



## Referensi

- Abdel-Khalek, A. M. (2010). Quality of life, subjective well-being, and religiosity in Muslim college students. *Quality of Life Research*, 19(8), 1133–1143.  
<https://doi.org/10.1007/s11136-010-9676-7>
- Afriyani, I. (2010). Subjective Wellbeing Mahasiswa di Kota Makassar (Skripsi). Universitas Negeri Makassar
- Akhtar, H. (2019). Evaluasi Properti Psikometris dan Perbandingan Model Pengukuran Konstruk Subjective Well-being. *Jurnal Psikologi*, 18(1), 29. <https://doi.org/10.14710/jp.18.1.29-40>.  
Evaluasi Properti Psikometris dan Perbandingan Model Pengukuran Konstruk Subjective Well-being.
- American Psychological Association. (2013). *Coping with a diagnosis of chronic illness*. Apa.org.  
<https://www.apa.org/topics/chronic-illness/coping-diagnosis>
- Anisah, S. N., & Djuwita, R. (2019). Reliability and Validity of WHOQOL-BREF into Indonesian Version as a Measure of Quality of Life of Tuberculosis Patients. *Indian Journal of Public Health Research & Development*, 10(12), 1972.  
<https://doi.org/10.37506/v10/i12/2019/ijphrd/192160>
- APA Dictionary of Psychology. (2014). *APA Dictionary of Psychology*. Apa.org.  
<https://dictionary.apa.org/subjective-well-being>
- Australia Institute of Health and Welfare. (2022). *Health system spending per case of disease and for certain risk factors, About*. Australian Institute of Health and Welfare.  
<https://www.aihw.gov.au/reports/health-welfare-expenditure/health-system-spending-per-case-of-disease/contents/about>



- Australian Institute of Health and Welfare 2020. Australia's health 2020 snapshots. Australia's health series no. 17. Canberra: AIHW. <https://www.aihw.gov.au/reports-data/australias-health/australias-health-snapshots>
- Australian Institute of Health and Welfare. (2020). *Australia's health snapshots*. Australian Institute of Health and Welfare. <https://www.aihw.gov.au/reports-data/australias-health/australias-health-snapshots>
- Azwar, S. (2012). *Penyusunan Skala Psikologi* (2nd ed.). Yogyakarta: Pustaka Pelajar.
- Benkel, I., Arnby, M., & Molander, U. (2020). Living with a chronic disease: A quantitative study of the views of patients with a chronic disease on the change in their life situation. *SAGE Open Medicine*, 8. <https://doi.org/10.1177/2050312120910350>
- Bernell, S., & Howard, S. W. (2016). Use your words carefully: What is a chronic disease? *Frontiers in Public Health*, 4(159). <https://doi.org/10.3389/fpubh.2016.00159>
- Boyd, C. M., & Fortin, M. (2010). Future of Multimorbidity Research: How Should Understanding of Multimorbidity Inform Health System Design? *Public Health Reviews*, 32(2), 451–474. <https://doi.org/10.1007/bf03391611>
- Browne, J. P., O'Boyle, C. A., McGee, H. M., Joyce, C. R. B., McDonald, N. J., O'Malley, K., & Hiltbrunner, B. (1994). Individual quality of life in the healthy elderly. *Quality of Life Research*, 3(4), 235–244. <https://doi.org/10.1007/bf00434897>
- Camfield, L., & Skevington, S. M. (2008). On Subjective Well-being and Quality of Life. *Journal of Health Psychology*, 13(6), 764–775. <https://doi.org/10.1177/1359105308093860>
- Centers for Disease Control and Prevention. (2022). *About chronic diseases*. Centers for Disease Control and Prevention. <https://www.cdc.gov/chronicdisease/about/index.htm>



