

**Daftar Pustaka**

- Acikgoz, A., Acikgoz, B., & Acikgoz, O. (2022). The effect of internet addiction and smartphone addiction on sleep quality among Turkish adolescents. *PeerJ*, 10. <https://doi.org/10.7717/peerj.12876>
- Alwi, M. F., Adi, S., & Rachmawati, W. C. (2022). The effect of smartphone addiction on adolescent mental health and social interaction. *Proceedings of the 5th International Conference on Sport Science and Health (ICSSH 2021)*, 45. <https://doi.org/10.2991/ahsr.k.220203.012>
- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.).
- Arrivillaga, C., Rey, L., & Extremera, N. (2022). Psychological distress, rumination and problematic smartphone use among Spanish adolescents: An emotional intelligence-based conditional process analysis. *Journal of Affective Disorders*, 296. <https://doi.org/10.1016/j.jad.2021.09.021>
- Arthy, C. C., Effendy, E., Amin, M. M., Loebis, B., Camellia, V., & Husada, M. S. (2019). Indonesian version of addiction rating scale of smartphone usage adapted from smartphone addiction scale-short version (SAS-SV) in junior high school. *Open Access Macedonian Journal of Medical Sciences*, 7(19), 3235–3239. <https://doi.org/10.3889/oamjms.2019.691>
- Azwar, S. (2017). *Metode penelitian psikologi* (2 ed.). Pustaka Belajar.
- Brown, R., Condor, S., Mathews, A., Wade, G., & Williams, J. (1986). Explaining intergroup differentiation in an industrial organization. *Journal of Occupational Psychology*, 59(4), 273–286. <https://doi.org/10.1111/j.2044-8325.1986.tb00230.x>
- Chatterjee, S., & Kar, S. K. (2021). Smartphone Addiction and Quality of Sleep among Indian Medical Students. *Psychiatry (New York)*, 84(2). <https://doi.org/10.1080/00332747.2021.1907870>
- Chen, C.-Y. (2018). *Smartphone addiction: psychological and social factors predict the use and abuse of a social mobile application*. <https://doi.org/10.1080/1369118X.2018.1518469>
- Chen, J., Liang, Y., Mai, C., Zhong, X., & Qu, C. (2016). General deficit in inhibitory control of excessive smartphone users: Evidence from an event-related potential study. *Frontiers in Psychology*, 7(APR). <https://doi.org/10.3389/fpsyg.2016.00511>
- Chiang, J.-T., Chang, F.-C., Lee, K.-W., & Hsu, S.-Y. (2019). Transitions in smartphone addiction proneness among children: The effect of gender and use patterns. *PLOS ONE*, 14(5), e0217235. <https://doi.org/10.1371/journal.pone.0217235>
- Chotpitayasunondh, V., & Douglas, K. M. (2016). How “phubbing” becomes the norm: The antecedents and consequences of snubbing via smartphone. *Computers in Human Behavior*, 63. <https://doi.org/10.1016/j.chb.2016.05.018>
- Chu, X., Ji, S., Wang, X., Yu, J., Chen, Y., & Lei, L. (2021). Peer phubbing and social networking site addiction: The mediating role of social anxiety and the moderating role of family financial difficulty. *Frontiers in Psychology*, 12. <https://doi.org/10.3389/fpsyg.2021.670065>
- Cialdini, R. B., Kallgren, C. A., & Reno, R. R. (1991). A focus theory of normative conduct: A theoretical refinement and reevaluation of the role of norms in human behavior. *Advances in Experimental Social Psychology*, 24(C). [https://doi.org/10.1016/S0065-2601\(08\)60330-5](https://doi.org/10.1016/S0065-2601(08)60330-5)
- Cialdini, R. B., Reno, R. R., & Kallgren, C. A. (1990). A focus theory of normative conduct: Recycling the concept of norms to reduce littering in public places. *Journal of Personality and Social Psychology*, 58(6). <https://doi.org/10.1037/0022-3514.58.6.1015>



