



Daftar Pustaka

- Abdussamad, Z. (2022). Buku Metode Penelitian Kualitatif.
- Akers, J. F., Jones, R. M., & Coyl, D. D. (1998). Adolescent friendship pairs: Similarities in identity status development, behaviors, attitudes, and intentions. *Journal of Adolescent Research*, 13(2), 178-201. <https://doi.org/10.1177/0743554898132005>
- Aronson, E., Wilson, T. D., Sommers S. R., (2019). *Social psychology. (ed. 10)*. New York: Pearson.
- Awad, A. G., & Voruganti, L. N. (2008). The burden of schizophrenia on caregivers: a review. *Pharmacoeconomics*, 26, 149-162. <https://doi.org/10.2165/00019053-200826020-00005>
- Brunner, R., Kaess, M., Parzer, P., Fischer, G., Carli, V., Hoven, C. W., & Apter, A. (2014). Life-time prevalence and psy- chosocial correlates of adolescent direct self-injurious behavior: A comparative study of findings in 11 European countries. *Journal of Child Psychology and Psychiatry*, 55(4), 337–348. <https://doi.org/10.1111/jcpp.12166>
- Calvete, E., Orue, I., Aizpuru, L., & Brotherton, H. (2015). Prevalence and functions of non-suicidal self-injury in Spanish adolescents. *Psychotema*, 27, 223–228.
- Creswell, J. W., & Poth, C. N. (2016). *Qualitative inquiry and research design: Choosing among five approaches (ed. 4)*. Sage publications
- Curtis, S., Thorn, P., McRoberts, A., Hetrick, S., Rice, S., & Robinson, J. (2018). Caring for young people who self-harm: A review of perspectives from families and young people. *International journal of environmental research and public health*, 15(5), 950. <https://doi.org/10.3390/ijerph15050950>
- Dunbar, R. I. M., and M. Spoons. (1995). “Social Networks, Support Cliques, and Kinship.” *Human Nature* 6: 273–290. <https://doi.org/10.1007/BF02734142>
- Gallace, A., & Spence, C. (2010). The science of interpersonal touch: An overview. *Neuroscience & Biobehavioral Reviews*, 34, 246–259. <https://doi.org/10.1016/j.neubiorev.2008.10.004>
- Gazzaniga, M., Heatherton T., Halpern D. (2016). *Psychological Science (ed. 5)*. New York: WW Norton & Company.
- Gupta, R., Pillai, V. K., & Levy, E. F. (2012). Relationship quality and elder caregiver burden in India. *Journal of Social Intervention: Theory and Practice*, 21(2), 39-62. <https://doi.org/10.18352/jsi.285>
- Gyori, D., Farkas, B. F., Horvath, L. O., Komaromy, D., Meszaros, G., Szentivanyi, D., & Balazs, J. (2021). The association of non- suicidal self-injury with quality of life and mental disorders in clinical adolescents – A network approach. *International Journal of Environmental Research and Public Health*, 18, 1840. <https://doi.org/10.3390/ijerph18041840>
- Fadhilah, N. M. (2014). Dinamika emosi pada remaja dari keluarga yang bercerai. *Jurnal Psikosain*, 9(2), 101–112.



