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DAFTAR SINGKATAN

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| BMI | : <i>Body Mass Index</i> |
| DDS | : <i>Diabetes Distress Scale</i> |
| DES-SF | : <i>Diabetes Empowerment Scale-Short Form</i> |
| DM | : <i>Diabetes Mellitus</i> |
| DMT-1 | : <i>Diabetes Mellitus Tipe 1</i> |
| DMT-2 | : <i>Diabetes Mellitus tipe 2</i> |
| DQI | : <i>Diet Quality Index</i> |
| DSMES | : <i>Diabetes Self Management Education and Support</i> |
| ECA | : <i>Embodied Conversation Agent</i> |
| EHR | : <i>Electronic Health Record</i> |
| GDM | : <i>Gestational Diabetes Mellitus</i> |
| HDL | : <i>High Density Lipoprotein</i> |
| HEART | : <i>Healing, Energy, Awareness, Resiliency, Transformation</i> |
| HRQoL | : <i>Health-Related Quality of Life</i> |
| IHWA | : <i>Integrative Health And Wellness Assessment</i> |
| ILH | : <i>Integrative Lifestyle Health</i> |
| ILHWB | : <i>Integrative Lifestyle Health and Wellbeing</i> |
| LDL | : <i>Low Density Lipoprotein</i> |
| LL | : <i>Lower-Left Quadrant</i> |
| LR | : <i>Lower-Right Quadrant</i> |
| MET | : <i>Metabolic Equivalent</i> |
| MNT | : <i>Medical Nutrition Therapy</i> |
| PHQ | : <i>Patient Health Questionnaire</i> |
| Prolanis | : <i>Program Pengelolaan Penyakit Kronis</i> |
| RA | : <i>Research Associate</i> |
| RCT | : <i>Randomized Control Trial</i> |
| Riskesda | : <i>Riset Kesehatan Dasar</i> |
| RS | : <i>Rumah Sakit</i> |
| SBP | : <i>Systolic Blood Pressure</i> |
| TINC | : <i>Theory of Integrative Nurse Coaching</i> |
| UL | : <i>Upper-Left Quadrant</i> |
| UR | : <i>Upper-Right Quadrant</i> |
| VDC | : <i>Virtual Diabetes Clinic</i> |
| WHO | : <i>World Health Organization</i> |