

DAFTAR PUSTAKA

- Agustina, A.I., Samad, R., Juliyani, S., Arif, M., 2023. Analysis of Reticulocyte Hemoglobin Equivalent in Routine and Non-Routine Blood Donors in Makassar. *Indones J Clinical Pathol Med Laboratory* 29, 159–163.
- Alkindi, S., Al Musalami, A., Al Wahaibi, H., Althuraiya, A.S., Al Ghammari, N., Panjwani, V., Fawaz, N., Pathare, A., 2018. Iron deficiency and iron deficiency anemia in the adult omani population. *J Appl Hematol* 9, 11.
- Almashjary, M.N., Barefah, A.S., Bahashwan, S., Ashankyty, I., ElFayoumi, R., Alzahrani, M., Assaqaf, D.M., Aljabri, R.S., Aljohani, A.Y., Muslim, R., Baawad, S.A., Bawazir, W.M., Alharthy, S.A., 2022. Reticulocyte Hemoglobin-Equivalent Potentially Detects, Diagnoses and Discriminates between Stages of Iron Deficiency with High Sensitivity and Specificity. *J Clin Med* 11, 5675.
- Andriastuti, M., Imana, G., Nawangwulan, S.A., Kosasih, K.A., 2020. Prevalence of anemia and iron profile among children and adolescent with low socio-economic status. *Int J Pediatr Adolesc Med* 7, 88–92.
- Anselmo, F.C., Ferreira, N.S., Mota, A.J. da, Gonçalves, M. de S., Albuquerque, S.R.L., Fraiji, N.A., Ferreira, A.C.D., Moura Neto, J.P. de, 2020. Deletional Alpha-Thalassemia Alleles in Amazon Blood Donors. *Adv Hematol* 2020, 1–6.
- Auerbach, M., Staffa, S.J., Brugnara, C., 2021. Using Reticulocyte Hemoglobin Equivalent as a Marker for Iron Deficiency and Responsiveness to Iron Therapy. *Mayo Clin Proc* 96, 1510–1519.
- Bailey, R.L., West Jr., K.P., Black, R.E., 2015. The Epidemiology of Global Micronutrient Deficiencies. *Ann Nutr Metab* 66, 22–33.
- Barrera-Reyes, P.K., Tejero, M.E., 2019. Genetic variation influencing hemoglobin levels and risk for anemia across populations. *Ann N Y Acad Sci* 1450, 32–46.
- Beguin, Y., 2003. Soluble transferrin receptor for the evaluation of erythropoiesis and iron status. *Clin Chim Acta* 329, 9–22.
- Bó, S.D., Frago, A.L.R., Farias, M.G., Hubner, D.P.G., de Castro, S.M., 2023. Evaluation of RET-He values as an early indicator of iron deficiency anemia in pregnant women. *Hematol Transfus Cell Ther* 45, 52–57.
- Brittenham, G.M., 2011. Iron deficiency in whole blood donors. *Transfusion* 51, 458–461.
- Brugnara, C., Schiller, B., Moran, J., 2006. Reticulocyte hemoglobin equivalent (Ret He) and assessment of iron-deficient states. *Clin Lab Haematol* 28, 303–308.

- Cable, R.G., Glynn, S.A., Kiss, J.E., Mast, A.E., Steele, W.R., Murphy, E.L., Wright, D.J., Sacher, R.A., Gottschall, J.L., Tobler, L.H., Simon, T.L., 2012. Iron deficiency in blood donors: the REDS-II Donor Iron Status Evaluation (RISE) study. *Transfusion* 52, 702–711.
- Camaschella, C., Nai, A., Silvestri, L., 2020. Iron metabolism and iron disorders revisited in the hepcidin era. *Haematologica* 105, 260–272.
- Chinudomwong, P., Binyasing, A., Trongsakul, R., Paisooksantivatana, K., 2020. Diagnostic performance of reticulocyte hemoglobin equivalent in assessing the iron status. *J Clin Lab Anal* 34, e23225.
- Coskun, A., 2024. Bias in Laboratory Medicine: The Dark Side of the Moon. *Ann Lab Med* 44, 6–20.
