

INTISARI

Kesadaran tentang praktik kebersihan mulut yang baik di kalangan mahasiswa bermanfaat dalam upaya peningkatan status kesehatan gigi dan mulut bagi dirinya sendiri dan masyarakat. Mahasiswa Program Studi Higiene Gigi dan Mahasiswa Program Studi Ilmu Keperawatan sebagai mahasiswa kesehatan memiliki peran dalam meningkatkan kesehatan dan mewujudkan Tujuan Indonesia Sehat. Tujuan penelitian ini adalah untuk mengetahui perbedaan kesadaran tentang praktik kebersihan gigi dan mulut antara mahasiswa Program Studi Higiene Gigi dengan mahasiswa Program Studi Ilmu Keperawatan tahun pertama di Universitas Gadjah Mada.

Jenis penelitian ini menggunakan rancangan *cross sectional*. Subjek penelitian berjumlah 171 mahasiswa, terdiri dari 49 mahasiswa Program Studi Higiene Gigi dan 122 mahasiswa Program Studi Ilmu Keperawatan. Penelitian diukur dengan kuesioner dan dianalisis secara statistik dengan uji *Chi Square* dan uji *Fisher Freeman Halton*.

Hasil penelitian menunjukkan terdapat perbedaan kesadaran tentang praktik kebersihan gigi dan mulut pada dua kelompok mahasiswa ($p < 0,05$). Kesimpulan penelitian ini adalah terdapat perbedaan kesadaran tentang praktik kebersihan gigi dan mulut antara mahasiswa Program Studi Higiene Gigi dengan mahasiswa Program Studi Ilmu Keperawatan tahun pertama angkatan 2023 di Universitas Gadjah Mada.

Kata Kunci: Kesadaran praktik kebersihan gigi dan mulut, mahasiswa higiene gigi, mahasiswa keperawatan

ABSTRACT

Awareness of good oral hygiene practices among students was useful in efforts to improve the dental and oral health status for themselves and the community. Dental Hygiene Study Program students and Nursing Science Study Program students as health students played a role in improving health and realizing the Healthy Indonesia Goal. The aim of this research was to determine the difference in awareness about dental and oral hygiene practices between Dental Hygiene Study Program students and first year Nursing Science Study Program students at Gadjah Mada University.

This type of research used a *cross sectional* plan. The research subjects were 171 students, consisting of 49 students from the Dental Hygiene Study Program and 122 students from the Nursing Science Study Program. The research was measured using a questionnaire and analyzed statistically using the *Chi Square* test and *Fisher Freeman Halton* test.

The results of the study showed that there were differences in awareness about dental and oral hygiene practices in the two groups of students ($p < 0.05$). The conclusion of this research was that there is a difference in awareness about dental and oral hygiene practices between students of the Dental Hygiene Study Program and students of the first year Nursing Study Program class of 2023 at Gadjah Mada University.

Keywords: Awareness of dental and oral hygiene practices, dental hygiene students, nursing students