

## DAFTAR PUSTAKA

- Abdullah, G.I., & Ayubi, D. (2013). Determinan Perilaku Pemberian Air Susu Ibu Eksklusif pada Ibu Pekerja. *Kesmas Natl. Public Heal. J.* 7 : 298.
- Adegboye, A.R.A. (2022). Potential Use of Edible Insects in Complementary Foods for Children: A Literature Review. *Int. J. Environ. Res. Public Health* 19.
- Admasu, J., Egata, G., Bassore, D.G., & Feleke, F.W. (2022a). Effect of maternal nutrition education on early initiation and exclusive breast-feeding practices in south Ethiopia: a cluster randomised control trial. *J. Nutr. Sci.* 11 : 1–13.
- Admasu, J., Egata, G., Bassore, D.G., & Feleke, F.W. (2022b). Effect of maternal nutrition education on early initiation and exclusive breast-feeding practices in south Ethiopia: a cluster randomised control trial. *J. Nutr. Sci.* 11 : e37.
- Ahmad, M.O., Sughra, U., Kalsoom, U., Imran, M., & Hadi, U. (2012). Effect of antenatal counselling on exclusive breastfeeding. *J. Ayub Med. Coll. Abbottabad* 24 : 116–9.
- Ajzen, I. (2002). Behavioral Interventions Based on the Theory of Planned Behavior. *Res. Policy* 2011 : 1–6.
- Akeredolu, I. (2014). Mothers' Nutritional Knowledge, Infant Feeding Practices and Nutritional Status of Children (0-24 Months) in Lagos State, Nigeria. *Eur. J. Nutr. Food Saf.* 4 : 364–374.
- Andi Tenri Abeng, & Hardiyanti, L. (2019). Pengaruh Pelatihan Oleh Kader Posyandu Terhadap Praktek Ibu Dalam Pemberian Makanan Pendamping Asi (MP-ASI). *Bina Gener. J. Kesehat.* 11 : 1–7.
- Ara, G., Khanam, M., Papri, N., Nahar, B., Haque, M., & Kabir, I. (2018). Peer counselling improves breastfeeding practices: A cluster randomized controlled trial in urban Bangladesh. *Matern. Child Nutr.* 14 : e12605.
- Asemahagn, M.A. (2016). Determinants of exclusive breastfeeding practices among mothers in azezo district, northwest Ethiopia. *Int. Breastfeed. J.* 11 : 1–7.
- Ayana, D., Tariku, A., Feleke, A., & Woldie, H. (2017). Complementary feeding practices among children in Benishangul Gumuz Region, Ethiopia. *BMC Res. Notes* 10 : 1–8.
- Ayu Andhira, Safruddin, Tenriwati, & Haerati (2020). Relationship Between Mother's Knowledge Levels About Food Assisted With Association With Timeliness Of Giving. *J. Life Birth* 4 : 134–142.
- Azwar, S. (2010). Teori Sikap dan Pengukurannya. Pustaka Pelajar, Yogyakarta.
- Bandura, A. (1977). Self-efficacy: Toward a unifying theory of behavioral change. *Psychol. Rev.* 84 : 191–215.
- Behzadifar, Meysam, Saki, M., Behzadifar, Masoud, Mardani, M., Yari, F., Ebrahimzadeh, F., *et al.* (2019). Prevalence of exclusive breastfeeding practice in the first six months of life and its determinants in Iran: A systematic review and meta-analysis. *BMC Pediatr.* 19 : 1–10.
- Bell, S., Yew, S.S.Y., Devenish, G., Ha, D., Do, L., & Scott, J. (2018). Duration of breastfeeding, but not timing of solid food, reduces the risk of overweight and obesity in children aged 24 to 36 months: Findings from an Australian cohort

- study. *Int. J. Environ. Res. Public Health* 15.
- Berde, A.S., & Yalcin, S.S. (2016). Determinants of early initiation of breastfeeding in Nigeria: A population-based study using the 2013 demographic and health survey data. *BMC Pregnancy Childbirth* 16 : 1–9.
- Bhandari, N., Mazumder, S., Bhan, M.K., Bahl, R., Martines, J., & Black, R.E. (2004). An Educational Intervention to Promote Appropriate Complementary Feeding Practices and Physical Growth in Infants and Young Children in Rural Haryana, India. *J. Nutr.* 134 : 2342–2348.
- Bhutta, Z.A., & Black, R.E. (2013). Global Maternal, Newborn, and Child Health — So Near and Yet So Far. *N. Engl. J. Med.* 369 : 2226–2235.
- Black, M.M., & Aboud, F.E. (2011). Responsive feeding is embedded in a theoretical framework of responsive parenting. *J. Nutr.* 141 : 490–494.
- Black, R.E., Allen, L.H., Bhutta, Z.A., Caulfield, L.E., de Onis, M., Ezzati, M., *et al.* (2008). Maternal and child undernutrition: global and regional exposures and health consequences. *Lancet* 371 : 243–260.
- Black, R.E., Victora, C.G., Walker, S.P., Bhutta, Z.A., Christian, P., de Onis, M., *et al.* (2013). Maternal and child undernutrition and overweight in low-income and middle-income countries. *Lancet* 382 : 427–451.
- Blaney, S., Februhartanty, J., & Sukotjo, S. (2015). Feeding practices among Indonesian children above six months of age: a literature review on their magnitude and quality (part 1). *Asia Pac. J. Clin. Nutr.* 24 : 16–27.
- Blyth, R., Creedy, D.K., Dennis, C.L., Moyle, W., Pratt, J., & De Vries, S.M. (2002). Effect of maternal confidence on breastfeeding duration: An application of breastfeeding self-efficacy theory. *Birth* 29 : 278–284.
- Bogulski, C.A., Payakachat, N., Rhoads, S.J., Jones, R.D., McCoy, H.C., Dawson, L.C., *et al.* (2023). A Comparison of Audio-Only and Audio-Visual Tele-Lactation Consultation Services: A Mixed Methods Approach. *J. Hum. Lact.* 39 : 93–106.
- Borazjani, F., Kulkarni, S.S., & Ahmadi, K.A. (2011). Impact of Maternal Factors on Birth Parameters in Urban Affluent Pregnant Women. *Pakistan J. Nutr.* 10 : 325–327.
- Brockway, M., Benzies, K., & Hayden, K.A. (2017). Interventions to Improve Breastfeeding Self-Efficacy and Resultant Breastfeeding Rates: A Systematic Review and Meta-Analysis. *J. Hum. Lact.* 33 : 486–499.
- Burns, E., Gannon, S., Pierce, H., & Hugman, S. (2022). Corporeal generosity: Breastfeeding bodies and female-dominated workplaces. *Gender, Work Organ.* 29 : 778–799.
- Caulfield, L.E., Huffman, S.L., & Piwoz, E.G. (1999). Interventions to Improve Intake of Complementary Foods by Infants 6 to 12 Months of Age in Developing Countries: Impact on Growth and on the Prevalence of Malnutrition and Potential Contribution to Child Survival. *Food Nutr. Bull.* 20 : 183–200.
- Chadha, V.K. (2006). Sample size determination in health studies 55–62.
- Chan, M.Y., Ip, W.Y., & Choi, K.C. (2016). The effect of a self-efficacy-based educational programme on maternal breast feeding self-efficacy, breast feeding duration and exclusive breast feeding rates: A longitudinal study.

