



Daftar Pustaka

- Adamczyk, K., & Segrin, C. (2016). Peran mediasi kesedihan romantis dan kecemasan berkencan dalam hubungan antara kompetensi interpersonal dan kepuasan hidup di kalangan dewasa muda Polandia. *Jurnal Perkembangan Orang Dewasa*, 23 (1), 1–10. <https://doi.org/10.1007/s10804-015-9216-3>
- Almarkomah, A. (2022). Hubungan antara trust dengan kepuasan pernikahan pada pasangan yang menjalani long-distance relationship. *Skripsi*. Universitas Islam Negeri Raden Mas Said Surakarta
- Amelia, F. R. (2020). Long-Distance Romantic Relationships among International Students: "My First Qualitative Research". *Studies in Philosophy of Science and Education*, 1(2), 74-86. <https://doi.org/10.46627/sipose.v1i2.28>
- Anderson, T. L., & Emmers-Sommer, T. M. (2006). Predictors of relationship satisfaction in online romantic relationships. *Communication Studies*, 57(2), 153–172. <https://doi.org/10.1080/10510970600666834>
- Arikewuyo, A.O., Eluwole, K.K., & Özad, B. (2020). Influence of Lack of Trust on Romantic Relationship Problems: The Mediating Role of Partner Cell Phone Snooping. *Psychological Reports*, 124, 348 - 365. <https://doi.org/10.1177/0033294119899902>
- Aylor, B., & Dainton, M. (2001). Antecedents in Romantic Jealousy Experience, Expression, and Goals. *Western Journal of Communication*, 65(4), 370-391. <https://doi.org/10.1080/10570310109374717>
- Azwar, S. (2008). *Penyusunan skala psikologi*. Yogyakarta: Pustaka
- Batoebara, M. U. (2018). Membangun Trust (Kepercayaan) Pasangan Dengan Melalui Komunikasi Interpersonal. *Peranan Etika Bisnis Dalam Perusahaan Bisnis*, 17. <https://doi.org/10.46576/wdw.v0i57.144>
- Belus, J.M., Pentel, K.Z., Cohen, M.J., Fischer, M.S., & Baucom, D.H. (2019). Staying Connected: An Examination of Relationship Maintenance Behaviors in Long-Distance Relationships. *Marriage & Family Review*, 55, 78 - 98. <https://doi.org/10.1080/01494929.2018.1458004>
- Campbell, L., & Stanton, S. C. (2019). Adult attachment and trust in romantic relationships. *Current opinion in psychology*, 25, 148–151. <https://doi.org/10.1016/j.copsyc.2018.08.004>
- Canary, D. J., & Stafford, L. (1992). Relational maintenance strategies and equity in marriage. *Communication Monographs*, 59(3), 243–267. <https://doi.org/10.1080/03637759209376268>
- Carter, S. P., & Renshaw, K. D. (2016). Communication via different media during military deployments and postdeployment relationship satisfaction. *Military Behavioral Health*, 4(3), 260–268. <https://doi.org/10.1080/21635781.2016.1153535>
- Dainton, M. (2000). Maintenance behaviors, expectations for maintenance, and satisfaction: Linking comparison levels to relational maintenance strategies. *Journal of Social and Personal Relationships*, 17(6), 827–842. <https://doi.org/10.1177/0265407500176007>



