

## TABLE OF CONTENT

TITTLE PAGE.....	i
APPROVAL PAGE .....	ii
DEDICATION PAGE.....	iii
DECLARATION PAGE.....	iv
PREFACE .....	v
TABLE OF CONTENT .....	viii
LIST OF FIGURES .....	xi
LIST OF TABLES .....	xiii
LIST OF APPENDICES .....	xiv
ABBREVIATIONS .....	xv
ABSTRACT.....	xviii
CHAPTER I. INTRODUCTION .....	1
A. Research Background .....	1
1. Research Problem .....	3
2. The originality of The Research .....	3
3. The urgency of The Research .....	8
B. Research Objective .....	8
1. General Objective .....	8
2. Specific Objective .....	8
CHAPTER II. LITERATURE REVIEW.....	10
A. <i>C. grandis</i> (L.) Voigt .....	10
B. <i>Blumea balsamifera</i> (L.) DC. ....	13
C. Extract Characterization .....	15
D. Diabetes Mellitus .....	17
E. Oxidative Stress.....	20
F. Synergistic Effect of Extract Combination .....	23
G. Theoretical Basis .....	26
H. Conceptual Framework .....	28
I. Hypothesis .....	28

CHAPTER III. RESEARCH METHODOLOGY .....	29
A. Research Design .....	29
B. Place and Time of Research .....	29
C. Research Instruments and Materials.....	30
1. Instruments .....	30
2. Materials .....	31
D. Research Procedures .....	33
1. Sample Preparation and Extraction.....	33
2. Extract Characterization .....	35
3. Phosphomolybdenum Assay.....	38
4. Ferric Reducing Antioxidant Power (FRAP) Assay.....	39
5. DPPH Radical Scavenging Activity Assay .....	40
6. ABTS <sup>+</sup> Radical Scavenging Activity Assay.....	41
7. Determination of Antioxidant Synergism.....	41
8. <i>In Vivo</i> Assay .....	42
9. Measurement of Malondialdehyde and Antioxidant Enzymes Levels .....	45
10. Histological Analysis of The Pancreas .....	48
11. Immunohistochemistry (IHC) Analysis .....	49
12. Data Analysis .....	49
E. Research Variable .....	50
1. Independent Variable.....	50
2. Dependent Variable .....	50
3. Controlled Variable.....	50
F. Operational Variable Definition .....	50
1. Concentration Ratio of The Combination.....	50
2. Antioxidant Activity .....	51
3. Fasting Blood Glucose Level.....	51
4. Islet Dimension .....	51
5. Insulin Expression.....	51
CHAPTER IV. RESULTS AND DISCUSSION.....	52

A. Results .....	52
1. Extract Characterization .....	52
2. Inhibition of Digestive Enzymes Activity .....	65
3. <i>In Vitro</i> Antioxidant Activity.....	66
4. Correlation Between TPC and TFC with Antioxidant Activity ....	73
5. Synergistic Antioxidant Effect of The Extract Combination.....	74
6. The FBG Levels and Body Weight of STZ-NA Diabetic Rats .....	78
7. The FBG Levels and Body Weight of Diabetic Rats After Treatments .....	80
8. The Effect of Treatments on Liver Antioxidants.....	85
9. The Effect of Treatments on Pancreas Histology .....	89
10. The Effect of Treatments on Insulin Expression of The Pancreas .....	90
B. Discussion .....	93
1. The <i>In Vitro</i> Antioxidant Potential of Extract Combinations.....	93
2. The Digestive Enzymes Inhibitory Effect of the Extracts .....	97
3. The Synergistic Antioxidant Effect of Extract Combinations.....	99
4. The Digestive Enzymes Inhibitory Activity of Extract Combinations .....	100
5. The <i>In Vivo</i> Antidiabetic activity of Extract Combinations .....	102
CHAPTER V. CONCLUSION AND SUGGESTION .....	113
A. Conclusion .....	113
B. Suggestion .....	114
C. Research Limitation .....	114
B. Future Research .....	114
REFERENCES.....	116
APPENDICES .....	132
SUMMARY .....	218