*Midwifery* 36 : 92–98.

- Cohen, E., Slemming, W., Wrottesley, S. V, Prioreschi, A., & Norris, S.A. (2023). Maternal perceptions of infant's body weight and childhood obesity in South Africa: A qualitative study in Soweto. *Child. Soc.*
- de Onis, M. (2004). Estimates of Global Prevalence of Childhood Underweight in 1990 and 2015. *JAMA* 291 : 2600.
- Demilew, Y.M. (2017). Factors associated with mothers' knowledge on infant and young child feeding recommendation in slum areas of Bahir Dar City, Ethiopia: cross sectional study. *BMC Res. Notes* 10 : 191.
- Dennis, C.-L. (1999). Theoretical Underpinnings of Breastfeeding Confidence: A Self-Efficacy Framework. *J. Hum. Lact.* 15 : 195–201.
- Dennis, C.E. (2006). Identifying predictors of breastfeeding self-efficacy in the immediate postpartum period. *Res. Nurs. Health* 29 : 256–268.
- Dhandapany, G., Bethou, A., Arunagirinathan, A., & Ananthakrishnan, S. (2008). Antenatal counseling on breastfeeding – is it adequate? A descriptive study from Pondicherry, India. *Int. Breastfeed. J.* 3 : 5.
- Dieterich, R., Chang, J., Danford, C., Scott, P.W., Wend, C., & Demirci, J. (n.d.). She “didn't see my weight; she saw me, a mom who needed help breastfeeding”: Perceptions of perinatal weight stigma and its relationship with breastfeeding experiences. *J. Health Psychol.* 27 : 1027–1038.
- Diskominfo (2021). Laporan Akhir Belanja Penelitian Indeks Kepuasan Layanan Informasi Publik Kabupaten Bantul Terhadap Penyelenggaraan Informasi Publik, Laporan akhir.
- Dodou, H.D., Bezerra, R.A., Chaves, A.F.L., Vasconcelos, C.T.M., Barbosa, L.P., & Oriá, M.O.B. (2021). Telephone intervention to promote maternal breastfeeding self-efficacy: randomized clinical trial\* [Intervenção telefônica para promoção da autoeficácia materna ao amamentar: ensaio clínico randomizado]. *Rev. da Esc. Enferm.* 55 : 1–8.
- Doma, H., Tran, T.D., Tran, T., Hanieh, S., Tran, H., Nguyen, T., *et al.* (2021). Continuing breastfeeding for at least two years after birth in rural Vietnam: prevalence and psychosocial characteristics. *Int. Breastfeed. J.* 16 : 78.
- Downs, S.M., Sackey, J., Kalaj, J., Smith, S., & Fanzo, J. (2019). An mHealth voice messaging intervention to improve infant and young child feeding practices in Senegal. *Matern. Child Nutr.* 15.
- Effendy, D.S., Prangthip, P., Soonthornworasiri, N., Winichagoon, P., & Kwanbunjan, K. (2020). Nutrition education in Southeast Sulawesi Province, Indonesia: A cluster randomized controlled study. *Matern. Child Nutr.* 16.
- Egata, G., Berhane, Y., & Worku, A. (2013). Predictors of non-exclusive breastfeeding at 6 months among rural mothers in east Ethiopia: a community-based analytical cross-sectional study. *Int. Breastfeed. J.* 8 : 8.
- Ekadinata, N., & Widyandana, D. (2017). Promosi kesehatan menggunakan gambar dan teks dalam aplikasi WhatsApp pada kader posbindu. *Ber. Kedokt. Masy.* 33 : 547.
- Ekubay, M., Berhe, A., & Yisma, E. (2018). Initiation of breastfeeding within one hour of birth among mothers with infants younger than or equal to 6 months of age attending public health institutions in Addis Ababa, Ethiopia. *Int.*

*Breastfeed. J.* 13 : 4.