- Centers for Disease Control and Prevention. (2023). *Health and Economic Costs of Chronic Disease*. Cdc.gov. <https://www.cdc.gov/chronicdisease/about/costs/index.htm>
- Chapin, M. H., & Holbert, D. (2010). *Employment at Closure Is Associated With Enhanced Quality of Life and Subjective Well-Being for Persons With Spinal Cord Injuries*. 54(1), 6–14. <https://doi.org/10.1177/0034355210367685>
- Costanza, R., Fisher, B., Ali, S., Beer, C., Bond, L., Boumans, R., Danigelis, N. L., Dickinson, J., Elliott, C., Farley, J., Gayer, D. E., Glenn, L. M., Hudspeth, T., Mahoney, D., McCahill, L., McIntosh, B., Reed, B., Rizvi, S. A. T., Rizzo, D. M., & Simpatico, T. (2007). Quality of life: An approach integrating opportunities, human needs, and subjective well-being. *Ecological Economics*, 61(2), 267–276. <https://doi.org/10.1016/j.ecolecon.2006.02.023>
- Diener, E., Lucas, R. E., & Oishi, S. (2018). Advances and open questions in the science of subjective well-being. In *Collabra: Psychology* (Vol. 4, Issue 1). University of California Press. <https://doi.org/10.1525/collabra.115>
- Diener, E., Lucas, R. E., & Oishi, S. (2018). Advances and open questions in the science of subjective well-being. In *Collabra: Psychology* (Vol. 4, Issue 1). University of California Press. <https://doi.org/10.1525/collabra.115>
- Engel, G. L. (1997). From Biomedical to Biopsychosocial: Being Scientific in the Human Domain. *Psychosomatics*, 38(6), 521–528. [https://doi.org/10.1016/s0033-3182\(97\)71396-3](https://doi.org/10.1016/s0033-3182(97)71396-3)
- Etikan, I., & Bala, K. (2017). Sampling and sampling methods. *Biometrics & Biostatistics International Journal*, 5(6), 00149.
- Felce, D., & Perry, J. (1995). Quality of life: Its definition and measurement. *Research in Developmental Disabilities*, 16(1), 51–74. [https://doi.org/10.1016/0891-4222\(94\)00028-8](https://doi.org/10.1016/0891-4222(94)00028-8)



- Field, A. (2018). *Discovering Statistics using IBM SPSS Statistics* (5th ed.). London: Sage Publications Ltd.)
- Frisch, M.B. (2012). *Quality of life well-being in general medicine, mental health and coaching*. In K.C. Land, A.C. Michalos, & M.J. Sirgy (Eds). *Handbook of social indicators and quality of life research* (pp 239-263).
- Gal, E., Selanikyo, E., Erez, A., & Katz, N. (2015). Integration in the Vocational World: How Does It Affect Quality of Life and Subjective Well-Being of Young Adults with ASD. *International Journal of Environmental Research and Public Health*, 12(9), 10820–10832. <https://doi.org/10.3390/ijerph120910820>
- González-Blanch, C., Hernández-de-Hita, F., Muñoz-Navarro, R., Ruíz-Rodríguez, P., Medrano, L. A., & Cano-Vindel, A. (2018). The association between different domains of quality of life and symptoms in primary care patients with emotional disorders. *Scientific Reports*, 8(1). <https://doi.org/10.1038/s41598-018-28995-6>
- Greenberg, T. M. (2007). Medical Illness: Why Consider Emotional Factors? *Springer EBooks*, 1–29. [https://doi.org/10.1007/978-0-387-38298-2\\_1](https://doi.org/10.1007/978-0-387-38298-2_1)
- Griselda, M., Alfian, S. D., Wicaksono, I. A., Wawruch, M., & Abdulah, R. (2023). Findings from the Indonesian family life survey on patterns and factors associated with multimorbidity. *Scientific Reports*, 13(1), 18607. <https://doi.org/10.1038/s41598-023-42603-2>
- Hadning, I., & Ainii, N. Q. (2021, January 16). *An Analysis of Health Workers' Quality of Life in Indonesia During COVID-19 Pandemic*. [Www.atlantis-Press.com](http://www.atlantis-press.com); Atlantis Press. <https://doi.org/10.2991/ahsr.k.210115.085>
- Haerianti, M., Warsini, S., & Pangastuti, H. S. (2018). Analisis Subjective Well-being Pasien Penyakit Ginjal Kronik yang Menjalani Hemodialisis. *J-HEST Journal of Health*

*Education Economics Science and Technology*, 1(1), 36–45.

