

INTISARI

Latar belakang: *Enhanced Recovery After Cesaerarean* (ERAC) terbukti memiliki banyak manfaat bagi pasien, namun metode tersebut belum diimplementasikan dengan baik. Perlu dilakukan kajian mengenai sikap dan tingkat pengetahuan tenaga medis anestesi terhadap metode ERAC.

Tujuan: Mengetahui sikap dan tingkat pengetahuan tenaga medis anestesi terhadap protokol ERAC di RSUP Dr Sardjito dan faktor faktor yang berhubungan, serta menguji validitas dan reliabilitas kuesioner yang digunakan.

Metode: : Penelitian ini menggunakan metode *cross-sectional* dengan pembagian kuesioner kepada seluruh tenaga medis anestesi di RSUP Dr Sardjito. Pengujian validitas kuesioner menggunakan uji validitas konten dan validitas konstruk, uji reliabilitas menggunakan cronbach alpha.

Hasil : Penelitian ini menghasilkan 15 butir soal tingkat pengetahuan dan 16 butir soal terkait sikap yang valid ($I-CVI > 0.79$ dan korelasi pearson $p < 0.05$) dan reliabel (Cronbach alpha > 0.6). Sebanyak 48,53% subyek memiliki tingkat pengetahuan rendah, 40,44% tingkat pengetahuan sedang, dan 11,03% tingkat pengetahuan tinggi dari total 136 responden. Tingkat pengetahuan terhadap metode ERAC berhubungan dengan tingkat pendidikan terakhir, profesi, lama pengalaman kerja, jumlah jam kerja, dan pelatihan yang pernah diikuti. Ditemukan mayoritas subyek (86,0%) menunjukkan sikap positif terhadap metode ERAC dan tidak berhubungan dengan seluruh variabel dalam penelitian ini.

Kesimpulan : Terdapat rentang tingkat pengetahuan yang berbeda bermakna sesuai dengan tingkat pendidikan terakhir, profesi, lama pengalaman kerja, dan pelatihan yang pernah diikuti. Dalam bersikap positif mendukung metode ERAC, tidak ditemukan perbedaan bermakna diantara tenaga medis anestesi di RSUP Dr Sardjito. Perlu dilakukan penyusunan protokol dan sosialisasi guna meningkatkan pemahaman dan familiaritas terhadap penerapan metode ERAC di RSUP Dr Sardjito.

Kata kunci : ERAC, sikap, pengetahuan, kuesioner, tenaga medis anestesi.

ABSTRACT

Background : *Enhanced Recovery After Cesaerarean (ERAC) has been shown to have many benefits for patients, but the method has not been well implemented. It is necessary to study the attitude and level of knowledge of anesthesia medical personnel towards the ERAC method.*

Objective: *Determine the attitude and level of knowledge of anesthesia medical personnel towards the ERAC protocol at Dr. Sardjito Hospital and related factors, as well as test the validity and reliability of the questionnaire used.*

Method: *This study used a cross-sectional method by distributing questionnaires to all anesthetic medical personnel at Dr Sardjito General Hospital. Testing the validity of the questionnaire using content validity test and construct validity, reliability test using Cronbach alpha*

Results: *This study produced 15 points of knowledge level questions and 16 points of questions related to valid attitudes ($I-CVI > 0.79$ and pearson p correlation < 0.05) and reliable (Cronbach alpha > 0.6). A total of 48.53% of subjects had a low level of knowledge, 40.44% of medium knowledge level, and 11.03% high knowledge level out of a total of 136 respondents. The level of knowledge of the ERAC method is related to the last level of education, profession, length of work experience, number of hours worked, and training that has been followed. It found the majority of subjects (86.0%) showed a positive attitude. to the ERAC method and is not related to all variables in this study.*

Conclusion: *There are different ranges of knowledge levels according to the last level of education, profession, length of work experience, and training that has been followed. In positively supporting the ERAC method, there was no significant difference between the anesthetic medical personnel at Dr. Sardjito Hospital. It is necessary to formulate protocols and socialization to increase understanding and familiarity with the application of the ERAC method at Dr. Sardjito Hospital.*

Keywords : *ERAC, attitude, knowledge, questionnaire, anesthesia medical personnel.*