- Engelhardt, E.M., & Reindl, R. (2016). Blended Counseling – Beratungsform der Zukunft? *Reson. E-Journal für biopsychosoziale Dialoge Psychother. Superv. und Beratung* 130–144.
- Ernawati, Y., Sudargo, T., & Lusmilasari, L. (2016). Self-efficacy related to parental feeding behaviour in toddler besides social support and dependent-care agency. *Int. J. Community Med. Public Heal.* 1247–1254.
- Fahmida, U., Htet, M.K., Ferguson, E., Do, T.T., Buanasita, A., Titaley, C., *et al.* (2020). Effect of an integrated package of nutrition behavior change interventions on infant and young child feeding practices and child growth from birth to 18 months: Cohort evaluation of the baduta cluster randomized controlled trial in east Java, Indonesia. *Nutrients* 12 : 1–16.
- Fan, H.S.L., Ho, M.Y., Ko, R.W.T., Kwok, J.Y.Y., Chau, P.H., Wong, J.Y.H., *et al.* (2022). Feasibility and effectiveness of WhatsApp online group on breastfeeding by peer counsellors: a single-blinded, open-label pilot randomized controlled study. *Int. Breastfeed. J.* 17.
- Fanta, M., & Cherie, H.A. (2020). Magnitude and determinants of appropriate complementary feeding practice among mothers of children age 6–23 months in Western Ethiopia. *PLoS One* 15 : 1–11.
- Fiorella, K.J., Gavenus, E.R., Milner, E.M., Moore, M., Wilson-Anumudu, F., Adhiambo, F., *et al.* (2019). Evaluation of a social network intervention on child feeding practices and caregiver knowledge. *Matern. Child Nutr.* 15 : 1–11.
- Fishbein, M. (2008). A reasoned action approach to health promotion. *Med. Decis. Mak.* 28 : 834–844.
- Flammer, P., Hörmann, M., & Aeberhardt, D. (2019). Face-to-Face und mehr : Konzeption von Blended Counseling in der Suchtberatung. *Soz. Innov.* 14 : 8–11.
- Frederick, I.O., Williams, M.A., Sales, A.E., Martin, D.P., & Killien, M. (2008). Pre-pregnancy Body Mass Index, Gestational Weight Gain, and Other Maternal Characteristics in Relation to Infant Birth Weight. *Matern. Child Health J.* 12 : 557–567.
- Gedefaw, G., Goedert, M.H., Abebe, E., & Demis, A. (2020). Effect of cesarean section on initiation of breast feeding: Findings from 2016 Ethiopian Demographic and Health Survey. *PLoS One* 15 : e0244229.
- Giugliani, E.R.J. (2019). Growth in exclusively breastfed infants. *J. Pediatr. (Rio. J.)* 95 : 79–84.
- Göksen, F. (2002). Normative vs. attitudinal considerations in breastfeeding behavior: multifaceted social influences in a developing country context. *Soc. Sci. Med.* 54 : 1743–1753.
- Grossmann, T., Missana, M., & Krol, K.M. (2018). The neurodevelopmental precursors of altruistic behavior in infancy. *PLoS Biol.* 16 : 1–22.
- Guldan, G.S., Fan, H.-C., Ma, X., Ni, Z.-Z., Xiang, X., & Tang, M.-Z. (2000). Culturally Appropriate Nutrition Education Improves Infant Feeding and Growth in Rural Sichuan, China. *J. Nutr.* 130 : 1204–1211.
- Gyampoh, S., Otoo, G.E., & Aryeetey, R.N.O. (2014). Child feeding knowledge

- and practices among women participating in growth monitoring and promotion in Accra, Ghana. *BMC Pregnancy Childbirth* 14 : 180.
- Hassan, M.S., & Hossain, M.M. (2023). Challenges for influencing exclusive breastfeeding practice among lactating mothers with infants aged 0–6 months in Borama District, Somaliland: A cross-sectional study. *Heal. Sci. Reports* 6.
- Helmyati, S., Dipo, D.P., Adiwibowo, I.R., Wigati, M., Safika, E.L., Hariawan, M.H., *et al.* (2022). Monitoring continuity of maternal and child health services, Indonesia. *Bull. World Health Organ.* 100 : 144-154A.
- Hendriyani, H. (2020). Pengaruh Intervensi Praktik Pemberian MP-ASI Komprehensif terhadap Self-efficacy Ibu, Praktik Pemberian MP-ASI, Dietary Diversity, Asupan Makanan dan Pertumbuhan Balita Usia 6-12 bulan. Universitas Gadjah Mada.
- Hodges, E.A. (2013). Development of the Responsiveness to Child Feeding Cues Scale. *NIH public access* 23 : 1–7.
- Horodyski, M., Olson, B., Arndt, M.J., Brophy-Herb, H., Shirer, K., & Shemanski, R. (2007). Low-income mothers' decisions regarding when and why to introduce solid foods to their infants: Influencing factors. *J. Community Health Nurs.* 24 : 101–118.
- Imdad, A., Yakoob, M.Y., Bhutta, Z.A., Menon, P., Ngyen, P.H., Mani, S., *et al.* (2016). changing Changing Infant and Child Feeding Behaviors. *Matern. Child Nutr.* 12 : 10–17.
- Intan Fazrin, Katarina Kaka Daha, & Kamaru Ilmron Musa (2022). The Role of Parents in Preparing Balanced Menu with Children's Nutritional Status. *J. Nurs. Pract.* 5 : 229–238.
- Issuryanti, M. (2017). Pengaruh edukasi melalui media whatsapp terhadap pengetahuan ibu dalam memberikan ASI eksklusif.
- J., R., Opatha, H.H.D.N.P., & M. D., P. (2017). A Synthesis towards the Construct of Job Performance. *Int. Bus. Res.* 10 : 66.
- Kalisa, R., Malande, O., Nankunda, J., & Tumwine, J.K. (2015). Magnitude and factors associated with delayed initiation of breastfeeding among mothers who deliver in Mulago hospital, Uganda. *Afr. Health Sci.* 15 : 1130–1135.
- Kemenkes (2022). Hasil Survei Status Gizi Indonesia (SSGI) 2022. *Kemenkes* 1–150.
- Kemenkes (2020). 1\_pedoman PMBA 1–48.
- Kemenkes, K.K.. (2019). Bagaimana Penerapan Standar Antropometri Penilaian Status Gizi Balita pada TPG Terlatih, in: Indonesia, D.K.R. (Ed.), . Jakarta.
- Kemenkes RI (2018). Praktik Pemberian Makanan Bayi dan Anak (PMBA) Perubahan Perilaku Pemenuhan Gizi Anak dalam upaya pencegahan stunting. *Kementeri. Kesehat. RI Iswardy, Doddy* 1–40.
- Kementerian Kesehatan RI, & MCA Indonesia (2015). Infodatin-Asi 2013.Pdf. *Millenn. Chall. Acc. - Indones.*
- Khan, G.N., Ariff, S., Khan, U., Habib, A., Umer, M., Suhag, Z., *et al.* (2017). Determinants of infant and young child feeding practices by mothers in two rural districts of Sindh, Pakistan: a cross-sectional survey. *Int. Breastfeed. J.* 12 : 40.