- Dalimunthe, N.N., Lubis, A.R., 2016. Usefulness of Reticulocyte Hemoglobin Equivalent in Management of Regular Hemodialysis Patients with Iron Deficiency Anemia. *Rom J Intern Med* 54, 31–36.
- Dijkstra, A., van den Hurk, K., Bilo, H.J.G., Slingerland, R.J., Vos, M.J., 2019. Repeat whole blood donors with a ferritin level of 30 µg/L or less show functional iron depletion. *Transfusion* 59, 21–25.
- El-Gendy, F.M., El-Hawy, M.A., Rizk, M.S., El-Hefnawy, S.M., Mahmoud, M.Z., 2018. Value of Soluble Transferrin Receptors and sTfR/log Ferritin in the Diagnosis of Iron Deficiency Accompanied by Acute Infection. *Indian J Hematol Blood Transfus* 34, 104–109.
- Ferguson, E., Hill, A., Lam, M., Reynolds, C., Davison, K., Lawrence, C., Brailsford, S.R., 2020. A typology of blood donor motivations. *Transfusion* 60, 2010–2020.
- Fillet, A., Martinaud, C., Malard, L., Le Cam, S., Hejl, C., Chenus, F., Woimant, G., Chueca, M., Jacquot, E., Besiers, C., Morel, P., Djoudi, R., Garrabé, E., Gross, S., 2021. Iron deficiency among French whole-blood donors: first assessment and identification of predictive factors. *Vox Sang* 116, 42–52.
- Garcia-Casal, M.N., Pasricha, S.-R., Martinez, R.X., Lopez-Perez, L., Peña-Rosas, J.P., 2021. Serum or plasma ferritin concentration as an index of iron deficiency and overload. *Cochrane Database Sys Rev* 2021.
- Gemelli, C.N., Hayman, J., Waller, D., 2017. Frequent whole blood donors: understanding this population and predictors of lapse. *Transfusion* 57, 108–114.
- Girelli, D., Nemeth, E., Swinkels, D.W., 2016. Hepcidin in the diagnosis of iron disorders. *Blood* 127, 2809–2813.

- Goldman, M., Uzicanin, S., Osmond, L., Scalia, V., O'Brien, S.F., 2017. A large national study of ferritin testing in Canadian blood donors. *Transfusion* 57, 564–570.
- Goldman, M., Uzicanin, S., Scalia, V., O'Brien, S.F., 2014. Iron deficiency in Canadian blood donors. *Transfusion* 54, 775–779.
- Greer, J., Arber, D., List, A., Foerster, J., 2014. *Wintrobe's Clinical Hematology*, 13th ed. Wolters Kluwer, Amsterdam.
- Hoenemann, C., Ostendorf, N., Zarbock, A., Doll, D., Hagemann, O., Zimmermann, M., Luedi, M., 2021. Reticulocyte and Erythrocyte Hemoglobin Parameters for Iron Deficiency and Anemia Diagnostics in Patient Blood Management. A Narrative Review. *J Clin Med* 10, 4250.
- Ibáñez-Alcalde, M.M., Vázquez-López, M.Á., Ruíz-Sánchez, A.M., Lendínez-Molinos, F.J., Galera-Martínez, R., Bonillo-Perales, A., Parrón-Carreño, T., 2018. Reference Values of Reticulocyte Hemoglobin Content in Healthy Adolescents. *J Pediatr Hematol Oncol* 40, 298–303.
- International Society of Blood Transfusion, The International Haemovigilance Network, The AABB Donor Haemovigilance Working Group, 2014. *Standard for Surveillance of Complications Related to Blood Donation*. ISBT, Amsterdam.
- Irawan, S.A.R., Indriani, V., Faniyah, F., 2021. Karakteristik Donor di RSUD Prof. Dr. Margono Soekarjo Tahun 2016 – 2020. *Sriwijaya J Med* 4, 186–193.
- Iriani, A., Purnamasari, E., Wirawan, R., 2018. Nilai Rujukan Soluble Transferrin Receptor (sTfR). *Indones J Clinical Pathol Med Laboratory* 21, 211–214.
- Kar, Y.D., Altınkaynak, K., 2021. Reticulocyte hemoglobin equivalent in differential diagnosis of iron deficiency, iron deficiency anemia and β thalassemia trait in children. *Turk J Biochem* 46, 45–51.
