

- Abdullah, I. (2002). *Mitos Menstruasi: Konstruksi Budaya Atas Realitas Gender*. Gadjah Mada University.
- Al Islamiyah, A.I., 2018. *Konstruksi identitas fujoshi di media sosial instagram: studi kasus korean lovers di Surabaya* (Doctoral dissertation, UIN Sunan Ampel Surabaya).
- Alderman, R. B. (1974). The Alberta Incentive Motivation Inventory. *Edmonton: University of Alberta*.
- Amal, A.A., 2018. *Kesetaraan gender wanita pendaki Gunung di Jawa Timur studi tentang feminis eksistensialis Simone De Beauvoir* (Doctoral dissertation, UIN Sunan Ampel Surabaya).
- Anna, L. K. (2017). Melepas Stress dengan Mendaki Gunung
- Aries, E. 1996. *Men and Women in Interaction*. New York: Oxford University Press
- Ayun, P.Q., 2015. Fenomena remaja menggunakan media sosial dalam membentuk identitas. *Jurnal Channel*, 3(2), pp.1-16.
- Bahaeloo-Horeh, S., & Assari, S. (2008). Students experience self-esteem improvement during mountaineering. *Wilderness & Environmental Medicine*, 19(3), 181-185.
- Berger, P., & Luckmann, T. (2023). The social construction of reality. In *Social theory re-wired* (pp. 92-101). Routledge.
- Cahyono, A.S., 2016. Pengaruh media sosial terhadap perubahan sosial masyarakat di Indonesia. *Jurnal Publiciana*, 9(1), pp.140-157.
- Clifford Allbutt, ‘On the Health and Training of Mountaineers’, *Alpine Journal* 8 (1878): 30–40.
- Cooky, C., Messner, M. A., & Hextrum, R. H. (2013). Women play sport, but not on TV: A longitudinal study of televised news media. *Communication & Sport*, 1, 203–230. doi:10.1177/ 2167479513476947.
- Creswell, John W. 1994. *Research Design: Qualitative & Quantitative Approach*. Thousand Oaks, London, New Delhi: Sage.

Geoffrey Winthrop Young, ‘Pidato Perpisahan’, *Alpine Journal* 54 (1944): 236.

Hajaroh, M., 2010. Paradigma, Pendekatan dan Metode Penelitian Fenomenologi. *Jurnal Pendidikan Universitas Negeri Yogyakarta*, pp.1-21

Harrison Jr, L., Lee, A. M., & Belcher, D. (1999). Race and gender differences in sport participation as a function of self-schema. *Journal of sport and social issues*, 23(3), 287-307.

Herdiansyah, H. (2016). *Gender dalam Perspektif Psikologi*. Jakarta: Salemba Humanika.

Ikhsan, M.Z., 2014. *Kiprah Pendaki Perempuan Di Unit Kegiatan Mahasiswa Pecinta Alam Wanala Universitas Airlangga Surabaya Dan Relevansinya Dengan Feminisme* (Doctoral dissertation, UIN Sunan Ampel Surabaya).

John W. Creswell. (1998). *Qualitative Inquiry And Research Design: Choosing Among Five Traditions*. London: SAGE Publications.

Julius Meurer, ‘Sketches from the Dolomites’, *Alpine Journal* 13 (1888): 20

Komarudin. 2015. *Psikologi Olahraga*. Bandung: PT Remaja Rosdakarya.

Kothari, C. R. (2004). *Research Methodology*. New Age International Ltd Publisher.

Kreutzmann, H. (2006). People and mountains: Perspectives on the human dimension of mountain development. *GLOBAL ENVIRONMENTAL RESEARCH-ENGLISH EDITION*-, 10(1), 49.

Ladies, P. P. (2009). *A Selection from the Early Journals of Britain’s First Women’s Rock Climbing Club*.

Langewisch, M. W. J., & Frisch, G. R. (1998). Gambling Behavior and Pathology in Relation to Impulsivity Sensation Seeking and Risky Behavior

Larasati, A. B. (1993). Risk Taking Behavior. Makalah Seminar Sehari “Manajemen Risiko” Dari Petualangan Sampai Dunia Kerja. Yogyakarta: Fakultas Psikologi Universitas Gadjah Mada.

Laughey, Dan. (2007). *Key Themes In Media theory*.

Littlejohn, S. W. (2002). *Theories of human communications*. California: Wadsworth Publishing Company.

Lupton, Deborah, 1994. *Medicine as Culture: Illness, Disease, and the Body in Western Societies*. London: SAGE Publications.

Mahadewi, N.M.A.S., PEREMPUAN PECINTA ALAM SEBAGAI WUJUD EKOFEMINISME. *Jurnal Ilmiah Widya Sosiopolitika*, 1(1), pp.36-45.

McLeroy, K. R., Bibeau, D., Steckler, A., & Glanz, K. (1988). An ecological perspective on health promotion programs. *Health Education Quarterly*, 15(4), 351–377.  
<https://doi.org/10.1177/10901981880150040>

Moore, Henrietta. 1998. *Feminisme dan Antropologi*, terjemahan Tim Proyek Studi Gender dan Pembangunan. FISIP UI. Jakarta: Obor.

Moraldo, D. (2020). Women and Excellence in Mountaineering from the Nineteenth Century to the Present. *The international journal of the history of sport*, 37(9), 727-747.

Morris, David B., 1993. *Culture of Pain*. Berkeley: University of California Press.

Moscoso-Sánchez, D. (2008). The social construction of gender identity amongst mountaineers. *European Journal for Sport and Society*, 5(2), 187-194.