- Kim, S.S., Rawat, R., Mwangi, E.M., Tesfaye, R., Abebe, Y., Baker, J., *et al.* (2016). Exposure to large-scale social and behavior change communication interventions is associated with improvements in infant and young child feeding practices in Ethiopia. *PLoS One* 11 : 1–18.
- Kiprono, P.J., Kimiywe, J., & Iron-segev, S. (2023). Impact of Nutrition Education Videos on Child Feeding Practices in Urban Informal Settlements of Nairobi 5 : 517–525.
- Kirkpatrick, D. L. and Kirkpatrick, J.D. (2007). Implementing The Four Levels. A Practical Guide for Effective Evaluation of Training Programs. Berret-Koehler Publishers, San Francisco.
- Kirkpatrick, D. L. and Kirkpatrick, J.D. (2006). Evaluating Training Programs, Third Edit. ed. Berret-Koehler Publishers., San Francisco.
- Kitano, N., Nomura, K., Kido, M., Murakami, K., Ohkubo, T., Ueno, M., *et al.* (2016). Combined effects of maternal age and parity on successful initiation of exclusive breastfeeding. *Prev. Med. Reports* 3 : 121–126.
- Kramer, M.S., Chalmers, B., Hodnett, E.D., Sevkovskaya, Z., Dzikovich, I., Shapiro, S., *et al.* (2001). Promotion of Breastfeeding Intervention Trial (PROBIT). *JAMA* 285 : 413.
- Kramer, M.S., Guo, T., Platt, R.W., Sevkovskaya, Z., Dzikovich, I., Collet, J.P., *et al.* (2003). Infant growth and health outcomes associated with 3 compared with 6 mo of exclusive breastfeeding. *Am. J. Clin. Nutr.* 78 : 291–295.
- Kramer, M.S., & Kakuma, R. (2012). Optimal duration of exclusive breastfeeding. *Cochrane Database Syst. Rev.* 2012.
- Krukowski, R.A., West, D.S., & Harvey-Berino, J. (2009). Recent advances in internet-delivered, evidence-based weight control programs for adults. *J. Diabetes Sci. Technol.* 3 : 184–189.
- Kuchenbecker, J., Jordan, I., Reinbott, A., Herrmann, J., Jeremias, T., Kennedy, G., *et al.* (2015). Exclusive breastfeeding and its effect on growth of Malawian infants: results from a cross-sectional study. *Paediatr. Int. Child Health* 35 : 14–23.
- Kurniawan, J., Anggraini, A., & Julia, M. (2018). Infant feeding practice on growth velocity in 4-6 month-olds. *Paediatr. Indones.* 58 : 36.
- Lamberti, L.M., Fischer Walker, C.L., Noiman, A., Victora, C., & Black, R.E. (2011). Breastfeeding and the risk for diarrhea morbidity and mortality. *BMC Public Health* 11 : S15.
- Lee, J.W., Lee, M., Lee, J., Kim, Y.J., Ha, E., & Kim, H.S. (2019). The Protective Effect of Exclusive Breastfeeding on Overweight/Obesity in Children with High Birth Weight. *J. Korean Med. Sci.* 34.
- Liben, M.L., & Yesuf, E.M. (2016). Determinants of early initiation of breastfeeding in Amibara district, Northeastern Ethiopia: A community based cross-sectional study. *Int. Breastfeed. J.* 11 : 1–7.
- Loehmer, E., Smith, S., McCaffrey, J., & Davis, J. (2018). Examining Internet Access and Social Media Application Use for Online Nutrition Education in SNAP-Ed Participants in Rural Illinois. *J. Nutr. Educ. Behav.* 50 : 75-82.e1.
- Lytle, L.A. (2005). Nutrition Education, Behavioral Theories, and the Scientific Method: Another Viewpoint. *J. Nutr. Educ. Behav.* 37 : 90–93.

