

DAFTAR PUSTAKA

- Agustina, N. (2022) 'Tahukah Kamu, Berapa Idealnya Jumlah Air Putih yang Kita Minum Perhari?', *Direktorat Jenderal Pelayanan Kesehatan*, p. 1. https://yankes.kemkes.go.id/view_artikel/579/tahukah-kamu-berapa-idealnya-jumlah-air-putih-yang-kita-minum-perhari (diakses: 9 February 2023).
- Alexander, L. K., Lopes B., Masterson, K. R. Yeatts, K.B. (2015) 'Second Edition of the ERIC Notebook: Cross-sectional Studies', *ERIC Notebook*, pp. 1–5.
- Amaliya, R. M. (2018) 'Gambaran Status Hidrasi dan Hubungannya dengan Jenis Kelamin, Indeks Massa Tubuh, Aktivitas Fisik, dan Jumlah Air yang Dikonsumsi pada Mahasiswa Preklinik Fakultas Kedokteran Universitas Islam Negeri Syarif Hidayatullah Jakarta Tahun 2018', p. 4.
- Aparicio-Ugarriza, R., Luzardo-Socorro R., Palacios G., *et al.* (2016) 'Impact of physical activity and sedentarism on hydration status and liquid intake in Spanish older adults. The PHYSMED study', *Nutricion Hospitalaria*, 33, pp. 4–8. doi: 10.20960/nh.309.
- Armstrong, L. E., Maresh C. M., Castellani J. W., *et al.* (1994) 'Urinary Indices of Hydration Status', (5), pp. 265–279. doi: <https://doi.org/10.1123/ijsn.4.3.265>.
- Baron, S., Courbebaisse M., Lepicard E. M., Friedlander G. (2015) 'Assessment of hydration status in a large population', *British Journal of Nutrition*, 113(1), pp. 147–158. doi: 10.1017/S0007114514003213.
- Bintoro, B. S., Prabandari Y. S., Rahayu E. S., *et al.* (2022) 'Building Evidence on Sugar-Sweetened Beverages in the University Setting', pp. 1–3.
- Briawan, D., Sedayu, T. R. dan Ekayanti, I. (2011) 'Kebiasaan minum dan asupan cairan remaja di perkotaan', *Jurnal Gizi Klinik Indonesia*, 8(1), p. 36. doi: 10.22146/ijcn.17729.
- Chu, Y. H. dan Li, Y. C. (2022) 'The Impact of Online Learning on Physical and Mental Health in University Students during the COVID-19 Pandemic', *International Journal of Environmental Research and Public Health*, 19(5). doi: 10.3390/ijerph19052966.
- Fausnacht, A. G., Myers E. A., Hess, E. L., *et al.* (2020) 'Update of the BEVQ-15, a beverage intake questionnaire for habitual beverage intake for adults: determining comparative validity and reproducibility', *Journal of Human Nutrition and Dietetics*, 33(5), pp. 729–737. doi: 10.1111/jhn.12749.
- Gustam (2012) 'Faktor risiko dehidrasi pada remaja dan dewasa', *Institut pertanian bogor*, pp. 12–16. <http://repository.ipb.ac.id/handle/123456789/54399>.
- Hall, J. E. dan Guyton, A. C. (2011) *Guyton and Hall Textbook of Medical Physiology*. 12th edn. Philadelphia: Saunders Elsevier.
- Hargreaves, E. A., Lee, C., Jenkins, M., *et al.* (2021) 'Changes in Physical Activity Pre-, During and Post-lockdown COVID-19 Restrictions in New Zealand and the Explanatory Role of Daily Hassles', *Frontiers in Psychology*, 12(February), pp. 1–13. doi: 10.3389/fpsyg.2021.642954.
- Hedrick, V. E. Svla, J., Comber, D. L., *et al.* (2012) 'Development of a Brief

- Questionnaire to Assess Habitual Beverage Intake (BEVQ-15): Sugar-Sweetened Beverages and Total Beverage Energy Intake', *Journal of the Academy of Nutrition and Dietetics*, 112(6), pp. 840–849. doi: 10.1016/j.jand.2012.01.023.
- Krisnana, I., Pradanie, R., Novitasari, M., *et al.* (2021) 'Hydration status and learning concentration of adolescents during online learning in the era of Covid-19 pandemic', *Sri Lanka Journal of Child Health*, 50(2), pp. 306–311. doi: 10.4038/sljch.v50i2.9578.
- Park, A. H., Zhong, S., Jeong, J., *et al.* (2022) 'Impact of COVID-19 on physical activity: A rapid review', *Journal of Global Health*, 12, pp. 1–13. doi: 10.7189/JOGH.12.05003.
- Penggalih, M. H. S. T., Sofro, Z., M., *et al.* (2014) 'Prevalensi kasus dehidrasi pada mahasiswa Universitas Gadjah Mada', *Jurnal Gizi Klinik Indonesia*, 11(2), p. 72. doi: 10.22146/ijcn.19008.
- Perales-García, A., Ortega, R., M., *et al.* (2018) 'Physical activity and sedentary behavior impacts on dietary water intake and hydration status in Spanish schoolchildren: A cross-sectional study', *PLoS ONE*, 13(12), pp. 1–15. doi: 10.1371/journal.pone.0208748.
- Pontoh, R. S., Toharudin, T., Ruchjana, B., N., *et al.* (2022) 'Jakarta Pandemic to Endemic Transition: Forecasting COVID-19 Using NNAR and LSTM', *Applied Sciences (Switzerland)*, 12(12). doi: 10.3390/app12125771.
- Rismayanthi, C. (2016) 'Relationship Between Hydration Status and the Fluid Consumption of Tennis Athlete', *운동사대회*, pp. 1–16.
- Sahin, N., Catak, S. dan Akbulut, G. (2021) 'Evaluation of hydration status during the COVID-19 pandemic: A study of Turkish young adults', *Journal of Water and Health*, 19(4), pp. 671–681. doi: 10.2166/WH.2021.074.
- Santoso, B. I., Hardiansyah, Siregar, P., Pardede, S. O., (2017) *AIR_full text.pdf*.
- Sartika, R. A. D., Atmarita, Duki, M. I. Z., *et al.* (2022) 'Consumption of Sugar-Sweetened Beverages and Its Potential Health Implications in Indonesia', *Kesmas*, 17(1), pp. 1–9. doi: 10.21109/kesmas.v17i1.5532.
- Sinto, R. (2022) 'COVID-19 Pandemic-to-Endemic Transition in Indonesia: What Does the Future Hold?', *Acta medica Indonesiana*, 54(2), pp. 159–160.
- Sousa, A., Sych, J., Rohrman, S., Faeh, D. (2020) 'The importance of sweet beverage definitions when targeting health policies—the case of Switzerland', *Nutrients*, 12(7), pp. 1–18. doi: 10.3390/nu12071976.
- Veilleux, J. C., Caldwell, A. R., Johnson, E. C., *et al.* (2020) 'Examining the links between hydration knowledge, attitudes and behavior', *European Journal of Nutrition*, 59(3), pp. 991–1000. doi: 10.1007/s00394-019-01958-x.
- World Health Organization (2023) 'COVID-19 Weekly Epidemiological Update', *World Health Organization*, (January), pp. 1–12. <https://www.who.int/publications/m/item/covid-19-weekly-epidemiological-update>.