

## DAFTAR PUSTAKA

- Agustin, Putri Amelia., & Nuryana, I Kadek Dwi. (2022). Analisa perbandingan pengguna aplikasi TikTok dengan Snack Video menggunakan metode UTAUT dan EUCS. *Journal of Emerging Information System and Business Intelligence (JEISBI)*. Vol 3 (4)
- Alhadlaq, I. (2016). How technology influences communication. *International Journal of Scientific & Engineering Research*. Vol 7(1), 960 - 963
- Alnjadat, R., Hmaid, M. M., Samha, T. E., Kilani, M. M., & Hasswan, A. M. (2019). Gender variations in social media usage and academic performance among the students of University of Sharjah. *Journal of Taibah University Medical Sciences*, 14(4), 390–394. <https://doi.org/10.1016/j.jtumed.2019.05.002>
- Altın, Mehmet & Kivrak, Ali. (2018). The Social Media Addiction Among Turkish University Students. *Journal of Education and Training Studies*. 6. 13. 10.11114/jets.v6i12.3452.
- Andreassen CS, Torsheim T, Brunborg GS, Pallesen S. (2012). Development of a Facebook Addiction Scale. *Psychol*. 110(2):501-17. doi: 10.2466/02.09.18.PR0.110.2.501-517.
- Andreassen, Cecilie., Torsheim, Torbjørn., & Pallesen, Ståle. (2014). Use of online social network sites for personal purposes at work: does it impair self-reported performance?. *Comprehensive Psychology*. 3. article no 18. 10.2466/01.21.CP.3.18.
- Andreassen, Cecile. (2015). Online social network site addiction: A comprehensive review. *Technology and addiction*. 2:175-184. DOI 10.1007/s40429-015-0056-9

- Andreassen, Cecilie Schou., Pallesen, Stale., & Griffiths, Mark D. (2017). The relationship between addictive use of social media, narcissism, and self - esteem: Findings from a large national survey. *Addictive Behavior*. Vol 64 (287 - 293).  
<http://dx.doi.org/10.1016/j.addbeh.2016.03.006>
- Anderson, Monica., & Jiang, Jingjing. (2018). Teens, social media & technology 2018. Pew Research Center
- Apsari, Ayu Rahmadita & Kusrohmaniah, Sri. (2019). Peran peer influence sebagai moderator hubungan fear of missing out (FOMO) dengan kecenderungan adiksi media sosial pada remaja awal. Thesis. Universitas Gadjah Mada
- Ardiana, Respita Trias., & Tumanggor, Raja Oloan. (2020). Social media instagram addiction and self esteem in high school students. *Social Sciences, Educations and Humanities Research*. vol. 478.
- Arslan, A., Cetinkaya, A., Kirik, A., & Gul, M. (2015). A Quantitative Research on the Level of Social Media Addiction among Young People in Turkey. *International Journal of Sport Culture and Science*, 108- 122.
- Azwar, S. (2008). Reliabilitas dan validitas. Yogyakarta: Pustaka belajar.
- Azwar, S. (2012). Reliabilitas dan Validitas (4<sup>th</sup> edition). Pustaka Pelajar.
- Banerjee, Amitav., & Chaudury, Suprakash. (2010). Statistics without tears: Population and sample. *Industrial Psychiatry Journal*. Vol 19 (1), 60 - 65. 10.4103/0972-6748.77642
- Beard, K. W. (2005). Internet Addiction: A review of current assessment techniques and potential assessment questions. *Cyber Psychology & Behavior*. Vol 8, 7 - 14.  
<http://dx.doi.org/10.1089/cpb.2005.8.7>

