



DAFTAR PUSTAKA

Jurnal dan Buku

- Adib, M. (2012). Agen dan Struktur dalam Pandangan Pierre Bourdieu. *BioKultur*, 1(2), 91–110. <http://journal.unair.ac.id/download-fullpapers-01>.
- Allmark, P., Boote, J., Chambers, E., Clarke, A., McDonnell, A., Thompson, A., dan Tod, A. M. (2009). "Ethical issues in the use of in-depth interviews: literature review and discussion," dalam *Research Ethics Review*, Vol. 5, No. 2, hlm. 48-54. <https://doi.org/10.1177/174701610900500203>
- Amarina, F. N., & Laksmitati, H. (2021). Hubungan Antara Komparasi Sosial Dan Body Dissatisfaction Pada Perempuan Pengguna Instagram Di Surabaya. *Character: Jurnal Penelitian Psikologi*, 8(6), 1–11.
- Amit, V. (2007). *Reviews*. 99–135. <https://doi.org/10.1111/j.1469-8676.2008.00027.x>
- Anderson-Fye, E. P. (2012). Anthropological perspectives on physical appearance and body image. In *Encyclopedia of Body Image and Human Appearance* (Vol. 1). Elsevier Inc. <https://doi.org/10.1016/B978-0-12-384925-0.00003-1>
- Aprilianty, S. (2023). *PERSEPSI MASYARAKAT PENGGUNA TWITTER TERHADAP BEAUTY PRIVILEGE: LOOKISM SEBAGAI PENENTU HAK ISTIMEWA DI MASYARAKAT* (Doctoral dissertation, Universitas Pendidikan Indonesia).
- Ashikari, M. (2003). Urban Middle-Class Japanese Women and Their White Faces: Gender, Ideology, and Representation. *Ethos*, 31(1), 3–37. <https://doi.org/10.1525/eth.2003.31.1.3>
- Ayudia, E. I., Agustina, A., Harahap, H., & Septadina, I. S. (2021). Pengaruh diet puasa intermiten terhadap kadar trigliserida pada tikus putih sprague dawley. *Jurnal Kedokteran Dan Kesehatan*, 035(2). <https://doi.org/10.32539/JKK.V8I2.13576>
- Azwar, A. P. D. dr. M. (2017). Tubuh Sehat Ideal Dari Segi Kesehatan. *Seminar Kesehatan Obesitas*, 8, 1–7. <https://repositorio.ufsc.br/bitstream/handle/123456789/186602/PPAU0156-D.pdf?sequence=1&isAllowed=y%0Ahttp://journal.stainkudus.ac.id/index.php/equilibrium/article/view/1268/1127%0Ahttp://www.scielo.br/pdf/rae/v45n1/v45n1a08%0Ahttp://dx.doi.org/10.1016/j>
- Barry, C. T., Doucette, H., Loeflin, D. C., Rivera-Hudson, N., Lacey, L., Barry, C. T., Herrington, L. L. (2015). Psychology of popular media culture “Let me take a selfie”: Associations between self-photography, narcissism, and self-esteem. *Psychology of Popular Media Culture*. <https://doi.org/10.1037/ppm0000089>
- Berger, P.L. dan Luckmann, T. 1990. *Tafsir Sosial atas Kenyataan: Risalah tentang Sosiologi Pengetahuan*. Jakarta: LP3ES.
- Bindhani, B. K. (2021). The Shape of Beauty : An Anthropological Perspective The Shape of Beauty : An Anthropological Perspective. *SKYLINES OF ANTHROPOLOGY*, 1(September), 13–21.



- Bourdieu, Pierre. (1977). Outline of a Theory of Practice. Cambridge: Cambridge Univ.Press.
- _____. (1990). In Other Words: Essays Towards A Reflexive Sociology. Terj. Matther Adamson. Stanford, California: Stanford University Press.
- _____. (1991). Language and Symbolic Power. Terj. Gino Raymond dan Matthew Adamson. Cambridge, UK: Polity Press.
- _____. (2010). Arena Produksi Kultural. Yogyakarta: Pustaka Pelajar.
- _____. (2010). Distinction: A Social Critique of the Judgement of Taste. London: Routledge.