- Cocoroda, E., Maican, C. I., Cazan, A. M., & Maican, M. A. (2018). Assessing the smartphone addiction risk and its associations with personality traits among adolescents. *Children and Youth Services Review*, 93. <https://doi.org/10.1016/j.childyouth.2018.08.006>
- Davey, S., & Davey, A. (2014). Assessment of smartphone addiction in Indian adolescents: A mixed method study by systematic-review and meta-analysis approach. Dalam *International Journal of Preventive Medicine* (Vol. 5, Nomor 12).
- David, M. E., & Roberts, J. A. (2020). Developing and testing a scale designed to measure perceived phubbing. *International journal of environmental research and public health*, 17(21). <https://doi.org/10.3390/ijerph17218152>
- Dhamayanti, M., Dwiwina, R., & Adawiyah, R. (2019). Influence of adolescents' smartphone addiction on mental and emotional development in West Java, Indonesia. *Majalah Kedokteran Bandung*, 51(1). <https://doi.org/10.15395/mkb.v51n1.1577>
- Duke, É., & Montag, C. (2017). Smartphone addiction, daily interruptions and self-reported productivity. *Addictive Behaviors Reports*, 6. <https://doi.org/10.1016/j.abrep.2017.07.002>
- Edgar, T., & Manz, D. (2017). *Research methods for cyber security*. Syngress
- Eisenberg, M. E., Toumbourou, J. W., Catalano, R. F., & Hemphill, S. A. (2014). Social norms in the development of adolescent substance use: A longitudinal analysis of the international youth development study. *Journal of Youth and Adolescence*, 43(9), 1486–1497. <https://doi.org/10.1007/s10964-014-0111-1>
- Elek, E., Miller-Day, M., & Hecht, M. L. (2006). Influences of personal, injunctive, and descriptive norms on early adolescent substance use. *Journal of Drug Issues*, 36(1), 147–172. <https://doi.org/10.1177/002204260603600107>
- Garrido, E. C., Issa, T., Gutiérrez Esteban, P., & Cubo Delgado, S. (2021). A descriptive literature review of phubbing behaviors. *Helicon*, 7(5), e07037. <https://doi.org/10.1016/J.HELICON.2021.E07037>
- Geng, J., Lei, L., Ouyang, M., Nie, J., & Wang, P. (2021). The influence of perceived parental phubbing on adolescents' problematic smartphone use: A two-wave multiple mediation model. *Addictive Behaviors*, 121. <https://doi.org/10.1016/j.addbeh.2021.106995>
- Geng, Y., Gu, J., Wang, J., & Zhang, R. (2021). Smartphone addiction and depression, anxiety: The role of bedtime procrastination and self-control. *Journal of Affective Disorders*, 293. <https://doi.org/10.1016/j.jad.2021.06.062>
- Gökçearslan, Ş., Mumcu, F. K., Haşlaman, T., & Çevik, Y. D. (2016). Modelling smartphone addiction: The role of smartphone usage, self-regulation, general self-efficacy and cyberloafing in university students. *Computers in Human Behavior*, 63. <https://doi.org/10.1016/j.chb.2016.05.091>
- Griffiths, M. (2005). A "components" model of addiction within a biopsychosocial framework. *Journal of Substance Use*, 10(4). <https://doi.org/10.1080/14659890500114359>
- Hao, L., Lv, Q., Zhang, X., Jiang, Q., & Ping, L. (2020). Avatar identification mediates the relationship between peer phubbing and mobile game addiction. *Social Behavior and Personality*, 48(10). <https://doi.org/10.2224/SBP.9384>
- Hasanah, U., Hijrianti, U. R., & Iswinarti, I. (2020). Pengaruh smartphone addiction terhadap perilaku agresif pada remaja. *Proyeksi*, 15(2). <https://doi.org/10.30659/jp.15.2.182-191>
- Haug, S., Paz Castro, R., Kwon, M., Filler, A., Kowatsch, T., & Schaub, M. P. (2015). Smartphone use and smartphone addiction among young people in Switzerland. *Journal of Behavioral Addictions*, 4(4). <https://doi.org/10.1556/2006.4.2015.037>
- Hayes, A. F. (2018). *Introduction to mediation, moderation, and conditional process analysis: A regression-based approach*. Guilford publications
- Hogg, M. A., & Reid, S. A. (2006). Social identity, self-categorization, and the communication of group norms. *Communication Theory*, 16(1), 7–30. <https://doi.org/10.1111/j.1468-2885.2006.00003.x>