- Dainton, M., Stafford, L., & Canary, D. J. (1994). Maintenance strategies and physical affection as predictors of love, liking, and satisfaction in marriage. *Communication Reports*, 7(2), 88-98. <https://doi.org/10.1080/08934219409367591>
- Dwipa. G. L. (2016). Kepuasan perkawinan pada suami istri long-distance relationship ditinjau dari kualitas komunikasi. *Skripsi*. Universitas Katolik Soegijapranata.
- Eguiluz, L. L., Calvo, R. M., & De la Orta, D. (2012). Relación entre la percepción de la satisfacción marital, sexual y la comunicación en parejas. *Revista Peruana de Psicología y Trabajo Social*, 1(1), 15-28.
- Eisenberger N. I. (2012). The pain of social disconnection: examining the shared neural underpinnings of physical and social pain. *Nature reviews. Neuroscience*, 13(6), 421–434. <https://doi.org/10.1038/nrn3231>
- Fianny, T. V. (2013). Pengaruh Kepercayaan Terhadap Kepuasan Hubungan Pacaran Jarak Jauh Pada Emerging adult. *Skripsi*. Jakarta: Universitas Indonesia
- Fincham, F. D., & Cui, M. (2011). *Romantic relationships in emerging adulthood*. Cambridge University Press.
- Garinella, V.R.K., Weber, I., Dal Cin, S. (2014). From “I Love You Babe” to “Leave Me Alone” - Romantic Relationship Breakups on Twitter. In: Aiello, L.M., McFarland, D. (eds) Social Informatics. *Lecture Notes in Computer Science*, 8851. Springer, Cham. https://doi.org/10.1007/978-3-319-13734-6_14
- Ghozali. (2016). *Aplikasi Analisis Multivariete Dengan Program IBM SPSS*. Semarang: Badan Penerbit Universitas Diponegoro.
- Gottman, J. M. (1994). *What predicts divorce? The relationship between marital processes and marital outcomes*. Hillsdale, NJ: Erlbaum
- Guadagno, R. E., Jones, N. M., Kimbrough, A. M., & Mattu, A. (2016). Translating social media psychological research. *Translational Issues in Psychological Science*, 2(3), 213–215. <https://doi.org/10.1037/tps0000087>
- Guldner, G. T. (1996). Long-distance romantic relationships: Prevalence and separation-related symptoms in college students. *Journal of College Student Development*, 37(3), 289–296.
- Hall, E. D., & McNallie, J. (2016) The Mediating Role of Sibling Maintenance Behavior Expectations and Perceptions in the Relationship Between Family Communication Patterns and Relationship Satisfaction. *Journal of Family Communication*, 16(4), 386-402. <https://doi.org/10.1080/15267431.2016.1215316>
- Hampton, J. P. (2004). The Effect od Communication On Satisfaction In Long Distance And Proximal Relationship Of College Students. Psychology Loyola University.
- Harris, V. W. (2013). Healthy dating leads to healthy marriage. *National Resources Center for Healthy Marriage and Families*.
- Hendrick, S. S., Hendrick, C., & Adler, N. L. (1988). Romantic Relationships: Love, Satisfaction, and Staying Together. *Journal of Personality and*



Social Psychology, 54(6), 980–988. <https://doi.org/10.1037/0022-3514.54.6.980>

- Holtzman, S., Kushlev, K., Wozny, A., & Godard, R. (2021). Long-distance texting: Text messaging is linked with higher relationship satisfaction in long-distance relationships. *Journal of social and personal relationships*, 38(12), 3543–3565. <https://doi.org/10.1177/02654075211043296>
- Horn, K. R. V., Arnone, A., Nesbitt, K., Desllets, L., Sears, T., Giffin, M. & Brudi, R. (1997), Physical distance and interpersonal characteristics in college students' romantic relationships. *Personal Relationships*, 4, 25-34. <https://doi.org/10.1111/j.1475-6811.1997.tb00128.x>
- Iglesias-García, M.-T., Urbano-Contreras, A., & Martínez-González, R.-A. (2019). Scale of Self-perceived Communication in the Couple Relationship (SCCR). *Anales de Psicología*, 35(2), 314–322. <https://doi.org/10.6018/analesps.35.2.334451>
- Jiang, L. C., & Hancock, J. T. (2013). Absence makes the communication grow fonder: Geographic separation, interpersonal media, and intimacy in dating relationships. *Journal of Communication*, 63(3), 556–577. <https://doi.org/10.1111/jcom.12029>
- Joshi, D. (2021). Does The Physical Distance Between Couples Increase Trust and Overall Satisfaction? A Comparative Study Between Long-Distance Romantic Relationships and Geographically Close Relationships. *The International Journal of Indian Psychology*, 9(3), 1520–1529. <https://doi.org/10.25215/0903.141>
- Kauffman, M. H. (2000). Relational maintenance in long-distance relationships: staying close. (Master of Science Thesis Blacksburg, Virginia). Diunduh dari <https://theses.lib.vt.edu/theses/available/etd-08292000>
- Kim, J. S., Weisberg, Y. J., Simpson, J. A., Oriña, M. M., Farrell, A. K., & Johnson, W. F. (2015). Ruining it for both of us: The disruptive role of low-trust partners on conflict resolution in romantic relationships. *Social Cognition*, 33(5), 520–542. <https://doi.org/10.1521/soco.2015.33.5.520>
- Korzenny, F. (1978). A Theory of Electronic Propinquity: Mediated Communication in Organizations. *Communication Research*, 5(1), 3-24. <https://doi.org/10.1177/009365027800500101>
- Kusuma, K. J., & P., N. W. (2018). Regulasi emosi pada individu dewasa awal yang menjalani hubungan pacaran jarak jauh. *Jurnal Penelitian Psikologi*
- Kusumowardhani, R. P. A. (2013). Strategi pemeliharaan hubungan dan kepuasan dalam hubungan. *Jurnal Psikologi Integratif*, 1(1). 8–16.
- Larzelere, R. E., & Huston, T. L. (1980). The Dyadic Trust Scale: Toward understanding interpersonal trust in close relationships. *Journal of Marriage and the Family*, 42(3), 595–604. <https://doi.org/10.2307/351903>
- Laurenceau, J. P., Barrett, L. F., & Rovine, M. J. (2005). The interpersonal process model of intimacy in marriage: a daily-diary and multilevel modeling approach. *Journal of family psychology : JFP : journal of the Division of Family Psychology of the American Psychological Association (Division 43)*, 19(2), 314–323. <https://doi.org/10.1037/0893-3200.19.2.314>



