



INTISARI

Latar belakang : Pasien covid-19 mengalami masalah fisik, psikososial, spiritual, dan emosional sehingga dibutuhkan perawatan paliatif. Perawat IGD di masa pandemi covid-19 dalam memberikan perawatan paliatif mengalami berbagai hambatan sehingga berdampak pada kualitas perawatan yang diberikan kepada pasien.

Tujuan : Mengeksplorasi pengalaman perawat dalam merawat pasien paliatif covid-19 di Instalasi Gawat Darurat.

Metode : Merupakan penelitian kualitatif dengan pendekatan fenomenologis. Data dikumpulkan dengan wawancara mendalam kepada 12 partisipan yang bertugas di IGD dan pernah merawat pasien covid-19 kategori paliatif.

Hasil : Lima tema yang ditemukan dalam penelitian meliputi 1) Gambaran profil pasien paliatif covid 19 di IGD 2) Asuhan keperawatan pasien paliatif covid-19 di IGD memerlukan modifikasi untuk mencegah penularan covid-19 3) Pengalaman perawat selama merawat pasien paliatif covid-19 di IGD 4) Hambatan utama perawat dalam merawat pasien paliatif covid-19 di IGD 5) Saran perawat untuk perbaikan perawatan pasien paliatif covid-19 yang dirawat di IGD.

Kesimpulan : Perawat dalam mewujudkan tujuan dari perawatan paliatif perlu menerapkan prinsip-prinsip keperawatan yang komprehensif dan melakukan modifikasi untuk mengurangi resiko penularan. Untuk meningkatkan kualitas pelayanan perawatan pasien paliatif covid-19 di IGD dibutuhkan peningkatan sarana dan prasarana, kualitas dan kuantitas SDM perawat, dan peningkatan pengetahuan pasien dan keluarga tentang perawatan paliatif pada pasien covid-19.

Kata kunci : Perawatan Paliatif, Covid-19, Instalasi Gawat darurat



ABSTRACT

Background: Covid-19 patients experience physical, psychosocial, spiritual and emotional problems so palliative care is needed. During the Covid-19 pandemic, emergency room nurses experienced various obstacles in providing palliative care, which had an impact on the quality of care provided to patients.

Objective: Exploring nurses' experiences in caring for Covid-19 palliative patients in the Emergency Department.

Method: This is qualitative research with a phenomenological approach. Data was collected by in-depth interviews with 12 participants who worked in the emergency room and had treated palliative category Covid-19 patients.

Results: The five themes found in the research include 1) Overview of the profile of Covid 19 palliative patients in the ED 2) Nursing care for Covid-19 palliative patients in the ED requires modification to prevent Covid-19 transmission 3) Nurses' experiences while caring for Covid-19 palliative patients in the ED 4) The main obstacles for nurses in caring for Covid-19 palliative patients in the ED 5) Suggestions nurses to improve palliative care for Covid-19 patients being treated in the ER.

Conclusion: Nurses in realizing the goals of palliative care need to apply comprehensive nursing principles and make modifications to reduce the risk of transmission. To improve the quality of palliative care services for Covid-19 patients in the ED, it is necessary to improve facilities and infrastructure, the quality and quantity of nursing human resources, and increase patient and family knowledge about palliative care for Covid-19 patients.

Keywords: Palliative Care, Covid-19, Emergency Departments