- M.E. Rahmuniyati, Charista Millenia Bintari, & Hanifatul Mukaromah (2021). 2866-Article Text-9024-1-10-20211118. *Communnity Dev. J.* 2 : 1026–1030.
- Mahan, L. Kathleen, Raymond, J.L. (2017). Krause 's : Food & The Nutrition Care Process, 14th edition. Elsevier Inc., St Louis, Missouri.
- Mahendradhata, Y., Andayani, N.L.P.E., Hasri, E.T., Arifi, M.D., Siahaan, R.G.M., Solikha, D.A., *et al.* (2021). The Capacity of the Indonesian Healthcare System to Respond to COVID-19. *Front. Public Heal.* 9 : 1–9.
- Malau-Aduli, B.S., Lee, A.Y., Cooling, N., Catchpole, M., Jose, M., & Turner, R. (2013). Retention of knowledge and perceived relevance of basic sciences in an integrated case-based learning (CBL) curriculum. *BMC Med. Educ.* 13 : 139.
- Manikyamba D., Vidya D.L., Satyavani A., Krishna Prasa A., & Tulasi Deepthi K. (2015). Impact of Nutritional Education on the Knowledge of Mothers Regarding Infant and Young Child Feeding Practices. *Sch. J. Appl. Med. Sci.* 3 : 1074–1078.
- Marduel Boulanger, A., & Vernet, M. (2018). Introduction of new food textures during complementary feeding: Observations in France. *Arch. Pédiatrie* 25 : 6–12.
- McCarter-Spaulding, D., & Gore, R. (2009). Breastfeeding Self-Efficacy in Women of African Descent. *J. Obstet. Gynecol. Neonatal Nurs.* 38 : 230–243.
- McCarter-Spaulding, D.E., & Dennis, C. (2010). Psychometric testing of the breastfeeding self-efficacy scale-short form in a sample of Black women in the United States. *Res. Nurs. Health* 33 : 111–119.
- Medalie, J.H. (2005). Review of Building Better Health: A Handbook of Behavioral Change. *Fam. Syst. Heal.* 23 : 456–457.
- Mekonen, L., Seifu, W., & Shiferaw, Z. (2018). Timely initiation of breastfeeding and associated factors among mothers of infants under 12 months in South Gondar zone, Amhara regional state, Ethiopia; 2013. *Int. Breastfeed. J.* 13 : 17.
- Mentro, A.M., Steward, D.K., & Garvin, B.J. (2002). Infant feeding responsiveness: A conceptual analysis. *J. Adv. Nurs.* 37 : 208–216.
- Metty, & Inayah (2018). Pelatihan Pengukuran Antropometri Dan Sosialisasi Pedoman Gizi Seimbang Pada Kader Posyandu Johar XII Rusun Jogoyudan, Jetis, Kota Yogyakarta. *J. Pengabd. Dharma Bakti* 1 : 39–45.
- Mouton, B., & Roskam, I. (2015). Confident Mothers, Easier Children: A Quasi-experimental Manipulation of Mothers' Self-efficacy. *J. Child Fam. Stud.* 24 : 2485–2495.
- Muksin, U., Lukman, D., & Duniawati, D.S. (2020). Model Konseling Online Ibunda. Id. *J. Bimbingan, Penyuluhanm Konseling, dan Psikoterapi Islam* 8 : 1–18.
- Muluneh, M.W. (2023). Determinants of exclusive breastfeeding practices among mothers in Ethiopia. *PLoS One* 18 : 1–11.
- Muluye, S.D., Lemma, T.B., & Diddana, T.Z. (2020). Effects of Nutrition Education on Improving Knowledge and Practice of Complementary Feeding of Mothers with 6-to 23-Month-Old Children in Daycare Centers in Hawassa

- Town, Southern Ethiopia: An Institution-Based Randomized Control Trial. *J. Nutr. Metab.* 2020.
- Muthayya, S. (2009). Maternal nutrition & low birth weight - what is really important? *Indian J. Med. Res.* 130 : 600–8.
- Muthi'ah, T.S., Ahmad, R.A., & Purwaningrum, D.N. (2022). WhatsApp-based complementary feeding education and counselling for adolescent mothers: A one-group pre-post study. *J. Community Empower. Heal.* 5 : 64–71.
- national Health and medical Research national Health and medical, & Council (2012). Infant feeding guidelines., Iowa medicine : journal of the Iowa Medical Society. national Health and medical Research council., Canberra.
- Negash, C., Belachew, T., Henry, C.J., Kebebu, A., Abegaz, K., & Whiting, S.J. (2014). Nutrition Education and Introduction of Broad Bean—Based Complementary Food Improves Knowledge and Dietary Practices of Caregivers and Nutritional Status of Their Young Children in Hula, Ethiopia. *Food Nutr. Bull.* 35 : 480–486.
- Notoatmodjo, S. (2010). Ilmu perilaku kesehatan. *Jakarta: rineka cipta* 200 : 26–35.
- Notoatmodjo, S. (2007). Promosi Kesehatan & Perilaku. *Jakarta: Rineka Cipta.*
- Notoatmodjo, S. (2003). Pendidikan dan Perilaku Kesehatan. Rineka Cipta, Jakarta.
- Novayani, M.I., Indriati, G., & Amir, Y. (2022). Hubungan Sikap Ibu Dengan Perilaku Pemberian Makan Pada Anak Toddler 18 : 1–6.
- Nurbaiti, L. (2017). Studi Kasus Kualitatif Pelaksanaan Program Pemberian Makan Bayi dan Anak Lima Puskesmas di Lombok Tengah. *J. Kedokt. Unram* 6 : 1–6.
- Nurhayati, E., Hapsari, E.D., Rosyidah, R., & Helmyati, S. (2023). Educational models of infant and young child feeding among prenatal and postnatal women during the COVID-19 pandemic (January 2020–January 2023): A scoping review. *Nutrition* 115 : 112150.
- Ogunba, B.O. (2010). Diet Diversity in Complementary Feeding and Nutritional Status of Children Aged 0 to 24 Months in Osun State, Nigeria: A Comparison of the Urban and Rural Communities. *ICAN Infant, Child, Adolesc. Nutr.* 2 : 330–335.
- Olatona, MBBS, MPH, FMCPH, F.A., Adenihun, MBBS, J.O., Aderibigbe, MBBS, MPH, FWACP, S.A., & Adeniyi, MBBS, FMCPaed, O.F. (2017). Complementary Feeding Knowledge, Practices, and Dietary Diversity among Mothers of Under-Five Children in an Urban Community in Lagos State, Nigeria. *Int. J. Matern. Child Heal. AIDS* 6 : 46–59.
- Onyango, S., Kimani-Murage, E., Kitsao-Wekulo, P., Langat, N.K., Okelo, K., Obong'o, C., *et al.* (2022). Associations between exclusive breastfeeding duration and children's developmental outcomes: Evidence from Siaya county, Kenya. *PLoS One* 17 : e0265366.
- Organization, W.H. (2021). Infant and young child feeding [WWW Document]. URL <https://www.who.int/news-room/fact-sheets/detail/infant-and-young-child-feeding> (accessed 11.27.23).
- Otsuka, K., Taguri, M., Dennis, C.-L., Wakutani, K., Awano, M., Yamaguchi, T.,