Nurhayati, E. (2018). Psikologi perempuan dalam berbagai perspektif.

Paimboeuf, ‘Les Femmes Alpinistes (1870-1910)’, 28.

Paimboeuf, F. (1910). Les femmes alpinistes: itinéraires et statut au sein du microcosme alpin (1870-1910). *Women Mountaineers: Itineraries and Status within the Alpine Microcosm (1870*.

Pedersen, D. M. (1997). *Perception of High Risk Sport, Perceptual and Motor Skills*.

Pedersen, D. M. (1997). *Perception of High Risk Sport, Perceptual and Motor Skills*

Perempuan Indonesia Pendaki Pertama Gunung Everest. (2020).  
<https://jasling.menlhk.go.id/berita-dan-artikel/artikel/perempuan-indonesia-pendaki-pertama-gunung-everest>

Prastowo, F. R., & Al Rasyid, A. H. (2019). *Nasionalisme di Puncak Gunung: Etnografi Komunitas Pemuda Pecinta Alam dalam Wacana Ecosophy dan Gerakan Lingkungan di Malang. Jurnal Studi Pemuda Volume 8 Nomor 2*, 118-126

Presumptuous Pinnacle Ladies: A Selection from the Early Journals of Britain’s First Women’s Rock Climbing Club (Disley: Millrace, 2009).

Rahman, F. A., Kristiyanto, A., & Sugiyanto, S. (2017). Motif, motivasi, dan manfaat aktivitas pendakian gunung sebagai olahraga rekreasi masyarakat. *Multilateral: Jurnal Pendidikan Jasmani dan Olahraga*, 16(2).

Ridgeway, C.L. 1993. “Gender, status, and the social psychology of expectations,” in Paula England (ed.), *Theory on Gender/Gender on Feminism*. New York: Aldine de Gruyter, pp. 175-198

Rizkiyah, E., Susanto, N., & WP, S. N. (2016). Perbedaan Persepsi Risiko Ditinjau Dari Gender Pada Kegiatan Pendakian Gunung. *Industrial Engineering Online Journal*, 5(4).

Roche, C. (2013). Women climbers 1850–1900: A challenge to male hegemony?. *Sport in history*, 33(3), 236-259.

Rohmaniyah, Inayah. (2009). Gender dan Konstruksi Perempuan dalam Agama. *Jurnal Studi Ilmu-ilmu al-Qur’an dan Hadits*. Vol. 10. No. 2. Juli.

Seno, A. (2004). *Sejarah Pendakian Gunung dan Panjat Tebing*.

Siswoko, P. (2016). *Pengaruh Pesan Film 5 Cm Terhadap Minat Pendakian Gunung Semeru Pada Pendaki Pemula* (Doctoral dissertation, Universitas Brawijaya).

Soule, B., Lefevre, B., Boutroy, E., Reynier, V., Roux, F., & Corneloup, J. (2014). Accidentology of mountain sports: Situation review & diagnosis. PETZL Foundation, 1- 47.

Spock, B. (1946). *The pocket book of baby and child care*.

Stoddart, M. C. (2011). Constructing masculinized sportscapes: Skiing, gender and nature in British Columbia, Canada. *International Review for the Sociology of Sport*, 46(1), 108-124.

Subhan, Zaitunah. (2015). *Al-Qur'an dan Perempuan: Menuju Kesenjangan Gender dalam Penafsiran*. Jakarta: Prenada Media Group.

Sherry, E., Osborne, A., & Nicholson, M. (2016). Images of sports women: A review. *Sex Roles*, 74, 299-309.

Tailland, M. (2008). L'Alpine Club, 1857-1914. *L'invention de l'alpinisme: la montagne et l'affirmation de la bourgeoisie cultivée (1786-1914)*, Paris, Belin, 29-74.

Tulle, E. (2022). Rising to the Gender Challenge in Scotland: Women's Embodiment of the Disposition to be Mountaineers. *International Review for the Sociology of Sport*, 57(8), 1301-1320.

Utami, H. P. (2020). Konstruksi Identitas dan Pencarian Sensasi Pada Pengalaman Perempuan Pendaki Gunung (Studi Pada Perempuan Pendaki di Komunitas Wanita dan Gunung).

Vitalia, I. L. (2016). Using the „mountain” metaphor to increase self-efficacy. *Current Trends in Natural Sciences*, 5(10), 123-126.

Waruwu, M. (2023). Pendekatan penelitian pendidikan: metode penelitian kualitatif, metode penelitian kuantitatif dan metode penelitian kombinasi (Mixed Method). *Jurnal Pendidikan Tambusai*, 7(1), 2896-2910.

West, C. and Frenstermaker, S. 1993. “Power, inequality and the accomplishment of gender: An ethnomethodological view,” in Paula England (ed.), *Theory on Gender/Feminism in Theory*. New York: Aldine De Gruyter

Wharton, A. (2011). *The Sociology of Gender* (2nd ed.). Wiley. Retrieved from <https://www.perlego.com/book/1011942/the-sociology-of-gender-an-introduction-to-theory-and-research-pdf> (Original work published 2011)

Wheaton, B. (2014). Introducing the consumption and representation of lifestyle sports. In *The consumption and representation of lifestyle sports* (pp. 1-25). Routledge.

Wibowo, H. T. (2018). Dua Pendaki Wanita Indonesia Cetak Sejarah Baru Seven Summits.

Zubeir, Rusdi. (2018). Gender dalam Perspektif Islam. *An Nisa'a*, Vol. 7, No. 2. Dalam <http://jurnal.radenfatah.ac.id/index.php/annisa/article/view/847>.