- _____. (2016). Arena Produksi Kultural: Sebuah Kajian Sosiologi Budaya. Bantul: Kreasi Wacana.
- _____. (2020). Pertanyaan-Pertanyaan Sosiologi. Yogyakarta: IRCiSod.
- Bourdieu, Pierre, dan Roger Chartier. (2015). The Sociologist and The Historian. Terj. David Fernbach. Cambridge, UK: Polity Press.
- Breakey, H. (2012). Intellectual Liberty: Natural Rights and Intellectual Property. Farnham, Surrey: Ashgate.
- Brewis, Alexandar A., dkk. (2011). Body Norms and Fat Stigma in Global Perspective. *The University of Chicago Press Journals*. Vol. 52. No. 2.
- Cafri, G., Van Den Berg, P., & Thompson, J. K. (2006). Pursuit of muscularity in adolescent boys: Relations among biopsychosocial variables and clinical outcomes. *Journal of Clinical Child and Adolescent Psychology*, 35(2), 283–291. https://doi.org/10.1207/s15374424jccp3502_12
- Cash, T. F. (2004). Body image: Past, present, and future. *Body Image*, 1(1), 1–5. [https://doi.org/10.1016/S1740-1445\(03\)00011-1](https://doi.org/10.1016/S1740-1445(03)00011-1)
- Cash, T. F., & Fleming, E. C. (2002). The impact of body image experiences: Development of the body image quality of life inventory. *International Journal of Eating Disorders*, 31(4), 455–460. <https://doi.org/10.1002/eat.10033>
- Cassidy, C. M. (1991). The Good Body: When Big is Better. *Medical Anthropology*, 13(3), 181–213. <https://doi.org/10.1080/01459740.1991.9966048>.
- Cohen, C. B., Wilk, R., and Stoeltje, B. (1995). Beauty Queens on the Global Stage: Gender, Contests, and Power. New York: Routledge.
- Costantini, M. 2014. Body perception, awareness, and illusions. Wiley Interdisciplinary Review Cognitive Science. 5 (5): 551–560. <https://doi.org/10.1002/wcs.1309>.
- Craig, Maxine Leeds. (2021). The Routledge Companion to Beauty Politics, London. London and New York: Routledge.
- Denshire, Sally. (2014). On Auto-Ethnography. Sage Journals, 62(6). <https://doi.org/10.1177/0011392114533339>
- Derung, T. N. (2017). Interaksionisme Simbolik Dalam Kehidupan Bermasyarakat. *SAPA - Jurnal Kateketik Dan Pastoral*, 2(1), 118–131. <https://doi.org/10.53544/sapa.v2i1.33>
- Dewojeti, C., & Nurtalia, N. (2023). Konsep Habitus Bourdieu dan Dinamika Masyarakat Tionghoa dalam. *Jurnal Arif*, 3(1), 1–23.



- Dittmar, Helga. (2009). How do “Body Perfect” Ideals in The Media Have a Negative Impact on Body Image and Behaviors? Factors and Processes Related to Self and Identity. *Journal of Social and Clinical Psychology*, 28(1), 1-8.
- Dixson, A. F., & Dixson, B. J. (2011). Venus Figurines of the European Paleolithic: Symbols of Fertility or Attractiveness? *Journal of Anthropology*, 2011, 1–11. <https://doi.org/10.1155/2011/569120>
- Dondzilo, L., & Basanovic, J. (2023). Body dissatisfaction and selective attention to thin-ideal bodies: The moderating role of attentional control. *Body Image*, 46(August), 443–448. <https://doi.org/10.1016/j.bodyim.2023.08.001>
- Douglas, K. dan David Carless. 2013, A History of Autoethnographic Inquiry dalam Handbook of Autoethnography dalam Stacy Holman Jones, dkk (ed) Handbook of Autoethnography. London: Left Coal Press.
- Ellis, C., & Bochner, A. P. (2000). Autoethnography, personal narrative, reflexivity: Researcher as subject. In N. K. Denzin & Y. S. Lincoln (Eds.), *Handbook of Qualitative Research* (pp. 733-768). London: Sage.
