



Daftar Pustaka

- Akarsu, K., Koç, A., & Ertuğ, N. (2019). The effect of nature sounds and earplugs on anxiety in patients following percutaneous coronary intervention: A randomized controlled trial. *European journal of cardiovascular nursing : journal of the Working Group on Cardiovascular Nursing of the European Society of Cardiology*, 18(8), 651–657. DOI : <https://doi.org/10.1177/1474515119858826>
- Alvarsson, J. J., Wiens, S., & Nilsson, M. E. (2010). Stress recovery during exposure to nature sound and environmental noise. *International journal of environmental research and public health*, 7(3), 1036–1046. <https://doi.org/10.3390/ijerph7031036>
- American Joint Committee on Cancer. (2022). *Cancer Staging Systems*. Diakses 18 Oktober 2022, dari : <https://www.facs.org/quality-programs/cancer-programs/american-joint-committee-on-cancer/cancer-staging-systems/>
- American Society of Clinical Oncology. (2021). *Knowledge Concuers Cancer*. Diakses 06 September 2022, dari <https://www.cancer.net/>
- Anderson, F., Downing, G. M., Hill, J., Casorso, L., & Lerch, N. (1996). Palliative performance scale (PPS): a new tool. *Journal of palliative care*, 12(1), 5–11. Diakses 15 Oktober 2022, dari : https://www.researchgate.net/publication/14348689_Palliative_Performance_Scale_PPS_A_new_tool#fullTextFileContent
- Arvay, Clemens G. (2018). *The Biophilia Effect: A Scientific and Spiritual Exploration of The Healing Bond Between Humans and Nature*. Colorado: Sounds True.
- Astuti, V., Asnindari, L. N., Winantoro (2021). Faktor Intrinsik yang Memengaruhi Kecemasan Pasien Kanker : *Literature Review*. Naskah Publikasi. Diakses 11 Oktober 2022, dari : http://digilib.unisayogya.ac.id/5701/1/VIKA%20ASTUTI_1710201031_KEPE_RAWATAN%20-%20Vika%20Astuti.pdf
- Cortan, R. S., Stanly L, R., Kumar, V. (2007). *Buku Ajar Patologi Volume 1*. Jakarta: EGC.
- Audina, A., Setiyarini, S., Effendy, C. (2018). *Pengaruh Self Selected Individual Music Therapy (SeLIMUT) Terhadap Mual Muntah pada Pasien Kanker (Skripsi)*. Tersedia dari ETD UGM : Theses and Dissertations Repository. <http://etd.repository.ugm.ac.id/penelitian/detail/160164>
- Baedlawi, A., Effendy, C., Setiyarini, S. (2017). Pengaruh Self Selected Individual Music Therapy (SeLIMUT) Terhadap Kualitas Hidup Pasien Kanker (Tesis). Tersedia dari ETD UGM: Theses and Dissertations Repository. <http://etd.repository.ugm.ac.id/penelitian/detail/127736>
- Baik, D., Russell, D., Jordan, L., Dooley, F., Bowles, K. H., & Masterson Creber, R. M. (2018). Using the Palliative Performance Scale to Estimate Survival for Patients at the End of Life: A Systematic Review of the Literature. *Journal of palliative medicine*, 21(11), 1651–1661. <https://doi.org/10.1089/jpm.2018.0141>
- Bandelow, B., Michaelis, S., & Wedekind, D. (2017). Treatment of anxiety disorders. *Dialogues in clinical neuroscience*, 19(2), 93–107. <https://doi.org/10.31887/DCNS.2017.19.2/bbandelow>
- Baradero., Dayrit, M.W., Siswadi, Y. (2008). *Seri Asuhan Keperawatan Klien Kanker*. Jakarta : EGC.



- Boothby,D.M., Robbins,S.J. (2011). The effects of music listening and art production on negative mood: A randomized, controlled trial. *The Arts in Psychotherapy*. DOI : <https://doi.org/10.1016/j.aip.2011.06.002>.