- Karagülle, M., Gündüz, E., Mutlu, F.Ş., Akay, M.O., 2013. Clinical Significance of Reticulocyte Hemoglobin Content in the Diagnosis of Iron Deficiency Anemia. *Turk J Hematol* 30, 153–156.
- Kasraian, L., Ashkani-Esfahani, S., Foruozaandeh, H., 2021. Reasons of under-representation of Iranian women in blood donation. *Hematol Transfus Cell Ther* 43, 256–262.
- Kaur, S., Mittal, K., Kaur, R., Kaur, G., Kaur, P., Sood, T., 2022. Reporting of delayed adverse donor reactions in whole blood donors: Just the tip of an iceberg! *Transfus Clin Biol* 29, 141–146.

- Kementerian Kesehatan RI, 2015. *Peraturan Menteri Kesehatan Republik Indonesia Nomor 91 Tahun 2015 tentang Standar Pelayanan Transfusi Darah*. Kementerian Kesehatan RI, Jakarta.
- Keohane, E.M., Smith, L.J., Walenga, J.M., 2020. *Rodak's Hematology: Clinical Principles and Applications*, 6th ed. Elsevier, St. Louis.
- Kittisares, K., Palasuwan, D., Noulsri, E., Palasuwan, A., 2019. Thalassemia trait and G6PD deficiency in Thai blood donors. *Transfusi Apher Sci* 58, 201–206.
- Kumar, R., Kaur, P., Verma, K., Rajeev, K., Bhaskar, B., Kumar, S., 2023. Delayed adverse reaction in donors after whole blood donation: Is it a matter of concern? *Transfus Clin Biol* 30, 232–237.
- Lian, Y., Shi, J., Nie, N., Huang, Z., Shao, Y., Zhang, J., Huang, J., Li, X., Ge, M., Jin, P., Wang, M., Zheng, Y., 2019. Reticulocyte Hemoglobin Equivalent (Ret-He) Combined with Red Blood Cell Distribution Width Has a Differentially Diagnostic Value for Thalassemias. *Hemoglobin* 43, 229–235.
- McCullough, J., 2021. *Transfusion Medicine*, 5th ed. John Wiley & Sons Ltd, West Sussex.
- McPherson, R., Pincus, M., 2022. *Henry's Clinical Diagnosis and Management by Laboratory Methods*, 24th ed. Elsevier, Philadelphia.
- Mehta, S., Goyal, L.K., Kaushik, D., Gulati, S., Sharma, N., Harshvardhan, L., Gupta, N., 2016. Reticulocyte Hemoglobin vis-a-vis Serum Ferritin as a Marker of Bone Marrow Iron Store in Iron Deficiency Anemia. *J Assoc Physicians India* 64, 38–42.
- Morkis, I.V.C., Farias, M.G., Scotti, L., 2016. Determination of reference ranges for immature platelet and reticulocyte fractions and reticulocyte hemoglobin equivalent. *Rev Bras Hematol Hemoter* 38, 310–313.
- Murphy, M.F., Roberts, D.J., Yazer, M.H., Dunbar, N.M., 2022. *Practical Transfusion Medicine*, 6th ed. John Wiley & Sons Ltd, West Sussex.
- Nemeth, E., Ganz, T., 2023. Hepcidin and Iron in Health and Disease. *Annu Rev Med* 74, 261–277.
- Nuinoon, M., Kruachan, K., Sengking, W., Horpet, D., Sungyuan, U., 2014. Thalassemia and Hemoglobin E in Southern Thai Blood Donors. *Adv Hematol* 2014, 1–6.
- Nurulita, Purnamaningsih, N., Hardjo, K., 2022. Gambaran Hasil Seleksi Pendonor Darah Sukarela di UDD PMI Kota Pangkalpinang Tahun 2020. *Jurnal Kesehatan* 15, 23–29.

- Patel, E.U., White, J.L., Bloch, E.M., Grabowski, M.K., Gehrie, E.A., Lokhandwala, P.M., Brunker, P.A.R., Goel, R., Shaz, B.H., Ness, P.M., Tobian, A.A.R., 2019. Association of blood donation with iron deficiency among adolescent and adult females in the United States: a nationally representative study. *Transfusion* 59, 1723–1733.