- et al.* (2014). Effectiveness of a Breastfeeding Self-efficacy Intervention: Do Hospital Practices Make a Difference? *Matern. Child Health J.* 18 : 296–306.
- Pasmawati, H. (2016). Cyber Counseling Sebagai Metode Pengembangan Layanan Konseling Di Era Global. *J. Ilm. Syi&#39;ar* 16 : 34–54.
- Peiris, D.R., Wijesinghe, M.S.D., Gunawardana, B.M.I., Weerasinghe, W.M.P.C., Rajapaksha, R.M.N.U., Rathnayake, K.M., *et al.* (2023a). Mobile Phone-Based Nutrition Education Targeting Pregnant and Nursing Mothers in Sri Lanka. *Int. J. Environ. Res. Public Health* 20.
- Peiris, D.R., Wijesinghe, M.S.D., Gunawardana, B.M.I., Weerasinghe, W.M.P.C., Rajapaksha, R.M.N.U., Rathnayake, K.M., *et al.* (2023b). Mobile Phone-Based Nutrition Education Targeting Pregnant and Nursing Mothers in Sri Lanka. *Int. J. Environ. Res. Public Health* 20.
- Penny, Mary E, Creed-Kanashiro, H.M., Robert, R.C., Narro, M.R., Caulfield, L.E., & Black, R.E. (2005). Effectiveness of an educational intervention delivered through the health services to improve nutrition in young children: a cluster-randomised controlled trial. *Lancet* 365 : 1863–1872.
- Penny, Mary E., Creed-Kanashiro, H.M., Robert, R.C., Narro, M.R., Caulfield, L.E., & Black, R.E. (2005). Effectiveness of an educational intervention delivered through the health services to improve nutrition in young children: A cluster-randomised controlled trial. *Lancet* 365 : 1863–1872.
- Perdana, F., Madanijah, S., & Ekayanti, I. (2017). Pengembangan media edukasi gizi berbasis android dan website serta pengaruhnya terhadap perilaku tentang gizi seimbang siswa sekolah dasar. *J. Gizi dan Pangan* 12 : 169–178.
- Pyrstöjärvi, T., & Saramäki, T. (2011). Blended counselling a means of supporting students University of Eastern Finland. *Univ. East. Finland.*
- Rachmah, Q., Astina, J., Atmaka, D.R., & Khairani, L. (2023a). The Effect of Educational Intervention Based on Theory of Planned Behavior Approach on Complementary Feeding: A Randomized Controlled Trial. *Int. J. Pediatr.* 2023 : 1086919.
- Rachmah, Q., Astina, J., Atmaka, D.R., & Khairani, L. (2023b). The Effect of Educational Intervention Based on Theory of Planned Behavior Approach on Complementary Feeding: A Randomized Controlled Trial. *Int. J. Pediatr.* 2023 : 1086919.
- Rahman, A., Chowdhury, S., & Hossain, D. (2009). Acute Malnutrition in Bangladeshi Children. *Asia Pacific J. Public Heal.* 21 : 294–302.
- Rahmawati, S.M., Madanijah, S., Anwar, F., & Kolopaking, R. (2019). Konseling Oleh Kader Posyandu Meningkatkan Praktik Ibu Dalam Pemberian Makan Bayi Dan Anak Usia 6-24 Bulan Di Desa Pagelaran, Kecamatan Ciomas, Bogor, Indonesia. *Gizi Indones.* 42 : 11.
- Rai, P.L., Sharma, N., Gaur, A., & Shingwekar, A.G. (2014). Effect of counseling on breast feeding practices 353900 : 54–60.
- Rakhmawati, N.Z., & Panunggal, B. (2014). Hubungan Pengetahuan Dan Sikap Ibu Dengan Perilaku Pemberian Makanan Anak Usia 12-24 Bulan. *J. Nutr. Coll.* 3 : 43–50.
- Rakotomanana, H., Hildebrand, D., Gates, G.E., Thomas, D.G., Fawbush, F., &