- Ellis, C. (2000). Creating criteria: An ethnographic short story. *Qualitative Inquiry*, 6, 273-277.
- _____. (2004). *The ethnographic I: A methodological novel about autoethnography*. Walnut Creek, CA: AltaMira Press.
- _____. (2007). Telling secrets, revealing lives: Relational ethics in research with intimate others. *Qualitative Inquiry*, 13, 3-29.
- Ellis, C., Bochner, A. P., Denzin, N. K., JR., H. L. B. G., Pelias, R., & Richardson, L. (2007). Coda: Talking and thinking about qualitative research. In N. K. Denzin, & M. D. Giardina (Eds.), *Ethical Futures in Qualitative Research: Decolonizing the Politics of Knowledge* (pp. 229-267). Walnut Creek, CA: Left Coast Press.
- Fatmawati, N. I. (2020). Pierre Bourdieu Dan Konsep Dasar Kekerasan Simbolik. *Madani Jurnal Politik Dan Sosial Kemasyarakatan*, 12(1), 41–60. <https://doi.org/10.52166/madani.v12i1.1899>
- Fauzi, Ahmad. (2023). Urgensi Ekualitas (Kafa'ah) dalam Pernikahan Islam Ditinjau dari Perspektif Habitus dan Ranah Pierre Bourdieu, 2 (1), 460-475.
- Frangky, E. 2012. Pemaknaan Mengenai Nilai-Nilai Maskulinitas dan Citra Tubuh Dalam Program Komunikasi Pemasaran Oleh Laki-laki Homoseksual dan Laki-laki Heteroseksual. Skripsi, Fakultas Ilmu Sosial dan Ilmu Politik Program Studi Ilmu Komunikasi Universitas Indonesia, Depok.
- Ganie, M. A., Sahar, T., Rashid, A., Wani, I. A., Nisar, S., Sathyapalan, T., Vishnubhatla, S., Ramakrishnan, L., Parvez, T., & Geer, I. (2019). Comparative evaluation of biomarkers of inflammation among Indian women with polycystic ovary syndrome (PCOS) consuming vegetarian vs. non-vegetarian diet. *Frontiers in Endocrinology*, 10, 699. <https://doi.org/10.3389/fendo.2019.00699>
- Gloria, Tufelita Wikandana. (2016). Makna Kecantikan Bagi Pelanggan Klinik Kecantikan (Studi Kasus: Larissa Aesthetic Center). (Skripsi Sarjana, Universitas Gadjah Mada).



- Gremillion, H. (2005). The cultural politics of body size. *Annual Review of Anthropology*, 34, 13–32. <https://doi.org/10.1146/annurev.anthro.33.070203.143814>
- Grogan, S. (2021). Body Image: Understanding Body Dissatisfaction in Men, Women and Children, Fourth Edition. *Body Image: Understanding Body Dissatisfaction in Men, Women and Children, Fourth Edition*, November 2021, 1–250. <https://doi.org/10.4324/9781003100041>
- Grogan, S. (2021). Body Image: Understanding Body Dissatisfaction in Men, Women and Children, Fourth Edition. In *Body Image: Understanding Body Dissatisfaction in Men, Women and Children, Fourth Edition*. <https://doi.org/10.4324/9781003100041>
- Groves, V., Ridley, B. J., Cornelissen, P. L., Maalin, N., Mohamed, S., Kramer, R. S. S., McCarty, K., Tovée, M. J., & Cornelissen, K. K. (2023). Men's perception of current and ideal body composition and the influence of media internalization on body judgements. *Frontiers in Psychology*, 14. <https://doi.org/10.3389/fpsyg.2023.1116686>
- Handajani, S. (2022). Theorizing Beauty Regimes: Indonesian Women Performing their Gender Ideology and Resistance through Makeup. *Jurnal Humaniora*, 34(2), 108. <https://doi.org/10.22146/jh.69020>
- Hamermesh, D.S., dan Biddle. (1994). Beauty and the Labor Market. *The American Economic Review*, 84(5), 1174-1194.