- Ledermann, T., Bodenmann, G., Rudaz, M., & Bradbury, T. N. (2010). Stress, communication, and marital quality in couples. *Family Relations: An Interdisciplinary Journal of Applied Family Studies*, 59(2), 195–206. <https://doi.org/10.1111/j.1741-3729.2010.00595.x>
- Lee, S. K., Bassick, M. A., & Mumpower, S. W. (2016). Fighting electronically: Long-distance romantic couples' conflict management over mediated communication. *The Electronic Journal of Communication*, 25.
- Lindner, J. (2023, December 16). The Most Surprising College Relationships Statistics And Trends in 2024. <https://gitnux.org/college-relationships-statistics/>
- Mardiatmoko, G. (2020). "Pentingnya Uji Asumsi Klasik Pada Analisis Regresi Linier Berganda (Studi Kasus Penyusunan Persamaan Allometrik Kenari Muda [Canarium Indicum L.]). *Barekeng*, 14(3). 333-342, <https://doi.org/10.30598/barekengvol14iss3pp333-342>.
- McNallie, J., & Gettings, P.E. (2022). Trust as a mediator between family communication patterns and relational maintenance in grandparent-adult child-grandchild relationships. *Communication Quarterly*, 70, 227 - 249. <https://doi.org/10.1080/01463373.2022.2036214>
- Muhtar S. Z., & Suminar D. R. (2023). Kepuasan Hubungan Ditinjau Dari gaya Kelekatan dan Sternberg's Tringular Theory Of Love Pada Dewasa Awal yang menjalani LDR. *Jurnal Fusion*, 3(4), 414-429.
- Musfika, F. D., & Yuniar, I. (2023). Intensitas Komunikasi dan Kepuasan Hubungan pada Dewasa Awal yang Menjalani Pacaran Jarak Jauh: Literatur Naratif. *BRPKM: Buletin Riset Psikologi Dan Kesehatan Mental*, X, 1–9.
- Nisa, S., & Sedjo, P. (2010). Konflik pacaran jarak jauh pada individu dewasa muda. *Jurnal Psikologi*, 3(2), 134–140.
- Orsley, A. G., & Simanjuntak, E. J. (2023). Hubungan antara kecemburuan romantis dan kepuasan hubungan pada emerging adult yang berpacaran. *Jurnal Psikologi Teori dan Terapan*, 14(1), 90–104. <https://doi.org/10.26740/jptt.v14n1.p90-104>
- Papp, L. M. (2018). Topics of marital conflict in the everyday lives of empty nest couples and their implications for conflict resolution. *Journal of Couple & Relationship Therapy*, 17(1), 7–24. <https://doi.org/10.1080/15332691.2017.1302377>
- Pistole, M.C., Roberts, A. and Mosko, J.E. (2010), Commitment Predictors: Long-Distance Versus Geographically Close Relationships. *Journal of Counseling & Development*, 88, 146-153. <https://doi.org/10.1002/j.1556-6678.2010.tb00003.x>
- Pratiwi, D. A., Nuraeni, E. D., Riz, F. M., & Rosmawati, R. (2023). Trust issue pada mahasiswa yang menjalani long-distance relationship. *Parade Riset Mahasiswa*, 1(1), 147–158.
- Puspanita, S. (2010). Studi Perbandingan Komitmen antara Mahasiswa yang Menjalani Long distance Relationship dan Proximal Relationship di Universitas Padjadjaran. *Skripsi*. Universitas Padjadjaran.