- Cancer Research UK. (2021). *Age and cancer*. Diakses 10 Juni 2023, dari: <https://www.cancerresearchuk.org/about-cancer/causes-of-cancer/age-and-cancer>
- Chiang, L.-C. (2012). The Effects of Music and Nature Sounds on Cancer Pain and Anxiety in Hospice Cancer Patients [Doctoral dissertation, Case Western Reserve University]. OhioLINK Electronic Theses and Dissertations Center. http://rave.ohiolink.edu/etdc/view?acc_num=case1323181038
- Choi, S., & Seo, J. (2019). Analysis of caregiver burden in palliative care: An integrated review. *Nursing Forum*. DOI : <https://doi.org/10.1111/nuf.12328>
- Connor, Stephen. (2020). *Global Atlas of Palliative Care 2nd Edition*. London. Worldwide Hospice Palliative Cancer Alliance.
- Dahlan, M. S. (2019). *Besar Sampel dalam Penelitian Kedokteran dan Kesehatan*. Jakarta : Epidemiologi Indonesia.
- Dahlan, M.S. (2018). *Langkah-Langkah Membuat Proposal Penelitian Bidang Kedokteran dan Kesehatan*. Jakarta : Sagung Seto.
- Dahlan, M. S. (2020). *Statistik untuk Kedokteran dan Kesehatan : Deskriptif, Bivariat, dan Multivariat Dilengkapi Aplikasi Menggunakan SPSS Seri 1 Edisi 6*. Jakarta : Epidemiologi Indonesia.
- Effendy, Christantie. (2022). *Perawatan Paliatif pada Pasien Covid-19*. Yogyakarta : Gadjah Mada University Press.
- Effendy, C., Kristanti, M.S., Agustina, H., Engels, Y. (2015). The Nascent Palliative Care Landscape of Indonesia. *European Journal of Palliative Care*. Diakses 20 Oktober 2022, dari : https://www.researchgate.net/publication/282982738_The_nascent_palliative_care_landscape_of_Indonesia
- Effendy, C., Vissers, K., Osse, B. H., Tejawiñata, S., Vernooij-Dassen, M., & Engels, Y. (2015). Comparison of problems and unmet needs of patients with advanced cancer in a European country and an Asian country. *Pain practice : the official journal of World Institute of Pain*, 15(5), 433–440. <https://doi.org/10.1111/papr.12196>
- Effendy, C., Vissers, K., Tejawiñata, S., Vernooij-Dassen, M., & Engels, Y. (2015). Dealing with symptoms and issues of hospitalized patients with cancer in Indonesia: the role of families, nurses, and physicians. *Pain practice : the official journal of World Institute of Pain*, 15(5), 441–446. <https://doi.org/10.1111/papr.12203>
- Ertuğ, N., Ulusoylu, Ö., Bal, A., & Özgür, H. (2017). Comparison of the effectiveness of two different interventions to reduce preoperative anxiety: A randomized controlled study. *Nursing & Health Sciences*, 19(2), 250–256. doi:10.1111/nhs.12339
- Ghezeljeh, T. N., Nasari, M., Haghani, H., & Rezaei Loieh, H. (2017). The effect of nature sounds on physiological indicators among patients in the cardiac care unit. *Complementary therapies in clinical practice*, 29, 147–152. <https://doi.org/10.1016/j.ctcp.2017.09.010>
- Greer, J. A., Jacobs, J. M., El-Jawahri, A., Nipp, R. D., Gallagher, E. R., Pirl, W. F., Park, E. R., Muzikansky, A., Jacobsen, J. C., Jackson, V. A., & Temel, J. S. (2018).



- Role of Patient Coping Strategies in Understanding the Effects of Early Palliative Care on Quality of Life and Mood. *Journal of clinical oncology : official journal of the American Society of Clinical Oncology*, 36(1), 53–60. <https://doi.org/10.1200/JCO.2017.73.7221>
- Gould van Praag, C. D., Garfinkel, S. N., Sparasci, O., Mees, A., Philippides, A. O., Ware, M., Critchley, H. D. (2017). Mind-wandering and alterations to default mode network connectivity when listening to naturalistic versus artificial sounds. *Scientific Reports*, 7(1). doi:10.1038/srep45273
- Hall, J. E. (2016). Guyton and Hall Textbook of Medical Physiology. 13th ed. Philadelphia: Elsevier.
- Hamilton, M. (1959). The assessment of anxiety states by rating. *British Journal of Medical Psychology*, 32, 50–55. <https://doi.org/10.1111/j.2044-8341.1959.tb00467.x>
- Haun, M. W., Estel, S., Rücker, G., Friederich, H. C., Villalobos, M., Thomas, M., & Hartmann, M. (2017). Early palliative care for adults with advanced cancer. *The Cochrane database of systematic reviews*, 6(6), CD011129. <https://doi.org/10.1002/14651858.CD011129.pub2>
- Hawari, Dadang. (2008). *Manajemen Stres, Cemas dan Depresi*. Jakarta : Fakultas kedokteran Universitas Indonesia.
