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AFC Average Frustrated Chump 25, 29, 29, 30, 32, 33, 39, 39, 39, 42, 44, 60, 66, 73, 75, 75, 75, 77, 78, 97, 98, 98, 106, 113, 113, 114, 115, 115, 115, 115, 134, 147, 147, 148, 154, 170

I

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JBYP Just Be Yourself 95, 96, 96, 96, 96, 96

L

LTR Long-term Relationship 27, 27, 60, 61, 61, 61, 66, 72, 84, 90, 90, 91, 91, 104, 105, 127, 132, 133, 139, 140

LJBF Let's Just Be Friends 44, 44, 45, 45, 45, 46, 73, 74, 74, 74, 75, 79, 112, 112

LDR Long-distance Relationship 46, 46, 46, 46, 46, 46, 74, 74, 74, 74, 75, 75

M

MRA Men's Rights Activism iii, v, 8, 8, 8, 8, 9, 9, 9, ??, ??, ??, 98

MGTOW Men Going Their Own Way iii, v, 8, 9, 9, 9, 10, 10, 10, 10, 10, ??, ??, ??, ??, ??, ??

P

PUA Pick Up Artist iii, v, 8, 11, 11, 12, ??, ??, 13, 17, 18, 18, 29, 33, 34, 34, 41, 42, 47, 47, 75, 81, 81, 81, 87, 98, 100, 135, 149, 150, 150, 163

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