- Best, P., Manktelow, R., & Taylor B. (2014). Online communication, social media and adolescent wellbeing: A systematic narrative review. *Child Youth Serv Rev.* 41:27–36. doi: 10.1016/j.childyouth.2014.03.001
- Buunk, A. P., Dijkstra, P., Bosch, Z. A., Dijkstra, A., & Barelds, D. P. H. (2012). Social comparison orientation as related to two types of closeness. *Journal of Research in Personality*, 46(3), 279–285. doi:10.1016/j.jrp.2012.02.008
- Casale, S., & Banchi, V. (2020). Narcissism and problematic social media use: A systematic literature review. *Addictive Behaviors Reports*, 100252. doi:10.1016/j.abrep.2020.100252
- Catedrilla, Jypzie., Limpin, Laiza., Ebardo, Ryan., de la Cuesta, Josephine., Ching, Michelle., Leano, Cecilia., & Trapero, Hazel. (2020). Loneliness, Boredom and Information Anxiety on Problematic Use of Social Media during the COVID-19 Pandemic. *International Conference of Computers in Education*. Vol 2
- Cheng J., Burke M., & de Gant B. (2021). Country differences in social comparison on social media. *Proc ACM Hum-Comput Interact*, 4:270, <https://doi.org/10.1145/3434179>.
- Choi, Y.H., 2013. Intercultural communication. Communication Books.
- Cilliers, Elizelle Juanee. (2017). The challenge of teaching generation z. *International journal of social sciences*. Vol 3(1), 188 - 198. DOI- <https://dx.doi.org/10.20319/pijss.2017.31.188198>
- CNBC Indonesia. (2022). Perhatian, Anak & Remaja Dilarang Siaran Langsung di TikTok. Diakses pada 12 Februari 2023 melalui <https://www.cnbcindonesia.com/tech/20221019152709-37-380960/perhatian-anak-remaja-dilarang-siaran-langsung-di-tiktok>.

- Cotterman, Turner Lee. (2022). Technology transitions in the electricity and automotive sectors: Embracing political, social, and economic constraints.
- Cramer, Emily M., Song, Hayeon., & Drent, Adam M. (2016). Social comparison on facebook: Motivation, affective consequence, self-esteem, and facebook fatigue. *Computers in Human Behavior*. Vol 64, 739 - 746.  
<http://dx.doi.org/10.1016/j.chb.2016.07.049>
- Data Indonesia.id. (2023). Ada 68,66 Juta Generasi Z di Indonesia, Ini Sebarannya. Diakses pada 3 Februari 2023 melalui <https://dataindonesia.id/varia/detail/ada-6866-juta-generasi-z-di-indonesia-ini-sebarannya>
- Dolot, Anna. (2018). The characteristics of Generation Z. e-mentor. 44-50.  
10.15219/em74.1351.
- Fang, J., Wang, X., Wen, Z., & Zhou, J. (2020). Fear of Missing Out and Problematic Social Media Use as Mediators between Emotional Support from Social Media and Phubbing Behavior. *Addictive Behaviors*, 106430.  
doi:10.1016/j.addbeh.2020.106430
- Fathadika, Sarentya., & Afriani. (2018). Social media engagement sebagai mediator antara fear of missing out dengan kecanduan media sosial pada remaja. *Jurnal Psikologi Sains & Profesi*. Vol 2(3): 208-215.
- Festinger, L. (1954). A theory of social comparison processes. *Human Relations*, 7, 117–140. <https://doi.org/10.1177/001872675400700202>.
- Firamadhina, F. I. R., & Krisnani, H.2020. Perilaku Generasi Z Terhadap Penggunaan Media Sosial Tiktok: Tiktok Sebagai Media Edukasi dan Aktivisme. *Share/: Social Work Journal*, 10(2), 199–208. <https://doi.org/10.24198/share.v10i2.31443>
- Ghozali, I. (2016) Aplikasi Analisis Multivariete Dengan Program IBM SPSS 23. Edisi 8. Semarang: Badan Penerbit Universitas Diponegoro.

