

## DAFTAR PUSTAKA

- Academy of Nutrition and Dietetics. (2020). *Academy of Nutrition and Dietetics Definition of Terms List*. Academy of Nutrition and Dietetics.
- Adair, D. (2021). Telehealth and Kidney Care: Helping Patients Understand and Access Telemedicine. *Journal of Renal Nutrition*, 31(5), e1-e6.
- Adiputra, P. A. T. (2020) Dampak Pandemi COVID - 19 pada Pelayanan Pasien Kanker di Rumah Sakit Tersier di Indonesia: Serial Kasus. *Jurnal Bedah Nasional*, 4(1), 29–33.
- Al-Awadhi, B., Fallaize, R., Zenun Franco, R., Hwang, F., & Lovegrove, J. A. (2021). Insights into the delivery of personalized nutrition: evidence from face-to-face and web-based dietary interventions. *Frontiers in Nutrition*, 7, 570531.
- Alghamdi, S. M., Aldhahir, A. M., Alqahtani, J. S., Siraj, R. A., Alsulayyim, A. S., Almojaibel, A. A., ... dan Alqarni, A. A. (2022). Healthcare Providers' Perception and Barriers Concerning the Use of Telehealth Applications in Saudi Arabia: A Cross-Sectional Study. In Healthcare. *Multidisciplinary Digital Publishing Institute*, 10(8), 1527.
- Alkabban, F. M. dan Ferguson, T. (2021). Breast Cancer. *StatPearls Publishing*.
- Almathami, H. K. Y., Win, K. T., dan Vlahu-Gjorgievska, E. (2020). Barriers and Facilitators that Influence Telemedicine-Based, Real-Time, Online Consultation at Patients' Homes: Systematic Literature Review. *Journal of Medical Internet Research*, 22(2), e16407.
- Alonso-Domínguez, R., García-Ortiz, L., Patino-Alonso, M. C., Sánchez-Aguadero, N., Gómez-Marcos, M. A., dan Recio-Rodríguez, J. I. (2019). Effectiveness of A

Multifactorial Intervention in Increasing Adherence to The Mediterranean Diet Among Patients with Diabetes Mellitus Type 2: A Controlled and Randomized Study (EMID Study). *Nutrients*, 11(1), 162.

American Cancer Society. (2019). *Breast Cancer Facts & Figures 2019-2020*. Atlanta: American Cancer Society.

Ayubbana, S. dan Narulita, S. (2020). Fatigue dan Status Nutrisi pada Pasien dengan Kanker Payudara yang Menjalani Kemoterapi. *Holistik Jurnal Kesehatan*, 13(4), 278-83.

Badawy, S. M. dan Radovic, A. (2020). Digital Approaches to Remote Pediatric Health Care Delivery During The Covid-19 Pandemic: Existing Evidence and A Call For Further Research. *JMIR pediatrics and parenting*, 3(1), e20049.

Bailey, S. dan Lin, J. (2021). The Association of Osteoporosis Knowledge and Beliefs with Preventive Behaviors in Postmenopausal Breast Cancer Survivors. *BMC Women's Health*, 21(1), 1-8.

Balzano, V., Giraud, V. D., Sauger, C., Lefebvre, C., Heitzmann, P., Lecomtef, T., dan Dorvalg, É. (2020). Prevalence of Malnutrition And Frailty in Elderly Cancer Patients and Resulting Impact on Primary Treatment Recommendations in Colorectal and Breast Cancer. *Journal of Nutritional Oncology*, 5(4), 162-169.

Bauer, K. D. dan Liou, D. (2020). *Nutrition Counseling and Education Skill Development*. Boston: Cengage Learning.

Berninger-Schäfer, E. (2022). Quality in Online Coaching. *Online Coaching*. Wiesbaden: Springer Fachmedien Wiesbaden

Bokkers, K., Bleiker, E. M., Aalfs, C. M., van Dalen, T., Velthuisen, M. E., Duijveman, P., ... dan Ausems, M. G. (2023). Surgical Oncologists and Nurses in Breast Cancer Care are Ready to Provide Pre-Test Genetic Counseling. *Annals of Surgical Oncology*, 1-11.

Bonsu, A. B. dan Ncama, B. P. (2019). Recognizing and Appraising Symptoms of Breast Cancer as A Reason for Delayed Presentation in Ghanaian Women: A Qualitative Study. *PLoS One*, 14(1), e0208773.

Boyar, A. P., Rose, D. P., Loughridge, J. R., Engle, A., Palgi, A., Laakso, K., ... dan Wynder, E. L. (1988). Response to A Diet Low in Total Fat in Women with Postmenopausal Breast Cancer: A Pilot Study. *Nutrition and Cancer*, 11(2), 93-99.

Breen, K. E., Tuman, M., Bertelsen, C. E., Sheehan, M., Wylie, D., Fleischut, M. H., ... dan Hamilton, J. G. (2022). Factors Influencing Patient Preferences for Telehealth Cancer Genetic Counseling During the COVID-19 Pandemic. *JCO Oncology Practice*, 18(4), e462-e471.

Brunton, C., Arensberg, M. B., Drawert, S., Badaracco, C., Everett, W., dan McCauley, S. M. (2021). Perspectives of Registered Dietitian Nutritionists on Adoption of Telehealth for Nutrition Care During The Covid-19 Pandemic. *Healthcare*, 9(2), 235.

Buja, A., Pierbon, M., Lago, L., Grotto, G., dan Baldo, V. (2020). Breast Cancer Primary Prevention and Diet: An Umbrella Review. *International Journal of Environmental Research and Public Health*, 17(13), 4731.

