

## HUBUNGAN ANTARA *SELF-REGULATED LEARNING* DAN PERSEPSI DUKUNGAN SOSIAL DENGAN PRESTASI AKADEMIK MAHASISWA

### Intisari

Tujuan dari penelitian ini adalah untuk mengetahui hubungan antara *self-regulated learning* dan persepsi dukungan sosial dengan prestasi akademik mahasiswa Universitas Ahmad Dahlan Yogyakarta.

Teknik pengambilan sampel penelitian menggunakan teknik purposif sampling. Subjek penelitian ini berjumlah 150 mahasiswa/i. Data penelitian dikumpulkan menggunakan (1) skala *self-regulated learning*, (2) skala persepsi dukungan sosial, dan (3) dokumentasi. Analisis data dilakukan dengan teknik analisis regresi ganda dengan bantuan komputer program *SPSS 11.0 for windows*.

Hasil penelitian adalah (1) terdapat hubungan positif yang signifikan antara *self-regulated learning* dan prestasi akademik mahasiswa ( $r = 0,325$ ,  $p < 0,001$  dan  $R^2 = 0,106$ ); (2) terdapat hubungan positif yang signifikan antara persepsi dukungan sosial dan prestasi akademik mahasiswa ( $r = 0,284$ ,  $p < 0,001$  dan  $R^2 = 0,081$ ).

**Kata-kata kunci:** *self-regulated learning*, persepsi dukungan sosial dan prestasi akademik mahasiswa.

## THE CORRELATIONS BETWEEN SELF-REGULATED LEARNING AND SOCIAL SUPPORT PERCEPTION WITH STUDENTS ACADEMIC ACHIEVEMENT

### Abstract

This research aimed to examine the correlations between self-regulated learning and social support perception with students academic achievement at Ahmad Dahlan University of Yogyakarta.

This research used purposive sampling technique. The subjects of this research were 150 students. The data were collected by using, (1) The self-regulated learning scale, (2) The social support perception scale, and (3) documentation. The data were analyzed by using multiple regression of SPSS 11.0 for windows.

The results of this research are: (1) There is very significant and positive correlation between self-regulated learning and students academic achievement ( $r = 0,325$ ,  $p < 0,001$  and  $R^2 = 0,106$ ); (2) There is very significant and positive correlation between social support perception and students academic achievement ( $r = 0,284$ ,  $p < 0,001$  and  $R^2 = 0,081$ ).

**Key words:** *Self-regulated learning, social support perception and students academic achievement*



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