- Gibbons, F. X., & Buunk, B. P. (1999). Individual differences in social comparison: Development of a scale of social comparison orientation. *Journal of Personality and Social Psychology*, 76(1), 129–142
- Gibbons, F., & Buunk, P. (2006). *Social comparison orientation: a new perspective on those who do and those who don't compare with other*. Australia. Cambridge University Press.
- Gioia, Francesca., Fioravanti, Giulia., Casale, Silvia., & Boursier, Valentina. (2021). The effects of fear of missing out on people's social networking sites use during the COVID-19 pandemic: the mediating role of online relational closeness and individuals online communication attitude. *Frontiers in Psychiatry*. Vol 12. doi: 10.3389/fpsyt.2021.620442
- Griffiths, M. D. (1996). Nicotine, tobacco and addiction. *Nature*, 384, 18.
- Griffiths, M. D. (2000). Internet addiction – time to be taken seriously? *Addiction Research*, 8, 413–418.
- Griffiths, Mark. (2005). A 'components' model of addiction within a biopsychosocial framework. *Journal of substance use*. 10(4): 191-197. DOI: 10.1080/14659890500114359
- Griffiths, M. D., Kuss, D. J., & Demetrovics, Z. (2014). Social networking addiction: An overview of preliminary findings. In K. P. Rosenberg & L. Curtiss Feder (Eds.), *Behavioral addictions: Criteria, evidence, and treatment* (pp. 119–141). Elsevier Academic Press. <https://doi.org/10.1016/B978-0-12-407724-9.00006-9>
- Gunuc, S. (2017). *Egitimde teknoloji entegrasyonunun kuramsal temelleri* [Theoretical foundations of technology integration in education]. Ankara: Ani Publishing.

- Haferkamp, N., & Krämer, N. C. (2011). Social comparison 2.0: Examining the effects of online profiles on social-networking sites. *Cyberpsychology, Behavior, and Social Networking*, 14(5), 309-314. <https://doi.org/10.1089/cyber.2010.0120>
- Hawi, M. N., & Samaha, M. (2017). The Relations Among Social Media Addiction, Self-Esteem, and Life Satisfaction in University Students. *Social Science Computer Review*, 576-586.
- He, D., Shen, X., & Liu, Q.-Q. (2020). *The relationship between upward social comparison on SNSs and excessive smartphone use: A moderated mediation analysis. Children and Youth Services Review*, 116, 105232. doi:10.1016/j.childyouth.2020.105232.
- Helgeson, V. S., & Mickelson, K. D. (1995). Motives for social comparison. *Personality and Social Psychology Bulletin*, 21, 1200-1209.
- Huang, Chiungjung. (2020). A meta-analysis of the problematic social media use and mental health. *International Journal of Social Psychiatry*. Vol 68 (1). <https://doi.org/10.1177/0020764020978434>
- Keida, Gayannee., Mussweiler, Thomas., & Linden, David EJ. (2014). Brain mechanisms of social comparison and their influence on the reward system. *Neuro report*. Vol 25(1), 255 - 265. DOI: 10.1097/WNR.0000000000000255
- Kaplan, H.B. dan Stiles, B. L. (2004). Adverse social comparison processes and negative self – feelings: a test of alternative models. *Social Behavior and Personality*, 2004.
- Kim, M. J. (2018). *East and West World*. EBS Documentary. Yedam Publishing Company.
- Kim, Seon-Jeong., & Lim, Young-jin. (2021). Peer pressure and SNS addiction in adolescents: The mediating role of SNS-Use motives. *Canadian Journal of School Psychology*. Vol 36(1), 23 - 33. <https://doi.org/10.1177/0829573520963277>

