

DAFTAR PUSTAKA

- Achmadi, U. F. (2013). *Kesehatan masyarakat: teori dan aplikasi*. Jakarta: Raja Grafindo Persada.
- Agency, N. P. S. (2010). *Delayed diagnosis of cancer: thematic review*. NPSA London.
- Aini, S. N. (2018). Gambaran Tingkat Pengetahuan Perokok Aktif Tentang Penyakit Kanker Paru-paru di Dukuh Bantar, Palembang, Karangmalang, Sragen. *Jurnal Keperawatan CARE*, 5(1).
- Anand, P., Kunnumakara, A. B., Sundaram, C., Harikumar, K. B., Tharakan, S. T., Lai, O. S., ... Aggarwal, B. B. (2008). Cancer is a Preventable Disease that Requires Major Lifestyle Changes. *Pharmaceutical Research*, 25(9), 2097–2116. <https://doi.org/10.1007/s11095-008-9661-9>
- Angrainy, R. (2017). Hubungan Pengetahuan, Sikap Tentang Sadari Dalam Mendeteksi Dini Kanker Payudara Pada Remaja. *Jurnal Endurance*, 2(2), 232. <https://doi.org/10.22216/jen.v2i2.1766>
- APJII Indonesia. (2019). Penetrasi & Perilaku Pengguna Internet Indonesia. In *Apjii*. Diambil dari <https://apjii.or.id/survei2018s/download/TK5oJYBSyd8iqHA2eCh4FsGELm3ubj>
- Arem, H., & Loftfield, E. (2018). Cancer Epidemiology: A Survey of Modifiable Risk Factors for Prevention and Survivorship. *American Journal of Lifestyle Medicine*, 12(3), 200–210. <https://doi.org/10.1177/1559827617700600>
- Arem, H., Pfeiffer, R. M., Engels, E. A., Alfano, C. M., Hollenbeck, A., Park, Y., & Matthews, C. E. (2015). Pre- and postdiagnosis physical activity, television viewing, and mortality among patients with colorectal cancer in the national institutes of health-AARP diet and health study. *Journal of Clinical Oncology*, 33(2), 180–188. <https://doi.org/10.1200/JCO.2014.58.1355>
- Asi, E. K., & Kustanti, C. Y. (2019). Studi Kualitatif Perilaku (Pengetahuan, Sikap, dan Tindakan) Pencegahan Kanker PAru pada Petugas Parkir di Kota Yogyakarta. *Seminar Nasional UNRIYO*, 1–6.
- Azwar, S. (2016). *Metode Penelitian*. Yogyakarta: Pustaka Pelajar.
- Bagnardi, V., Rota, M., Botteri, E., Tramacere, I., Islami, F., Fedirko, V., ... La

- Vecchia, C. (2015). Alcohol consumption and site-specific cancer risk: a comprehensive dose-response meta-analysis. *British Journal of Cancer*, 112(3), 580–593. <https://doi.org/10.1038/bjc.2014.579>
- Barkley, G. S. (2008). Factors influencing health behaviors in the national health and nutritional examination survey, iii (nhanes iii). *Social Work in Health Care*, 46(4), 57–79. https://doi.org/10.1300/J010v46n04_04
- Bebis, H., Reis, N., Yavan, T., Bayrak, D., Unal, A., & Bodur, S. (2012). Effect of health education about cervical cancer and papanicolaou testing on the behavior, knowledge, and beliefs of turkish women. *International Journal of Gynecological Cancer*, 22(8), 1407–1412. <https://doi.org/10.1097/IGC.0b013e318263f04c>
- Bizzarri, F., Giuliani, A., & Mocenni, C. (2022). Awareness: An empirical model. *Frontiers in Psychology*, 13, 933183. <https://doi.org/10.3389/fpsyg.2022.933183>
- Boyle, T., Lynch, B. M., Courneya, K. S., & Vallance, J. K. (2015). Agreement between accelerometer-assessed and self-reported physical activity and sedentary time in colon cancer survivors. *Supportive Care in Cancer*, 23(4), 1121–1126. <https://doi.org/10.1007/s00520-014-2453-3>
- Bruce, W. R. (1987). Recent hypotheses for the origin of colon cancer. *Cancer Research*, 47, 4237–4242.
- Bulu, H. D. (2016). Kesadaran tentang Kanker Serviks dan Upaya Pencegahannya pada Karyawati Universitas Surabaya. *Calyptra: Jurnal Ilmiah Mahasiswa Universitas Surabaya*, 5(1).
- Burkitt, D. P. (1969). Related disease--related cause? *Lancet*, 2(7632), 1229–1231. [https://doi.org/10.1016/s0140-6736\(69\)90757-0](https://doi.org/10.1016/s0140-6736(69)90757-0)
- Byrne, D. W., Rolando, L. A., Aliyu, M. H., McGown, P. W., Connor, L. R., Awalt, B. M., ... Yarbrough, M. I. (2016). Modifiable healthy lifestyle behaviors: 10-year health outcomes from a health promotion program. *American journal of preventive medicine*, 51(6), 1027–1037.
- Campbell, P. T., Patel, A. V., Newton, C. C., Jacobs, E. J., & Gapstur, S. M. (2013). Associations of recreational physical activity and leisure time spent sitting with colorectal cancer survival. *Journal of Clinical Oncology*, 31(7), 876–885. <https://doi.org/10.1200/JCO.2012.45.9735>
- Cancer Research UK. (2008). Cancer Awareness Measure (CAM) Toolkit (version 2). In *University College London, Kings College London, and University of*

Oxford.

Chalmers, D. J. (1996). *The Conscious Mind: in Search of a Fundamental Theory*. New York: Oxford University Press.

Chaplin, J. P. (2006). *Kamus lengkap psikologi*. Jakarta: RajaGrafindo Persada.

Chapple, A., Ziebland, S., & McPherson, A. (2004). Qualitative study of men's perceptions of why treatment delays occur in the UK for those with testicular cancer. *The British Journal of General Practice: The Journal of the Royal College of General Practitioners*, 54(498), 25–32.