- Hong, F. Y., Lin, C. C., Lin, T. J., & Huang, D. H. (2021). The relationship among the social norms of college students, and their interpersonal relationships, smartphone use, and smartphone addiction. *Behaviour and Information Technology*, 40(4). <https://doi.org/10.1080/0144929X.2019.1699959>
- Hong, W., Liu, R. De, Ding, Y., Oei, T. P., Zhen, R., & Jiang, S. (2019). Parents' phubbing and problematic mobile phone use: The roles of the parent-child relationship and children's self-esteem. *Cyberpsychology, Behavior, and Social Networking*, 22(12). <https://doi.org/10.1089/cyber.2019.0179>
- Horwood, S., Anglim, J., & Mallawaarachchi, S. R. (2021). Problematic smartphone use in a large nationally representative sample: Age, reporting biases, and technology concerns. *Computers in Human Behavior*, 122. <https://doi.org/10.1016/j.chb.2021.106848>
- Ibrahim, J., Chee Ros, R., Faatihah Sulaiman, N., Che Nordin, R., & Ze Yuan, L. (2014). Positive impact of smartphone application: Whatsapp & facebook for online business. *International Journal of Scientific and Research Publications*, 4(12).
- Jung, S. I., Lee, N. K., Kang, K. W., Kim, K., & Lee, D. Y. (2016). The effect of smartphone usage time on posture and respiratory function. *Journal of Physical Therapy Science*, 28(1). <https://doi.org/10.1589/jpts.28.186>
- Kallgren, C. A., Reno, R. R., & Cialdini, R. B. (2000). A focus theory of normative conduct: When norms do and do not affect behavior. *Personality and Social Psychology Bulletin*, 26(8). <https://doi.org/10.1177/01461672002610009>
- Khang, H., Kim, J. K., & Kim, Y. (2013). Self-trait and motivations as antecedents of digital media flow and addiction: The Internet, mobile phones, and video games. *Computers in Human Behavior*, 29(6). <https://doi.org/10.1016/j.chb.2013.05.027>
- Koc, T., & Caliskan, K. (2022). Phubbing phenomenon in educational environments: examining the impact of supervisor phubbing on student outcomes. *Journal of Further and Higher Education*. <https://doi.org/10.1080/0309877X.2022.2088270>
- Kwon, M., Kim, D.-J., Cho, H., & Yang, S. (2013). The smartphone addiction scale: Development and validation of a short version for adolescents. *PLoS ONE*, 8(12), e83558. <https://doi.org/10.1371/journal.pone.0083558>
- Lac, A., & Donaldson, C. D. (2021). Experimental priming of peer injunctive norms and peer descriptive norms on personal alcohol attitudes, behaviors, and motivations. *Addiction Research & Theory*, 29(4), 338–346. <https://doi.org/10.1080/16066359.2020.1852219>
- Lapierre, M. A., Zhao, P., & Custer, B. E. (2019). Short-term longitudinal relationships between smartphone use/dependency and psychological well-being among late adolescents. *Journal of Adolescent Health*, 65(5). <https://doi.org/10.1016/j.jadohealth.2019.06.001>
- Liu, R. De, Wang, J., Gu, D., Ding, Y., Oei, T. P., Hong, W., Zhen, R., & Li, Y. M. (2019). The effect of parental phubbing on teenager's mobile phone dependency behaviors: The mediation role of subjective norm and dependency intention. *Psychology Research and Behavior Management*, 12. <https://doi.org/10.2147/PRBM.S224133>
- Liu, Q., Wu, J., Zhou, Z., & Wang, W. (2020). Parental technophobia and smartphone addiction in Chinese adolescents: The mediating role of social sensitivity and loneliness. *Children and Youth Services Review*, 118. <https://doi.org/10.1016/j.childyouth.2020.105434>
- Liu, R.-D., Wang, J., Gu, D., Ding, Y., Oei, T. P., Hong, W., Zhen, R., & Li, Y.-M. (2019). The effect of parental phubbing on teenager's mobile phone dependency behaviors: The mediation role of subjective norm and dependency intention. *Psychology Research and Behavior Management*, 2019, 12–1059. <https://doi.org/10.2147/PRBM.S224133>
- Luxton, D. D., McCann, R. A., Bush, N. E., Mishkind, M. C., & Reger, G. M. (2011). MHealth for mental health: Integrating smartphone technology in behavioral healthcare.