- Herdman, T. H., & Kamitsuru, S. (Eds.). (2018). *NANDA International, Inc. Nursing Diagnoses Definitions and Classification* (11th ed.). Thieme.
- Hertanti, N. S., Setiyarini, S., & Kristanti, M. S. (2015). Pengaruh Self-Selected Individual Music Therapy (SeLIMuT) terhadap Tingkat Nyeri Pasien Kanker Paliatif di RSUP Dr. Sardjito. *Indonesian Journal of Cancer*, 9(4), 159–165. DOI: 10.33371/ijoc.v9i4.398
- Irman, O., Nelista, Y., & Keytimu, Y. (2020). *Buku Ajar Asuhan Keperawatan Pada Pasien Sindrom Koroner Akut (Edisi I)*. Pasuruan: Penerbit Qiara Media.
- Jogja Cancer Registry. (2021). Registrasi Kanker Berbasis Rumah Sakit Maret 2021. Diakses 01 September 2021, dari <https://canreg.fk.ugm.ac.id/laporan-data/registrasi-kanker-berbasis-rumah-sakit-dr-sardjito-fkkmk-ugm/rkbr-maret-2021/>
- Jogja Cancer Registry. (2022). Registrasi Kanker Berbasis Rumah Sakit Maret 2022. Diakses 01 September 2022, dari <https://canreg.fk.ugm.ac.id/>
- Kaur, A., Kumari, V., Sharma, M. (2018). Effect of Nature Based Sound's Intervention on Agitation and Anxiety of Patients Admitted in Intensive Care Units of MMIMS&R Hospital, Mullana, Ambala. *International Journal of Health Sciences and Research* Vol 8. Diakses 26 September 2022, dari https://www.ijhsr.org/IJHSR_Vol.8_Issue.11_Nov2018/23.pdf
- Kellert, S., Calabrese, E. (2015). *The Practice of Biophilic Design*. Diakses 21 Oktober 2022, dari https://www.researchgate.net/publication/321959928_The_Practice_of_Biophilic_Design
- Kementerian Kesehatan Republik Indonesia. (2018). Hasil Utama Riset Kesehatan Dasar 2018. Diakses 04 Januari 2022, dari : https://kesmas.kemkes.go.id/assets/upload/dir_519d41d8cd98f00/files/Hasil-riskesdas-2018_1274.pdf
- Kementerian Kesehatan Republik Indonesia. (2023). Kanker Dapat Dikendalikan, Menkes: Kuncinya Deteksi Dini. Diakses 21 Mei 2023, dari



- <https://www.kemkes.go.id/article/view/23022000001/kanker-dapat-dikendalikan-menkes-kuncinya-deteksi-dini.html>
- Kementerian Kesehatan Republik Indonesia. (2016). *Modul TOT Paliatif Kanker Bagi Tenaga Kesehatan*. Jakarta : Kemenkes RI.
- Kindler, C. H., Harms, C., Amsler, F., Ihde-Scholl, T., & Scheidegger, D. (2000). The visual analog scale allows effective measurement of preoperative anxiety and detection of patients' anesthetic concerns. *Anesthesia and analgesia*, 90(3), 706–712. <https://doi.org/10.1097/00000539-200003000-00036>
- Krisdianto, B. F. (2019). *Perawatan Kanker Paliatif di Rumah*. Padang : Andalas University Press.
- Larsen, I. K., Myklebust, T. Å., Babigumira, R., Vinberg, E., Møller, B., & Ursin, G. (2020). Education, income and risk of cancer: results from a Norwegian registry-based study. *Acta oncologica (Stockholm, Sweden)*, 59(11), 1300–1307. <https://doi.org/10.1080/0284186X.2020.1817548>
- Loh, K. P., Kleckner, I. R., Lin, P. J., Mohile, S. G., Canin, B. E., Flannery, M. A., Fung, C., Dunne, R. F., Bautista, J., Culakova, E., Kleckner, A. S., Peppone, L. J., Janelsins, M., McHugh, C., Conlin, A., Cho, J. K., Kasbari, S., Esparaz, B. T., Kuebler, J. P., & Mustian, K. M. (2019). Effects of a Home-based Exercise Program on Anxiety and Mood Disturbances in Older Adults with Cancer Receiving Chemotherapy. *Journal of the American Geriatrics Society*, 67(5), 1005–1011. DOI : <https://doi.org/10.1111/jgs.15951>
- Masafi, S., Rezaei, o., Ahadi, H. (2011). Efficacy of Biofeedback Associated with Relaxation in Decreasing Anxiety in Women with Breast Cancer During Chemotherapy, *Procedia - Social and Behavioral Sciences*, DOI : <https://doi.org/10.1016/j.sbspro.2011.10.028>.
