

Daftar Pustaka

- Afrilianto, Y., & Fikry, Z. (2021). Kontribusi Wisdom Terhadap Resiliensi pada Mahasiswa S-1 yang Sedang Mengerjakan Skripsi di Indonesia. *Jurnal Pendidikan Tambusai*, 5(2), 2694-2700.
<https://doi.org/10.31004/jptam.v5i2.1278>
- Ardelt, M. (2003). Empirical assessment of a three-dimensional wisdom scale. *Research on aging*, 25(3), 275-324.
<https://doi.org/10.1177/0164027503025003004>
- Ardelt, M., & Edwards, C. A. (2016). Wisdom at the end of life: An analysis of mediating and moderating relations between wisdom and subjective well-being. *Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, 71(3), 502-513. <https://doi.org/10.1093/geronb/gbv051>
- Ardelt, M., & Oh, H. (2016). Theories of wisdom and aging. In Bengtson, V. L., & Settersten Jr, R. (Ed.), *Handbook of theories of aging*, (3th ed., pp 599-619). Springer Publishing
- Ardelt, M., & Ferrari, M. (2019). Effects of wisdom and religiosity on subjective well-being in old age and young adulthood: Exploring the pathways through mastery and purpose in life. *International Psychogeriatrics*, 31(4), 477-489.
<https://doi.org/10.1017/S1041610218001680>
- Ardelt, M., Gerlach, K. R., & Vaillant, G. E. (2018). Early and midlife predictors of wisdom and subjective well-being in old age. *The Journals of Gerontology: Series B*, 73(8), 1514-1525.
<https://doi.org/10.1093/geronb/gby017>
- Ardelt, M., & Ferrari, M. (2019). Effects of wisdom and religiosity on subjective well-being in old age and young adulthood: Exploring the pathways through mastery and purpose in life. *International Psychogeriatrics*, 31(4), 477-489.
<https://doi.org/10.1017/S1041610218001680>



- Arnett, J. J. (2000). Emerging adulthood: A theory of development from the late teens through the twenties. *American psychologist*, 55(5), 469. <https://doi.org/10.1037/0003-066X.55.5.469>
- Auerbach, R. P., Mortier, P., Bruffaerts, R., Alonso, J., Benjet, C., Cuijpers, P., Demyttenaere, K., Ebert, D. D., Green, J. G., Hasking, P., Murray, E., Nock, M. K., Pinder-Amaker, S., Sampson, N. A., Stein, D. J., Vilagut, G., Zaslavsky, A. M., Kessler, R. C., & WHO WMH-ICS Collaborators. (2018). WHO World Mental Health Surveys International College Student Project: Prevalence and distribution of mental disorders. *Journal of Abnormal Psychology*, 127(7), 623–638. <https://doi.org/10.1037/abn0000362>
- Baltes, P. B., & Staudinger, U. M. (2000). Wisdom: A metaheuristic (pragmatic) to orchestrate mind and virtue toward excellence. *American Psychologist*, 55(1), 122–136. <https://doi.org/10.1037/0003-066X.55.1.122>
- Beaton, D. E., Bombardier, C., Guillemin, F., & Ferraz, M. B. (2000). Guidelines for the process of cross-cultural adaptation of self-report measures. *Spine*, 25(24), 3186-3191. <https://doi.org/10.1097/00007632-200012150-00014>
- Bergsma, A., & Ardel, M. (2012). Self-reported wisdom and happiness: An empirical investigation. *Journal of happiness studies*, 13, 481-499. <https://doi.org/10.1007/s10902-011-9275-5>
- Brienza, J. P., Kung, F. Y. H., Santos, H. C., Bobocel, D. R., & Grossmann, I. (2018). Wisdom, bias, and balance: Toward a process-sensitive measurement of wisdom-related cognition. *Journal of Personality and Social Psychology*, 115(6), 1093–1126. <https://doi.org/10.1037/pspp0000171>
- Bruffaerts, R., Mortier, P., Kiekens, G., Auerbach, R. P., Cuijpers, P., Demyttenaere, K., ... & Kessler, R. C. (2018). Mental health problems in college freshmen: Prevalence and academic functioning. *Journal of affective disorders*, 225, 97-103. <https://doi.org/10.1016/j.jad.2017.07.044>
- Campbell, B. (1998). *Human Evolution: An Introduction to Man's Adaptations* (4th ed.). Routledge. <https://doi.org/10.4324/9780203789537>
- Chiupka, C. A., Moscovitch, D. A., & Bielak, T. (2012). In vivo activation of anticipatory vs. post-event autobiographical images and memories in social