- Rempel, J. K., Holmes, J. G., & Zanna, M. P. (1985). Trust in close relationships. *Journal of Personality and Social Psychology*, 49(1), 95–112. <https://doi.org/10.1037/0022-3514.49.1.95>
- Robles T. F. (2014). Marital quality and health: Implications for marriage in the 21st century. *Current directions in psychological science*, 23(6), 427–432. <https://doi.org/10.1177/0963721414549043>
- Rotter, J. B. (1980). Interpersonal trust, trustworthiness, and gullibility. *American Psychologist*, 35(1), 1–7. <https://doi.org/10.1037/0003-066X.35.1.1>
- Ruben, B.D. and Stewart, L.P. (2006). *Communication and Human Behavior 5th Edition*. Boston: Pearson Education.
- Rusbult, C. E. (1983). A longitudinal test of the investment model: The development (and deterioration) of satisfaction and commitment in heterosexual involvements. *Journal of Personality and Social Psychology*, 45, 101-117
- Rusbult, C. E., & Buunk, B. P. (1993). Commitment processes in close relationships: An interdependence analysis. *Journal of Social and Personal Relationships*, 10(2), 175–204. <https://doi.org/10.1177/026540759301000202>
- Santrock, J. W. (2002). *Life-span development (Ed.8)*. New York: McGraw-Hill.
- Santrock, J.W. (2011). *Life – Span Development:Perkembangan Masa Hidup*. Jakarta: Erlangga.
- Sharabi, L. L., Roaché, D. J., & Pusateri, K. B. (2019). Texting toward intimacy: Relational quality, length, and motivations in textual relationships. *Communication Studies*, 70(5), 601-619. <https://doi.org/10.1080/10510974.2019.1634117>
- Shaugnessy, J. J., Zechmeister, E. B., & Zechmeister, J. S. (2015). *Research methods in psychology*. Mc Graw Hill Education
- Sillars, A., Roberts, L. J., Leonard, K. E., & Dun, T. (2000). Cognition during marital conflict: The relationship of thought and talk. *Journal of Social and Personal Relationships*, 17(4-5), 479–502. <https://doi.org/10.1177/0265407500174002>
- Simon, R. W., & Barrett, A. E. (2010). Nonmarital romantic relationships and mental health in early adulthood: Does the association differ for women and men? *Journal of Health and Social Behavior*, 51(2), 168–182. <https://doi.org/10.1177/0022146510372343>
- Siniwi, N., & Lestari, S. B. (2018). Proses Komunikasi untuk Mempertahankan Hubungan Berpacaran. *Interaksi Online*, 7(1), 1–9.
- Stafford, L. (2005). *Maintaining long-distance and cross-residential relationships*. NJ: Erlbaum.
- Stafford, L., & Canary, D. J. (1991). Maintenance strategies and romantic relationship type, gender and relational characteristics. *Journal of Social and Personal Relationships*, 8(2), 217–242. <https://doi.org/10.1177/0265407591082004>
- Sternberg, R. J. (1986). Construct validation of a triangular theory of love. Manuscript in preparation.
- Sugiyono. (2018). *Metode Penelitian Kuantitatif*. Bandung: Alfabeta.



- Suryani, A., & Nurwidawati, D. (2016). Self Disclosure dan Trust Pada Pasangan Dewasa Muda yang Menikah dan Menjalani Hubungan Jarak Jauh. *Jurnal Psikologi Teori Dan Terapan*, 7(1), 9–15.
<https://doi.org/10.26740/jptt.v7n1.p9-15>
- Taneja, S., & Goyal, P. (2020). Impact of Physical Proximity in Romantic Relationships on Trust, Commitment and Relationship Satisfaction among Young Adults. *Indian Journal of Mental Health*, 7(1), 15.
<https://doi.org/10.30877/ijmh.7.1.2020.15-20>
- Ursila, F. M. (2012). Hubungan antara kepuasan hubungan romantis dan psychological well-being pada mahasiswa yang berpacaran. *Skripsi*. Universitas Indonesia
- Waterman, E. A., Wesche, R., Leavitt, C. E., Jones, D. E., & Lefkowitz, E. S. (2017). Long-distance dating relationships, relationship dissolution, and college adjustment. *Emerging adulthood*, 5(4), 268–279.
<https://doi.org/10.1177/2167696817704118>
- Widana, I. W., & Muliani, P. (2020). *Uji Persyaratan Analisis*. Lumajang: Klik Media.
- Yustitia, A. (2018). Aspek dan dinamika psikologis relasi pacaran. *Skripsi*.