

TABLE OF CONTENTS

APPROVAL PAGE.....	1
ABSENCE OF PLAGIARISM STATEMENT	2
ACKNOWLEDGEMENT.....	3
TABLE OF CONTENTS.....	6
LIST OF FIGURES.....	8
LIST OF TABLES.....	9
LIST OF APPENDICES	10
LIST OF ABBREVIATIONS.....	11
ABSTRACT	12
ABSTRAK	13
CHAPTER I.....	14
A. Background.....	14
B. Problem Formulation.....	16
C. Research Question	17
D. Research Objectives.....	17
E. Research Benefits.....	17
F. Research Originality	18
CHAPTER II	19
A. Paranasal Sinuses.....	20
1. Anatomy and normal physiology of paranasal sinuses.....	20
2. Types of paranasal sinus	22
B. Nasal Turbinates	25
1. Anatomy and normal physiology of nasal turbinates.....	25
2. The inferior turbinate.....	27
C. Chronic Rhinosinusitis.....	29
1. Introduction.....	29
2. Etiology and Risk Factors.....	29

3.	Pathophysiology.....	32
4.	Signs and Symptoms.....	34
5.	Diagnosis.....	36
D.	Inferior Turbinate Hypertrophy	37
1.	Introduction.....	37
2.	Diagnosis.....	40
E.	Theoretical Framework.....	42
F.	Conceptual Framework	43
G.	Hypothesis.....	43
CHAPTER III.....	44	
1.	Study Design	44
2.	Place and Time of Study	44
3.	Study Population	44
4.	Sample and Data Collection	45
5.	Sample Size	45
6.	Study Variables and Operational Definition	46
7.	Study Procedure	47
8.	Data Analysis	48
9.	Ethical Considerations	48
CHAPTER IV.....	49	
1.	Chronic Rhinosinusitis.....	49
2.	Chronic Rhinosinusitis Patients with Inferior Turbinate Hypertrophy	57
3.	Hypothesis Test	62
4.	Research Limitations	63
CHAPTER V.....	64	
1.	Conclusion	64
2.	Recommendation	64
BIBLIOGRAPHY.....	65	
APPENDICES.....	75	

LIST OF FIGURES

Figure 1. Anatomy of Nasal Sinuses	20
Figure 2. Anatomy of Nasal Turbinates	26
Figure 3. Inferior Turbinate Hypertrophy	38
Figure 4. Theoretical Framework	42
Figure 5. Conceptual Framework	43

LIST OF TABLES

Table 1. Research Originality.....	18
Table 2. Symptoms of Rhinosinusitis (Benninger et al, 2003)	35
Table 3. Subject Characteristics of CRS Patients in 2021-2022	50
Table 4. Clinical Characteristics Table of CRS Patients in 2021-2022.....	54
Table 5. Subject Characteristics of CRS Patients with ITH in 2021-2022	58
Table 6. Clinical Characteristics Table of CRS Patients with ITH in 2021-2022.....	61
Table 7. Result of Z-test.....	62

LIST OF APPENDICES

Appendix 1. Data Extraction Form.....	75
Appendix 2. Ethical Clearance	76

LIST OF ABBREVIATIONS

COVID-19	: coronavirus disease-19
CRS	: chronic rhinosinusitis
CTFR	: cystic fibrosis transmembrane conductance regulator
CT	: computed tomography
ENT	: ear, nose, and throat
FK-KMK	: <i>fakultas kedokteran, kesehatan masyarakat, dan keperawatan</i>
GERD	: gastroesophageal reflux disease
HLA	: human leukocyte antigens
IL	: interleukin
ITH	: inferior turbinate hypertrophy
RSUD	: <i>rumah sakit umum daerah</i>
RSUP	: <i>rumah sakit umum pusat</i>
DEPKES RI	: <i>departemen kesehatan republik indonesia</i>