- Stoecker, B.J. (2020). Maternal Knowledge, Attitudes, and Practices of Complementary Feeding and Child Undernutrition in the Vakinankaratra Region of Madagascar: A Mixed-Methods Study. *Curr. Dev. Nutr.* 4 : 1–11.
- Rashid, A.G., Nik, M.M., Tefera, B., Wan, A.M.A.B., & Nega, A. (2018). Effect of Nutrition Education Intervention on Knowledge Attitude and Practice of Mothers/caregivers on Infant and Young Child Feeding in Shabelle (Gode) Zone, Somali Region, Eastern Ethiopia. *Revel. Sci.* 8 : 50–59.
- Ratag, B.T., & Kawatu, P.A.T. (2018). Pengetahuan, Sikap Dan Tindakan Masyarakat Di Wilayah Kabupaten Minahasa Utara Tentang Pemberian Air Susu Ibu Eksklusif. *Kesmas* 7 : 1–7.
- Remonja, C.R., Rakotonirainy, N.H., Rasoloarijaona, R., Piola, P., Raharintsoa, C., & Randremanana, V. (2018). Dietary diversity of 6- to 59-month-old children in rural areas of Moramanga and Morondava districts , Madagascar. *PLoS One* 13 : 1–14.
- Renfrew, M.J., McCormick, F.M., Wade, A., Quinn, B., & Dowswell, T. (2012). Support for healthy breastfeeding mothers with healthy term babies, in: McCormick, F.M. (Ed.), *Cochrane Database of Systematic Reviews*. John Wiley & Sons, Ltd, Chichester, UK.
- Renuka, M., Shabadi, N., Kulkarni, P., Sunil Kumar, D., Anup, G., & Narayana Murthy, M.R. (2020). Effectiveness of educational intervention on breastfeeding among primi pregnant women- a longitudinal study. *Clin. Epidemiol. Glob. Heal.* 8 : 1306–1311.
- Ristanti, E.Y., Marsaoly, M., Asrar, M., & Hermanses, S.S. (2021). Peningkatan Pengetahuan dan Keterampilan Kader melalui Pelatihan Konseling Menyusui di Puskesmas Nania Kota Ambon. *Agrokreatif J. Ilm. Pengabd. Kpd. Masy.* 7 : 168–173.
- Roesli, U. (2012). *Panduan Inisiasi Menyusu Dini plus ASI Eksklusif*. Pustaka Bunda, Jakarta.
- Sabancı Baransel, E., Uçar, T., & Güney, E. (2022). Effects of prenatal breastfeeding education on postnatal breast-feeding fear in pregnant women in the COVID-19 pandemic: A randomized clinical trial. *Int. J. Nurs. Pract.* e13105.
- Saha, K.K., Frongillo, E.A., Alam, D.S., Arifeen, S.E., Persson, L.Å., & Rasmussen, K.M. (2008). Appropriate infant feeding practices result in better growth of infants and young children in rural Bangladesh. *Am. J. Clin. Nutr.* 87 : 1852–1859.
- Salarkia, N., Omidvar, N., Zaeri, F., Zeinab, H.E., & Neyestani, T.R. (2016). Mother's Self-Efficacy Mediates the Relationship Between Household Food Insecurity and Maternal Infant Feeding Styles. *Matern. Child Health J.* 20 : 602–612.
- Saleem, A.F., Mahmud, S., Baig-Ansari, N., & Zaidi, A.K.M. (2014). Impact of Maternal Education about Complementary Feeding on Their Infants' Nutritional Outcomes in Low- and Middle-income Households: A Community-based Randomized Interventional Study in Karachi, Pakistan. *J. Heal. Popul. Nutr.* 32 : 623–633.
- Sankar, Tj., Suryanarayana, R., Prasanna Kamath, B., Sunil, B., & Reddy, M. (2023). To determine the survival, prevalence and associated factors of

- exclusive breastfeeding practices in South India. *J. Fam. Med. Prim. Care* 12 : 36.
- Schroeder, D.G., Pachón, H., Dearden, K.A., Kwon, C.B., Ha, T.T., Lang, T.T., *et al.* (2002). An integrated child nutrition intervention improved growth of younger, more malnourished children in northern Viet Nam. *Food Nutr. Bull.* 23 : 53–61.
- Seid, A.M., Yesuf, M.E., & Koye, D.N. (2013). Prevalence of Exclusive Breastfeeding Practices and associated factors among mothers in Bahir Dar city, Northwest Ethiopia: A community based cross-sectional study. *Int. Breastfeed. J.* 8 : 1–8.
- Sekretariat Kabinet, I. (2020). Peraturan Pemerintah Nomor 21 Tahun 2020 tentang Pembatasan Sosial Berskala Besar Dalam Rangka Percepatan Penanganan Coronavirus Disease 2019/COVID-19 2019 : 8.
- Sekretariat Wakil Presiden Republik Indonesia (2021). Laporan Capaian Pelaksanaan Strategi Nasional Percepatan Pencegahan Anak Kerdil (Stunting) Periode 2018-2020. Kementerian Sekretariat Negara RI. Sekretariat Wakil Presiden. 2021 67.
- Shi, L., Zhang, J., Wang, Y., Caulfield, L.E., & Guyer, B. (2010). Effectiveness of an educational intervention on complementary feeding practices and growth in rural China: A cluster randomised controlled trial. *Public Health Nutr.* 13 : 556–565.
- Sichuan, R., Guldán, G.S., Fan, H., Ma, X., Ni, Z., Xiang, X., *et al.* (2000). Community and International Nutrition Culturally Appropriate Nutrition Education Improves Infant Feeding and. *Education* 130 : 1204–1211.
- Singh, M., Jain, S., & Choudhary, M. (2009). Dietary Adequacy of Pregnant Women of Four District of Rajasthan. *J. Hum. Ecol.* 25 : 161–165.
- Skouteris, H., Bailey, C., Nagle, C., Hauck, Y., Bruce, L., & Morris, H. (2017). Interventions Designed to Promote Exclusive Breastfeeding in High-Income Countries: A Systematic Review Update. *Breastfeed. Med.* 12 : 604–614.
- Stewart, C.P., Iannotti, L., Dewey, K.G., Michaelsen, K.F., & Onyango, A.W. (2013). Contextualising complementary feeding in a broader framework for stunting prevention. *Matern. Child Nutr.* 9 : 27–45.
- Supriadi D. (2005). Membangun Bangsa Melalui Pendidikan, kedua. ed. PT Remaja Rosdakarya Offset, Bandung.
- Susiwijono, M. (2021). Penerapan PPKM untuk Mengendalikan Laju Covid-19 dan Menjaga Kehidupan Masyarakat. *Www.Ekon.Go.Id* 20–22.
- Tamiru, D., & Tamrat, M. (2015). Constraints to the optimal breastfeeding practices of breastfeeding mothers in the rural communities of Arba Minch Zuria Woreda, Ethiopia: A community-based, cross-sectional study. *South African J. Clin. Nutr.* 28 : 134–139.
- Tariku, A., Alemu, K., Gizaw, Z., Muchie, K.F., Derso, T., Abebe, S.M., *et al.* (2017). Mothers' education and ANC visit improved exclusive breastfeeding in Dabat Health and Demographic Surveillance System Site, northwest Ethiopia. *PLoS One* 12 : e0179056.
- UNICEF (2021). UNICEF Conceptual Framework on Maternal and Child Nutrition. *Nutr. Child Dev. Sect. Program. Gr. 3 United Nations Plaza New*