- Hasrin, A., & Sidik, S. (2023). Tren Kecantikan Dan Identitas Sosial: Analisis Konsumsi Kosmetik Dan Objektifikasi Diri Di Kalangan Perempuan Kota Palopo. *Jurnal Analisa Sosiologi*, 12(4). <https://doi.org/10.20961/jas.v12i4.71618>
- Hastarika, G. (2021). Akses dalam Praktik Pemerantaraan Kesenian di Indonesia. *Antropologi Indonesia*, 42(2), 125–138. <http://www.jke.feb.ui.ac.id/index.php/jai/article/view/13331>
- Hebl MR, Turchin JM. (2005) The stigma of obesity: What about men? *Basic and Applied Social Psychology* 27: 267–275.
- Hidayat Sarip. (2010). *TEORI SOSIAL PIERRE BOURDIEU DAN SUMBANGANNYA TERHADAP PENELITIAN SASTRA* (pp. 43–52).
- Honigman, Roberta dan David J. Castle. (2007). Citra Tubuh pada Remaja Putri Menikah dan Memiliki Anak. *Jurnal Psikologi*, 1(1), 52–62.
- Hyo-won, Lee. (2018). “K-Beauty Perkembangan Industri dan Estetika Korea.” dalam Koreana, 7(4).
- Ikmal, N.M., dkk. (2023). Fenomena Body Shaming Pada Kalangan Remaja. *Prosiding* 9(1), 368-378.
- Illahi, Azizun Kurnia, dkk. (2020). Penggunaan Social media influencer Sebagai Usaha Membangun Budaya Masyarakat Digital Tentang Konsep Tubuh Ideal dan Kepercayaan Diri. *Jurnal Komunikasi*, 12(1), 108-123.
- Ilmi Idrus, N. (2006). Berita Antropologi Feminis: Etnografi, Relasi Gender dan Relativisme Budaya. *Antro*, 30(3), 272–296.
- Irianto, K. 2014. Gizi Seimbang Dalam Kesehatan Reproduksi. Bandung : Alfabeta.



- Irmayanti, A. (2009). Hubungan antara Media Exposure , Tingkat Ketidakpuasan terhadap Ukuran Bentuk Tubuh dan Self-esteem Remaja Puteri Jakarta. Universitas Indonesia.
- Kapferer, J.-N. (1990). Rumors: Uses, Interpretation and Necessity (1st ed). Routledge. <https://doi.org/10.4324/9781315128801>.
- Khoirul Amal, Y., Adi Wisnu Wibowo, P., & Srimuda Pitana, T. (2022). The Symbolic Violence in “Imperfect” (Pierre Bourdieu’s Review of Critical Discourse Analysis). *International Journal of Science and Applied Science: Conference Series P-ISSN*, 6(2), 2549–4635. <https://doi.org/10.20961/ijssacs.v6i2.74094>
- Liebelt, C. (2022). Beauty: What Makes Us Dream, What Haunts Us. *Feminist Anthropology*, 3(2), 206–213. <https://doi.org/10.1002/fea2.12076>
- Livingston, J., Holland, E., & Fardouly, J. (2020). Exposing digital posing: The effect of social media self-disclaimer captions on women’s body dissatisfaction, mood, and impressions of the user. *Body Image*, 32, 150–154. <https://doi.org/10.1016/j.bodyim.2019.12.006>
- Lock, M. (1993). Cultivating the Body: Anthropology and Epistemologies of Bodily Practice and Knowledge. *Annual Review of Anthropology*, 22(1), 133–155. <https://doi.org/10.1146/annurev.anthro.22.1.133>
- Malinowski, B., Zalewska, K., Węsierska, A., Sokołowska, M. M., Socha, M., Liczner, G., Pawlak-Osińska, K., & Wiciński, M. (2019). Intermittent fasting in cardiovascular disorders—an overview. *Nutrients*, 11(3), 1–18. <https://doi.org/10.3390/nu11030673>
- Mariza, M. (2013). Autoethnography as a research method: Advantages, limitations and criticisms / La autoetnografía como un método de investigación: ventajas, limitaciones y críticas. *Colombian Applied Linguistics Journal*, 2, 279. https://bathspa.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&AuthType=ip_shib&db=edssci&AN=edssci.S0123.4641201300200010&site=eds-live
- Martono, Nanang. (2012). Kekerasan Simbolik di Sekolah: Sebuah Ide Sosiologi Pendidikan Pierre Bourdieu. Jakarta: Rajawali Pers.