- Kim, H., Schlicht, R., Schardt, M., & Florack, A. (2021). The contributions of social comparison to social network site addiction. *PloS one*, 16(10), e0257795. <https://doi.org/10.1371/journal.pone.0257795>
- Kircaburun, K., Jonason, P. K., and Griffiths, M. D. (2018). The Dark Tetrad traits and problematic social media use: The mediating role of cyberbullying and cyberstalking. *Personality and Individual Differences*, 135, 264-269.
- Kircaburun, K., Kokkinos, C. M., Demetrovics, Z., Király, O., Griffiths, M. D., and Çolak, T. S. (2018). Problematic online behaviors among adolescents & emerging adults: Associations between cyberbullying perpetration, problematic social media use and psychosocial factors. *International Journal of Mental Health and Addiction*, 1-18.
- Kocabiyik, O. (2021). The role of social comparison and rumination in predicting social media addiction. *International Journal of Research in Education and Science (IJRES)*, 7(2), 327-338. <https://doi.org/10.46328/ijres.1756>
- Lee, S. (2014). How do people compare themselves with others on social network sites? The case of Facebook. *Computers in Human Behavior*, 32, 253-260. <https://doi.org/10.1016/j.chb.2013.12.009>
- Lewin, Kaitlin M., Ellithrope, Morgan E., & Meshi, Dar. (2022). Social comparison and problematic social media use: Relationship between five different social media platform and three different social media comparison constructs. *Personality and Individual Differences*. Vol 199. <https://doi.org/10.1016/j.paid.2022.111865>
- Lin, X. Y., & Lachman, M. (2020). Age differences in the relationship between daily social media usage and affect. *Innovation in Aging*. 4, 410. <https://doi.org/10.1093/geroni/igaa057.1320>

- Listari, Ratih., & Wimbarti, Supra. (2018). Peran fear of missing out (FoMO) dan kontrol diri terhadap kecenderungan adiksi media sosial pada remaja. Thesis. Universitas Gadjah Mada
- Lyu, Z., Zheng, P., & Kou, D. (2023). Social Comparison and Female Adolescents' Selfie Behaviors: Body Surveillance as the Mediator and Self-Esteem as the Moderator. *Psychological reports*. <https://doi.org/10.1177/00332941231162006>
- Mahdi, M Ivan. (2022). Pengguna media sosial di Indonesia capai 191 juta pada 2022. Diakses pada tanggal 29 Januari 2023 melalui <https://dataindonesia.id/digital/detail/pengguna-media-sosial-di-indonesia-capai-191-juta-pada-2022>
- Mahmudan, Ali. (2022). Warga Indonesia Paling Sering Akses Media Sosial di Internet. Diakses pada tanggal 15 Januari 2023 melalui <https://dataindonesia.id/digital/detail/wargaindonesia-paling-sering-akses-media-sosial-diinternet>.
- Mangundjaya, Wustari. (2010). Is There Cultural Change In The National Cultures Of Indonesia? in *Steering Cultural Dynamics*.
- Mari, Emanuela., Biondi, Silvia., Varchetta, Manuel., Cricrenti, Clarissa., Frascchetti, Angelo., Pizzo, Alessandra., Barchiellu, Benedelta., Roma, Paolo., Vilar, Manual Marti., Sala, Francisco Gonzales., Giannini, Anna Maria., & Quaglieri. (2023). Gender differences in internet addiction: A study on variables related to its possible development. *Computers in Human Behavior Reports*. Vol 9. <https://doi.org/10.1016/j.chbr.2022.100247>
- Martínez, Aparicio., Pilar & Ruiz-Rubio, Manuel & Perea, Alberto & Martinez Jimenez, María del Pilar & Pagliari, Claudia & Redel-Macías, María & Vaquero, Manuel. (2019). Gender differences in the addiction to social networks in the Southern

