

TABLE OF CONTENTS

TITLE PAGE	i
ENDORSEMENT PAGE	ii
PLAGIARISM STATEMENT	iii
PREFACE	iv
TABLE OF CONTENTS	vi
LIST OF APPENDICES	viii
ABSTRACT	ix
INTRODUCTION	1
METHOD	1
A. Research Design.....	1
B. Research Participants	1
a. P1A.....	2
b. P2I.....	2
c. P3Z	3
C. Procedure	3
D. Data Analysis	5
E. Reflexivity	5
RESULTS	7
A. Establishment of Self-Identity	7
A1. Perceived Signs of Psychological Distress	7
A2. The Process of Self-Acceptance	8
B. Unfolding Journey of Self-disclosure in Higher Education.....	10
B1. Driving Factors for Disclosing.....	10
B2. Disclosure-Related Consideration	12
C. Post-Disclosure Dynamics	15

C1. The Power of Disclosure	15
C2. Challenges of Disclosure.....	17
C3. Future Outlook on Subsequent Disclosure Decisions	20
DISCUSSION	22
A. Self-Acceptance as a Precursor to Disclosure	22
B. Prior Motivation Shapes Disclosure Dynamics	23
C. The Cautious Nature in Disclosure	24
D. Consequences of Disclosure.....	26
CONCLUSION	30
IMPLICATION.....	30
LIMITATION AND SUGGESTION.....	31
REFERENCES	32
APPENDICES	38

LIST OF APPENDICES

Appendix A. Interview Guide	38
Appendix B. Informed Consent	39
Appendix C. Ethical Clearance	43
Appendix D. Interview Verbatim	44
Appendix E. Coding Sheets.....	109