York, NY 10017, USA 2–3.

- UNICEF (2009). The State of World's Children 2009, Vacuum.
- UNICEF & WHO (2021). Indicators for assessing infant and young child feeding practices, World Health Organization.
- United Nations Children's Fund (2020). Improving Young Children's Diets During The Complementary Feeding Period. *UNICEF Program. Guid.* 76.
- Wandira, B.A., Hermiyanti, H., Suwendro, N.I., & Suarayasa, K. (2022). Impact of the COVID-19 Pandemic on Integrated Health Service for Child (Posyandu) Management in Palu City. *Open Access Maced. J. Med. Sci.* 10 : 243–247.
- Waswa, L.M., Jordan, I., Herrmann, J., Krawinkel, M.B., & Keding, G.B. (2015). Community-based educational intervention improved the diversity of complementary diets in western Kenya: results from a randomized controlled trial. *Public Health Nutr.* 18 : 3406–3419.
- WHO (2017). Resolution Wha69.9 on Ending Inappropriate Promotion of Foods for Infants and Young Children, Guidance on ending the inappropriate promotion of foods for infants and young children: implementation manual.
- WHO (2016). Complementary Feeding [WWW Document].
- WHO (2009). Infant and young child feeding Model Chapter for textbooks for medical students and allied health professionals. *Mt. Res. Dev.* 24 : 19–23.
- WHO (2003a). Global Strategy for Infant and Young Child Feeding. *Fifthy-fourth world Heal. Assem.* 8.
- WHO (2003b). Guiding Principles for Complementary Feeding of the Breastfed Child 8.
- WHO, & UNICEF (2017). Global Nutrition monitoring framework. Operational guidance for tracking progress in meeting targets for 2025, World Health Organization.
- Widaryanti, R., & Rahmuniyati, M.E. (2019). evaluasi pasca pelatihan pemberian makan bayi dan anak (PMBA) pada kader posyandu terhadap peningkatan status gizi bayi dan balita. *J. Formil (Forum Ilmiah) Kesmas Respati* 4 : 163.
- Widyastuti, W., Nizmah, N., Herni, F., & Aktivah, N. (2018). The 8 th University Research Colloquium 2018 Universitas Muhammadiyah Purwokerto Peningkatan Keterampilan Kader Dalam Melakukan Pendidikan Pelatihan Kader Pendukung Asi Improving Skills In Conducting Health Education And Counseling Of Lactation Management 477–483.
- Wijayanti, H.N., & Fauziah, A. (2019). Dampak Pelatihan Pmba Pada Kader Posyandu Dalam Meningkatkan Status Gizi Anak Stunting. *J. GIZI DAN Kesehatan.* 11 : 1–9.
- Wingo, B.C., Desmond, R.A., Brantley, P., Appel, L., Svetkey, L., Stevens, V.J., et al. (2013). Self-efficacy as a Predictor of Weight Change and Behavior Change in the PREMIER Trial. *J. Nutr. Educ. Behav.* 45 : 314–321.
- Wityadarda, C., Andani, G.A.S.D., & Rostarina, R. (2021). A review of Internet-based approaches for health promotion programs related to the COVID-19 pandemic and wellness education. *J. Community Empower. Heal.* 3 : 56.
- Wondafraash, M., Amsalu, T., & Woldie, M. (2012). Feeding styles of caregivers of children 6-23 months of age in Derashe special district, Southern Ethiopia.

*BMC Public Health* 12 : 235.

Wong, M.S., & Chien, W.T. (2023a). A Pilot Randomized Controlled Trial of an Online Educational Program for Primiparous Women to Improve Breastfeeding. *J. Hum. Lact.* 39 : 107–118.

Wong, M.S., & Chien, W.T. (2023b). A Pilot Randomized Controlled Trial of an Online Educational Program for Primiparous Women to Improve Breastfeeding. *J. Hum. Lact.* 39 : 107–118.

Wulandari, R., Suwandono, A., Kartasurya, M.I., & Nugraheni, S.A. (2022). Postpartum Care Behavior Improvement during COVID-19 Pandemic in Indonesia Using Mobile-Health Interactive Message. *Ethiop. J. Health Sci.* 32 : 243–254.

Zagoto, S.F.L. (2019). Efikasi Diri Dalam Proses Pembelajaran. *J. Rev. Pendidik. dan Pengajaran* 2 : 386–391.

Zielińska, M.A., Sobczak, A., & Hamułka, J. (2017). Breastfeeding knowledge and exclusive breastfeeding of infants in first six months of life. *Rocz. Panstw. Zakl. Hig.* 68 : 51–59.