Chazelas, E., Srouf, B., Desmetz, E., Kesse-Guyot, E., Julia, C., Deschamps, V., ... Touvier, M. (2019). Sugary drink consumption and risk of cancer: Results from NutriNet-Sant  prospective cohort. *The BMJ*, 366. <https://doi.org/10.1136/bmj.l2408>

Chen, E., & Miller, G. E. (2013). Socioeconomic status and health: Mediating and moderating factors. *Annual Review of Clinical Psychology*, 9, 723–749. <https://doi.org/10.1146/annurev-clinpsy-050212-185634>

Chen, Y., Tan, F., Wei, L., Li, X., Lyu, Z., Feng, X., ... Li, N. (2018). Sleep duration and the risk of cancer: A systematic review and meta-analysis including dose-response relationship. *BMC Cancer*, 18(1), 1–13. <https://doi.org/10.1186/s12885-018-5025-y>

Conner, M., McEachan, R., Taylor, N., O'Hara, J., & Lawton, R. (2015). Role of affective attitudes and anticipated affective reactions in predicting health behaviors. *Health Psychology*, 34(6), 642–652. <https://doi.org/10.1037/hea0000143>

Cronbach, L. J. (1951). Coefficient alpha and the internal structure of tests. *Psychometrika*, 16(3), 297–334. <https://doi.org/10.1007/BF02310555>

Dahiya, N., Aggarwal, K., Singh, M. C., Garg, S., & Kumar, R. (2019). Knowledge, attitude, and practice regarding the screening of cervical cancer among women in New Delhi, India. *Tzu-Chi Medical Journal*, 31(4), 240.

Dandash, K. F., & Al-Mohaimeed, A. (2007). Knowledge, attitudes, and practices surrounding breast cancer and screening in female teachers of buraidah, saudi arabia. *International journal of health sciences*, 1(1), 61–71. Diambil dari <http://www.ncbi.nlm.nih.gov/pubmed/21475453> <http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=PMC3068667>

- De Vet, H. C. W., Adèr, H. J., Terwee, C. B., & Pouwer, F. (2005). Are factor analytical techniques used appropriately in the validation of health status questionnaires? A systematic review on the quality of factor analysis of the SF-36. *Quality of Life Research*, 14(5), 1203–1218. <https://doi.org/10.1007/s11136-004-5742-3>
- Di Giuseppe, G., Pelullo, C. P., Mitidieri, M., Lioi, G., & Pavia, M. (2020). Cancer Prevention: Knowledge, Attitudes and Lifestyle Cancer-Related Behaviors among Adolescents in Italy. *International Journal of Environmental Research and Public Health*, 17(22). <https://doi.org/10.3390/ijerph17228294>
- Dinas Kesehatan DIY. (2019). Akselerasi Pencegahan dan Pengendalian Kanker Payudara dan Leher Rahim Dinas Kesehatan Daerah Istimewa Yogyakarta. Diambil dari Dinas Kesehatan Daerah Istimewa Yogyakarta website: <https://www.dinkes.jogjapro.go.id/berita/detail/akselerasi-pencegahan-dan-pengendalian-kanker-payudara-dan-leher-rahim-dinas-kesehatan-daerah-istimewa-yogyakarta>
- Donsu, J. D. T. (2017). *Psikologi keperawatan: aspek-aspek psikologi konsep dasar psikologi teori perilaku manusia*. Yogyakarta: Pustaka Baru Press.
- Dutta-Bergman, M. J. (2004). Health attitudes, health cognitions, and health behaviors among Internet health information seekers: Population-based survey. *Journal of Medical Internet Research*, 6(2), 1–7. <https://doi.org/10.2196/jmir.6.2.e15>
- Emons, G., Fleckenstein, G., Hinney, B., Huschmand, A., & Heyl, W. (2000). Hormonal interactions in endometrial cancer. *Endocrine-Related Cancer*, 7(4), 227–242. <https://doi.org/10.1677/erc.0.0070227>
- Fiala, J., & Brázdová, Z. (2000). A comparison between the lifestyles of men and women--parents of school age children. *Central European Journal of Public Health*, 8(2), 94–100.
- Giuliano, A. R., Palefsky, J. M., Goldstone, S., Moreira, E. D. J., Penny, M. E., Aranda, C., ... Guris, D. (2011). Efficacy of quadrivalent HPV vaccine against HPV Infection and disease in males. *The New England Journal of Medicine*, 364(5), 401–411. <https://doi.org/10.1056/NEJMoa0909537>
- Hague, A., Elder, D. J. E., Hicks, D. J., & Paraskeva, C. (1995). Apoptosis in colorectal tumour cells: Induction by the short chain fatty acids butyrate, propionate and acetate and by the bile salt deoxycholate. *International Journal of Cancer*, 60(3), 400–406. <https://doi.org/10.1002/ijc.2910600322>

- Hakim, N., & Puspitasari, F. A. (2019). Hubungan Pengetahuan Orang Tua Tentang Faktor Risiko Kanker Dengan Sikap Pencegahan Kanker. *Jurnal Ilmiah Keperawatan Altruistik*, 2(2), 34–41. <https://doi.org/10.48079/vol2.iss2.39>
- Hankinson, S. E., Colditz, G. A., Hunter, D. J., Spencer, T. L., Rosner, B., & Stampfer, M. J. (1992). A quantitative assessment of oral contraceptive use and risk of ovarian cancer. *Obstetrics and Gynecology*, 80(4), 708–714.
- Harnianti, H., Sakka, A., & Saptaputra, S. (2016). Studi Perilaku Pemeriksaan Payudara Sendiri (Sadari) pada Mahasiswi Fakultas Kesehatan Masyarakat Universitas Halu Oleo Tahun 2016. *Jurnal Ilmiah Mahasiswa Kesehatan Masyarakat Unsyiah*, 1(3).
- Hashim, T. J. (2000). Adolescents and cancer: a survey of knowledge and attitudes about cancer in eastern province of saudi arabia. *Journal of Family & Community Medicine*, 7(3), 29–35.
- Hawkes, A. L., Lynch, B. M., Owen, N., & Aitken, J. F. (2011). Lifestyle factors associated concurrently and prospectively with co-morbid cardiovascular disease in a population-based cohort of colorectal cancer survivors. *European Journal of Cancer*, 47(2), 267–276. <https://doi.org/10.1016/j.ejca.2010.10.002>
- Health and Demographic Surveillance System (HDSS). (2017). Prevalensi Penyakit Tidak Menular Responden HDSS Sleman. Diambil dari HDSS Sleman FK-KMK UGM website: <https://hdss.fk.ugm.ac.id/visualisasi-penyakit-tidak-menular/>
- Hidayati, D. (2019). *Faktor yang Berhubungan dengan Perilaku Deteksi Dini Kanker Serviks PAP SMEAR pada Wanita Sudah Menikah di Kabupaten Sleman* (Universitas Gadjah Mada). Universitas Gadjah Mada. Diambil dari https://www.researchgate.net/publication/329120964_Faktor_yang_Berhubungan_dengan_Deteksi_Dini_Kanker_Serviks_Metode_IVA_di_Puskesmas_Kota_Padang/download
- Hunter, D. J., Colditz, G. A., Hankinson, S. E., Malspeis, S., Spiegelman, D., Chen, W., ... Willett, W. C. (2010). Oral contraceptive use and breast cancer: a prospective study of young women. *Cancer Epidemiology, Biomarkers & Prevention : A Publication of the American Association for Cancer Research, Cosponsored by the American Society of Preventive Oncology*, 19(10), 2496–2502. <https://doi.org/10.1158/1055-9965.EPI-10-0747>
- Hunter, M. S., Grunfeld, E. A., & Ramirez, A. J. (2003). Help-seeking intentions for breast-cancer symptoms: a comparison of the self-regulation model and the theory of planned behaviour. *British Journal of Health Psychology*, 8(Pt 3),