<https://doi.org/10.36339/jhest.v1i1.19>

Hajat, C., & Stein, E. (2018). The global burden of multiple chronic conditions: A narrative review.

*Preventive Medicine Reports*, 12(1), 284–293.

<https://doi.org/10.1016/j.pmedr.2018.10.008>

Haraldstad, K., Wahl, A., Andenæs, R., Andersen, J. R., Andersen, M. H., Beisland, E., Borge, C.

R., Engebretsen, E., Eisemann, M., Halvorsrud, L., Hanssen, T. A., Haugstvedt, A.,

Haugland, T., Johansen, V. A., Larsen, M. H., Løvereide, L., Løyland, B., Kvarme, L. G.,

Moons, P., & Norekvål, T. M. (2019). A systematic review of quality of life research in medicine and health sciences. *Quality of Life Research*, 28(10), 2641–2650.

<https://doi.org/10.1007/s11136-019-02214-9>

Healthy Aging Team. (2021). *The National Council on Aging*. [www.ncoa.org](http://www.ncoa.org).

<https://www.ncoa.org/article/the-top-10-most-common-chronic-conditions-in-older-adults>

Heinonen, H., Aro, A. R., Aalto, A.-M. ., & Uutela, A. (2004). Is the Evaluation of the Global

Quality of Life Determined by Emotional Status? *Quality of Life Research*, 13(8), 1347–1356. <https://doi.org/10.1023/b:qure.0000040788.12947.b9>

Hofmann, S. G., Curtiss, J., Carpenter, J. K., & Kind, S. (2017). Effect of treatments for depression on quality of life: a meta-analysis. *Cognitive Behaviour Therapy*, 46(4), 265–286.

<https://doi.org/10.1080/16506073.2017.1304445>

Holman, H. R. (2020). The Relation of the Chronic Disease Epidemic to the Health Care Crisis.

*ACR Open Rheumatology*, 2(3), 167–173. <https://doi.org/10.1002/acr2.11114>



- Indonesian Geriatrics Society. (2022). *Pergemi - Survei Kondisi Kesehatan dan Kesejahteraan Lansia di Indonesia*. Pergemi.id. <https://pergemi.id/info/5/survei-kondisi-kesehatan-dan-kesejahteraan-lansia-di-indonesia>
- Jones, P., & Drummond, P. D. (2021). A Summary of Current Findings on Quality of Life Domains and a Proposal for Their Inclusion in Clinical Interventions. *Frontiers in Psychology*, 12. <https://doi.org/10.3389/fpsyg.2021.747435>
- Kang, E., Kim, S., Rhee, Y. E., Lee, J., Yun, Y. H., (2020). *Self-management strategies and comorbidities in chronic disease patients: associations with quality of life and depression. Psychology, Health & Medicine*, (), 1–13. doi:10.1080/13548506.2020.1838585
- Kementerian Kesehatan Republik Indonesia. (2018, November 2). *Potret Sehat Indonesia dari Riskesdas 2018*. [Www.kemkes.go.id](http://www.kemkes.go.id). <https://www.kemkes.go.id/article/view/18110200003/potret-sehat-indonesia-dari-riskesdas-2018.html>
- Khanderia, E., Patel, V. (2023). Quality of Life Theory. In: Athanasiou, T., Patel, V., Darzi, A. (eds) *Patient Reported Outcomes and Quality of Life in Surgery*. Springer, Cham. [https://doi.org/10.1007/978-3-031-27597-5\\_1](https://doi.org/10.1007/978-3-031-27597-5_1)
- Kowitt, S. D., Nan, H., & Speight, J. (2018). Quality of Life and Person-Centered Outcomes: Considerations for Behavioral Medicine. *Springer EBooks*, 987–1019. [https://doi.org/10.1007/978-0-387-93826-4\\_33](https://doi.org/10.1007/978-0-387-93826-4_33)
- Kuller, L., & Tonascia, S. (1971). A follow-up study of the commission on chronic illness morbidity survey in baltimore —IV. Factors influencing mortality from stroke and arteriosclerotic heart disease (1954–1967). *Journal of Chronic Diseases*, 24(2-3), 111–124. [https://doi.org/10.1016/0021-9681\(71\)90105-6](https://doi.org/10.1016/0021-9681(71)90105-6)