- Marlina, U., Maulitanti, S. D., Annisa, Y., & Masitha, D. (2023). Pengaruh Penerapan Diet Anti Inflamasi Pada Perubahan Manifestasi Klinis Dan Penanda Inflamasi Wanita Dengan Polycystic Ovary Syndrome (PCOS). *Jurnal Pendidikan Indonesia*, 4(05), 475–488. <https://doi.org/10.59141/japendi.v4i05.1821>
- Masniari, Amelia (2011). Komunitas Belanja Sampai Mati, <http://belanja-sampai-mati.blogspot.com/2011/10/komunitas-miss-jinjing.html>.
- Maso, L. (2001). Phenomenology and ethnography. In P. Atkinson, A. Coffey, S. Delamont, J. Lofland, & L. Lofland (Eds.), *Handbook of ethnography* (pp. 136-144). Thousand Oaks, CA: Sage.
- Mastuti, S., Ulfa, L., & Nugraha, S. (2019). Hubungan Status Gizi dengan Usia Menarche pada Remaja Putri. *Jurnal Ilmu Kesehatan*, 14(01), 93–112.
- Mauss, M. (1973). Techniques of the Body. *Econ. Soc.* 21: 70-88.



- McIlveen, P. (2008). Autoethnography as a method for reflexive research and practice in vocational psychology. *Australian Journal of Career Development*, 17(2), 13-20.
- Méndez, Mariza. (2013). Autoethnography as a Research Method: Advantages, Limitations and Criticisms. *Theoretical Discussion Paper*, 15(2), 279-287.
- Mulyana, Dedy. (2008). Metodologi Penelitian Kualitatif: Paradigma Baru Ilmu Komunikasi. Bandung: PT Remaja Rosdakarya.
- Mustikasari, M., Arlin, A., & Kamaruddin, S. A. (2023). Pemikiran Pierre Bourdieu dalam Memahami Realitas Sosial. *Kaganga: Jurnal Pendidikan Sejarah Dan Riset Sosial Humaniora*, 6(1), 9–14. <https://doi.org/10.31539/kaganga.v6i1.5089>
- Nafi Ibdiyana Musyarrifani. (2022). Pengaruh Citra Tubuh terhadap Budaya Konsumsi pada Perempuan. *Sasdaya: Gadjah Mada Journal of Humanities*, 6(1), 67–80. <https://doi.org/10.22146/sasdaya.5246>.
- Nur Amini, & Naimah, N. (2020). FAKTOR HEREDITAS DALAM MEMPENGARUHI PERKEMBANGAN INTELLIGENSI ANAK USIA DINI. *Jurnal Buah Hati*, 7(2), 108-124. <https://doi.org/10.46244/buahhati.v7i2.1162>
- Nye, Joseph Jr. (2008). The Powers to Lead. New York: Oxford University Press.
- Odinga, J., & Kasten, E. (2020). From the jungle to urban centers: body image and self-esteem of women in three different cultures. *International Journal of Anthropology and Ethnology*, 4(1), 1–20. <https://doi.org/10.1186/s41257-020-00030-5>
- Oktaviani, I. (2019). Keputusan Diet dan Pengaruh Media Sosial Menggunakan Pendekatan Critical Medical Anthropology. *Jurnal Kajian Ruang Sosial-Budaya*, 3(2), 4–13. <https://doi.org/10.21776/ub.sosiologi.jkrsb.2019.003.2.02>
- Osborne, N., dan Grant-Smith, D. (2021). "In-Depth Interviewing," dalam Methods in Urban Analysis, hlm.105-125. https://doi.org/10.1007/978-981-16-1677-8_7
- Patel, K.R.; Brown, V.A.; Jones, D.J.; Britton, R.G.; Hemingway, D.; Miller, A.S.; West, K.P.; Booth, T.D.; Perloff, M.; Crowell, J.A.; et al. (2010). Clinical pharmacology of resveratrol and its metabolites in colorectal cancer patients. *Cancer Res*, 70, 7392–7399.
