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**The Effect of Moderate Sleep Deprivation to Working Memory Performance in Indonesian Adolescence**

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# **THE EFFECT OF MODERATE SLEEP DEPRIVATION TO WORKING MEMORY PERFORMANCE IN INDONESIAN ADOLESCENCE**

**UNDERGRADUATE THESIS**



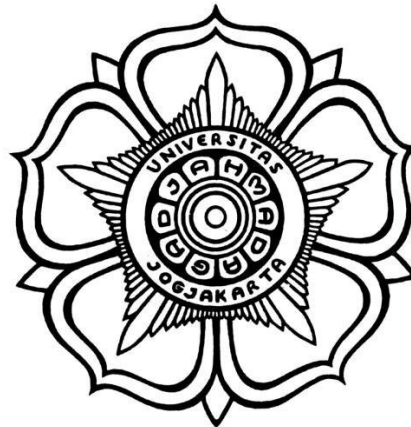
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**UNDERGRADUATE PROGRAM  
FACULTY OF PSYCHOLOGY  
UNIVERSITAS GADJAH MADA  
YOGYAKARTA  
2024**

**THE EFFECT OF MODERATE SLEEP DEPRIVATION TO WORKING MEMORY  
PERFORMANCE IN INDONESIAN ADOLESCENCE**

**UNDERGRADUATE THESIS**

Submitted to Faculty of Psychology  
Universitas Gadjah Mada  
in Partial Fulfillment of the Requirements  
for the Degree of Bachelor in Psychology



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## ENDORSEMENT PAGE

### Endorsement Page

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By:

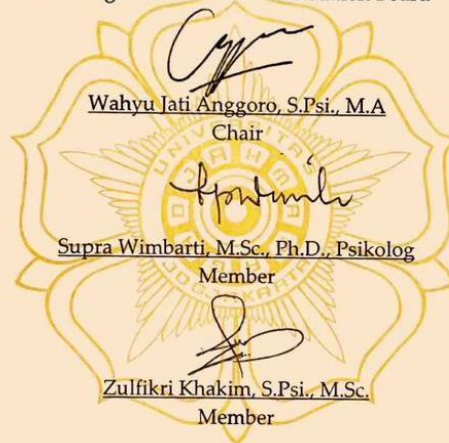
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An undergraduate thesis submitted in partial fulfillment of the requirements for the degree of Bachelor in Psychology, and it has been defended in front of Undergraduate Thesis Examination Board of Faculty of Psychology Universitas Gadjah Mada

Date: 23 January 2024

Undergraduate Thesis Examination Board



This undergraduate thesis has been accepted in partial fulfillment of the requirements for the degree of Bachelor in Psychology

Yogyakarta, 23 January 2024

Vice Dean of Academic Affairs,



Galang Lutfityanti, S.Psi., M.Psi., Ph.D., Psikolog.