

DAFTAR PUSTAKA

- Abdurachman. (2016). *Mudah Akupuntur melalui Anatomi* (2nd ed.). Arti Bumi Intaran.
- Al Qahtani, A., & Al Qahtani, N. (2017). Prevention of Depression: A Review of Literature. *Journal Depress Anxiety*, 6(292), 2167–1044. <https://doi.org/10.4172/2167-1044.1000292>
- American Psychiatric Association. (2017). *What Is Depression?* American Psychiatric Association. [https://psychiatry.org/patients-families/depression/what-is-depression#:~:text=Depression \(major depressive disorder\) is,in activities you once enjoyed.](https://psychiatry.org/patients-families/depression/what-is-depression#:~:text=Depression (major depressive disorder) is,in activities you once enjoyed.)
- Arifin, M. H. B. M., Weta, I. W., & Ratnawati, N. L. K. A. (2016). Faktor-Faktor Yang Berhubungan Dengan Kejadian Hipertensi Pada Kelompok Lanjut Usia Di Wilayah Kerja Upt Puskesmas Petang I Kabupaten Badung Tahun 2016. *E-Jurnal Medika Udayana*, 5(7).
- Aryani. (2007). *Terapi Modalitas Keperawatan*. Jakarta : Fakultas Ilmu Keperawatan Universitas Indonesia.
- Avenzora, A. (2020). *Statistika Penduduk Lanjut Usia*. Badan Pusat Statistika.
- Azizah, P. N., Widian, H. S., & Urbayatun, S. (2021). Criterion Validity of Depression Assessment among Patients with Diabetes Mellitus. *Jurnal Diversita*, 7(1), 12–20.
- Badan Pusat Statistik. (2021). *Statistik Penduduk Lanjut Usia*. *Katalog: 4104001*. <https://www.bps.go.id>
- Badan Pusat Statistik Kabupaten Bantul. (2019). *Sosial dan Kependudukan Badan Pusat Statistik Kabupaten Bantul*. <https://bantulkab.bps.go.id/>
- Badan Pusat Statistik Provinsi D.I Yogyakarta. (2020a). *Jumlah Penduduk menurut Kabupaten/Kota di D.I. Yogyakarta*. <https://yogyakarta.bps.go.id/indicator/12/133/2/jumlah-penduduk-menurut-kabupaten-kota-di-d-i-yogyakarta-.html>
- Badan Pusat Statistik Provinsi D.I Yogyakarta. (2020b). *Luas Daerah dan Jumlah Pulau Menurut Kabupaten Kota di D.I. Yogyakarta*. <https://yogyakarta.bps.go.id/statictable/2020/06/15/85/luas-daerah-dan-jumlah-pulau-menurut-kabupaten-kota-di-d-i-yogyakarta-2019.html>
- Bandiyah, S. (2018). *Lanjut Usia dan Keperawatan Gerontik*. Yogyakarta: Nuha Medika.
- Björgevinsson, T., Kertz, S. J., Bigda-Peyton, J. S., McCoy, K. L., & Aderka, I. M.