319–333. <https://doi.org/10.1348/135910703322370888>

IARC. (2007). IARC Monographs on the Evaluation of Carcinogenic Risks to Humans VOLUME 91 Combined Estrogen – Progestogen Contraceptives and Combined Estrogen – Progestogen Menopausal Therapy Combined Estrogen – Progestogen Contraceptives and Combined Estrogen –. In *World Health Organization International Agency for research on cancer* (Vol. 91). Lyon, France: IARC Working Group on the Evaluation of Carcinogenic Risks to Humans. Diambil dari <https://www.ncbi.nlm.nih.gov/books/NBK321672/>

Islami, F., Goding Sauer, A., Miller, K. D., Siegel, R. L., Fedewa, S. A., Jacobs, E. J., ... Jemal, A. (2018). Proportion and number of cancer cases and deaths attributable to potentially modifiable risk factors in the United States. *CA: A Cancer Journal for Clinicians*, 68(1), 31–54. <https://doi.org/10.3322/caac.21440>

Ismahmudi, R., Prabandari, Y. S., & Indrian, C. (2015). *Faktor-Faktor yang Mempengaruhi Motivasi Mahasiswa dalam Melakukan Aktivitas Fisik di Sekolah Tinggi Ilmu Kesehatan Muhammadiyah Samarinda* (Universitas Gadjah Mada). Universitas Gadjah Mada. Diambil dari <http://etd.repository.ugm.ac.id/>

Jubaedah, L. (2003). *Faktor-faktor yang Berhubungan Dengan Gaya Hidup Sehat Mahasiswa pada Perguruan Tinggi Negeri X, Tahun 2003* (Universitas Indonesia). Universitas Indonesia. Diambil dari <https://lib.ui.ac.id/detail?id=73598&lokasi=lokal>

Kadian, L., Gulshan, G., Sharma, S., Kumari, I., Yadav, C., Nanda, S., & Yadav, R. (2021). A Study on knowledge and awareness of cervical cancer among females of rural and urban areas of Haryana, North India. *Journal of Cancer Education*, 36(4), 844–849.

Kartawiguna, E. (2001). Faktor-Faktor yang Berperan Pada Karsinogenesis. *Jurnal Kedokteran Trisakti*, 20(1), 16–26.

KBBI. (2020). Kamus Besar Bahasa Indonesia (KBBI). Diambil 10 September 2020, dari <https://kbbi.web.id/perilaku>

Kemkes RI. (2018). Hasil Riset Kesehatan Dasar Tahun 2018. In *Kementrian Kesehatan RI* (Vol. 53).

Kementrian Kesehatan RI. (2015). Stop Kanker: Situasi Penyakit Kanker. In *Pusat Data dan Informasi*. Jakarta Selatan.

Kementrian Kesehatan RI. (2019). CERDIK Tanggulangi Kanker. Diambil 28 Juli 2020, dari Kementrian Kesehatan Republik Indonesia website:

<https://www.kemkes.go.id/article/view/190820000006/cerdik-tanggulangi-kanker.html>

Kerlinger, F. N. (2014). *Asas-Asas Penelitian Behavioral*. Yogyakarta: Gadjah Mada University Press.

Khan, M. J., Castle, P. E., Lorincz, A. T., Wacholder, S., Sherman, M., Scott, D. R., ... Schiffman, M. (2005). The elevated 10-year risk of cervical precancer and cancer in women with human papillomavirus (HPV) type 16 or 18 and the possible utility of type-specific HPV testing in clinical practice. *Journal of the National Cancer Institute*, 97(14), 1072–1079. <https://doi.org/10.1093/jnci/dji187>

Kim, H. W., & Kim, D. H. (2015). Awareness of cervical cancer prevention among mothers of adolescent daughters in Korea: Qualitative research. *BMJ Open*, 5(5), 1–10. <https://doi.org/10.1136/bmjopen-2014-006915>

Kimman, M., Norman, R., Jan, S., Kingston, D., & Woodward, M. (2012). The burden of cancer in member countries of the association of southeast asian nations (ASEAN). *Asian Pacific Journal of Cancer Prevention*, 13(2), 411–420. <https://doi.org/10.7314/APJCP.2012.13.2.411>

Kitchener, H. C., Castle, P. E., & Cox, J. T. (2006). Chapter 7: Achievements and limitations of cervical cytology screening. *Vaccine*, 24(SUPPL. 3), 63–70. <https://doi.org/10.1016/j.vaccine.2006.05.113>

Kline, C. E. (2014). The Bidirectional Relationship Between Exercise and Sleep: Implications for Exercise Adherence and Sleep Improvement. *American Journal of Lifestyle Medicine*, 8(6), 375–379. <https://doi.org/10.1177/1559827614544437>

Kushi, L. H., Doyle, C., McCullough, M., Rock, C. L., Demark-Wahnefried, W., Bandera, E. V., ... Physical Activity Guidelines Advisory Committee. (2012). American Cancer Society guidelines on nutrition and physical activity for cancer prevention : Reducing the risk of cancer with healthy food choices and physical activity. *American Cancer Society*, 62(1). <https://doi.org/10.3322/caac.20140>. Available

Kusumawati, Y., N, R. W., & Rahmawati, E. N. (2016). Pengetahuan, Deteksi Dini dan Vaksinasi HPV sebagai Faktor Pencegahan Kanker Serviks Kabupaten Sukoharjo. *Obesitas Sentral Dan Kadar Kolesterol Darah Total*, 11(2), 204–213.