- Burden, S., Sremanakova, J., Jones, D., dan Todd, C. (2019). Dietary Interventions for Cancer Survivors. *Proceedings of the Nutrition Society*, 78(1), 135-145.
- Butzner, M. dan Cuffee, Y. (2021). Telehealth interventions and outcomes across rural communities in the United States: narrative review. *Journal of medical Internet research*, 23(8), e29575.
- Caillet, P., Evelyne L., Agathe R.S., Marc B., Olivier G., Gilles B., Bruno L., Claude J., Monique F., Yves R., dan Elena P. (2017) Association Between Cachexia, Chemotherapy and Outcomes in Older Cancer Patients: A Systematic Review. *Clinical Nutrition*, 36(6), 1473-1482.
- Calcaterra, V., Verduci, E., Vandoni, M., Rossi, V., Di Profio, E., Carnevale Pellino, V., ... dan Zuccotti, G. (2021). Telehealth: A Useful Tool for The Management of Nutrition and Exercise Programs in Pediatric Obesity in The COVID-19 Era. *Nutrients*, 13(11), 3689.
- Cancer Research UK. (2020). Breast Cancer Stages, Types, and Grades. *Cancer Research UK*.
- Cano-Ibáñez, N., Gea, A., Ruiz-Canela, M., Corella, D., Salas-Salvadó, J., Schröder, H., ... dan Bueno-Cavanillas, A. (2020). Diet Quality and Nutrient Density in Subjects with Metabolic Syndrome: Influence of Socioeconomic Status and Lifestyle Factors. *Clinical Nutrition*, 39(4), 1161-1173.
- Cederholm, T., Barazzoni, R. O. C. C. O., Austin, P., Ballmer, P., Biolo, G. I. A. N. N. I., Bischoff, S. C., ... dan Singer, P. (2017). ESPEN Guidelines on Definitions and Terminology of Clinical Nutrition. *Clinical nutrition*, 36(1), 49-64.

- Cereda, E., Cappello, S., Colombo, S., Klersy, C., Imarisio, I., Turri, A., ... dan Caccialanza, R. (2018). Nutritional Counseling With or Without Systematic Use of Oral Nutritional Supplements in Head and Neck Cancer Patients Undergoing Radiotherapy. *Radiotherapy and Oncology*, 126(1), 81-88.
- Chanihoon, G. Q., Unar, A., Memon, A. A., Jafar, T. H., Shaikh, H. I., Sani, A., ... dan Qureshi, M. (2021). An AAS Dependent Method for Quantitative Analysis of Essential Trace Elements from Blood Samples of Pakistani Female Breast Cancer Patients. *Advances in Breast Cancer Research*, 10(3), 44-59.
- Charishma, G. C. G., Kusuma, P. N. K. P. N., dan Narendra, J. B. N. J. B. (2020). Review on Breast Cancer and Its Treatment. *International Journal of Indigenous Herbs and Drugs*, 21-26.
- Chen, L., Bai, P., Kong, X., Huang, S., Wang, Z., Wang, X., ... dan Wang, J. (2021). Prognostic Nutritional Index (Pni) in Patients With Breast Cancer Treated with Neoadjuvant Chemotherapy as A Useful Prognostic Indicator. *Frontiers In Cell And Developmental Biology*, 9, 656741.
- Cho, I. Y., Lee, K. M., Lee, Y., Paek, C. M., Kim, H. J., Kim, J. Y., ... dan Bae, W. K. (2021). Assessment of Dietary Habits Using The Diet Quality Index—International in Cerebrovascular and Cardiovascular Disease Patients. *Nutrients*, 13(2), 542.
- Choi, Y. J., Crimmins, E. M., Kim, J. K., dan Ailshire, J. A. (2021). Food And Nutrient Intake And Diet Quality Among Older Americans. *Public Health Nutrition*, 24(7), 1638-1647.

- Coro, D. G., Hutchinson, A. D., Banks, S., dan Coates, A. M. (2022). Dietary Drivers and Challenges of Australian Breast Cancer Survivors: A Qualitative Study. *Women's Health Reports*, 3(1), 563-572.
- Custódio, I. D. D., Marinho, E. D. C., Gontijo, C. A., Pereira, T. S. S., Paiva, C. E., dan Maia, Y. C. D. P. (2016). Impact of Chemotherapy on Diet and Nutritional Status of Women with Breast Cancer: A Prospective Study. *PLoS One*, 11(6), e0157113.
- Da Costa, R. S. S. dan Da Silva, I. F. (2020). P53 Expression in benign Breast Disease Development: A Systematic Review. *Asian Pacific Journal of Cancer Prevention: APJCP*, 21(9), 2485.
- Dalwood, P., Marshall, S., Burrows, T. L., McIntosh, A., dan Collins, C. E. (2020). Diet Quality Indices and Their Associations with Health-Related Outcomes in Children and Adolescents: An Updated Systematic Review. *Nutrition Journal*, 19(1), 1-43.
- Darmon, N. dan Drewnowski, A. (2015). Contribution of Food Prices and Diet Cost to Socioeconomic Disparities in Diet Quality and Health: A Systematic Review and Analysis. *Nutrition Reviews*, 73(10), 643-660.
- De Cicco, P., Catani, M. V., Gasperi, V., Sibilano, M., Quaglietta, M., dan Savini, I. (2019). Nutrition and Breast Cancer: A Literature Review on Prevention, Treatment and Recurrence. *Nutrients*, 11(7), 1514.
- De Liz, Sheyla, Vieira, F., Geraldo, A. P., Assis, M. A., dan Di Pietro, P. F. (2020). Educational Nutritional Intervention Program Improved The Quality of Diet of

Women with Breast Cancer in Adjuvant Treatment. *Revista de Nutrição*, 33, e190145.