- Spanish university students. *Telematics and Informatics*. 46. 101304. 10.1016/j.tele.2019.101304.
- Meier, A., & Johnson, BK. (2022). Social comparison and envy on social media: A critical review. *Curr Opin Psychol*. doi: 10.1016/j.copsyc.2022.101302.
- Mufida, Ulfa Kusuma. (2018). Hubungan antara orientasi perbandingan sosial dengan kesepian pada remaja pengguna instagram. Universitas Brawijaya
- Montag, C., Yang, H., & Elhai JD. (2021). On the Psychology of TikTok Use: A First Glimpse From Empirical Findings. *Frontiers in Public Health* 9:641673. doi: 10.3389/fpubh.2021.641673
- Park, Hyun Jee. (2022). Impact of facebook usage intensity on fear of missing out and depression: moderated mediating effect of facebook usage behavior. *Telematics and Informatics*. 74. <https://doi.org/10.1016/j.tele.2022.101878>.
- Przybylski, Andrew., Murayama, Kou., DeHaan, Cody., & Gladwell, Valerie. (2013). Motivational, Emotional, and Behavioral Correlates of Fear of Missing Out. *Computers in Human Behavior*. 29. 1841-1848. 10.1016/j.chb.2013.02.014.
- Rautela, Sonica., & Sharma, Sarika. (2022). Fear of missing out (FoMO) to the joy of missing out (JoMO): shifting dunes of problematic usage of the internet among social media users. *Journal of Information, Communication, and Ethics in Society*. Vol 20(4). <https://doi.org/10.1108/JICES-06-2021-0057>
- Reid Chassiakos, Yolanda., Radesky, Jenny., Christakis, Dimitri., Moreno, Megan., Cross, Corinn. (2016). Children and adolescents and digital media. *American Academy of Pediatrics*. Vol 138(5), <https://doi.org/10.1542/peds.2016-2593>
- Rousseau, J. M., & Puttaraju, K. (2014). A Study on Gender Differential Factors in Uses of Social Networking Sites . *International Journal of Humanities and Social Science Invention*, 31-40.

Savci, Mustafa., Turan, Mehmet Emin., Griffiths, Mark. D., & Ercengiz, Mustafa. (2021).

Histrionic Personality, Narcissistic Personality, and Problematic Social Media Use:

Testing of a New Hypothetical Model. *International Journal of Mental Health*

*Addiction* 19, 986–1004. <https://doi.org/10.1007/s11469-019-00139-5>

Schmuck, D., Karsay, K., Matthes, J., & Stevic, A. (2019). “Looking Up and Feeling

Down”. *The influence of mobile social networking site use on upward social*

*comparison, self-esteem, and well-being of adult smartphone users. Telematics and*

*Informatics*, 42, 101240. doi:10.1016/j.tele.2019.101240

Servidio, R., Sinatra, M., Griffiths, M. D., & Monacis, L. (2021). Social comparison

orientation and fear of missing out as mediators between self-concept clarity and

problematic smartphone use. *Addictive Behaviors*, 122, 107014.

doi:10.1016/j.addbeh.2021.107014

Shabir, Ghulam., Hameed, Yousef., Mahmood, Yoesef., Safdar, Ghulam., & Gilani, Syed

Muhammad Farouq Shah. (2014). The impact of social media on youth: A case

study of Bahawalpur City. *Asian Journal of Social Sciences & Humanities*. Vol

3(4). ISSN: 2186-8492.

Sheldon, Pavica., Antony, Mary Grace., & Sykes, Britney. (2020). Predictors of

problematics social media use: personality and life-position indicators. Vol 124(3).

<https://doi.org/10.1177/0033294120934706>

Silmi, Zahrul Khafida., Rachmawati, Wiwin Renny., Sugiarto, Angga., & Hastuti, Tulus

Puji. (2020). Correlation of intensity of use of social media with the level of social

anxiety in adolescents. *Midwifery and Nursing Research Journal*. Vol 2(02). e-

ISSN: 2685-2012

Starcevic, V. (2013). Is Internet addiction a useful concept? Australian and New Zealand