- National Cancer Institute. (2022). Cancer Treatment. Diakses 02 September 2022, dari : <https://www.cancer.gov/about-cancer/treatment>
- National Cancer Institute. (2021). Palliative Care in Cancer. Diakses 01 September 2022, dari <https://www.cancer.gov/about-cancer/advanced-cancer/care-choices/palliative-care-fact-sheet>
- Notoadmojo, S. (2010). *Metodologi Penelitian Kesehatan*. Jakarta: Rineka Cipta.
- PDQ Supportive and Palliative Care Editorial Board. (2021). *Adjustment to Cancer: Anxiety and Distress* (PDQ®): Patient Version. In PDQ Cancer Information Summaries. National Cancer Institute (US). Diakses 05 Agustus 2022, dari : <https://www.ncbi.nlm.nih.gov/books/NBK65886/>
- Piccoli, Anna. (2015). *The sound of running water and the urge to pee*. Diakses 07 Agustus 2023, dari: <https://www.mediamatic.net/en/page/74357/the-sound-of-running-water>
- Pitman, A., Suleman, S., Hyde, N., & Hodgkiss, A. (2018). Depression and anxiety in patients with cancer. *BMJ (Clinical research ed.)*, 361, k1415. <https://doi.org/10.1136/bmj.k1415>
- Price, S. A., Standbridge, M. P. (2006). *Patofisiologi Konsep Klinis Proses-Proses Penyakit*. Edisi 6. Jakarta: EGC
- Ramdan, Muhammad Iwan. (2018). Reliability and Validity Test of the Indonesian Version of the Hamilton Anxiety Rating Scale (HAM-A) to Measure Work-related Stress in Nursing. *Jurnal Ners Vol. 14 No.1*. Diakses 02 November 2022, dari <https://e-journal.unair.ac.id/JNERS/article/view/10673>



- Ratcliffe E. (2021). Sound and Soundscape in Restorative Natural Environments: A Narrative Literature Review. *Frontiers in psychology*, 12, 570563. DOI : <https://doi.org/10.3389/fpsyg.2021.570563>
- Riegel, F., Crossetti, M., Martini, J. G., & Nes, A. (2021). Florence Nightingale's theory and her contributions to holistic critical thinking in nursing. *Revista brasileira de enfermagem*, 74(2), e20200139. <https://doi.org/10.1590/0034-7167-2020-0139>
- Rizka, Y., Warsini, S., Effendy, C. (2017). *Faktor - Faktor yang Berhubungan dengan Cancer Related Fatigue (CRF) pada Pasien Kanker Stadium Lanjut (Tesis)*. Tersedia dari ETD UGM: Theses and Dissertations Repository. <http://etd.repository.ugm.ac.id/penelitian/detail/112339>
- Rochman, Kholil Nur. (2010). *Kesehatan Mental*. Purwokerto : STAIN Press.
- Rosdahl, C. B., & Kowalski, M. T. (2015). *Buku Ajar Keperawatan Dasar*. Jakarta : EGC.
- Rosen, R. D., & Sapra, A. (2022). TNM Classification. In *StatPearls*. StatPearls Publishing. Diakses 03 April 2022, dari <https://pubmed.ncbi.nlm.nih.gov/31985980/>
- Saadatmand, V., Rejeh, N., Heravi-Karimooi, M., Tadrisi, S. D., Zayeri, F., Vaismoradi, M., & Jasper, M. (2013). Effect of nature-based sounds' intervention on agitation, anxiety, and stress in patients under mechanical ventilator support: a randomised controlled trial. *International journal of nursing studies*, 50(7), 895–904. <https://doi.org/10.1016/j.ijnurstu.2012.11.018>
- Sadock B.J., Ruiz, P., Sadock, V. A. (2015). *Kaplan & Sadock's Synopsis of Psychiatry: Behavioral Sciences/ Clinical Psychiatry*. United States: Wolters Kluwer.