- Machmud, K. (2018). The smartphone use in Indonesian schools: The high school students' perspectives. *Journal of Arts and Humanities*, 7(3), 33. <https://doi.org/10.18533/journal.v7i3.1354>
- Mawarpury, M.-, Maulina, S., Faradina, S., & Afriani, A. (2020). Kecenderungan adiksi smartphone ditinjau dari jenis kelamin dan usia. *Psikoislamedia: Jurnal Psikologi*, 5(1). <https://doi.org/10.22373/psikoislamedia.v5i1.6252>
- Melumad, S., & Pham, M. T. (2021). The smartphone as a pacifying technology. *Journal of Consumer Research*, 47(2). <https://doi.org/10.1093/JCR/UCAA005>
- Mun, I. B., & Lee, S. (2021). How does parental smartphone addiction affect adolescent smartphone addiction?: Testing the mediating roles of parental rejection and adolescent depression. *Cyberpsychology, Behavior, and Social Networking*, 24(6), 399–406. <https://doi.org/10.1089/cyber.2020.0096>
- Neighbors, C., Foster, D. W., & Fossos, N. (2013). Peer Influences on Addiction. Dalam *Principles of Addiction* (hlm. 323–331). Elsevier. <https://doi.org/10.1016/B978-0-12-398336-7.00033-4>
- Neighbors, C., LaBrie, J. W., Hummer, J. F., Lewis, M. A., Lee, C. M., Desai, S., Kilmer, J. R., & Larimer, M. E. (2010). Group identification as a moderator of the relationship between perceived social norms and alcohol consumption. *Psychology of Addictive Behaviors*, 24(3), 522–528. <https://doi.org/10.1037/a0019944>
- Nicolls, M., Truelove, V., & Stefanidis, K. B. (2022). The impact of descriptive and injunctive norms on engagement in mobile phone use while driving in young drivers: A systematic review. *Accident Analysis & Prevention*, 175, 106774. <https://doi.org/10.1016/JAAP.2022.106774>
- Niu, G., Yao, L., Wu, L., Tian, Y., Xu, L., & Sun, X. (2020). Parental phubbing and adolescent problematic mobile phone use: The role of parent-child relationship and self-control. *Children and Youth Services Review*, 116. <https://doi.org/10.1016/j.childyouth.2020.105247>
- Nowreen, N., & Ahad, F. (2018). Effect of smartphone usage on quality of sleep in medical students. *National Journal of Physiology, Pharmacy and Pharmacology*, 8(9). <https://doi.org/10.5455/njPPP.2018.8.0620009062018>
- Olson, J. A., Sandra, D. A., Colucci, É. S., Al Bikaii, A., Chmoulevitch, D., Nahas, J., Raz, A., & Veissière, S. P. L. (2022). Smartphone addiction is increasing across the world: A meta-analysis of 24 countries. *Computers in Human Behavior*, 129. <https://doi.org/10.1016/j.chb.2021.107138>
- Osman, M. A., Talib, A. Z., Sanusi, Z. A., Shiang-Yen, T., & Alwi, A. S. (2012). A Study of the trend of smartphone and its usage behavior in Malaysia. *International Journal on New Computer Architectures and Their Applications (IJNCAA)*, 2(1).
- Pancani, L., Gerosa, T., Gui, M., & Riva, P. (2021). "Mom, dad, look at me": The development of the Parental Phubbing Scale. *Journal of Social and Personal Relationships*, 38(2). <https://doi.org/10.1177/0265407520964866>
- Peper, E., & Harvey, R. (2018). Digital addiction: Increased loneliness, anxiety, and depression. *NeuroRegulation*, 5(1). <https://doi.org/10.15540/nr.5.1.3>
- Perkins, H. W., & Berkowitz, A. D. (1986). Perceiving the community norms of alcohol use among students: Some Research implications for campus alcohol education programming*. *Substance Use and Misuse*, 21(9–10). <https://doi.org/10.3109/10826088609077249>