Kyle, R. G., Forbat, L., & Hubbard, G. (2012). Cancer awareness among adolescents

- in Britain: A cross-sectional study. *BMC Public Health*, 12(1), 1. <https://doi.org/10.1186/1471-2458-12-580>
- La Vecchia, C. (2001). Diet and human cancer: A review. *European Journal of Cancer Prevention*, 10(2), 177–181. <https://doi.org/10.1097/00008469-200104000-00013>
- La Vecchia, C., & Tavani, A. (2006). Female hormones and benign liver tumours. *Digestive and Liver Disease: Official Journal of the Italian Society of Gastroenterology and the Italian Association for the Study of the Liver*, 38(8), 535–536. <https://doi.org/10.1016/j.dld.2006.04.012>
- Lapre, J. A., Vries, H. T. De, Koeman, J. H., & Meer, R. Van der. (1993). The Antiproliferative Effect of Dietary Calcium on Colonic Epithelium Is Mediated by Luminal Surfactants and Dependent on the Type of Dietary Fat. *Cancer Research*, 53(4), 784–789.
- Lauby-Secretan, B., Scoccianti, C., Loomis, D., Grosse, Y., Bianchini, F., & Straif, K. (2016). Body Fatness and Cancer--Viewpoint of the IARC Working Group. *The New England Journal of Medicine*, 375(8), 794–798. <https://doi.org/10.1056/NEJMSr1606602>
- LaVigne, K., & Leitaio, M. M. (2019). Cervical cancer prevention. *Fundamentals of Cancer Prevention: Fourth edition*, 629–652. https://doi.org/10.1007/978-3-030-15935-1_18
- Lee, I.-M., Shiroma, E. J., Lobelo, F., Puska, P., Blair, S. N., & Katzmarzyk, P. T. (2012). Effect of physical inactivity on major non-communicable diseases worldwide: an analysis of burden of disease and life expectancy. *Lancet (London, England)*, 380(9838), 219–229. [https://doi.org/10.1016/S0140-6736\(12\)61031-9](https://doi.org/10.1016/S0140-6736(12)61031-9)
- Li, Y., Pan, A., Wang, D. D., Liu, X., Dhana, K., Franco, O. H., ... Hu, F. B. (2018). The Impact of Healthy Lifestyle Factors on Life Expectancies in the US population. *Circulation*, 138(4), 345–355. <https://doi.org/10.1161/CIRCULATIONAHA.117.032047>
- Lindau, S. T., Tomori, C., Lyons, T., Langseth, L., Bennett, C. L., & Garcia, P. (2002). The association of health literacy with cervical cancer prevention knowledge and health behaviors in a multiethnic cohort of women. *American journal of obstetrics and gynecology*, 186(5), 938–943. <https://doi.org/10.1067/mob.2002.122091>
- Lu, L.-M., Zavitz, C. C. J., Chen, B., Kianpour, S., Wan, Y., & Stämpfli, M. R.

- (2007). Cigarette smoke impairs NK cell-dependent tumor immune surveillance. *Journal of Immunology (Baltimore, Md. : 1950)*, 178(2), 936–943. <https://doi.org/10.4049/jimmunol.178.2.936>
- Lu, Y., Tian, N., Yin, J., Shi, Y., & Huang, Z. (2013). Association between Sleep Duration and Cancer Risk: A Meta-Analysis of Prospective Cohort Studies. *PLoS ONE*, 8(9), 1–7. <https://doi.org/10.1371/journal.pone.0074723>
- Lynch, B. M., Cerin, E., Owen, N., Hawkes, A. L., & Aitken, J. F. (2011). Television viewing time of colorectal cancer survivors is associated prospectively with quality of life. *Cancer Causes and Control*, 22(8), 1111–1120. <https://doi.org/10.1007/s10552-011-9786-8>
- Macleod, U., Mitchell, E. D., Burgess, C., Macdonald, S., & Ramirez, A. J. (2009). Risk factors for delayed presentation and referral of symptomatic cancer: evidence for common cancers. *British journal of cancer*, 101(2), S92–S101.
- Maharani, D. (2017). Apakah Semua Pengobatan Kanker Ditanggung BPJS Kesehatan? Diambil dari Kompas.com website: <https://lifestyle.kompas.com/read/2017/02/04/113900623/apakah.semua.pengobatan.kanker.ditanggung.bpjs.kesehatan>
- Malki, A. M., & ElSharkawy, A. M. (2015). Theory of Cancer and Cancer Progression. In Ahmed M Malki (Ed.), *Cancer Treatment Strategies*. Foster City: OMICS Group eBooks 731. <https://doi.org/10.4172/978-1-63278-3-040>
- McCaffery, K., Wardle, J., & Waller, J. (2003). Knowledge, attitudes, and behavioral intentions in relation to the early detection of colorectal cancer in the United Kingdom. *Preventive Medicine*, 36(5), 525–535. [https://doi.org/10.1016/S0091-7435\(03\)00016-1](https://doi.org/10.1016/S0091-7435(03)00016-1)
- McTiernan, A., Friedenreich, C. M., Katzmarzyk, P. T., Powell, K. E., Macko, R., Buchner, D., ... Piercy, K. L. (2019). Physical Activity in Cancer Prevention and Survival: A Systematic Review. *Medicine and Science in Sports and Exercise*, 51(6), 1252–1261. <https://doi.org/10.1249/MSS.0000000000001937>
- Mills, M. E., & Davidson, R. (2002). Cancer patients' sources of information: use and quality issues. *Psycho-Oncology: Journal of the Psychological, Social and Behavioral Dimensions of Cancer*, 11(5), 371–378.
- Mitchell, E., Macdonald, S., Campbell, N. C., Weller, D., & Macleod, U. (2008). Influences on pre-hospital delay in the diagnosis of colorectal cancer: a systematic review. *British journal of cancer*, 98(1), 60–70.