- anxiety. *Journal of Social and Clinical Psychology*, 31(8), 783-809
<https://doi.org/10.1521/jscp.2012.31.8.783>
- Collie, R. J., Holliman, A. J., & Martin, A. J. (2017). Adaptability, engagement and academic achievement at university. *Educational Psychology*, 37(5), 632-647. <https://doi.org/10.1080/01443410.2016.1231296>
- Csikszentmihalyi, M., & Rathunde, K. (1990). The psychology of wisdom: An evolutionary interpretation. In R. Sternberg (Ed.), *Wisdom: Its Nature, Origins, and Development* (pp. 25-51). Cambridge University Press.
<https://doi:10.1017/CBO9781139173704.004>
- Cvetkovski, S., Reavley, N. J., & Jorm, A. F. (2012). The prevalence and correlates of psychological distress in Australian tertiary students compared to their community peers. *Australian & New Zealand Journal of Psychiatry*, 46(5), 457-467. <https://doi.org/10.1177/0004867411435290>
- Diener, E. D., Emmons, R. A., Larsen, R. J., & Griffin, S. (1985). The satisfaction with life scale. *Journal of personality assessment*, 49(1), 71-75.
https://doi.org/10.1207/s15327752jpa4901_13
- Dong, M., Weststrate, N. M., & Fournier, M. A. (2023). Thirty years of psychological wisdom research: What we know about the correlates of an ancient concept. *Perspectives on Psychological Science*, 18(4), 778-811.
<https://doi.org/10.1177/17456916221114096>
- Dorfman, A., Moscovitch, D. A., Chopik, W. J., & Grossmann, I. (2022). None the wiser: Year-long longitudinal study on effects of adversity on wisdom. *European Journal of Personality*, 36(4), 559-575.
- Etezadi, S., & Pushkar, D. (2013). Why are wise people happier? An explanatory model of wisdom and emotional well-being in older adults. *Journal of happiness studies*, 14, 929-950. <https://doi.org/10.1007/s10902-012-9362-2>
- Feraco, T., Sella, E., Meneghetti, C., & Cona, G. (2023). Adapt, Explore, or Keep Going? The Role of Adaptability, Curiosity, and Perseverance in a Network of Study-Related Factors and Scholastic Success. *Journal of Intelligence*, 11(2), 34. <https://doi.org/10.3390/jintelligence11020034>



- Ferrari, M., & Alhosseini, F. (2019). Cultural differences in wisdom and conceptions of wisdom. In R. J. Sternberg & J. Glück (Eds.), *The Cambridge handbook of wisdom* (pp. 409–428). Cambridge University Press. <https://doi.org/10.1017/9781108568272.019>
- Gavric, D., Moscovitch, D. A., Rowa, K., & McCabe, R. E. (2017). Post-event processing in social anxiety disorder: Examining the mediating roles of positive metacognitive beliefs and perceptions of performance. *Behaviour Research and Therapy*, *91*, 1-12. <https://doi.org/10.1016/j.brat.2017.01.002>
- Glück, J. (2018). Measuring wisdom: Existing approaches, continuing challenges, and new developments. *The Journals of Gerontology: Series B*, *73*(8), 1393-1403. <https://doi.org/10.1093/geronb/gbx140>
- Glück, J., Bluck, S., Baron, J., & McAdams, D. (2005). The wisdom of experience: Autobiographical narratives across adulthood. *International Journal of Behavioral Development*, *29*, 197–208. <https://doi.org/10.1080/01650250444000504>
- Glück, J., Bluck, S., & Weststrate, N. M. (2019). More on the MORE life experience model: What we have learned (so far). *The Journal of Value Inquiry*, *53*, 349-370. <https://doi.org/10.1007/s10790-018-9661-x>
- Grossmann I., Weststrate N. M., Ardelt M., Brienza J. P., Dong M., Ferrari M., Fournier M. A., Hu C. S., Nusbaum H. C., Vervaeke J. (2020). The science of wisdom in a polarized world: Knowns and unknowns. <https://doi.org/10.1080/1047840X.2020.1750917>
- Holliman, A. J., Sheriston, L., Martin, A. J., Collie, R. J., & Sayer, D. (2019). Adaptability: does students' adjustment to university predict their mid-course academic achievement and satisfaction?. *Journal of Further and Higher Education*, *43*(10), 1444-1455. <https://doi.org/10.1080/0309877X.2018.1491957>
- Holliman, A. J., Waldeck, D., Jay, B., Murphy, S., Atkinson, E., Collie, R. J., & Martin, A. (2021). Adaptability and social support: Examining links with psychological wellbeing among UK students and non-students. *Frontiers in Psychology*, *205*. <https://doi.org/10.3389/fpsyg.2021.636520>

