakan dalam penelitian ini, pertama adalah hubungan antara kontrol diri dengan prokrastinasi akademik, kedua adalah hubungan antara persepsi remaja terhadap penerapan disiplin orangtua dengan prokrastinasi akademik,

Subjek dalam penelitian ini sebanyak 134 orang, diambil dari siswa kelas 2 Madrasah Aliyah kota Jogjakarta dan yang tinggal bersama orangtua. Pengambilan data dilakukan dengan menggunakan skala kontrol diri, skala persepsi remaja terhadap penerapan disiplin otoriter orangtua, skala persepsi remaja terhadap penerapan disiplin demokratis orangtua, skala persepsi remaja terhadap penerapan disiplin permisif orangtua dan skala prokrastinasi akademik.

Data penelitian dianalisis dengan menggunakan analisis regresi sederhana dengan bantuan komputer program SPSS *for Window* 11.00

Hasil penelitian ini menunjukkan bahwa:

1. Ada hubungan negatif antara kontrol diri dengan prokrastinasi akademik. Hasil analisis regresi sederhana sebesar $r = -.452$; $P = .000$, sedangkan $R^2 = .205$.
2. Ada hubungan negatif antara persepsi remaja terhadap penerapan disiplin otoriter dengan prokrastinasi akademik. Hasil analisis regresi sederhana sebesar $r = -.251$; $P = .002$, sedangkan $R^2 = .063$.
3. Ada hubungan negatif antara persepsi remaja terhadap penerapan disiplin demokratis dengan prokrastinasi akademik. Hasil analisis regresi sederhana sebesar $r = -.172$; $P = .024$, sedangkan $R^2 = .030$.
4. Ada hubungan positif antara persepsi remaja terhadap penerapan disiplin permisif dengan prokrastinasi akademik. Hasil analisis regresi sederhana sebesar $r = .198$; $P = .011$, sedangkan $R^2 = .039$.

Kata-kata kunci : *Kontrol diri, persepsi remaja terhadap penerapan disiplin orangtua dan prokrastinasi akademik.*

***THE RELATIONSHIP BETWEEN SELF CONTROL AND ADOLESCENTS
PERCEPTION TO PARENTAL DISCIPLINE WITH
ACADEMIC PROCRASTINATION.***

Abstract

Two problems that were discussed in this research. The first was the relationship between self control with academic procrastination. The second was the relationship between adolescents perception to parental discipline with academic procrastination.

There were 134 subjects that participated in this research. They were student in senior high school (Madrasah Aliyah) in Jogjakarta at the second classes and must leave by parent. The data were collected by using self control scale, adolescents perception to parental outhoritarian discipline scale, adolescents perception to parental democratic discipline scale, adolescents perception to parental permissive discipline scale and academic procrastination scale.

All data were analyzied by simple regression analysis af SPSS for window 11.00.

The result of this research showed that:

- 1. There was negative correlation between self control with academic procrastination. By simple regression analysis, showed $r = -.452$; $P = .000$, and $R^2 = .205$.*
- 2. There was negative correlation between adolescents perception to parental outhoritarian discipline with academic procrastination. By simple regression analysis, showed $r = -.251$; $P = .002$, and $R^2 = .063$.*
- 3. There was negative correlation between adolescents perception to parental democratic discipline with academic procrastination. By simple regression analysis, showed $r = -.172$; $P = .024$, and $R^2 = .030$.*
- 4. There was positive correlation between adolescents perception to parental permissive discipline with academic procrastination. By simple regression analysis, showed $r = .198$; $P = .011$, and $R^2 = .039$.*

Key words: *self control, adolescents perception to parental discipline and academic procrastination.*