UNIVERSITAS
GADJAH MADA

Peran Norma Sosial dan Identifikasi Sosial dengan Kelompok Acuan dalam Hubungan antara

Perceived

Phubbing dan Risiko Adiksi Smartphone pada Remaja

Amaliah Fadilah Malik, Haidar Buldan Thontowi, S.Psi., M.A., Ph.D.

Universitas Gadjah Mada, 2023 | Diunduh dari <http://etd.repository.ugm.ac.id/>

- Qiao, L., & Liu, Q. (2020). The effect of technophobia in parent-child relationships on adolescent smartphone addiction: The role of cognitive factors. *Children and Youth Services Review*, 118. <https://doi.org/10.1016/j.childyouth.2020.105340>
- Qiu, C., Liu, Q., Yu, C., Li, Z., & Nie, Y. (2022). The influence of meaning in life on children and adolescents' problematic smartphone use: A three-wave multiple mediation model. *Addictive Behaviors*, 126. <https://doi.org/10.1016/j.addbeh.2021.107199>
- Rashotte, L. (2007). Social Influence. Dalam *The Blackwell Encyclopedia of Sociology*. <https://doi.org/10.1002/9781405165518.wbeoss154>
- Rimal, R. N., & Real, K. (2005). How behaviors are influenced by perceived norms a test of the theory of normative social behavior. Dalam *Communication Research*, 32 (3). <https://doi.org/10.1177/0093650205275385>
- Roberts, J. A., & David, M. E. (2016). My life has become a major distraction from my cell phone: Partner phubbing and relationship satisfaction among romantic partners. *Computers in Human Behavior*, 54. <https://doi.org/10.1016/j.chb.2015.07.058>
- Roberts, J. A., & David, M. E. (2017). Put down your phone and listen to me: How boss phubbing undermines the psychological conditions necessary for employee engagement. *Computers in Human Behavior*, 75. <https://doi.org/10.1016/j.chb.2017.05.021>
- Ruggiero, T. E. (2000). Uses and gratifications theory in the 21st Century. *Mass Communication and Society*, 3(1). https://doi.org/10.1207/s15327825mcs0301_02
- Stok, F. M., & de Ridder, D. T. D. (2019). The focus theory of normative conduct. Dalam *social psychology in Action* (hlm. 95–110). Springer International Publishing. https://doi.org/10.1007/978-3-030-13788-5_7
- Sunday, O. J., Adesope, O. O., & Maarhuis, P. L. (2021). The effects of smartphone addiction on learning: A meta-analysis. *Computers in Human Behavior Reports*, 4. <https://doi.org/10.1016/j.chbr.2021.100114>
- Statista. (2021a). Number of smartphone users in Indonesia from 2017 to 2020 with forecasts until 2026 (in millions) [Graph]. Dalam Statista. Diperoleh dari <https://www.statista.com/statistics/266729/smartphone-users-in-indonesia/>
- Statista. (2021b). Smartphone penetration rate in Indonesia from 2017 to 2020 with forecasts until 2026 [Graph]. In Statista. Diperoleh from <https://www.statista.com/statistics/321485/smartphone-user-penetration-in-indonesia/>
- Tajfel, H. (1978). Social categorization, social identity and social comparisons. Dalam H. Tajfel (Ed.), *Differentiation between social groups* (hlm. 61–76). Academic Press.
- Terry, D. J., & Hogg, M. A. (1996). Group norms and the attitude-behavior relationship: A role for group identification. *Personality and Social Psychology Bulletin*, 22(8), 776–793. <https://doi.org/10.1177/0146167296228002>
- Turner, J. C., Hogg, M. A., Oakes, P. J., Reicher, S. D., & Wetherell, M. S. (1987). *Rediscovering the social group: A self-categorization theory*. Blackwell.
- Ugur, N. G., & Koc, T. (2015). Time for digital detox: Misuse of mobile technology and phubbing. *Procedia - Social and Behavioral Sciences*, 195. <https://doi.org/10.1016/j.sbspro.2015.06.491>
- Wang, X., Gao, L., Yang, J., Zhao, F., & Wang, P. (2020). Parental phubbing and adolescents' depressive symptoms: Self-esteem and perceived social support as moderators. *Journal of Youth and Adolescence*, 49(2). <https://doi.org/10.1007/s10964-019-01185-x>
- Woodcock, B., Middleton, A., & Nortcliffe, A. (2012). Considering the smartphone learner: An investigation into student interest in the use of personal technology to enhance their learning. *Student Engagement and Experience Journal*, 1(1).
- Xie, X., Chen, W., Zhu, X., & He, D. (2019). Parents' phubbing increases adolescents' mobile phone addiction: Roles of parent-child attachment, deviant peers, and gender. *Children and Youth Services Review*, 105. <https://doi.org/10.1016/j.childyouth.2019.104426>