- Morlando, M., Pelullo, C. P., & Di Giuseppe, G. (2017). Prostate cancer screening: Knowledge, attitudes and practices in a sample of men in Italy. A survey. *PLoS ONE*, 12(10), 1–11. <https://doi.org/10.1371/journal.pone.0186332>
- Moschny, A., Platen, P., Klaaben-Mielke, R., Trampisch, U., & Hinrichs, T. (2011). Barriers to physical activity in older adults in Germany: a cross-sectional study. *International Journal of Behavioral Nutrition and Physical Activity*, 8(121). Diambil dari <http://www.ijbnpa.org/content/8/1/121>
- Nagai, M. (2020). Relationships among Lifestyle Awareness, Age, and Lifestyle-related Diseases in Healthy Japanese Community Residents. *Asian/Pacific Island Nursing Journal*, 5(2), 103–110. <https://doi.org/10.31372/20200502.1092>
- Nguyen, T. T., Ung, T. T., Kim, N. H., & Jung, Y. Do. (2018). Role of bile acids in colon carcinogenesis. *World Journal of Clinical Cases*, 6(13), 577–588. <https://doi.org/10.12998/wjcc.v6.i13.577>
- Niksic, M., Rachet, B., Warburton, F. G., Wardle, J., Ramirez, A. J., & Forbes, L. J. L. (2015). Cancer symptom awareness and barriers to symptomatic presentation in England—are we clear on cancer? *British Journal of Cancer*, 113(3), 533–542. <https://doi.org/10.1038/bjc.2015.164>
- Niksic, Maja, Rachet, B., Warburton, F. G., & Forbes, L. J. L. (2016). Ethnic differences in cancer symptom awareness and barriers to seeking medical help in England. *British Journal of Cancer*, 115(1), 136–144. <https://doi.org/10.1038/bjc.2016.158>
- Notoatmodjo, S. (2012a). *Metodologi Penelitian Kesehatan*. Jakarta: Rineka Cipta.
- Notoatmodjo, S. (2012b). *Promosi Kesehatan dan Perilaku Kesehatan*. Jakarta: Rineka Cipta.
- Notoatmodjo, S. (2014). *Ilmu Perilaku Kesehatan*. Jakarta: Rineka Cipta.
- Nurdina. (2018). Analysis of Lawrence Green Theory Concerning Pregnancy Sexuality Behavior to Sexual Behavior Change in Primigravida in Kediri. *Journal of Applied Environmental and Biological Sciences*, 8(1), 23–28. Diambil dari www.textroad.com
- Office on Smoking and Health (US). (2006). *The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General*. Atlanta (GA): Centers for Disease Control and Prevention (US). <https://doi.org/10.1016/j.juro.2017.11.089>

- Ory, M. G., Anderson, L. A., Friedman, D. B., Pulczinski, J. C., Eugene, N., & Satariano, W. A. (2014). Cancer prevention among adults aged 45-64 years: setting the stage. *American Journal of Preventive Medicine*, 46(3 Suppl 1), S1-6. <https://doi.org/10.1016/j.amepre.2013.10.027>
- Oswal, K., Kanodia, R., Pradhan, A., Nadkar, U., Avhad, M., Venkataramanan, R., ... Purushotham, A. (2020). Assessment of Knowledge and Screening in Oral, Breast, and Cervical Cancer in the Population of the Northeast Region of India. *JCO Global Oncology*, (6), 601–609. <https://doi.org/10.1200/jgo.19.00257>
- Owens, J. (2014). Insufficient sleep in adolescents and young adults: an update on causes and consequences. *Pediatrics*, 134(3), e921-32. <https://doi.org/10.1542/peds.2014-1696>
- Patel, P. R., & Balaraman, T. (2018). American Journal of Bio-pharmacology Biochemistry and Life Sciences [AJBBL]. *American J of Bio-pharm Biochem and Life Sci*, 6.
- Patel, A. V., Friedenreich, C. M., Moore, S. C., Hayes, S. C., Silver, J. K., Campbell, K. L., ... Matthews, C. E. (2019). American College of Sports Medicine Roundtable Report on Physical Activity, Sedentary Behavior, and Cancer Prevention and Control. *Medicine and Science in Sports and Exercise*, 51(11), 2391–2402. <https://doi.org/10.1249/MSS.0000000000002117>
- Paterson, J. L., Reynolds, A. C., Duncan, M., Vandelanotte, C., & Ferguson, S. A. (2017). Barriers and Enablers to Modifying Sleep Behavior in Adolescents and Young Adults: A Qualitative Investigation. *Behavioral Sleep Medicine*, 17(1), 1–11. <https://doi.org/10.1080/15402002.2016.1266489>
- Pawelek, K. A., Salmeron, C., & Valle, S. Del. (2015). Connecting within and between-hosts dynamics in the influenza infection-staged epidemiological models with behavior change. *Journal of Coupled Systems and Multiscale Dynamics*, 3(3), 233–243. <https://doi.org/10.1166/jcsmd.2015.1082>
- Piercy, K. L., Troiano, R. P., Ballard, R. M., Carlson, S. A., Fulton, J. E., Galuska, D. A., ... Olson, R. D. (2018). The physical activity guidelines for Americans. *JAMA - Journal of the American Medical Association*, 320(19), 2020–2028. <https://doi.org/10.1001/jama.2018.14854>
- Pischon, T., Nöthlings, U., & Boeing, H. (2008). Obesity and cancer. *The Proceedings of the Nutrition Society*, 67(2), 128–145. <https://doi.org/10.1017/S0029665108006976>
- Plummer, M., de Martel, C., Vignat, J., Ferlay, J., Bray, F., & Franceschi, S. (2016).

- Global burden of cancers attributable to infections in 2012: a synthetic analysis. *The Lancet Global Health*, 4(9), e609–e616. [https://doi.org/10.1016/S2214-109X\(16\)30143-7](https://doi.org/10.1016/S2214-109X(16)30143-7)
- Polit, D. F., & Beck, C. T. (2006). The Content Validity Index: Are You Sure You Know What's Being Reported? Critique and Recommendations. *Research in Nursing & Health*, 29, 489–497. <https://doi.org/10.1002/nur.20147>
- Polit, D. F., Beck, C. T., & Owen, S. V. (2007). Focus on Research Methods: Is the CVI an Acceptable Indicator of Content Validity? Appraisal and Recommendations. *Wiley InterScience*, 30, 459–467. <https://doi.org/10.1002/nur.20199>
- Puri, S., Mangat, C., Bhatia, V., Kaur, A. P., & Kohli, D. R. (2010). Knowledge of cancer and its risk factors in Chandigarh, India. *Int J Epidemiol*, 8(1).
- Putra, K. W. R., & Toonsiri, C. (2017). Factors Influencing Health Behavior Among Type 2 Diabetes Mellitus Patients: an Integrative Review. *Belitung Nursing Journal*, 3(1), 32–40. <https://doi.org/10.33546/bnj.46>
- Quaife, S. L., Forbes, L. J. L., Ramirez, A. J., Brain, K. E., Donnelly, C., Simon, A. E., & Wardle, J. (2014). Recognition of cancer warning signs and anticipated delay in help-seeking in a population sample of adults in the UK. *British Journal of Cancer*, 110(1), 12–18. <https://doi.org/10.1038/bjc.2013.684>
- Rahayu, A. D., Widyawati, & Lismidiati, W. (2018). Gambaran Pengetahuan Pencegahan Kanker Serviks dengan Vaksin Human Papillomavirus pada Siswi SMP di Yogyakarta Junior High School Students ' Knowledge about Cervical Cancer Prevention with Human Papillomavirus Vaccine in Yogyakarta Departemen Keperawatan. *Jurnal Keperawatan Klinis dan Komunitas*, 2(1), 20–29.
- Raj, S., Piang, L. K., Nair, K. S., Tiwari, V. K., Kaur, H., & Singh, B. (2012). Awareness regarding risk factors, symptoms and treatment facilities for cancer in selected states of India. *Asian Pacific Journal of Cancer Prevention*, 13(8), 4057–4062.
- Ramirez, A. J., Westcombe, A. M., Burgess, C. C., Sutton, S., Littlejohns, P., & Richards, M. A. (1999). Factors predicting delayed presentation of symptomatic breast cancer: a systematic review. *The Lancet*, 353(9159), 1127–1131.
- Ray, K., & Mandal, S. (2004). Knowledge of cancer in West Bengal-a pilot survey. *Asian Pacific Journal of Cancer Prevention*, 5(2), 205–212.