Demark-Wahnefried, W., Clipp, E. C., Morey, M. C., Pieper, C. F., Sloane, R., Snyder, D. C., dan Cohen, H. J. (2006). Lifestyle Intervention Development Study to Improve Physical Function in Older Adults with Cancer: Outcomes from Project LEAD. *Journal of clinical oncology: official journal of the American Society of Clinical Oncology*, 24(21), 3465.

Dieny, F. F., Jauharany, F. F., Fitranti, D. Y., Tsani, A. F. A., Rahadiyanti, A., Kurniawati, D. M. A., dan Wijayanti, H. S. (2019). Kualitas Diet, Kurang Energi Kronis (Kek), dan Anemia Pada Pengantin Wanita di Kabupaten Semarang. *Jurnal Gizi Indonesia*, 8(1), 1-10.

Dinas Kesehatan DIY. (2020). *Profil Kesehatan D.I. Yogyakarta Tahun 2020*. Dinas Kesehatan DIY

Early, K. B. dan Stanley, K. (2018). Position of The Academy of Nutrition And Dietetics: The Role of Medical Nutrition Therapy and Registered Dietitian Nutritionists in The Prevention and Treatment of Prediabetes and Type 2 Diabetes. *Journal of the Academy of Nutrition and Dietetics*, 118(2), 343-353.

Espino-Rosales, D., Lopez-Moro, A., Heras-González, L., Jimenez-Casquet, M. J., Olea-Serrano, F., dan Mariscal-Arcas, M. (2023). Estimation of The Quality of the Diet of Mexican University Students Using DQI-I. *Healthcare*, 11(1), 138.

Evert, A. B., Dennison, M., Gardner, C. D., Garvey, W. T., Lau, K. H. K., MacLeod, J., ... dan Yancy Jr, W. S. (2019). Nutrition Therapy for Adults with Diabetes or Prediabetes: A Consensus Report. *Diabetes Care*, 42(5), 731-754.

Fattahi, S., Seyyednejad, F., Sanaie, S., Parhizkar, T., dan Faramarzi, E. (2020).

Nutritional Status and Dietary Quality Index of Head and Neck Cancer Patients Undergoing Chemo Radiotherapy. *Journal of Research in Clinical Medicine*, 8(1), 14-14.

Fardet, A. dan Rock, E. (2019). Ultra-Processed Foods: A New Holistic Paradigm?.

*Food Science & Technology*, 93, 174-184.

Farhan, H. dan Tejasari, M. (2023, January). Scoping Review: Mekanisme

Antimetastasis Senyawa Bawang Putih (*Allium sativum*) pada Sel Kanker Payudara. *Bandung Conference Series: Medical Science*, 3(1).

Fogliata, A., Nicolini, G., Stravato, A., Reggiori, G., Scorsetti, M., dan Cozzi, L. (2018).

Target Dose Inhomogeneity Evaluation in Breast Cancer Due to Tissue Differences. *Radiotherapy and Oncology*, 127, S1051-S1051.

Frank, H. E., Amato, K., Trautwein, M., Maia, P., Liman, E. R., Nichols, L. M., ... dan

Dunn, R. R. (2022). The Evolution of Sour Taste. *Proceedings of the Royal Society B*, 289(1968), 20211918.

Gardiarini, P. (2014). *Kualitas Diet, Sosio-Demografi, dan Dukungan Keluarga*

*Hubungannya dengan Pengendalian Gula Darah pada Penderita Diabetes Melitus Tipe 2 di Rumah Sakit Kanujoso Djatiwibowo (RSKD) Balikpapan*. Universitas Gadjah Mada.

Gearan, E. dan Niland, K. (2019). Older Americans Act Title III-C Nutrition Services

Program: Key Food Sources of Sodium, Saturated Fat, Empty Calories, and Refined Grains in the Diets of Program Participants. *Administration for Community Living*.



- Gebremedhin, S. dan Bekele, T. (2021). Evaluating The African Food Supply Against The Nutrient Intake Goals Set for Preventing Diet-Related Non-Communicable Diseases: 1990 to 2017 Trend Analysis. *Plos One*, 16(1), e0245241.
- Gebremedhin, T. K., Cherie, A., Tolera, B. D., Atinafu, B. T., dan Demelew, T. M. (2021). Prevalence And Risk Factors of Malnutrition Among Adult Cancer Patients Receiving Chemotherapy Treatment in Cancer Center, Ethiopia: Cross-Sectional Study. *Heliyon*, 7(6), e07362.
- Ghosn, B., Benisi-Kohansal, S., Ebrahimpour-Koujan, S., Azadbakht, L., dan Esmailzadeh, A. (2020). Association Between Healthy Lifestyle Score and Breast Cancer. *Nutrition Journal*, 19(1), 1-11.
- Gil, Á., de Victoria, E. M., dan Olza, J. (2015). Indicators for The Evaluation of Diet Quality. *Nutrición Hospitalaria*, 31(3), 128-144.
- GLOBOCAN. (2020). The Global Cancer Observatory: Indonesia. *World Health Organization*.
- Gogia, S. B., Maeder, A., Mars, M., Hartvigsen, G., Basu, A., dan Abbott, P. (2016). Unintended Consequences of Tele Health and Their Possible Solutions. *Yearbook of Medical Informatics*, 25(01), 41-46.
- Gottschalk, M. S., Eskild, A., Hofvind, S., Gran, J. M., dan Bjelland, E. K. (2020). Temporal Trends in Age at Menarche and Age at Menopause: A Population Study of 312 656 Women in Norway. *Human Reproduction*, 35(2), 464-471.
- Hendrayati, H. H., Chaerunnimah, C., Mustamin, M., dan Islam, A. D. (2022). Dampak Kemoterapi terhadap Status Gizi Berdasarkan Subjective Global Assesment