- Hutajulu, I. N. A., & Suhariadi, F. (2021). Hubungan antara Social Support dengan Career Adaptability pada Mahasiswa Tingkat Akhir. *Buletin Riset Psikologi Dan Kesehatan Mental (BRPKM)*, 1(2), 1444–1450. <https://doi.org/10.20473/brpkm.v1i2.30893>
- Iliescu, D. (2017). Dealing with Bias. In Iliescu, D. (Ed.), *Adapting Tests in Linguistic and Cultural Situations* (Educational and Psychological Testing in a Global Context, pp. 229-324). Cambridge University Press.
- Indati, A., Adiyanti, M. G., & Ramdhani, N. (2019). Peran Wisdom terhadap Life Satisfaction pada Lansia. *Gadjah Mada Journal of Psychology (GamaJoP)*, 5(1), 60-69. <https://doi.org/10.22146/gamajop.47176>
- Intani, Z. F., & Indati, A. (2017). Peranan Wisdom terhadap Subjective Well-Being pada Dewasa Awal. *Gadjah Mada Journal of Psychology (GamaJoP)*, 3(3), <https://doi.org/10.22146/gamajop.44105>
- Krause, N. (2016). Assessing the relationships among wisdom, humility, and life satisfaction. *Journal of Adult Development*, 23(3), 140-149. <https://doi.org/10.1007/s10804-016-9230-0>
- Kütük, H., Hatun, O., Ekşi, H., & Ekşi, F. (2022). Investigation of the Relationships Between Mindfulness, Wisdom, Resilience and Life Satisfaction in Turkish Adult Population. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 1-16. <https://doi.org/10.1007/s10942-022-00468-w>
- Lavrakas, P. J. (2008). *Encyclopedia of survey research methods*. Sage publications.
- Leeman, T. M. (2020). *Investigating the relationship between wisdom, intelligence, age, and gender and the role of mediators and moderators: an Australian setting* (Disertasi). <https://research.usq.edu.au/item/q6qqx>
- Lemeshow, S., Hosmer, D.W., Klar, J. L. S., & Lwanga S.K. (1990). Adequacy of sample size in health studies (ed. 1). World Health Organizations
- Lindbergh, C. A., Dishman, R. K., & Miller, L. S. (2016). Functional disability in mild cognitive impairment: A systematic review and meta-analysis. *Neuropsychology review*, 26, 129-159. <https://doi.org/10.1007/s11065-016-9321-5>



- Linden, M. (2014). Promoting Resilience and Well-being with Wisdom and Wisdom Therapy. In: Fava, G., Ruini, C. (eds) *Increasing Psychological Well-being in Clinical and Educational Settings. Cross-Cultural Advancements in Positive Psychology*, vol 8. Springer, Dordrecht. https://doi.org/10.1007/978-94-017-8669-0_5
- Loevinger, J. (1966). The meaning and measurement of ego development. *American Psychologist*, 21(3), 195–206. <https://doi.org/10.1037/h0023376>
- Lyubomirsky, S., & Nolen-Hoeksema, S. (1995). Effects of self-focused rumination on negative thinking and interpersonal problem solving. *Journal of Personality and Social Psychology*, 69(1), 176–190. <https://doi.org/10.1037/0022-3514.69.1.176>
- Mackey, J. D., Ellen III, B. P., Hochwarter, W. A., & Ferris, G. R. (2013). Subordinate social adaptability and the consequences of abusive supervision perceptions in two samples. *The Leadership Quarterly*, 24(5), 732-746. <https://doi.org/10.1016/j.leaqua.2013.07.003>
- Maggiori, C., Johnston, C. S., Krings, F., Massoudi, K., & Rossier, J. (2013). The role of career adaptability and work conditions on general and professional well-being. *Journal of Vocational Behavior*, 83(3), 437-449. <https://doi.org/10.1016/j.jvb.2013.07.001>
- Margolis, S., Schwitzgebel, E., Ozer, D. J., & Lyubomirsky, S. (2019). A new measure of life satisfaction: *The Riverside Life Satisfaction Scale*. *Journal of personality assessment*, 101(6), 621-630. <https://doi.org/10.1080/00223891.2018.1464457>
- Martin, A. J., Nejad, H. G., Colmar, S., & Liem, G. A. D. (2013). Adaptability: How students' responses to uncertainty and novelty predict their academic and non-academic outcomes. *Journal of Educational Psychology*, 105(3), 728. <https://doi.org/10.1037/a0032794>
- Martin, A. J., Nejad, H. G., Colmar, S., Liem, G. A. D., & Collie, R. J. (2015). The role of adaptability in promoting control and reducing failure dynamics: A mediation model. *Learning and Individual Differences*, 38, 36–43. doi:[10.1016/j.lindif.2015.02.004](https://doi.org/10.1016/j.lindif.2015.02.004)