- Pawlak, R., Berger, J., Hines, I., 2018. Iron Status of Vegetarian Adults: A Review of Literature. *Am J Lifestyle Med* 12, 486–498.
- Peerschke, E.I.B., Pessin, M.S., Maslak, P., 2014. Using the Hemoglobin Content of Reticulocytes (RET-He) to Evaluate Anemia in Patients with Cancer. *Am J Clin Pathol* 142, 506–512.
- Pereira, I., George, T.I., Arber, D.A., 2012. *Atlas of Peripheral Blood: The Primary Diagnostic Tool*. Wolters Kluwer Health, Philadelphia.
- Prakash, S., Das, P.K., Mishra, D., Ray, G.K., Routray, S., Naik, A., Mukherjee, S., 2020. Incidence and risk predictors analysis of adverse donor reactions in whole blood donation. *Transfus Clin Biol* 27, 207–212.
- Ramljak, S., Musholt, P.B., Schipper, C., Flacke, F., Sieber, J., Borchert, M., Forst, T., Pfützner, A., 2013. The Precision study: examining the inter- and intra-assay variability of replicate measurements of BGStar, iBGStar and 12 other blood glucose monitors. *Expert Opin Med Diagn* 7, 511–516.
- Reddy, V., Shastry, S., Raturi, M., Baliga B, P., 2020. Impact of Regular Whole-Blood Donation on Body Iron Stores. *Transfus Med Hemother* 47, 75–79.
- Rifai, N., Chiu, R.W.K., Young, I., Burnham, C.-A.D., Wittwer, C.T., 2023. *Tietz Textbook of Laboratory Medicine*, 7th ed. Elsevier, Missouri.
- Ringoringo, H.P., Purnamasari, L., Yunanto, A., Syahadatina, M., Hidayah, N., 2023. Reference range of complete blood count, Ret-He, immature reticulocyte fraction, reticulocyte production index in healthy babies aged 1–4 months. *Sci Rep* 13, 423.
- Roche, 2023. *Elecsys Ferritin Package Insert*. Roche Diagnostics GmbH, Mannheim.
- Saito, H., 2019. Storage Iron Turnover from a New Perspective. *Acta Haematol* 141, 201–208.
- Salam, S., Hassane, B., Jérôme, K., Koumpingnin, N., Abou, C., Abdoul-Guaniyi, S., Donatien, K., Paul, Y.A., Veronique, D., Eléonore, K., 2020. Added-Value of Reticulocyte Haemoglobin Equivalent in the Early Diagnosis of Iron Deficiency States among Blood Donors: A Pilot Study in Burkina Faso. *Health Sci Dis* 21, 1–8.

- Scaramellini, N., Fischer, D., Agarvas, A.R., Motta, I., Muckenthaler, M.U., Mertens, C., 2023. Interpreting Iron Homeostasis in Congenital and Acquired Disorders. *Pharmaceuticals* 16, 329.
- Shin, D.H., Kim, H.S., Park, M.J., Suh, I.B., Shin, K.S., 2015. Utility of Access Soluble Transferrin Receptor (sTfR) and sTfR/log Ferritin Index in Diagnosing Iron Deficiency Anemia. *Ann Clin Lab Sci* 45, 396–402.
- Simon, T.L., Gehrie, E.A., McCullough, J., Roback, J.D., Snyder, E.L., 2022. *Rossi's Principles of Transfusion Medicine*, 6th ed. John Wiley & Sons, West Sussex.
- Sinclair, A., 2013. Erythropoiesis stimulating agents approaches to modulate activity. *Biologics* 7, 161–174.
- Soppi, E.T., 2018. Iron deficiency without anemia - a clinical challenge. *Clin Case Rep* 6, 1082–1086.
- Suria, N., Kaur, R., Mittal, K., Palta, A., Sood, T., Kaur, P., Kaur, G., 2022. Utility of reticulocyte haemoglobin content and immature reticulocyte fraction in early diagnosis of latent iron deficiency in whole blood donors. *Vox Sang* 117, 495–503.
- Symvoulakis, E.K., Lydaki, E., Bolonaki, I., Nikoloudi, I., Kozyraki, M., Fountouli, P., 2009. Post donation adverse reactions among Greek blood donors: A preliminary report based on phone interviews. *Transfus Apher Sci* 41, 77–78.