- Pavlenko, A. (2002). Narrative study: whose story is it anyway? *TESOL Quarterly*, 36, 213- 218
- _____. (2007). Autobiographic narratives as data in applied linguistics. *Applied Linguistics*, 28, 63-188.
- Penggalih, M. H. S. T., Isnanta, R., Rahadian, B., Margono, M., Sujadi, D., Wicaksari, S. A., Reswati, V. D. Y., Indriyani, S., & Niamilah, I. (2024). Association between Nutrient Intake and Height among Adolescent Athlete in Indonesia: A Cross-Sectional Study. *Amerta Nutrition*, 8(1), 40–48. <https://doi.org/10.20473/amnt.v8i1.2024.40-48>
- Prabasmoro, Aquarini Priyatna. (2003). Becoming White. Yogyakarta: Jalasutra.
- Puspasari. (2019). Body image dan bentuk tubuh ideal , antara persepsi dan realitas. *Buletin Jagaddhita*, 1(3), 1–4.



- Putri, C. R. (2023). Praktik Menuju Vagina yang Sempurna: Pendisiplinan dengan Beragam Produk untuk Daerah Kewanitaan. *Endogami: Jurnal Ilmiah Kajian Antropologi*, 6(2), 106–125. <https://doi.org/10.14710/endogami.6.2.106-125>
- Rasmaniar, dkk. (2023). Kesehatan dan Gizi Remaja. Surakarta: Yayasan Kita Menulis.
- Reischer, E., & Koo, K. S. (2004). The body beautiful: Symbolism and agency in the social world. *Annual Review of Anthropology*, 33(2004), 297–317. <https://doi.org/10.1146/annurev.anthro.33.070203.143754>
- Ritzer, George. (2014). Teori Sosiologi Edisi 8. Yogyakarta: Pustaka Pelajar.
- Robinovich, J., Ossa, X., Baeza, B., Krumeich, A., & van der Borne, B. (2018). Embodiment of social roles and thinness as a form of capital: A qualitative approach towards understanding female obesity disparities in Chile. *Social Science and Medicine*, 201(February), 80–86. <https://doi.org/10.1016/j.socscimed.2018.02.006>
- Rosida, I. (2018). Tubuh Perempuan Dalam Budaya Konsumen: Antara Kesenangan Diri, Status Sosial, Dan Nilai Patriarki. *Jurnal Antropologi: Isu-Isu Sosial Budaya*, 20(1), 85. <https://doi.org/10.25077/jantro.v20.n1.p85-101.2018>
- Rulitama, M. R., Sauqina, S., & Hafizah, E. (2023). Implementasi Program Kampus Mengajar Dalam Pola Pembelajaran IPA Pada Masa Pandemi di SDN 2 Panggung Kabupaten Hulu Sungai Tengah. *JUPEIS : Jurnal Pendidikan Dan Ilmu Sosial*, 2(2), 17–24. <https://doi.org/10.57218/jupeis.vol2.iss2.593>
- Salter, M. 1999. Body image and body image disorder. Wiesbaden: Ullstein MedicalVerlagsgesellschaft.
- Saptandari, P. (2013). Beberapa Pemikiran tentang Perempuan dalam Tubuh dan Eksistensi. *Antropologi FISIP*, 2(1), 53–71. <http://journal.unair.ac.id/BK@beberapa-pemikiran-tentang-perempuan-dalam-article-6247-media-133-category-8.html>
- Sari, D. Y., & Sunesti, Y. (2021). Body shaming, citra tubuh ideal dan kaum muda kampus: studi fenomenologi terhadap mahasiswa UNS. *Journal of Development and Social Change, Oktober*, 40–55.
- Shilling, C. (1991). Educating the body: Physical capital and the production of social inequalities. *Sociology*, 25(4), 653–672. <https://doi.org/10.1177/0038038591025004006>
- Shintaviana, F. V., & Yudarwati, A. (2013). Konsep Diri serta Faktor-Faktor Pembentuk Konsep Diri Berdasarkan Teori Interaksionisme Simbolik. *Universitas Atma Jaya*, 4(sosial), 1–15. <http://ejournal.uajy.ac.id/5781/1/jurnal.pdf>
- Siany Indria L. (2019). Kartini dan Potret Perempuan Indonesia Masa Kini. *Habitus: Jurnal Pendidikan Sosiologi Dan Antropologi Vol. 3 No. 1 Tahun 2019 Hal. 33-? -40 ISSN: 2597-? -9264*, 3(1).