- Saga, Y., Enokido, M., Iwata, Y., & Ogawa, A. (2018). Transitions in palliative care: conceptual diversification and the integration of palliative care into standard oncology care. *Chinese clinical oncology*, 7(3), 32. <https://doi.org/10.21037/cco.2018.06.02>
- Sari, I.K.W., Effendy, C., Warsini, S. (2017). *Faktor-faktor yang Memengaruhi Beban Family Caregiver dalam Merawat Anggota Keluarga yang Menderita Kanker Stadium Lanjut (Tesis)*. Tersedia dari ETD UGM: Theses and Dissertations Repository. <http://etd.repository.ugm.ac.id/penelitian/detail/112338>
- Sari, I. W. W., Warsini, S., & Effendy, C. (2018). Burden Among Family Caregivers of Advanced-Cancer Patients in Indonesia. *Belitung Nursing Journal*, 4(3), 295–303. <https://doi.org/10.33546/bnj.479>
- Sarihartanti, G. R., Setiyarini, S., Effendy, C. (2018). Pengaruh Self Selected Individual Music Therapy (SeLIMUT) Terhadap Cancer Related Fatigue (CRF) pada Pasien Kanker (Skripsi). Tersedia dari ETD UGM: Theses and Dissertations Repository. <http://etd.repository.ugm.ac.id/penelitian/detail/160596>
- Setiyarini, S., Effendy, C., Kristanti, M. S., Fitriawan, A. S., Hertanti, N. S., Tursina, H. M., Kurniawan, D., Baedlawi, A. (2019). *Buku Panduan Terapi Musik SeLiMuT (Self Selected Individual Music Therapy)*. Yogyakarta : Departemen Keperawatan Dasar dan Emergensi FK-KMK UGM.
- Silva, A., Zandonade, E., & Amorim, M. (2017). Anxiety and coping in women with breast cancer in chemotherapy. *Revista latino-americana de enfermagem*, 25, e2891. <https://doi.org/10.1590/1518-8345.1722.2891>
- Siregar, W. M., Tanjung, D., Effendy, E. (2022). Efektivitas terapi musik alam terhadap tingkat kecemasan pada pasien hemodialisis. *Journal of Telenursing*, 4 (2). <https://doi.org/10.31539/joteng.v4i2.2692>



- Smeltzer, S. C., & Bare. (2008). *Handbook for Brunner & Suddarths. Textbook of Medical Surgical Nursing*. Philadelphia : Lippincott.
- Stuart, G., Keliat, B. A., Pasaribu, J. (2016). *Prinsip dan Praktik Keperawatan Kesehatan Jiwa Stuart*. Edisi Indonesia. Buku 1. Singapore : Elsevier.
- Stuart, G., Keliat, B. A., Pasaribu, J. (2016). *Prinsip dan Praktik Keperawatan Kesehatan Jiwa Stuart*. Edisi Indonesia. Buku 2. Singapore : Elsevier.
- Sudoyo, A. (2007). *Buku Ajar Ilmu Penyakit Dalam Jilid II*. Jakarta : Balai Penerbit Fakultas Kedokteran Universitas Indonesia.Kementerian Kesehatan Republik Indonesia. (2017). *Petunjuk Teknis Paliatif Kanker pada Dewasa*. Jakarta : DIT.P2PTM.
- Swarjana, I Ketut. (2022). *Konsep Pengetahuan, Sikap, Perilaku, Persepsi, Stres, Kecemasan, Nyeri, Dukungan Sosial, Kepatuhan, Motivasi, Kepuasan, Pandemi COVID-19, Akses Layanan Kesehatan*. Yogyakarta : Penerbit ANDI.
- Tanrewali, M. S., & Wahyuningsih. (2019). Pengalaman pengobatan dan kecemasan pada pasien kanker di Awal Bros Hospital Makasar. *Journal of Health, Education and Literacy*. DOI: <https://doi.org/10.31605/j-healt.v2i1.440>
- Tarwaka, Bakri, S.H.A., Sudiajeng, I. (2004). *Ergonomi untuk Keselamatan, Kesehatan Kerja dan Produktivitas*. Surakarta: UNIBA.