- Richards, T. B., Johnson, C. J., Tatalovich, Z., Cockburn, M., Eide, M. J., Henry, K. A., ... Ajani, U. A. (2011). Association between cutaneous melanoma incidence rates among white US residents and county-level estimates of solar ultraviolet exposure. *Journal of the American Academy of Dermatology*, 65(5 Suppl 1), S50-7. <https://doi.org/10.1016/j.jaad.2011.04.035>
- Robb, K., Stubbings, S., Ramirez, A., Macleod, U., Austoker, J., Waller, J., ... Wardle, J. (2009). Public awareness of cancer in Britain: A population-based survey of adults. *British Journal of Cancer*, 101(October 2008), S18–S23. <https://doi.org/10.1038/sj.bjc.6605386>
- Royse, D., & Dignan, M. (2009). Improving cancer knowledge and screening awareness: Test of a telephone interviewer intervention. *Journal of Cancer Education*, 24(4), 315–318. <https://doi.org/10.1080/08858190902997340>
- Saat, N. Z. M., Hanawi, S. A., Farah, N. M. F., Amin, H. M., Hanafiah, H., & Shamsulkamar, N. S. (2021). Relationship between physical activity and cardiovascular risk factors: A cross-sectional study among low-income housewives in Kuala Lumpur. *International Journal of Environmental Research and Public Health*, 18(11). <https://doi.org/10.3390/ijerph18116090>
- Sabeena, S., Bhat, P. V., Kamath, V., Aswathyraj, S., & Arunkumar, G. (2015). Knowledge, attitude and practice concerning human papilloma virus infection and its health effects among rural women, Karnataka, South India. *Asian Pacific journal of cancer prevention*, 16(12), 5053–5058.
- Sahu, D. P., Subba, S. H., & Giri, P. P. (2020). Cancer awareness and attitude towards cancer screening in India: A narrative review. *Journal of Family Medicine and Primary Care*, 9(5), 2214–2218. https://doi.org/10.4103/jfmpe.jfmpe_145_20
- Sakinah, U., Wijasa, I., & Wiharto, M. (2014). Faktor-Faktor yang Berhubungan dengan Kesadaran Masyarakat Kelurahan Poris Gaga Tangerang dalam Berasransu Kesehatan. *Forum Ilmiah*, 11(2).
- Saleh, A. A. (2018). *Pengantar Psikologi*. Penerbit Aksara Timur.
- Saleh, A., Yang, Y.-H., Ghani, W. M. N. W. A., Abdullah, N., Doss, J. G., Navonil, R., ... Zain, R. B. (2012). Promoting oral cancer awareness and early detection using a mass media approach. *Asian Pacific Journal of Cancer Prevention*, 13(4), 1217–1224.
- Sanchis-Gomar, F., Lucia, A., Yvert, T., Ruiz-Casado, A., Pareja-Galeano, H., Santos-Lozano, A., ... Berger, N. A. (2015). Physical inactivity and low fitness

- deserve more attention to alter cancer risk and prognosis. *Cancer Prevention Research*, 8(2), 105–110. <https://doi.org/10.1158/1940-6207.CAPR-14-0320>
- Santarelli, R. L., Pierre, F., & Corpet, D. E. (2008). Processed meat and colorectal cancer: A review of epidemiologic and experimental evidence. *Nutrition and Cancer*, 60(2), 131–144. <https://doi.org/10.1080/01635580701684872>
- Scambler, G. (2012). Health inequalities. *Sociology of Health and Illness*, 34(1), 130–146. <https://doi.org/10.1111/j.1467-9566.2011.01387.x>
- Scheideler, J. K., & Klein, W. M. P. (2018). Awareness of the link between alcohol consumption and cancer across the world: A review. *Cancer Epidemiology Biomarkers and Prevention*, 27(4), 429–437. <https://doi.org/10.1158/1055-9965.EPI-17-0645>
- Secretan, B., Straif, K., Baan, R., Grosse, Y., Ghissassi, F. El, Bouvard, V., ... WHO International Agency for Research on Cancer Monograph Working Group. (2009). Special Report: Policy A review of human carcinogens — Part C: metals, arsenic, dusts, and fibres. *International Agency for Research on Cancer*, 10(November), 453–454. <https://doi.org/10.1002/ijc.24936>. Yokoyama
- Setiadi. (2013). *Konsep dan Praktik Penulisan Riset Keperawatan*. Yogyakarta: Graha Ilmu.
- Settersten, R. A., & Angel, J. L. (2011). *Handbook of sociology of aging*. New York NY: Springer.
- Seyfried, T. N., Flores, R. E., Poff, A. M., & D'Agostino, D. P. (2013). Cancer as a metabolic disease: Implications for novel therapeutics. *Carcinogenesis*, 35(3), 515–527. <https://doi.org/10.1093/carcin/bgt480>
- Shankar, A., Roy, S., Rath, G. K., Chakraborty, A., Kamal, V. K., & Biswas, A. S. (2017). Impact of Cancer Awareness Drive on Generating Understanding and Improving Screening Practices for Breast Cancer: a Study on College Teachers in India. *Asian Pacific Journal of Cancer Prevention: APJCP*, 18(7), 1985–1990. <https://doi.org/10.22034/APJCP.2017.18.7.1985>
- Sheikh, I., & Ogden, J. (1998). The role of knowledge and beliefs in help seeking behaviour for cancer: a quantitative and qualitative approach. *Patient Education and Counseling*, 35(1), 35–42. [https://doi.org/10.1016/s0738-3991\(98\)00081-0](https://doi.org/10.1016/s0738-3991(98)00081-0)
- Sheshachalam, A., & Chakravarthy, A. R. (2015). The cancer awareness assessment project: A small-scale survey across people with different levels of education in Mysore, India. *Indian Journal of Cancer*, 52(1), 153.