- Montgomery, A., Barber, C., & McKee, P. (2002). A phenomenological study of wisdom in later life. *The International Journal of Aging and Human Development*, 54(2), 139-157. <https://doi.org/10.2190/28E3-ANPT-UEED-92WF>
- Mudzaky, B. (2021, September, 01). Takut Gagal Skripsi, Mahasiswa di Malang Nyaris Lompat Jembatan. Radarmalang.jawapos.com. <https://radarmalang.jawapos.com/malang-raya/kota-malang/01/09/2021/takut-gagal-skripsi-mahasiswa-di-malang-nyaris-lompat-dari-jembatan/>
- Müller, M. L. (2014). The development of life satisfaction: does personality matter? A fiveyear longitudinal study (Thesis). <https://purl.utwente.nl/essays/64907>
- Murphy, J. G., McDevitt-Murphy, M. E., & Barnett, N. P. (2005). Drink and be merry? Gender, life satisfaction, and alcohol consumption among college students. *Psychology of addictive behaviors*, 19(2), 184. <https://doi.org/10.1037/0893-164X.19.2.184>
- Ng, Z. J., Huebner, E. S., Hills, K. J., & Valois, R. F. (2018). Mediating effects of emotion regulation strategies in the relations between stressful life events and life satisfaction in a longitudinal sample of early adolescents. *Journal of school psychology*, 70, 16-26. <https://doi.org/10.1016/j.jsp.2018.06.001>
- Novanto, Y., Handoyo, S., & Setiawan, J. L. (2022). Predicting the life satisfaction of Indonesian Christian employees: Examining the role of religiosity, perceived organizational support, and meaningful work. *Jurnal Psikologi Ulayat*, 9(1), 116–141. <https://doi.org/10.24854/jpu189>
- Overdale, S., & Gardner, D. (2012). Social support and coping adaptability in initial military training. *Military Psychology*, 24(3), 312-330. <https://doi.org/10.1080/08995605.2012.678243>
- Park, C. L., Edmondson, D., & Lee, J. (2012). Development of self-regulation abilities as predictors of psychological adjustment across the first year of college. *Journal of Adult Development*, 19, 40-49. <https://doi.org/10.1007/s10804-011-9133-z>



- Putri, A. F. (2019). Pentingnya orang dewasa awal menyelesaikan tugas perkembangannya. *SCHOULID: Indonesian Journal of School Counseling*, 3(2), 35-40 <https://doi.org/10.23916/08430011>
- Proctor, C. L., Linley, P. A., & Maltby, J. (2009). Youth life satisfaction: A review of the literature. *Journal of Happiness Studies: An Interdisciplinary Forum on Subjective Well-Being*, 10(5), 583–630. <https://doi.org/10.1007/s10902-008-9110-9>
- Raharja, B. N., & Indati, A. (2018). Kebijakan dan kepuasan hidup pada remaja. *Gadjah Mada Journal of Psychology (GamaJoP)*, 4(2), 96-104. <https://doi.org/10.22146/gamajop.46354>
- Rezaei, A., & Mousanezhad Jeddi, E. (2020). Relationship between wisdom, perceived control of internal states, perceived stress, social intelligence, information processing styles and life satisfaction among college students. *Current Psychology*, 39(3), 927-933. <https://doi.org/10.1007/s12144-018-9804-z>
- Rosdianti, W. A. (2021). *Peran clutter dan kebiasaan decluttering terhadap subjective well-being mahasiswa yang tinggal di rumah dan kost selama pandemi COVID-19*. (Skripsi). Fakultas Psikologi Universitas Gadjah Mada,
- Saha, R., Huebner, E. S., Hills, K. J., Malone, P. S., & Valois, R. F. (2014). Social coping and life satisfaction in adolescents. *Social Indicators Research*, 115, 241-252. <https://doi.org/10.1007/s11205-012-0217-3>
- Seo, E. H., Kim, S. G., Kim, S. H., Kim, J. H., Park, J. H., & Yoon, H. J. (2018). Life satisfaction and happiness associated with depressive symptoms among university students: a cross-sectional study in Korea. *Annals of general psychiatry*, 17, 1-9. <https://doi.org/10.1186/s12991-018-0223-1>
- Senocak, S. U., & Demirkiran, F. (2020). Subjective well-being and influencing factors in Turkish nursing students: A cross-sectional study. *Journal of the Pakistan Medical Association*, 70(4), 630-635. DOI:[10.5455/JPMA.11398](https://doi.org/10.5455/JPMA.11398)
- Smith, J., & Baltes, P. B. (1990). Wisdom-related knowledge: Age/cohort differences in response to life-planning problems. *Developmental Psychology*, 26(3), 494–505. <https://doi.org/10.1037/0012-1649.26.3.494>