(SGA) pada Pasien Kanker Payudara (Ca. Mamae). *JGK: Jurnal Gizi dan Kesehatan*, 2, 57-62.

Hiza, H. A., Koegel, K. L., dan Pannucci, T. E. (2018). Diet Quality: The Key to Healthy Eating. *Journal of the Academy of Nutrition and Dietetics*, 118(9), 1583-1585.

INDDEX Project. (2018). *Data4Diets: Building Blocks for Diet-related Food Security Analysis*. Tufts University, Boston, MA.

Jain, R., Coss, C., Whooley, P., Phelps, M., dan Owen, D. H. (2020). The Role of Malnutrition and Muscle Wasting in Advanced Lung Cancer. *Current oncology reports*, 22(6), 1-10.

Jeong S. H., An Y. S., dan Choi J. Y. (2017). Risk Reduction of Breast Cancer by Childbirth, Breastfeeding, and Their Interaction in Korean Women: Heterogeneous Effects Across Menopausal Status, Hormone Receptor Status, and Pathological Subtypes. *J Prev Med Public Health*, 50(6):401–410.

Jhingran, A. dan Meyer, L. A. (2021). Malignant Diseases of The Cervix: Microinvasive and Invasive Carcinoma: Diagnosis and Management. *Elsevier*, 674.

Jyv  rpi, S. (2016). Nutrition of Older People and The Effect of Nutritional Interventions on Nutrient Intake, Diet Quality and Quality of Life. University of Helsinki.

Karthus, M., Oskay-  zcelik, G., W  lfing, P., Hielscher, C., Guth, D., Zahn, M. O., ... dan Schilling, J. (2020). Real-World Evidence of NEPA, Netupitant-Palonosetron, in Chemotherapy-Induced Nausea and Vomiting Prevention: Effects on Quality of Life. *Future Oncology*, 16(14), 939-953.

Kementerian Kesehatan RI. (2009). Klasifikasi Umur menurut Kategori. Jakarta:

Kementerian Kesehatan RI.

Kementerian Kesehatan RI. (2014). *Pedoman Gizi Seimbang*. Jakarta: Kementerian Kesehatan RI

Kementerian Kesehatan RI. (2018). *Riset Kesehatan Dasar (Riskesdas) 2018*. Jakarta: Kementerian Kesehatan RI.

Kim, S., Haines, P. S., Siega-Riz, A. M., dan Popkin, B. M. (2003). The Diet Quality Index-International (DQI-I) Provides an Effective Tool for Cross-National Comparison of Diet Quality as Illustrated by China and The United States. *The Journal of Nutrition*, 133(11), 3476-3484.

Kranz, S., Hasan, F., Kennedy, E., Zoellner, J., Guertin, K. A., Shivappa, N., ... dan Cohn, W. (2022). Diet Quality and Dietary Inflammatory Index Score Among Women's Cancer Survivors. *International Journal of Environmental Research and Public Health*, 19(4), 1916.

Kridis, W. B., Karray, W., Marrekechi, G., Khanfir, A., dan Frikha, M. (2018). A Prospective Study About The Nutritional Status of Cancer Patients in The Southern of Tunisia. *Annals of Oncology*, 29, ix109.

Kusumawaty, J., Noviati, E., Sukmawati, I., Srinayanti, Y., dan Rahayu, Y. (2021). Efektivitas Edukasi SADARI (Pemeriksaan Payudara Sendiri) Untuk Deteksi Dini Kanker Payudara. *ABDIMAS: Jurnal Pengabdian Masyarakat*, 4(1), 496-501.

Lei, Y. Y., Ho, S. C., Cheng, A., Kwok, C., Cheung, K. L., He, Y. Q., ... dan Yeo, W. (2018). Dietary Changes in The First 3 Years After Breast Cancer Diagnosis:

A Prospective Chinese Breast Cancer Cohort Study. *Cancer Management And Research*, 10, 4073.

Lei, Y. Y., Ho, S. C., Kwok, C., Cheng, A., Cheung, K. L., Lee, R., ... dan Yeo, W. (2022). Association of High Adherence to Vegetables and Fruits Dietary Pattern with Quality of Life Among Chinese Women with Early-Stage Breast Cancer. *Quality of Life Research*, 1-14.

Ma, L., Wang, L., Nelson, A. T., Han, C., He, S., Henn, M. A., ... dan Nelson, E. R. (2020). 27-Hydroxycholesterol Acts on Myeloid Immune Cells to Induce T Cell Dysfunction, Promoting Breast Cancer Progression. *Cancer Letters*, 493, 266-283.

Mahtta, D., Daher, M., Lee, M. T., Sayani, S., Shishehbor, M., dan Virani, S. S. (2021). Promise And Perils of Telehealth in The Current Era. *Current Cardiology Reports*, 23(9), 1-6.