- Lawton, M. P. (1991). "A Multidimensional View of Quality of Life in Frail Elders." Dalam J. E. Biren et al., eds., *The Concept and Measurement of Quality of Life*. New York: Academic Press.
- Lawton, M. P., Winter, L., Kleban, M. H., & Ruckdeschel, K. (1999). Affect and Quality of Life. *Journal of Aging and Health*, 11(2), 169–198. <https://doi.org/10.1177/089826439901100203>
- Levenson, Robert W. (2019). Stress and Illness. *Psychosomatic Medicine*, 81(8), 720–730. doi:10.1097/PSY.0000000000000736
- Liu, H., Gan, Q., Tan, J., Sun, X., Liu, Y., & Wan, C. (2023) The association between quality of life and subjective wellbeing among the elderly based on canonical correlation analysis. *Frontiers in Public Health*, 11, 1235276.
- Maunsell, E., Brisson, J., and Deschênes, L. (1992). Psychological distress after initial treatment of breast cancer. Assessment of potential risk factors. *Cancer*, 70(1), 120–125.
- Medvedev, O. N., & Landhuis, C. E. (2018). Exploring constructs of well-being, happiness and quality of life. *PeerJ*, 6, e4903. <https://doi.org/10.7717/peerj.4903>
- Meeberg, G. A. (1993). Quality of life: a concept analysis. *Journal of Advanced Nursing*, 18(1), 32–38. doi:10.1046/j.1365-2648.1993.18010032.x
- Megari, K. (2013). Quality of life in chronic disease patients. *Health Psychology Research*, 1(3), 27. <https://doi.org/10.4081/hpr.2013.e27>
- Michiyo, H. (n.d.). *Lifestyle diseases: Access to chronic disease care in low- and middle-income countries*. United Nations. <https://www.un.org/en/chronicle/article/lifestyle-diseases-access-chronic-disease-care-low-and-middle-income-countries>



- Newman, D. B., Tay, L., & Diener, E. (2014). Leisure and Subjective Well-Being: A Model of Psychological Mechanisms as Mediating Factors. In *Journal of Happiness Studies* (Vol. 15, Issue 3, pp. 555–578). Kluwer Academic Publishers. <https://doi.org/10.1007/s10902-013-9435-x>)
- Preto, O., Amaral, O., Duarte, J., Chaves, C., Coutinho, E., & Nelas, P. (2016). Quality of life and chronic disease in patients receiving primary health care. *European Proceedings of Social and Behavioural Sciences*, 13, 217-226.
- Pukeliene, V., & Starkauskiene, V. (2011). Quality of life: Factors determining its measurement complexity. *Engineering Economics*, 22(2), 147–156. <https://doi.org/10.5755/j01.ee.22.2.311>
- Revenson, T.A., & Gurung, R.A.R. (Eds.). (2018). *Handbook of Health Psychology* (1st ed.). Routledge. <https://doi.org/10.4324/9781315167534>
- Sirgy, M.J. (2012). *The psychology of quality of life – second edition*. London: springer science + business media.
- Sirgy, M. J., Michalos, A. C., Ferriss, A. L., Easterlin, R. A., Patrick, D., & Pavot, W. (2006). The Qualityity-of-Life (QOL) Research Movement: Past, Present, and Future. *Social Indicators Research*, 76(3), 343–466. <https://doi.org/10.1007/s11205-005-2877-8>
- Skevington, S. M., & Böhnke, J. R. (2018). How is subjective well-being related to quality of life? Do we need two concepts and both measures? *Social Science & Medicine*, 206, 22–30. <https://doi.org/10.1016/j.socscimed.2018.04.005>
- Souza, LÍdia & de Carvalho, Pedro Henrique & Ferreira, Maria. (2018). Quality of life and subjective well-being of physically active elderly people: A systematic review. *Journal of Physical Education and Sport*. 18. 1615-1623. [10.7752/jpes.2018.03237](https://doi.org/10.7752/jpes.2018.03237).