- Sysmex Europe, n.d. The optional reticulocyte count application 'RET' [Internet]. Sysmex Europe. Tautan: <https://www.sysmex-europe.com/academy/knowledge-centre/technologies/reticulocyte-count-application-ret.html> (diakses 21 Juli 2023).
- Teixeira, C., Barbot, J., Freitas, M.I., 2015. Reference values for reticulocyte parameters and hypochromic RBC in healthy children. *Int J Lab Hematol* 37, 626–630.
- Tiwari, A.K., Aggarwal, G., Dara, R.C., Arora, D., Srivastava, K., Raina, V., 2017. Post-donation telephonic interview of blood donors providing an insight into delayed adverse reactions: First attempt in India. *Transfus Apher Sci* 56, 141–146.
- Tiwari, A.K., Bhardwaj, G., Arora, D., Aggarwal, G., Pabbi, S., Dara, R.C., Sachdev, R., Raizada, A., Sethi, M., 2018. Applying newer parameter Ret-He (reticulocyte haemoglobin equivalent) to assess latent iron deficiency (LID) in blood donors—study at a tertiary care hospital in India. *Vox Sang* 113, 639–646.

- Toki, Y., Ikuta, K., Kawahara, Y., Niizeki, N., Kon, M., Enomoto, M., Tada, Y., Hatayama, M., Yamamoto, M., Ito, S., Shindo, M., Kikuchi, Y., Inoue, M., Sato, K., Fujiya, M., Okumura, T., 2017. Reticulocyte hemoglobin equivalent as a potential marker for diagnosis of iron deficiency. *Int J Hematol* 106, 116–125.
- Turawa, E., Awotiwon, O., Dhansay, M.A., Cois, A., Labadarios, D., Bradshaw, D., Pillay-van Wyk, V., 2021. Prevalence of Anaemia, Iron Deficiency, and Iron Deficiency Anaemia in Women of Reproductive Age and Children under 5 Years of Age in South Africa (1997–2021): A Systematic Review. *Int J Environ Res Public Health* 18, 12799.
- van Swelm, R.P.L., Wetzels, J.F.M., Swinkels, Dorine.W., 2020. The multifaceted role of iron in renal health and disease. *Nat Rev Nephrol* 16, 77–98.
- Vinkenoog, M., Hurk, K., Kraaij, M., Leeuwen, M., Janssen, M.P., 2020. First results of a ferritin-based blood donor deferral policy in the Netherlands. *Transfusion* 60, 1785–1792.
- Vogt, A.-C.S., Arsiwala, T., Mohsen, M., Vogel, M., Manolova, V., Bachmann, M.F., 2021. On Iron Metabolism and Its Regulation. *Int J Mol Sci* 22, 4591.
- Westgard QC, 2014. Optimal Biological Variation database specifications [Internat]. Tautan: <https://www.westgard.com/optimal-biodatabase1htm.htm> (diakses 7 Januari 2024).
- World Health Organization, 2012. *Blood Donor Selection: Guidelines on Assessing Donor Suitability for Blood Donation*. World Health Organization, Geneva.
- World Health Organization, 2018. *Blood Transfusion Services in South-East Asia Region. A 5-year Review*. World Health Organization, Geneva.
- World Health Organization, 2020. *WHO Guideline on Use of Ferritin Concentrations to Assess Iron Status in Individuals and Populations*. World Health Organization, Geneva.
- World Health Organization, 2022. *Global Status Report on Blood Safety and Availability 2021*. World Health Organization, Geneva.
- Yiannikourides, A., Latunde-Dada, G., 2019. A Short Review of Iron Metabolism and Pathophysiology of Iron Disorders. *Medicines* 6, 85.
- Yoon, S.H., Kim, D.S., Yu, S.T., Shin, S.R., Choi, D.Y., 2015. The usefulness of soluble transferrin receptor in the diagnosis and treatment of iron deficiency anemia in children. *Korean J Pediatr* 58, 15.
- Zady, M.F., 1999. Z-4: Mean, Standard Deviation, And Coefficient of Variation [Internet]. Tautan: <https://www.westgard.com/lesson34.htm> (diakses 21 November 2023).