- (2013). Psychometric Properties of the CES-D-10 in a Psychiatric Sample. *Assessment*, 20(4), 429–439. <https://doi.org/10.1177%2F1073191113481998>
- Brown, R. T., Diaz-Ramirez, L. G., Boscardin, W. J., Lee, S. J., & Steinman, M. A.(2017). Functional Impairment and Decline in Middle Age. *Annals of Internal Medicine*, 167(11), 761–768. <https://doi.org/10.7326/M17-0496>
- Buettner, T. (2021). World Population Prospects – A Long View. *Economie et Statistique / Economics and Statistics*, 520–521, 9–27. <https://doi.org/10.24187/ecostat.2020.520d.2030>
- Chen, S.-L., Liu, Y.-T., Hsueh, K.-C., & Tang, P.-L. (2021). Body Constitution Of Traditional Chinese Medicine Caused A Significant Effect On Depression In Adult Women. *Complementary Therapies in Clinical Practice*, 42. <https://doi.org/101288>
- Dinas Kesehatan Kabupaten Bantul. (2021). *Profil Kesehatan Kabupaten Bantul* (1st ed.). Direktorat Jenderal Pelayanan Publik.
- Evangeline, Supriadi, & Pramesti, V. (2018). Pengaruh Terapi Relaksasi Autogenik Terhadap Depresi Pada Lansia Di BPS Tresna Werdha Ciparay. *Jurnal Keperawatan BSI*, 6(2), 150–155. <http://ejournal.bsi.ac.id/ejurnal/index.php/jk/article/view/4795>
- Kementerian Kesehatan RI. (2016). Infodatin Lansia: Situasi Lanjut Usia (Lansia) di Indonesia.<https://adoc.pub/situasi-lanjut-usia-lansia.html>
- Kementerian Kesehatan RI. (2017). Situasi Lansia di Indonesia tahun 2017. *Pusat Data Dan Informasi*, 1--9.
- Kholifah, S. N. (2016a). *Keperawatan Gerontik*. Kementerian Kesehatan Republik Indonesia: Pusat Pendidikan Sumber Daya Manusia Kesehatan Bidang Pengembangan dan Pemberdayaan Sumber Daya Manusia Kesehatan.
- Kholifah, S. N. (2016b). *Modul Bahan Ajar Cetak Keperawatan: Keperawatan Gerontik* (1st ed.). Kementerian Kesehatan Republik Indonesia: Pusat Pendidikan Sumber Daya Manusia Kesehatan Bidang Pengembangan dan Pemberdayaan Sumber Daya Manusia Kesehatan.
- Kristiarini. (2013). Pengaruh Teknik Relaksasi Autogenik terhadap Skala Nyeri pada Ibu Post Operasi Sectio Caesare (SC) di RSUD Banyumas, Skripsi, Universitas Jenderal Soedirman.

- Kushargina, R., & Afifah, A. N. (2021). Gambaran Tingkat Kecukupan Gizi Lansia dengan Depresi di Kecamatan Pondok Jagung. *Muhammadiyah Journal of Nutrition and Food Science (MJNF)*, 2(1), 24. <https://doi.org/10.24853/mjnf.2.1.24-31>.
- Li Z, Li Y, Chen L, Chen P, Hu Y, Wang H. Prevalence of depression in patients with hypertension: A systematic review and meta-analysis. *Med (United States)*. 2015;94(31):1–6. 42. Holt RIG, De Groot M
- Liang Xue, W. Q., Zeqiang, J., Zhuqing, L., Mengxing, Z., Peiying, Y., Xin, W., Yanqiu, W., Yuehua, Q., Tianxing, L., Tianyi, Z., Yi, W., Jianxiang, S., Yusi, L., Hui, L., & Lingru, L. (2020). Clinical Research Linking Traditional Chinese Medicine Constitution Types With Diseases: A Literature Review Of 1639 Observational Studies. *Journal of Traditional Chinese Medicine*, 40(4), 690–702. <https://doi.org/10.19852/j.cnki.jtcm.2020.04.019>.
- Liao YC, Chou CY, Chang CT, Li TC, Sun MF, Chang HH, Tsai FJ, Yen HR. Qi deficiency is associated with depression in chronic hemodialysis patients. *Complement Ther Med*. 2017 Feb;30:102-106. doi: 10.1016/j.ctim.2016.12.008. Epub 2016 Dec 28. PMID: 28137519.
- Madyaningrum, E., Chuang, Y., & Chuang, K. (2018). Factors associated with the use of outpatient services among the elderly in Indonesia. *BMC Health Services Research*, 18(1), 1–9. <https://doi.org/https://doi.org/10.1186/s12913-018-3512-0>.
- Maulida, M. (2019). *Hubungan Gejala Depresi Berdasarkan Pengukuran Center for Epidemiologic Studies Depression Scale (CESD-10) pada Remaja dengan Kejadian Depresi Sedang atau Berat pada Dewasa Muda*. Universitas Gadjah Mada.
- Marianne H. Mitchell. (2013). Bimbingan dan Konseling. Yogyakarta: Pustaka Pelajar.
- Maryam, R. dkk (2018). Mengenal Usia Lanjut. Jakarta : Salemba Medika.
- Ministry of Health. (2014). *Improving the Lives of People with Dementia* (August 201, Issue August). Manatu Hauora. <https://www.health.govt.nz>
- Niken, A. (2016). Pengaruh Reminiscence Therapy Terhadap Tingkat Stress Pada Lansia Di PSTW Unit Budi Luhur, Kasongan, Bantul. Program Studi Ilmu Keperawatan Universitas Muhammdiyah Yogyakarta.
- Novayanti, P. E., Adi, M. S., & Widyastuti, R. H. (2020). Tingkat Depresi Lansia yang Tinggal di Panti Sosial. *Jurnal Keperawatan Jiwa*, 8(2), 117. <https://doi.org/10.26714/jkj.8.2.2020.117-122>