- Shi, J., Mo, X., & Sun, Z. (2012). Content validity index in scale development. *Zhong nan da xue xue bao. Yi xue ban= Journal of Central South University. Medical Sciences*, 37(2), 152–155.
- Shojaeizadeh, D., Hashemi, S. Z., Moeini, B., & Poorolajal, J. (2011). The effect of educational program on increasing cervical cancer screening behavior among women in hamadan, iran: Applying health belief model. *Journal of Research in Health Sciences*, 1(1), 20–25. <https://doi.org/10.34172/jrhs11210>
- Sinaga, C. F., & Ardayani, T. (2016). Hubungan Pengetahuan Dan Sikap Remaja Putri Tentang Deteksi Dini Kanker Payudara Melalui Periksa Payudara Sendiri Di Sma Pasundan 8 Bandung Tahun 2016. *Kartika Jurnal Ilmiah Farmasi*, 4(1), 16–19. <https://doi.org/10.26874/kjif.v4i1.52>
- Sivaram, S., Majumdar, G., Perin, D., Nessa, A., Broeders, M., Lynge, E., ... Rajaraman, P. (2018). Population-based cancer screening programmes in low-income and middle-income countries: regional consultation of the International Cancer Screening Network in India. *The Lancet Oncology*, 19(2), e113–e122.
- Sloan, F. A., & Gelband, H. (2006). *Cancer Control Opportunities in Low- and Middle-Income Countries*. Washington, D.C.: National Academies Press. Diambil dari <https://www.ncbi.nlm.nih.gov/books/NBK54025/>
- Smith, L. K., Pope, C., & Botha, J. L. (2005). Patients' help-seeking experiences and delay in cancer presentation: a qualitative synthesis. *The Lancet*, 366(9488), 825–831.
- Sopori, M. (2002, Mei). Effects of cigarette smoke on the immune system. *Nature Reviews. Immunology*, Vol. 2, hal. 372–377. England. <https://doi.org/10.1038/nri803>
- Stein, C. J., & Colditz, G. A. (2004). Modifiable risk factors for cancer. *British Journal of Cancer*, 90(2), 299–303. <https://doi.org/10.1038/sj.bjc.6601509>
- Stubbings, S., Robb, K., Waller, J., Ramirez, A., Austoker, J., Macleod, U., ... Wardle, J. (2009). Development of a measurement tool to assess public awareness of cancer. *British Journal of Cancer*, 101, S13–S17. <https://doi.org/10.1038/sj.bjc.6605385>
- Sugiyono. (2014). *Metode Penelitian Kuantitatif Kualitatif dan R&D*. Bandung: Alfabeta.
- Sugiyono. (2018). *Metode Penelitian Kualitatif* (3 ed.). Bandung: Penerbit Alfabeta.

- Sumiatin, T. (2013). Hubungan Pengetahuan dengan Upaya Pencegahan Kanker Payudara pada Wanita Usia Subur di Kecamatan Semanding Kabupaten Tuban. *Jurnal Keperawatan*, 152–159.
- Tamargo, C. L., Quinn, G. P., Sanchez, J. A., & Schabath, M. B. (2017). Cancer and the LGBTQ Population: Quantitative and Qualitative Results from an Oncology Providers' Survey on Knowledge, Attitudes, and Practice Behaviors. *Journal of Clinical Medicine*, 6(10), 93. <https://doi.org/10.3390/jcm6100093>
- Tasci-Duran, E., Koc, S., & Korkmaz, M. (2014). Turkish social attitudes towards to cancer prevention: a health belief model study. *Asian Pacific Journal of Cancer Prevention : APJCP*, 15(18), 7935–7940. <https://doi.org/10.7314/apjcp.2014.15.18.7935>
- Tatalovich, Z., Wilson, J. P., Mack, T., Yan, Y., & Cockburn, M. (2006). The objective assessment of lifetime cumulative ultraviolet exposure for determining melanoma risk. *Journal of Photochemistry and Photobiology. B, Biology*, 85(3), 198–204. <https://doi.org/10.1016/j.jphotobiol.2006.08.002>
- Tempali, S. R. (2019). Analisis Hubungan Pengetahuan Tentang Deteksi Dini Kanker Payudara Pada Remaja Putri Melalui Pemeriksaan Payudara Klinis (Sadanis) Di Akbid Cendrawasih Palu Dan Smkn 1 Palu. *Jurnal Bidan Cerdas (JBC)*, 2(1), 53. <https://doi.org/10.33860/jbc.v2i1.147>
- Thwaite, T. L., Heidke, P., Williams, S. L., Vandelanotte, C., Rebar, A. L., & Khalesi, S. (2020). Barriers to healthy lifestyle behaviors in Australian nursing students: A qualitative study. *Nursing and Health Sciences*, 22(4), 921–928. <https://doi.org/10.1111/nhs.12749>
- Timmons, A., Gooberman-Hill, R., & Sharp, L. (2013). The multidimensional nature of the financial and economic burden of a cancer diagnosis on patients and their families: Qualitative findings from a country with a mixed public-private healthcare system. *Supportive Care in Cancer*, 21(1), 107–117. <https://doi.org/10.1007/s00520-012-1498-4>
- Tsunoda, K., Kitano, N., Kai, Y., Uchida, K., Kuchiki, T., Okura, T., & Nagamatsu, T. (2015). Prospective Study of Physical Activity and Sleep in Middle-Aged and Older Adults. *American Journal of Preventive Medicine*, 48(6), 662–673. <https://doi.org/https://doi.org/10.1016/j.amepre.2014.12.006>
- U.S. Department of Health and Human Services. (2010). How Tobacco Smoke Causes Disease: The Biology and Behavioral Basis for Smoking-Attributable Disease. In *How Tobacco Smoke Causes Disease: The Biology and Behavioral Basis for Smoking-Attributable Disease: A Report of the Surgeon General*.