- Staudinger, U. M., & Pasupathi, M. (2003). Correlates of wisdom-related performance in adolescence and adulthood: Age-graded differences in “paths” toward desirable development. *Journal of Research on Adolescence*, *13*(3), 239-268. <https://doi.org/10.1111/1532-7795.1303001>
- Staudinger, U. M., & Glück, J. (2011). Psychological wisdom research: Commonalities and differences in a growing field. *Annual review of psychology*, *62*, 215-241. <https://doi.org/10.1146/annurev.psych.121208.131659>
- Sugianto, N. P., & Kristiyani, T. (2021). Hubungan antara Kualitas Relasi dengan Saudara Kandung dan Kepuasan Hidup pada Dewasa Awal. *Suksma: Jurnal Psikologi Universitas Sanata Dharma*, *2*(1), 5-14. <https://doi.org/10.24071/suksma.v2i1.4468>
- Suyono, T. A., Kumalasari, A. D., & Fitriana, E. (2021). Hubungan quarter-life crisis dan subjective well-Being pada individu dewasa muda. *Jurnal Psikologi*, *14*(2), 301-322. <http://dx.doi.org/10.35760/psi.2021.v14i2.4646>
- Thomas, S., & Kunzmann, U. (2014). Age differences in wisdom-related knowledge: Does the age relevance of the task matter?. *Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, *69*(6), 897-905. <https://doi.org/10.1093/geronb/gbt076>
- Thomas, M. L., Bangen, K. J., Ardelt, M., & Jeste, D. V. (2017). Development of a 12-item abbreviated three-dimensional wisdom scale (3D-WS-12) item selection and psychometric properties. *Assessment*, *24*(1), 71-82. <https://doi.org/10.1177/107319111559571>
- Urquijo, I., Extremera, N., & Villa, A. (2016). Emotional intelligence, life satisfaction, and psychological well-being in graduates: The mediating effect of perceived stress. *Applied research in quality of life*, *11*(4), 1241-1252. <https://doi.org/10.1007/s11482-015-9432-9>
- Vaez, M., Kristenson, M., & Laflamme, L. (2004). Perceived quality of life and self-rated health among first-year university students. *Social indicators research*, *68*(2), 221-234. <https://doi.org/10.1023/B:SOCI.0000025594.76886.56>



Weststrate, N. M. (2017). *The examined life: Relations among life experience, self-reflection, and wisdom.* (Thesis).

<https://tspace.library.utoronto.ca/handle/1807/80666>

Weststrate, N. M., & Glück, J. (2017). Hard-earned wisdom: Exploratory processing of difficult life experience is positively associated with wisdom. *Developmental Psychology*, 53(4), 800–814.

<https://doi.org/10.1037/dev0000286>

Yang, S. Y. (2008). A process view of wisdom. *Journal of Adult Development*, 15, 62-75. <https://doi.org/10.1007/s10804-008-9037-8>

Zacher, H., McKenna, B., & Rooney, D. (2013). Effects of self-reported wisdom on happiness: Not much more than emotional intelligence?. *Journal of Happiness Studies*, 14, 1697-1716. <https://doi.org/10.1007/s10902-012-9404-9>

Zhou, M., & Lin, W. (2016). Adaptability and life satisfaction: The moderating role of social support. *Frontiers in psychology*, 7, 1134. <https://doi.org/10.3389/fpsyg.2016.01134>