- Fisher, K., Fitzgerald, J., & Tuffin, K. (2017). Peer Responses to Non-Suicidal Self-Injury: Young Women Speak About the Complexity of the Support-Provider Role. *New Zealand Journal of Psychology*, 46(3).
- Fitzpatrick, S., Kranzler, A., Fehling, K., Lindqvist, J., & Selby, E. A. (2020). Investigating the role of the intensity and duration of self-injury thoughts in self-injury with ecological momentary assessment. *Psychiatry research*, 284, 112761. <https://doi.org/10.1016/j.psychres.2020.112761>
- Hall, S., & Melia, Y. (2022). I Just Pulled Myself Together and Realised I had to be Responsible: Adolescents' Experiences of Having a Friend Who Self-Harms. In *Child & Youth Care Forum* (Vol. 51, No. 2, pp. 291-311). New York: Springer US. <https://doi.org/10.1007/s10566-021-09629-x>
- Hooley, J. M., & Franklin, J. C. (2018). Why do people hurt themselves? A new conceptual model of nonsuicidal self-injury. *Clinical psychological science*, 6(3), 428-451. <https://doi.org/10.1177/2167702617745641>
- Hofstede, G. (2001). *Culture's consequences: Comparing values, behaviors, institutions and organizations across nations*. Sage.
- Larkin, M., Flowers, P., & Smith, J. A. (2021). Interpretative phenomenological analysis: Theory, method and research. *Interpretative Phenomenological Analysis*, 1-100.
- Lazarus, R. S., & Folkman, S. (1984). *Stress, appraisal, and coping*. Springer publishing company.
- Liu, Z., Heffernan, C., & Tan, J. (2020). Caregiver burden: A concept analysis. *International journal of nursing sciences*, 7(4), 438-445. <https://doi.org/10.1016/j.ijnss.2020.07.012>
- Lu, Y. F. Y., & Wykle, M. (2007). Relationships between caregiver stress and self-care behaviors in response to symptoms. *Clinical Nursing Research*, 16(1), 29-43. <https://doi.org/10.1177/1054773806295238>
- Klonsky, E. D., Victor, S. E., & Saffer, B. Y. (2014). Nonsuicidal self-injury: What we know, and what we need to know. *The Canadian Journal of Psychiatry*, 59, 565–568. <https://doi.org/10.1177/070674371405901101>
- Mars, B., Heron, J., Klonsky, E. D., Moran, P., O'Connor, R. C., Tilling, K., ... & Gunnell, D. (2019). Predictors of future suicide attempt among adolescents with suicidal thoughts or non-suicidal self-harm: a population-based birth cohort study. *The Lancet Psychiatry*, 6(4), 327-337. [https://doi.org/10.1016/S2215-0366\(19\)30030-6](https://doi.org/10.1016/S2215-0366(19)30030-6)
- Meszaros, G., Horvath, L. O., & Balazs, J. (2017). Self-injury and externalizing pathology: a systematic literature review. *BMC psychiatry*, 17(1), 1-21. <https://doi.org/10.1186/s12888-017-1326->
- Nock, M. K. (2010). Self-injury. *Annual review of clinical psychology*, 6, 339-363. <https://doi.org/10.1146/annurev.clinpsy.121208.131258>
- Park, J. Y. E., Tracy, C. S., & Gray, C. S. (2022). Mobile phone apps for family caregivers: a scoping review and qualitative content analysis. *Digital Health*, 8. <https://doi.org/10.1177/20552076221076672>
- Reichardt, J. (2016). Exploring school experiences of young people who have self-harmed: How can schools help? *Educational and Child Psychology*, 33(4), 28–39.



- Samovar, L. Porter, R. & Stefani, L. (2000). *Communication between cultures*. Beijing: Foreign Language Teaching and Research Press.
- Santrock, J. W. (2018). *A topical approach life to span development (ed. 9)*. New York: McGraw-Hill Education.
- Shaughnessy, J. J., Zechmeister, E. B., & Zechmeister, J. S. (2015). *Research methods in psychology*. McGraw-Hill.
- Silva, E., Machado, B. C., Moreira, C. S., Ramalho, S., & Gonçalves, S. (2017). Romantic relationships and nonsuicidal self-injury among college students: The mediating role of emotion regulation. *Journal of Applied Developmental Psychology*, 50, 36-44. <https://doi.org/10.1016/j.appdev.2017.04.001>
- Simone, A. C., & Hamza, C. A. (2020). Examining the disclosure of nonsuicidal self-injury to informal and formal sources: A review of the literature. *Clinical psychology review*, 82, 101907. <https://doi.org/10.1016/j.cpr.2020.101907>
- Simone, A. C., Yu, S., & Hamza, C. A. (2022). Understanding experiences of disclosing and receiving disclosures of nonsuicidal self-injury amongst peers in university: A qualitative investigation. *Counselling Psychology Quarterly*, 36(4), 615-637. <https://doi.org/10.1016/j.cpr.2020.101907>
- Smith, J. A., & Osborn, M. (2015). Interpretative phenomenological analysis as a useful methodology for research on the lived experience of pain. *British journal of pain*, 9(1), 41-42. <https://doi.org/10.1177/2049463714541642>
- Sugiyono. (2016). *Metode Penelitian Kuantitatif Kualitatif dan R&D*. Bandung: Alfabeta.
- Vatter, S., & Leroi, I. (2022). Resilience in people with lewy body disorders and their care partners: association with mental health, relationship satisfaction, and care burden. *Brain Sciences*, 12(2), 148. <https://doi.org/10.3390/brainsci12020148>
- Wolff, J. C., Thompson, E., Thomas, S. A., Nesi, J., Bettis, A. H., Ransford, B., Scopelliti, K., Frazier, E. A., & Liu, R. T. (2019). Emotion dysregulation and non-suicidal self-injury: A systematic review and meta-analysis. *European Psychiatry*, 59, 25–36. <https://doi.org/10.1016/j.eurpsy.2019.03.004>