- Xu, X.-P. ;, Liu, Q.-Q. ;, Li, Z.-H. ;, Yang, W.-X., Xu, X.-P., Liu, Q.-Q., Li, Z.-H., & Yang, W.-X. (2022). *Citation: The Mediating Role of Loneliness and the Moderating Role of Gender between Peer Phubbing and Adolescent Mobile Social Media Addiction.* <https://doi.org/10.3390/ijerph191610176>
- Yu, S., & Sussman, S. (2020). Does smartphone addiction fall on a continuum of addictive behaviors? Dalam *International Journal of Environmental Research and Public Health* (Vol. 17, Nomor 2). <https://doi.org/10.3390/ijerph17020422>
- Zhang, K., Chen, C., & Lee, M. (2014). *Understanding the role of motives in smartphone addiction.* <https://aisel.aisnet.org/pacis2014/131/>
- Zhang, M. X., & Wu, A. M. S. (2020). Effects of smartphone addiction on sleep quality among Chinese university students: The mediating role of self-regulation and bedtime procrastination. *Addictive Behaviors*, 111. <https://doi.org/10.1016/j.addbeh.2020.106552>
- Zhang, Y., Ding, Q., & Wang, Z. (2021). Why parental phubbing is at risk for adolescent mobile phone addiction: A serial mediating model. *Children and Youth Services Review*, 121. <https://doi.org/10.1016/j.childyouth.2020.105873>
- Zhao, J., Ye, B., & Yu, L. (2021). Peer phubbing and chinese college students' smartphone addiction during covid-19 pandemic: The mediating role of boredom proneness and the moderating role of refusal self-efficacy. *Psychology Research and Behavior Management*, 14. <https://doi.org/10.2147/PRBM.S335407>
- Zhao, X., Lynch, J. G., & Chen, Q. (2010). Reconsidering Baron and Kenny: Myths and truths about mediation analysis. *Journal of Consumer Research*, 37(2), 197–206. <https://doi.org/10.1086/651257>