*Journal of Psychiatry*, 47, 16–19. <https://doi.org/10.1177/0004867412461693>

- Sugiyono. (2017). *Metode Penelitian Kuantitatif, Kualitatif, dan R&D*. Bandung : Alfabeta.
- Sumen, A., & Evgin, D. (2021) Social Media Addiction in High School Students: A cross-sectional study examining its relationship with sleep quality and psychological problems. *Child Ind Res.* 14(2265-2283). <https://doi.org/10.1007/s12187-021-09838-9>
- Tandon, Anushree., Dhir, Amandeep., Talwar, Shalini., Kaur, Puneet., & Mäntymäki, Matti. (2021). Dark consequences of social media-induced fear of missing out (FoMO): Social media stalking, comparisons, and fatigue. *Technological Forecasting and Social Change*. doi:10.1016/j.techfore.2021.120931
- Taormina, Robert & Gao, Jennifer. (2013). Maslow and the Motivation Hierarchy: Measuring Satisfaction of the Needs. *The American journal of psychology*. 126. 155-77. 10.5406/amerjpsyc.126.2.0155.
- Taylor, S. E., Buunk, B. P., & Aspinwall, L. G. (1990). Social comparison, stress, and coping. *Personality and Social Psychology Bulletin*, 16(1), 74–89. <https://doi.org/10.1177/0146167290161006>
- Taylor, S. E., Peplau, L. A., & Sears, D. O. (2009). *Psikologi Sosial*. Jakarta: Prenadamedia Group.
- Turan, Aykut Hamit., & Koc, Tugba. (2020). The relationships among social media intensity, smartphone addiction, and subjective wellbeing of turkish college students. *The International Society for Quality of Life Studies*. <https://doi.org/10.1007/s11482-020-09857-8>
- Underwood, M. K., & Ehrenreich, S. E. (2017). The power and the pain of adolescents' digital communication: Cyber victimization and the perils of lurking. *American Psychologist*, 72(2), 144–158. <https://doi.org/10.1037/a0040429>

- Vogel, E. A., Rose, J. P., Okdie, B. M., Eckles, K., & Franz, B. (2015). *Who compares and despairs? The effect of social comparison orientation on social media use and its outcomes. Personality and Individual Differences*, 86, 249–256. doi:10.1016/j.paid.2015.06.026
- Wang, Zihao., Yang, Haibo., & Elhai, Jon D. (2022). Are there gender differences in comorbidity symptoms networks of problematic social media use, anxiety, and depression symptoms? Evidence from network analysis. *Persoality and Individual Differences*. Vol. 195. <https://doi.org/10.1016/j.paid.2022.111705>
- Warzecha K. (2016). Statystyczna analiza aktywności internetowej śląskiej młodzieży w kontekście uzależnienia od Internetu. Stud Ekon. Zesz Nauk Uniwersytetu Ekonomicznego w Katowicach. 264:75-96.
- Whiting, Anita & Williams, David. (2013). Why people use social media: A uses and gratifications approach. *Qualitative Market Research*. 16. 10.1108/QMR-06-2013-0041.
- Widhiarso, Wahyu. (2009). Prosedur analisis regresi dengan v moderator tunggal melalui SPSS.
- Widhiarso, Wahyu. (2012). Detecting the Error Response in Psychological Scale by Social Desirability Scale.
- Widhiarso, Wahyu. (2017). Pengkategorian data dengan menggunakan statistik hipotetik dan statistik empirik.
- Williams, M.D., Slade, E., Dwivedi, Y., & Piercy, N. (2015). Exploring consumer adoption of proximity mobile payments. *Journal of Strategic Marketing*. Vol 23(3), 209 - 223. <https://doi.org/10.1080/0965254X.2014.914075>

- Wojdan, Witold., Widowiak, Krystian., Witas, Aleksandra., Drogon, Justyna., & Brakowiecki, Wojciech. (2020). The impact of social media on the lifestyle of young people. *Journal of Public Health*. Vol 130. 10.2478/pjph-2020-0003
- Wong, Adrian., Ho, Serene., Olusanya, Olusegun., Antonini, Marta Velia., & Lyness, David. (2021). The use of social media and online communications in times of pandemic COVID-19. *Journal of Intensive Care Society*. Vol 22(3): 255-260.
- Yang, C., Holden, S. M., & Carter, M. D. K. (2018). *Social Media Social Comparison of Ability (but not Opinion) Predicts Lower Identity Clarity: Identity Processing Style as a Mediator. Journal of Youth and Adolescence*. doi:10.1007/s10964-017-0801-6
- Yang, Chia-chen., & Robinson, Angela. (2018). Not Necessarily Detrimental: Two Social Comparison Orientations and Their Associations With Social Media Use and College Social Adjustment. *Computers in Human Behavior*. doi: 10.1016/j.chb.2018.02.020