- US Department of Health and Human Services. (2014). *The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General*. Atlanta, GA.
- Vainio, H., & Bianchini, F. (2002). *Weight control and physical activity* (Vol. 6). Iarc.
- Varela-Rey, M., Woodhoo, A., Martinez-Chantar, M.-L., Mato, J. M., & Lu, S. C. (2013). Alcohol, DNA methylation, and cancer. *Alcohol Research: Current Reviews*, 35(1), 25–35.
- Veerakumar, A. M., & Kar, S. S. (2017). Awareness and perceptions regarding common cancers among adult population in a rural area of Puducherry, India. *Journal of Education and Health Promotion*, 6, 38. https://doi.org/10.4103/jehp.jehp_152_15
- Viswanath, K., Breen, N., Meissner, H., Moser, R. P., Hesse, B., Steele, W. R., & Rakowski, W. (2006). Cancer knowledge and disparities in the information age. *Journal of Health Communication*, 11(SUPPL. 1), 1–17. <https://doi.org/10.1080/10810730600637426>
- Waller, J., Robb, K., Stubbings, S., Ramirez, A., Macleod, U., Austoker, J., ... Wardle, J. (2009). Awareness of cancer symptoms and anticipated help seeking among ethnic minority groups in England. *British Journal of Cancer*, 101, S24–S30. <https://doi.org/10.1038/sj.bjc.6605387>
- Watson, M., Holman, D. M., & Maguire-Eisen, M. (2016). Ultraviolet Radiation Exposure and Its Impact on Skin Cancer Risk. *Seminars in Oncology Nursing*, 32(3), 241–254. <https://doi.org/10.1016/j.soncn.2016.05.005>
- White, M. C., Shoemaker, M. L., Park, S., Neff, L. J., Carlson, S. A., Brown, D. R., & Kanny, D. (2017). Prevalence of Modifiable Cancer Risk Factors Among U.S. Adults Aged 18–44 Years. *American Journal of Preventive Medicine*, 53(3), S14–S20. <https://doi.org/10.1016/j.amepre.2017.04.022>
- White, M. K., Pagano, J. S., & Khalili, K. (2014). Viruses and human cancers: a long road of discovery of molecular paradigms. *Clinical Microbiology Reviews*, 27(3), 463–481. <https://doi.org/10.1128/CMR.00124-13>
- Wijndaele, K., Lynch, B. M., Owen, N., Dunstan, D. W., Sharp, S., & Aitken, J. F. (2009). Television viewing time and weight gain in colorectal cancer survivors: a prospective population-based study. *Cancer causes & control: CCC*, 20(8), 1355–1362. <https://doi.org/10.1007/s10552-009-9356-5>
- Williams, K. M. B. (1985). Self-Awareness Theory and Decision Theory: a

Theoretical and Empirical Integration. Diambil dari <https://search.proquest.com/docview/303350653?accountid=7098%0Ahttps://ttu>

-
primo.hosted.exlibrisgroup.com/openurl/01TTU/01TTU?genre=dissertations+%
26+theses&issn=&title=SELF-
AWARENESS+THEORY+AND+DECISION+THEORY%3A+A+THEORETI
CAL+AND+EMPIRICAL+INTEGRATION&v

World Cancer Research Fund International. (2017). Summary of Strong Evidence on Diet , Nutrition , Physical Activity and the Prevention of Cancer. *World Cancer Research Fund International*, (September). Diambil dari https://www.wcrf.org/sites/default/files/CUP_Matrix for all cancers_SEPT17_web.pdf

World Health Organization. (2014). *Global Status Report on Alcohol and Health*. Geneva, Switzerland.

World Health Organization. (2018a). Cancer. Diambil 1 September 2020, dari World Health Organization website: <https://www.who.int/news-room/fact-sheets/detail/cancer>

World Health Organization. (2018b). Latest global cancer data: Cancer burden rises to 18.1 million new cases and 9.6 million cancer deaths in 2018. In *International Agency for Research on Cancer*.

World Health Organization. (2020a). Cancer. Diambil 24 Februari 2021, dari World Health Organization website: https://www.who.int/health-topics/cancer#tab=tab_1

World Health Organization. (2020b). *Global Burden of Cancer Cancer Profile 2020*.

World Health Organization. (2020c). WHO Report on Cancer: Setting Priorities, Investing Wisely and Providing Care for All. In *World Health Organization*. Switzerland. https://doi.org/10.1007/978-3-662-11496-4_24

Wu, S., & Hannun, Y. (2016). The importance of extrinsic factors in the development of cancers. *Molecular and Cellular Oncology*, 3(3), 2–4. <https://doi.org/10.1080/23723556.2016.1143079>

Wu, S., Zhu, W., Thompson, P., & Hannun, Y. A. (2018). Evaluating intrinsic and non-intrinsic cancer risk factors. *Nature Communications*, 9(1). <https://doi.org/10.1038/s41467-018-05467-z>

Wyke, S., Adamson, J., Dixon, D., & Hunt, K. (2013). Consultation and illness

behaviour in response to symptoms: a comparison of models from different disciplinary frameworks and suggestions for future research directions. *Social Science & Medicine* (1982), 86, 79–87. <https://doi.org/10.1016/j.socscimed.2013.03.007>

Xu, L., & Odum, M. (2019). Cancer Awareness and Behavioral Determinants Associated with Cancer Prevention—a Quantitative Study Among Young Adults in Rural Settings. *Journal of Cancer Education*, 34(3), 562–570. <https://doi.org/10.1007/s13187-018-1342-8>

Yanti, B., Wahyudi, E., Wahiduddin, W., Novika, R. G. H., Arina, Y. M. D., Martani, N. S., & Nawan, N. (2020). Community Knowledge, Attitudes, and Behavior Towards Social Distancing Policy As Prevention Transmission of Covid-19 in Indonesia. *Jurnal Administrasi Kesehatan Indonesia*, 8(2), 4. <https://doi.org/10.20473/jaki.v8i2.2020.4-14>

Yin, T. Z., & Seng, Y. H. (2010). Weight Status, Body Image Perception and Physical Activity of Malay Housewives in Kampung Chengkau Ulu, Negeri Sembilan. *International Journal for the Advancement of Science & Arts*, 1(1), 35–45.

Zamanzadeh, V., Ghahramanian, A., Rassouli, M., Abbaszadeh, A., Alavi-Majd, H., & Nikanfar, A.-R. (2015). Design and Implementation Content Validity Study: Development of an instrument for measuring Patient-Centered Communication. *Journal of Caring Sciences*, 4(2), 165–178. <https://doi.org/10.15171/jcs.2015.017>

Zuraidah, & Dewi, R. (2021). The Effect of Physical Activity and Healthy Lifestyle for Housewives Against Children's Behavioral Tendencies. *Indonesia Sport Journal*, 4(2), 35–40. Diambil dari <https://jurnal.unimed.ac.id/2012/index.php/isj%0A66>