- Thenmozhi, P., Indumathy, S. (2019). Nature Based Sound Therapy on Pain and Anxiety during Extubation of Mechanical Ventilation. *Journal of Medical Music Therapy*. Volume 12, Issue 1, Pages 16-23. DOI : <https://doi.org/10.11319/jmm.12.16>
- Towsend, M. C. (2015). *Psychiatric Mental Health Nursing : Concept of Care in Evidence-Based Practice*. Philadelphia : F. A. Davis Company.
- Tursina, H.M., Setiyarini, S., Kristanti, M. S. (2013). *Pengaruh Self Selected Individual Music Therapy (SeLIMUT) Terhadap Tingkat Kecemasan Pasien Kanker Paliatif di RSUP dr Sardjito Yogyakarta (Skripsi)*. Tersedia dari ETD UGM: Theses and Dissertations Repository. <http://etd.repository.ugm.ac.id/penelitian/detail/61192>
- Videbeck, Sheila L. (2008). *Buku Ajar Keperawatan Jiwa*. Jakarta: EGC
- Waruwu, N. I., Ginting, C. N., Telaumbanua, D., Amazihono, D., & Laia, G. P. A. (2019). Pengaruh Terapi Musik Suara Alam Terhadap Kualitas Tidur Pasien Kritis di Ruang ICU RSU Royal Prima Medan Tahun 2019. *Jurnal Ilmiah Keperawatan IMELDA*, 5(2), 128-133. <https://doi.org/10.52943/jikeperawatan.v5i2.321>
- Widiyono, Setiyarini, S., Effendy, C. (2019). Self-selected individual music therapy for depression during hospitalization for cancer patients: randomized controlled clinical trial study. *Indonesian Journal of Cancer*, 13(3), 59-68. DOI: <http://dx.doi.org/10.33371/ijoc.v13i3.632>
- World Health Organization. (2020). Cancer Country Profile 2020 : Indonesia. Diakses 11 November 2021, dari : https://cdn.who.int/media/docs/default-source/country-profiles/cancer/idn-2020.pdf?sfvrsn=46ea6569_2&download=truerkbr
- World Health Organization (2020). Global Cancer Observatory. Cancer Today. Diakses 11 November 2021, dari : https://gco.iarc.fr/today/online-analysis-pie?v=2020&mode=cancer&mode_population=continents&population=900&population=900&key=total&sex=0&cancer=39&type=0&statistic=5&prevalence=0&population_group=0&ages_group%5B%5D=0&ages_group%5B%5D=17&nb_items=7&group_cancer=1&include_nmsc=1&include_nmsc_other=1&half_pie=0&donut=0



- World Health Organization (2015). Make Listening Safe. Diakses 06 Agustus 2023, dari: https://apps.who.int/iris/bitstream/handle/10665/177884/WHO_NMH_NVI_15.2_eng.pdf
- World Health Organization. (2022). Non Communicable Diseases. Diakses 08 Agustus 2022, dari : <https://www.who.int/news-room/fact-sheets/detail/noncommunicable-diseases>
- World Health Organization. (2020). *Palliative Care*. Diakses 28 September 2022, dari : <https://www.who.int/news-room/fact-sheets/detail/palliative-care#:~:text=Palliative%20care%20is%20an%20approach,associated%20with%20life%2Dthreatening%20illness>.
- Wulandari, Made Ririn Sri. (2018). Kecemasan dan Kualitas Hidup pada Penderita Kanker Ovarium. *Jurnal Bina Usada Bali*. Diakses dari: <http://ejournal.binausadabali.ac.id/index.php/caring/article/download/52/68/>
- Wulandari, T. S., Kurniawati, R. ., & Ilmiyah, V. A. (2023). Efek Musik Suara Alam (Nature Sounds Music) terhadap Penurunan Kecemasan pada Pasien Pasca Stroke. *Jurnal Kesehatan*, 12(1), 12–18. <https://doi.org/10.46815/jk.v12i1.117>
- Wuryaningsih, E. W., Windarwati, H. D., Dewi, E. I., Hadi, E. (2020). *Buku Ajar Keperawatan Kesehatan Jiwa 1*. Jember : UPT Percetakan & Penerbitan Universitas Jember.
- Yennurajalingam, S, Bruera, E. (2011). *Oxford American Handbook of Hospice and Palliative Medicine and Supportive Care*. United Kingdom : Oxford University Press.