



Daftar Isi

Halaman Sampul	i
Halaman Judul.....	ii
Daftar Isi.....	iii
Daftar Tabel.....	vi
Daftar Lampiran	vii
Abstrak	1
Pendahuluan	2
Metode.....	6
Partisipan	7
Instrumen.....	8
Prosedur.....	11
Analisis.....	12
Hasil	12
Diskusi	17
Kesimpulan	23
Saran.....	24
Daftar Pustaka	25
Lampiran	27



Daftar Tabel

Tabel 1 Data Demografis Partisipan	8
Tabel 2 Deskripsi Data Penelitian	13
Tabel 3 Kategorisasi Data Penelitian	13
Tabel 4 Analisis Korelasi Spearman	15
Tabel 5 Data Deskriptif Berdasarkan Jenis Kelamin	15
Tabel 6 Uji Mann-Whitney U Berdasarkan Jenis Kelamin.....	16
Tabel 7 Uji Mann-Whitney U Berdasarkan Lama Hubungan.....	17



Daftar Lampiran

Lampiran 1. Skala Breakup Distress.....	27
Lampiran 2. Skala Positive and Negative Ex-Relationship Thought.....	30
Lampiran 3. Hasil Uji Validitas Aikens-V Adaptasi Skala Positive and Negative Ex-Relationship Thoughts.....	31
Lampiran 4. Reliabilitas dan Item-Rest Correlations Skala Breakup Distress	32
Lampiran 5. Reliabilitas dan Item-Rest Correlations Skala Skala Positive and Negative Ex-Relationship Thoughts Sebelum Digugurkan	32
Lampiran 6. Reliabilitas dan Item-Rest Correlations Skala Skala Positive and Negative Ex-Relationship Thoughts Setelah Digugurkan	33
Lampiran 7. Data Demografi Berdasarkan Jenis Kelamin.....	34
Lampiran 8. Data Demografi Berdasarkan Usia	34
Lampiran 9. Data Demografi Berdasarkan Lama Hubungan.....	34
Lampiran 10. Uji Normalitas	34
Lampiran 11. Uji Linearitas	35
Lampiran 12. Uji Korelasi Spearman	35
Lampiran 13. Uji Mann-Whitney U Berdasarkan Jenis Kelamin	36
Lampiran 14. Uji Mann-Whitney U Berdasarkan Lama Hubungan	36
Lampiran 15. Data Penelitian Skala Breakup Distress	37
Lampiran 16. Data Penelitian Skala Positive and Negative Ex-Relationship Thoughts.....	40
Lampiran 17. Lembar Ethical Clearance.....	45