Manach, C., Milenkovic, D., Van de Wiele, T., Rodriguez-Mateos, A., de Roos, B., Garcia-Conesa, M. T., ... dan Morand, C. (2017). Addressing The Inter-Individual Variation in Response to Consumption of Plant Food Bioactives: Towards A Better Understanding of Their Role in Healthy Aging and Cardiometabolic Risk Reduction. *Molecular Nutrition & Food Research*, 61(6), 1600557.

Mansour, F., Mekhancha, D. E., Kadi, H., Yagoubi-Benatallah, L., Karoune, R., Colette-Dahel-Mekhancha, C., dan Nezzal, L. (2018). Malnutrition in Patients with Breast Cancer During Treatments (Algeria, 2016). *Nutrition clinique et métabolisme*, 32(2), 129-137.

- Mantuges, S. H., Widiyany, F. L., dan Astuti, A. T. (2021). Pola Konsumsi Makanan Tinggi Natrium, Status Gizi, dan Tekanan Darah pada Pasien Hipertensi di Puskesmas Mantok, Kabupaten Banggai, Sulawesi Tengah. *Ilmu Gizi Indonesia*, 4(02), 97-106.
- Marcelina, Amelia. (2021). Analisis Hubungan Antara Faktor Sosiodemografi dengan Preferensi Media dan Konten Edukasi Gizi secara Daring Bagi Pasien Kanker di Yogyakarta. *Skripsi*. Universitas Gadjah Mada.
- Mariscal-Arcas, M., Romaguera, D., Rivas, A., Feriche, B., Pons, A., Tur, J. A., dan Olea-Serrano, F. (2007). Diet Quality of Young People in Southern Spain Evaluated by A Mediterranean Adaptation of The Diet Quality Index-International (DQI-I). *British Journal of Nutrition*, 98(6), 1267-1273.
- Marshall, S., Burrows, T., dan Collins, C. E. (2014). Systematic Review of Diet Quality Indices and Their Associations with Health-related Outcomes in Children and Adolescents. *Journal of Human Nutrition and Dietetics*, 27(6), 577-598.
- Marty, L., de Lauzon-Guillain, B., Labesse, M., dan Nicklaus, S. (2021). Food Choice Motives and The Nutritional Quality of Diet During The COVID-19 Lockdown in France. *Appetite*, 157, 105005.
- Menon, D. U. dan Belcher, H. M. (2021). COVID-19 Pandemic Health Disparities and Pediatric Health Care—The Promise of Telehealth. *JAMA pediatrics*, 175(4), 345-346.
- Momenimovahed, Z. dan Salehiniya, H. (2019). Epidemiological Characteristics of and Risk Factors for Breast Cancer in The World. *Breast Cancer: Targets and Therapy*, 11, 151.

Morio, B., Penicaud, L., dan Rigoulet, M. (2019). *Mitochondria in Obesity and Type 2 Diabetes*. London: Academic Press.

Muscaritoli, M., Arends, J., dan Aapro, M. (2019). From Guidelines to Clinical Practice: A Roadmap for Oncologists for Nutrition Therapy for Cancer Patients. *Therapeutic advances in medical oncology*, 11, 1758835919880084.

Muslihah, N., Ariestiningsih, A. D., Almirra, I. R., dan Ginting, A. T. (2022). Nutritional Status and its Associations with Eating Behavior and Diet Quality among Adult: A Cross-Sectional Study. *Macedonian Journal of Medical Sciences*, 10(T8), 167-173.

National Cancer Institute. (2022a). Breast Cancer Treatment (Adult) (PDQ®)–Patient Version. *US Department of Health and Human Services - National Institutes of Health*.

National Cancer Institute. (2022b). Healthy Eating Index. *US Department of Health and Human Services - National Institutes of Health*.

Nkondjock, A., dan Ghadirian, P. (2007). Diet Quality and Brca-Associated Breast Cancer Risk. *Breast Cancer Research and Treatment*, 103(3), 361-369.

Nurjaya, N., Candriasih, P., dan Ananda, D. R. (2021). Case Study of Standard Nutritional Care Processes on Dyspepsia Patients in Seroja Pavilion Undata Palu Hospital. *Jurnal Ilmiah Gizi*, 2(1), 1-9.

Onufrak, S. J., Zaganjor, H., Pan, L., Lee-Kwan, S. H., Park, S., dan Harris, D. M. (2019). Foods and Beverages Obtained at Worksites in The United States. *Journal of the Academy of Nutrition and Dietetics*, 119(6), 999-1008.

Parker, S. (2019). *Clinical Guidelines for The Management of Breast Cancer*. England: NHS.

Peregrin, T. (2019). Telehealth is Transforming Health Care: What You Need to Know to Practice Telenutrition. *Journal of the Academy of Nutrition and Dietetics*, 119(11), 1916-1920.

Pierce, J. P., Natarajan, L., Caan, B. J., Parker, B. A., Greenberg, E. R., Flatt, S. W., ... dan Stefanick, M. L. (2007). Influence of A Diet Very High in Vegetables, Fruit, and Fiber and Low in Fat on Prognosis Following Treatment for Breast Cancer: The Women's Healthy Eating and Living (WHEL) Randomized Trial. *Jama*, 298(3), 289-298.

Pierce, J.P., Newman, V.A., Flatt, S.W., Faerber, S., Rock, C.L., Natarajan, L., Caan, B.J., ... dan Kealey, S. (2004). Telephone Counseling Intervention Increases Intakes of Micronutrient and Phytochemical-Rich Vegetables, Fruit and Fiber in Breast Cancer Survivors. *The Journal of Nutrition*, 134 (2), 452-458.