- Nurjannah, I., Japaries, W., & Khiong, T. K. (2021). Traditional Chinese Medicine Constitution (TCMC)' s validity and reliability in the Indonesian language. *BKM Journal of Community Medicine and Public Health*, 37(12), 423–430. <https://doi.org/10.22146/bkm.v37i12.3424>
- Orban, E., Mcdonald, K., Sutcliffe, R., Hoffmann, B., Fuks, K. B., & Dragano, N. (2016). Residential Road Traffic Noise and High Depressive Symptoms after Five Years of Follow-up : Results from the Heinz Nixdorf Recall Study. *Environmental Health Perspectives*, 124(5), 578–585.
- Pae, K. (2017). Perbedaan Tingkat Depresi Pada Lansia Yang Tinggal Di Panti Werdha Dan Yang Tinggal Di Rumah Bersama Keluarga. *Jurnal Ners Lentera*, 5(1), 21– 32.
- Parwodiwiyono, S. (2022). Determinan Penduduk Lanjut Usia Miskin di Daerah Istimewa Yogyakarta. *Jurnal Indonesia Sosial Sains*, 3(3), 419–427. <https://doi.org/10.36418/jiss.v3i3.560>.
- Pradnyandari, N. K. D., & Diniari, N. K. S. (2013). *Perbandingan Kejadian dan Status Depresi Lansia yang Tinggal Bersama Keluarga dengan yang Tinggal di Panti Sosial Tresna Werdha, Wana Seraya, Denpasar, Bali*.
- Putri, D. E. (2021). Hubungan Fungsi Kognitif Dengan Kualitas Hidup Lansia. *Jurnal Inovasi Penelitian*, 2(4).1147-1152., 4(2), 1147–1152.
- Shunkui, G., & Li, L. (2019). *Pengetahuan Perawatan Preventif Pengobatan TCM*. Yayasan Pustaka Obor Indonesia.
- Simanjuntak., et al. (2022). Prevalensi dan Faktor-Faktor yang Berhubungan dengan Simtom Depresi pada Penduduk di Indonesia (Analisis Data IFLS5 Tahun 2014-2015). *Jurnal Epidemiologi Kesehatan Indonesia*, 6(2), 97–104. <https://repository.unej.ac.id/xmlui/handle/123456789/111951>
- Sirait, H. S., Dani, A. H., & Maryan, D. R. (2020). Hubungan Pengetahuan Tentang Covid-19. *Jurnal Kesehatan*, 11(2), 102–111. <https://doi.org/http://dx.doi.org/10.38165/jk>.
- Sonhaji., Wijayanti. H., Nafisah. N. A. (2021). Penurunan Tingkat Depresi Pada Lansia dengan Terapi *Reminiscence*. *Jendela Nursing Journal*, 5(2), 111 – 117.
- Sun, Y., Liu, P., Zhao, Y., Jia, L., He, Y., Xue, S. A., Zheng, X., Wang, Z., Wang, N., & Chen, J. (2014). Characteristics Of TCM Constitutions Of Adult Chinese Women In Hong Kong And Identification Of Related Influencing Factors: A Cross-Sectional Survey. *Journal of Translational Medicine*,

12(1), 1–11. <https://doi.org/10.1186/1479-5876-12-140>

Sun, Y., Zhao, Y., An, S., & Chen, J. (2018). The theory development of traditional Chinese medicine constitution : a review. *Journal of Traditional Chinese Medical Sciences*, 5(1), 16–28. <https://doi.org/10.1016/j.jtcms.2018.02.007>

US Departement of Health and Human Services. (2019). *Depression*. National Institute of Mental Health.