- Stone, A. A., Mackie, C., & National Research Council. (2013, December 18). *Subjective Well-Being: Measuring Happiness, Suffering, and Other Dimensions of Experience*. Nih.gov; National Academies Press (US). <https://www.ncbi.nlm.nih.gov/books/NBK179225/>
- Toledano-Toledano, F., Moral de la Rubia, J., Nabors, L. A., Domínguez-Guedea, M. T., Salinas Escudero, G., Rocha Pérez, E., Luna, D., & Leyva López, A. (2020). Predictors of Quality of Life among Parents of Children with Chronic Diseases: A Cross-Sectional Study. *Healthcare*, 8(4), 456. <https://doi.org/10.3390/healthcare8040456>
- Ventegodt, S., Flensborg-Madsen, T., Andersen, N. J., & Merrick, J. (2008). Which factors determine our quality of life, health and ability? Results from a Danish population sample and the Copenhagen perinatal cohort. *Journal of the College of Physicians and Surgeons-Pakistan: JCPSP*, 18(7), 445–450. <https://pubmed.ncbi.nlm.nih.gov/18760073/>
- Wagner, M., Rietz, C., Kaspar, R., Janhsen, A., Geithner, L., Neise, M., Kinne-Wall, C., Woopen, C., & Zank, S. (2017). Quality of life of the very old. *Zeitschrift Für Gerontologie Und Geriatrie*, 51(2), 193–199. <https://doi.org/10.1007/s00391-017-1217-3>
- Wahyuni, A. F., Widyastuti, W., & Dewi, E. M. P. (2016). Pengaruh Pelatihan Yoga Terhadap Peningkatan Afek Positif Remaja Perempuan Di Panti Asuhan Kota Makassar (Skripsi). Universitas Negeri Makassar. Retrieved from [eprints.unm.ac.id/2307/](http://eprints.unm.ac.id/2307/)
- Watson, D., & Clark, L. A. (1999). The PANAS-X: Manual for the Positive and Negative Affect Schedule - Expanded Form. <https://doi.org/10.17077/48vt-m4t2>
- WHO. (2016). Noncommunicable diseases. [Www.who.int. http://www.who.int/topics/noncommunicable\\_diseases/en/](http://www.who.int/topics/noncommunicable_diseases/en/)
- WHO. (2022, September 16). *Noncommunicable Diseases*. World Health Organisation. <https://www.who.int/news-room/fact-sheets/detail/noncommunicable-diseases>



UNIVERSITAS  
GADJAH MADA

**Peran Kesejahteraan Subjektif pada Kualitas Hidup Individu dengan Penyakit Kronis**  
Umy Fatma Roseinda Nusa, Prof. Dra. Kwartarini Wahyu Yuniarti, M.Med.Sc., Ph.D., Psikolog  
Universitas Gadjah Mada, 2024 | Diunduh dari <http://etd.repository.ugm.ac.id/>

- World Health organization . (1996). WHOQOL-BREF : introduction, administration, scoring and generic version of the assessment : field trial version, December 1996
- World Health Organization (WHO). (2012). WHOQOL User Manual. Retrieved from <https://www.who.int/toolkits/whoqo>
- Yuliana, V., Setiadi, A. A. P., & Paramita, J. (2019, February 8). *Validitas Kuesioner Whoqol-Bref dalam Menilai Kualitas Hidup Penderita Skizofrenia Rawat Jalan*. Repository.ubaya.ac.id. <http://repository.ubaya.ac.id/34470/>
- Yuliana, V., Setiadi, A.A.P., Paramita, J. (2019). Validitas kuesioner WHOQOL-BREF dalam menilai kualitas hidup penderita skizofrenia rawat jalan. Project Report. Fakultas Farmasi Universitas Surabaya, Surabaya.