Pisegna, J., Xu, M., Spees, C., dan Krok-Schoen, J. L. (2021). Mental Health-Related Quality of Life is Associated with Diet Quality Among Survivors of Breast Cancer. *Supportive Care in Cancer*, 29(4).

Pristiwati, A. D., Aniroh, U., dan Wakhid, A. (2018). Hubungan Dukungan Keluarga dengan Respon Psikologis Pasien Kanker Payudara yang Menjalani Kemoterapi di Poliklinik Onkologi RSUD Kabupaten Temanggung. *Indonesian Journal of Nursing Research (IJNR)*, 1(1).

- Rahi, S., Khan, M. M., dan Alghizzawi, M. (2021). Factors Influencing The Adoption of Telemedicine Health Services During Covid-19 Pandemic Crisis: An Integrative Research Model. *Enterprise Information Systems*, 15(6), 769-793.
- Ramadas, A., Tham, S. M., Lalani, S. A., dan Shyam, S. (2021). Diet Quality of Malaysians Across Lifespan: A Scoping Review of Evidence in A Multi-Ethnic Population. *Nutrients*, 13(4), 1380.
- Ramadhani, P. P., Dieny, F. F., Kurniawati, D., Sandi, H., Fitranti, D. Y., Rahadiyanti, A., dan Tsani, A. F. A. (2021). Household Food Security and Diet Quality with Chronic Energy Deficiency Among Preconception Women. *Indones. J. Nutr*, 9, 111-122.
- Retnaningrum, G., dan Dieny, F. F. (2015). Kualitas Diet dan Aktivitas Fisik pada Remaja Obesitas dan Non Obesitas. *Journal of Nutrition College*, 4(4), 469-479.
- Ravasco, P., Monteiro-Grillo, I., dan Camilo, M. (2012). Individualized Nutrition Intervention Is of Major Benefit to Colorectal Cancer Patients: Long-Term Follow-Up of A Randomized Controlled Trial of Nutritional Therapy. *The American journal of clinical nutrition*, 96(6), 1346-1353.
- Raven, M. dan Bywood, P. (2013). *Allied Health Video Consultation Services*. Adelaide: PHCRI Service.
- Reitz, L. K., Schroeder, J., Raick, M., de Fragas Hinnig, P., Vieira, F. G. K., De Assis, M. A. A., ... dan Di Pietro, P. F. (2022). Diet Quality Influences the Occurrence of Food Aversions in Women Undergoing Adjuvant Chemotherapy for Breast



Cancer. *International Journal of Environmental Research and Public Health*, 19(21), 13915.

Ribas, A., Sengupta, R., Locke, T., Zaidi, S. K., Campbell, K. M., Carethers, J. M., ... dan D'Souza, G. (2021). Priority Covid-19 Vaccination for Patients with Cancer While Vaccine Supply is Limited. *Cancer discovery*, 11(2), 233-236.

Rifqi, N. Y. (2022). Pemberian Konseling Gizi Terhadap Tingkat Pengetahuan Diet Kanker, Tingkat Konsumsi (Energi, Protein, Vitamin C) Pada Pasien Kanker Payudara Dengan Kemoterapi Di Kota Malang. *NUTRITURE JOURNAL*, 1(1), 9-17.

Rizka, A., Akbar, M. K., dan Putri, N. A. (2022). Kanker payudara Sinistra T4bN2M1 Metastasis Pleura. *AVERROUS: Jurnal Kedokteran dan Kesehatan Malikussaleh*, 8(1), 23-31.

Rizqi, F., Susetyowati, S., dan Ermamilia, A. (2020). Hubungan Antara Asupan Energi dan Protein dengan Perubahan Berat Badan dan Kekuatan Genggam Tangan Pasien Kanker Rawat Inap di RSUP Dr. Sardjito. *Ilmu Gizi Indonesia*, 4 (1), 19-28.

Rozga, M., Handu, D., Kelley, K., Jimenez, E. Y., Martin, H., Schofield, M., dan Steiber, A. (2021). Telehealth During The Covid-19 Pandemic: A Cross-Sectional Survey of Registered Dietitian Nutritionists. *Journal of the Academy of Nutrition and Dietetics*, 121(12), 2524-2535.

RSUP Dr. Sardjito. (2023). *Laporan Kinerja (LKJ)*. Yogyakarta: RSUP Dr. Sardjito.

Sanz, E. Á., Siles, M. G., Fernández, L. R., Roldán, R. V., Domínguez, A. R., dan Abilés, J. (2019) Nutritional Risk and Malnutrition Rates at Diagnosis of Cancer

in Patients Treated in Outpatient Settings: Early Intervention Protocol.  
*Nutrition*, 57, 148-153.

Saputri, D. A. dan Novitasari, A. (2021). Hubungan Pola konsumsi Dengan Kadar Kolesterol Masyarakat Di Kota Bandar Lampung. *Serambi Saintia: Jurnal Sains dan Aplikasi*, 9(1), 8-22.

Sayón-Orea, C., Razquin, C., Bulló, M., Corella, D., Fitó, M., Romaguera, D., ... dan Martínez-González, M. A. (2019). Effect of A Nutritional and Behavioral Intervention on Energy-Reduced Mediterranean Diet Adherence Among Patients with Metabolic Syndrome: Interim Analysis of The PREDIMED-Plus Randomized Clinical Trial. *Jama*, 322(15), 1486-1499.