Wada, T., Ishine, M., Sakagami, T., Kita, T., Okumiya, K., Mizuno, K., Rambo, T. A., & Matsubayashi, K. (2005). Depression, activities of daily living, and quality of life of community-dwelling elderly in three Asian countries: Indonesia, Vietnam, and Japan. *Archives of Gerontology and Geriatrics*, 41(3), 271–280. <https://doi.org/https://doi.org/10.1016/j.archger.2005.03.003>.

Wang J, Li Y, Ni C, Zhang H, Li L, Wang Q. Cognition Research and Constitutional Classification in Chinese Medicine. *American Journal of Chinese Medicine*. 2011;4:651-60.

Wong, W., Lam, C. L. K., Wong, V. T., Yang, Z. M., Ziea, E. T. C., & Kwan, A. K. L.(2013). Validation of The Constitution in Chinese Medicine Questionnaire: Does the Traditional Chinese Medicine Concept of Body Constitution Exist? *Evidence- Based Complementary and Alternative Medicine*.

World Health Organization. (2020a). *Mental health of people with neglected tropical diseases: towards a person-centred approach* (Issue April). World Health Organization. https://www.who.int/health-topics/mental-health#tab=tab_2

World Health Organization. (2020b). *Sustaining lives and livelihoods: a decision framework for calibrating social and movement measures during the COVID-19 pandemic*. World Health Organization. <https://apps.who.int/iris/bitstream/handle/10665/339598/9789240017948-eng.pdf?sequence=1>

Wuryaningsi, Emi Wuri Windarwati HD, Dewi EI, Deviantony F, Kurniyawan EH. Buku Ajar Keperawatan Kesehatan 1. Jember: UPT Percetakan & Penerbitan Universitas Jember; 2020

Yap, S. Y., Foo, C. N., Lim, Y. M., Ng, F. L., Mohd-Sidik, S., Tang, P. Y., Singh, J. K. N., & Pheh, K. S. (2021). Traditional chinese medicine body constitutions and psychological determinants of depression among university students in Malaysia: A pilot study. *International Journal of Environmental Research and Public Health*, 18(10), 1–14.

<https://doi.org/10.3390/ijerph18105366>

- Zalukhu, M. L., Phyma, A. R., & Pinzon, R. T. (2016). Proses Menua , Stres Oksidatif , dan Peran Antioksidan. *CDK-245*, 43(10), 733–736.
- Zhang, W., O'Brien, N., Forrest, J. I., Salters, K. A., Patterson, T. L., Montaner, J. S. G., Hogg, R. S., & Lima, V. D. (2012). Validating a Shortened Depression Scale (10 Item CES-D) among HIV-Positive People in British Columbia, Canada. *PLoS ONE*, 7(7), e40793.
<https://doi.org/10.1371/journal.pone.0040793>
- Zhu Y. (2022). Evaluation on Reliability And Validity of The Constitution In Chinese Medicine Questionnaire (CCMQ). *Chinese Journal of Behavioral Medical Science*. 2007;16(7):651-4.
- Zhu, Y., Shi, H., Wang, Q., Wang, Y., Yu, X., Di, J., Zhang, X., Li, Y., Li, T., & Yan, H. (2017). Association between Nine Types of TCM Constitution and Five Chronic Diseases: A Correspondence Analysis Based on a Sample of 2,660 Participants. *Evidence-Based Complementary and Alternative Medicine*, 2017, 1–7. <https://doi.org/10.1155/2017/9439682>