- Sine, N. A. E. (2022). Habitus nir-kekerasan: Sebuah upaya mendialogkan habitus Yesus dan pemikiran Pierre Bourdieu tentang pencegahan kekerasan simbolik. *Kurios*, 8(2), 329. <https://doi.org/10.30995/kur.v8i2.549>
- Slade, P.D. 1994. What is body image? *Behavior Research and Therapy* 32: 487–502. [https://doi.org/10.1016/0005-7967\(94\)90136-8](https://doi.org/10.1016/0005-7967(94)90136-8).



- Solissa, E. M. (2018). Habitus dan Arena dalam Novel Taman Api Karya Yonathan Rahrdjo. *Lingua Franca: Jurnal Bahasa, Sastra, Dan Pengajarannya*, 2(1), 1–11. <https://doi.org/10.30651/lf.v2i1.1386>
- Soukup, M., & Dvořáková, M. (2016). Anthropology of Body: the Concept Illustrated on an Example of Eating Disorders. *Slovak Ethnology*, 64(4), 513–529. <https://www.researchgate.net/publication/312027038>
- Stiff, J. B. 2003. Persuasive Communication. The Guilford Press.
- Taylor, K. 2004. Brainwashing: The Science of Thought Control. Oxford University Press Inc.
- Tiara, P. P., & Lasnawati, L. (2022). Makna Gaya Hidup Sehat Dalam Perpektif Teori Interaksionisme Simbolik. *Humantech : Jurnal Ilmiah Multidisiplin Indonesia*, 1(11), 1627–1638.
- Tiggemann, M., & Slater, A. (2013). NetGirls : The Internet , Facebook , and Body Image Concern in Adolescent Girls. *Int J Eat Disord*, 46, 630–633. <https://doi.org/10.1002/eat.22141>
- Wahyuni, K.D., dan Kuncoro B.P. (2019). Diskriminasi terhadap Kaum Gemuk (Studi Kasus: Kalangan Remaja Bertubuh Gemuk di Wonosobo). *Solidarity*, 8(2), 681-691.
- Welton, S., Minty, R., O'Driscoll, T., Willms, H., Poirier, D., Madden, S., & Kelly, L. (2020). Intermittent fasting and weight loss Systematic review. *Canadian Family Physician*, 66(2), 117–125.
- Winkler-Reid, S. (2017). "Looking Good" and "Good Looking" in School: Beauty Ideals, Appearance, and Enskilled Vision among Girls in a London Secondary School. *Anthropology and Education Quarterly*, 48(3), 284–300. <https://doi.org/10.1111/aeq.12200>
- Yuanita, H., & Sukamto, M. E. (2013). Fenomena Body Dissatisfaction Pada Perempuan Anggota Fitness Centre. *Jurnal Psikologi Teori Dan Terapan*, 4(1), 12. <https://doi.org/10.26740/jptt.v4n1.p12-23>
- Yuli Apriati. (2019). Refresentasi Maskulinitas Dalam Iklan Rokok Dan Susu L-Men. *Jurnal Pendidikan Sosiologi Antropologi*, 1(2), 63.

Film

- Chand Parwez Servia & Fiaz Servia (Produser) & Ernest Prakarsa (Sutradara). (2019). *Imperfect*: Karier, Cinta & Timbangan. Indonesia: Starvision Plus.
- Manoj Punjabi (Produser) & Ody C. Harahap (Sutradara). (2023). *200 Pounds Beauty* (Versi Indonesia). Indonesia: MD Pictures.
- Muhadkly Acho. (2023). Induk Gajah. Indonesia: MD Entertainment.
- Park Mu-seung dan tim (Produser) & Kim Yong-hwa (Sutradara). (2006). *200 Pounds Beauty* (Versi Korea Selatan). Korea Selatan: REALies Pictures KM Culture.