Sekarini, A. G. A., Fitranti, D. Y., Tsani, A. F. A., dan Noer, E. R. (2022). Hubungan Emotional Eating dan Kualitas Diet dengan Kenaikan Berat Badan Pada Mahasiswi Saat Pandemi COVID-19. *Amerta Nutrition*, 6(3), 272-280.

Sembiring, E. E. dan Pondaag, F. A. (2022). Dukungan Keluarga Pasien Kanker Payudara di RSUP Prof. Dr. Rd Kandou. *Jurnal Ners*, 6(2), 17-21.

Shaharudin, S. H., Sulaiman, S., Shahril, M. R., Emran, N. A., dan Akmal, S. N. (2013). Dietary Changes among Breast Cancer Patients in Malaysia. *Cancer Nursing*, 36(2), 131-138.

Shan, Z., Rehm, C. D., Rogers, G., Ruan, M., Wang, D. D., Hu, F. B., ... dan Bhupathiraju, S. N. (2019). Trends in Dietary Carbohydrate, Protein, and Fat Intake and Diet Quality among US Adults, 1999-2016. *Jama*, 322(12), 1178-1187.

- Shi, Z., Rundle, A., Genkinger, J. M., Cheung, Y. K., Ergas, I. J., Roh, J. M., ... dan Greenlee, H. (2020). Distinct Trajectories of Fruits and Vegetables, Dietary Fat, and Alcohol Intake Following A Breast Cancer Diagnosis: The Pathways Study. *Breast Cancer Research and Treatment*, 179, 229-240.
- Shidqi, Z. N., Saraswati, L. D., Kusariana, N., Sutiningsih, D., dan Udiyono, A. (2022). Faktor-Faktor Keterlambatan Diagnosis Kanker Pada Pasien Kanker Payudara: Systematic Review. *Jurnal Epidemiologi Kesehatan Komunitas*, 7(2), 471-481.
- Shien, T. dan Iwata, H. (2020). Adjuvant and Neoadjuvant Therapy for Breast Cancer. *Japanese Journal of Clinical Oncology*, 50(3), 225-229.
- Snyder, D. C., Sloane, R., Haines, P. S., Miller, P., Clipp, E. C., Morey, M. C., ... dan Demark-Wahnefried, W. (2007). The Diet Quality Index-Revised: A Tool to Promote and Evaluate Dietary Change Among Older Cancer Survivors Enrolled in A Home-Based Intervention Trial. *Journal of the American Dietetic Association*, 107(9), 1519-1529.
- Sofi, N. Y., Jain, M., Kapil, U., dan Yadav, C. P. (2019). Epidemiological Characteristics of Breast Cancer Patients Attending A Tertiary Health-Care Institute in The National Capital Territory of India. *Journal of cancer research and therapeutics*, 15(5), 1087.
- Sofiani, E. G. dan Kes, S. R. A. (2018). Tingkat Pengetahuan Gizi, Asupan Energi-Protein dan Status Gizi Pasien Kanker Nasofaring yang Mendapatkan Kemoterapi. *Darussalam nutrition journal*, 2(2), 14-20.

- Staiano, A. E., Beyl, R. A., Guan, W., Hendrick, C. A., Hsia, D. S., dan Newton, R. L. (2018). Home-Based Exergaming Among Children with Overweight and Obesity: A Randomized Clinical Trial. *Pediatric obesity*, 13(11), 724-733.
- Sun, Y., Bao, W., Liu, B., Caan, B. J., Lane, D. S., Millen, A. E., ... dan Snetselaar, L. G. (2018). Changes in overall diet quality in relation to survival in postmenopausal women with breast cancer: Results from the Women's Health Initiative. *Journal of the Academy of Nutrition and Dietetics*, 118(10), 1855-1863.
- Sun, Y., Zheng, Y., Yang, X., Xie, K., Du, C., He, L., ... dan Zhu, J. (2021). Incidence of Chemotherapy-Induced Nausea and Vomiting Among Cancer Patients Receiving Moderately to Highly Emetogenic Chemotherapy in Cancer Centers in Sichuan, China. *Journal of Cancer Research and Clinical Oncology*, 147, 2701-2708.
- Sung, H., Ferlay, J., Siegel, R. L., Laversanne, M., Soerjomataram, I., Jemal, A., dan Bray, F. (2021). Global cancer statistics 2020: GLOBOCAN estimates of incidence and mortality worldwide for 36 cancers in 185 countries. *CA: A Cancer Journal for Clinicians*, 71(3), 209-249.
- Susetyowati, S., Dwidanarti, S. R., Pangastuti, R., Wulandari, H., Faza, F., dan Sanubari, N. D. M. G. (2021). The Effect of Nutrition Counseling on Nutritional Status for Breast Cancer Patients in Dr. Sardjito Hospital, Indonesia. *The Indonesian Journal of Nutrition*, 10(1), 61-71.

- Susanti, I., Khasanah, I. N., dan Triyanto, A. (2023). Implementasi Telehealth dalam Meningkatkan Perawatan Paliatif pada Pasien Kanker di Era 4.0: Scoping Review. *Jurnal Keperawatan Klinis dan Komunitas*, 7(1), 40-48.
- Taha, Z. dan Eltom, S. E. (2018). The Role of Diet and Lifestyle in Women with Breast Cancer: An Update Review of Related Research in The Middle East. *BioResearch*, 7(1), 73-80.
- Thayyib, H., Muis, M., dan Murtala, B. (2020). Gambaran ultrasonografi kelainan endometrium pada penderita kanker payudara yang mendapat terapi hormonal di Rumah Sakit Wahidin Sudirohusodo. *Nusantara Medical Science Journal*, 87-96.
- Trestini, I., Sperduti, I., Caldart, A., Bonaiuto, C., Fiorio, E., Parolin, V., ... dan Carbognin, L. (2021). Evidence-Based Tailored Nutrition Educational Intervention Improves Adherence to Dietary Guidelines, Anthropometric Measures and Serum Metabolic Biomarkers in Early-Stage Breast Cancer Patients: A Prospective Interventional Study. *The Breast*, 60, 6-14.
- Tur, J. A., Romaguera, D., dan Pons, A. (2005). The Diet Quality Index-International (DQI-I): Is It A Useful Tool to Evaluate The Quality of The Mediterranean Diet?. *British Journal of Nutrition*, 93(3), 369-376.
- Ulfa, N. M. (2022). Edukasi dan Pelatihan Pembuatan Kapsul Biji Pepaya Sebagai Alternatif Anti Kanker Payudara. *JPPM (Jurnal Pengabdian dan Pemberdayaan Masyarakat)*, 6(2).

- Vasiloglou, M. F., Fletcher, J., dan Poulia, K. A. (2019). Challenges and Perspectives in Nutritional Counselling and Nursing: A Narrative Review. *Journal of Clinical Medicine*, 8(9), 1489.
- Velentzis, L. S., Keshtgar, M. R., Woodside, J. V., Leathem, A. J., Titcomb, A., Perkins, K. A., ... dan Cantwell, M. M. (2011). Significant Changes in Dietary Intake and Supplement Use After Breast Cancer Diagnosis in A UK Multicentre Study. *Breast Cancer Research and Treatment*, 128, 473-482.
- Wang, C., Lin, X. L., Fan, Y. Y., Liu, Y. T., Zhang, X. L., Lu, Y. K., ... dan Chen, Y. M. (2016). Diet Quality Scores And Risk of Nasopharyngeal Carcinoma in Chinese Adults: A Case-Control Study. *Nutrients*, 8(3), 112.
- Wang, S., Yang, T., Qiang, W., Shen, A., Zhao, Z., dan Liu, X. (2022). Benefits of Dietary Management in Breast Cancer Patients: A Systematic Review and Meta-Analysis. *Nutrition and Cancer*, 74(5), 1580-1592.
- Widiyastuti, Y., Sholikhah, I. Y. M., dan Haryanti, S. (2019). Efek Sitotoksik Formula Jamu Daun Sirsak, Buah Takokak, aan Umbi Bidara Upas terhadap Sel Kanker Payudara MCF-7. *Jurnal Kefarmasian Indonesia*, 140-149.
- Williams, S. A. dan Schreier, A. M. (2004). The Effect of Education in Managing Side Effects in Women Receiving Chemotherapy for Treatment of Breast Cancer. *Oncology Nursing Forum*, 31 (1).
- Wirt, A. dan Collins, C. E. (2009). Diet Quality–What is It and Does It Matter?. *Public Health Nutrition*, 12(12), 2473-2492.
- World Health Organization. (1998). *A Health Telematics Policy in Support of WHO'S Health-For-All Strategy for Global Development: Report of the WHO*

*Group Consultation on Health Telematics 11-16 December, Geneva, 1997.*

World Health Organization.

World Health Organization. (2020). *Cancer Country Profile 2020*. World Health Organization

Wong, W. X., Wong, T. X., Ong, S. H., Shyam, S., Chen, S. T., dan Chee, W. S. S. (2022) Prevalence of Malnutrition Among Patients with Breast Cancer and Colorectal Cancer in Hospital Tuanku Ja'afar, Seremban. *IeJSME*, 16(1), 16-29.

Wu, D., Gu, H., Gu, S., dan You, H. (2021). Individual Motivation and Social Influence: A Study of Telemedicine Adoption in China Based on Social Cognitive Theory. *Health Policy and Technology*, 10(3), 100525.

Wu, X. Y., Zhuang, L. H., Li, W., Guo, H. W., Zhang, J. H., Zhao, Y. K., ... & Veugeliers, P. J. (2019). The Influence of Diet Quality and Dietary Behavior on Health-Related Quality of Life in The General Population of Children and Adolescents: A Systematic Review and Meta-Analysis. *Quality of Life Research*, 28(8), 1989-2015.

Xie, M., Liu, J., Tsao, R., Wang, Z., Sun, B., dan Wang, J. (2019). Whole Grain Consumption for The Prevention and Treatment of Breast Cancer. *Nutrients*, 11(8), 1769.

Xu, L. dan Peterson, L. L. (2019). The Impact of Diet on Breast Cancer Outcomes. *Current Nutrition Reports*, 8, 212-221.

- Yung, T. K. C., Kim, J. H., dan Lau, J. T. F. (2022). Protein Food Avoidance Behaviour Among Cancer Patients-Perspectives of Nutrient Intake and Diet Quality. *Asia Pacific Journal of Clinical Nutrition*, 31(2), 191-200.
- Zhang, X. dan Edwards, B. J. (2019). Malnutrition in Older Adults with Cancer. *Current oncology reports*, 21(9), 1-12.
- Zhu, C., Wang, B., Gao, Y., dan Ma, X. (2018). Prevalence and Relationship of Malnutrition and Distress in Patients with Cancer Using Questionnaires. *BMC cancer*, 18(1), 1-6.