

Daftar Pustaka

- Akhtar, H. (2019). Evaluasi properti psikometris dan perbandingan model pengukuran konstruk subjective well-being. *Jurnal Psikologi*, 18(1), 29-40.
- Arindawati, R. A. D. & Izzati, U. A. (2021). Hubungan antara dukungan sosial dengan subjective well-being pada karyawan bagian produksi. *Character: Jurnal Penelitian Psikologi*, 8(4), 1-15.
- Azwar. (2013). *Penyusunan Skala Psikologi*. Pustaka Belajar.
- Bakker, A. B., & Oerlemans, W. (2011). Subjective well-being in organizations. *The Oxford handbook of positive organizational scholarship*, 49, 178-189.
- Bavik, Y. L., Shaw, J. D., & Wang, X. H. (2020). Social support: Multidisciplinary review, synthesis, and future agenda. *Academy of Management Annals*, 14(2), 726-758.
- Cohen, S., & McKay, G. (1984). Interpersonal relationships as buffers of the impact of psychological stress on health. In A. Baum, J. E. Singer, & S. E. Taylor (Eds.), *Handbook of psychology and health*. Hillsdale, NJ: Erlbaum.
- Cohen, S., Mermelstein, R., Kamarck, T., & Hoberman, H. M. (1985). Measuring the functional components of social support. In *Social support: Theory, research and applications* (pp. 73-94). Springer, Dordrecht.
- Cohen, S., & Wills, T. A. (1985). Stress, social support, and the buffering hypothesis. *Psychological bulletin*, 98(2), 310.
- Chou, P. (2015). The effects of workplace social support on employee's subjective well-being. *European Journal of Business and Management*, 7(6), 8-19.
- Costa, C. M. G. D. (2018). *Startups, organizational culture and engagement* (Doctoral dissertation).

- Daniel, C. O. (2019). Effects of job stress on employee's performance. *International Journal of Business, Management and Social Research*, 6(02), 375-382. DOI:10.18801/ijbmsr.060219.40
- Deloitte Global. (2021). *The Deloitte Global 2021 Millennial and Gen Z Survey*. <https://www2.deloitte.com/global/en/pages/about-deloitte/articles/millennialsurvey-2021.html>
- Diener, E. (1984). Subjective well-being. *Psychological Bulletin*, 95, 542-575.
- Diener, E. (2023). Happiness: the science of subjective well-being. In R. Biswas-Diener & E. Diener (Eds), *Noba textbook series: Psychology*. Champaign, IL: DEF publishers. Retrieved from <http://noba.to/qnw7g32t>
- Fardianto, N. A., & Muzakki, M. (2020). Support at work and home as a predictor of work life balance. *Jurnal Manajemen dan Bisnis Indonesia*, 6(2), 144-153.
- Hedina, V. A., & Putranto, N. A. R. (2021). Identifying the Factor of Employee Wellbeing towards the Engagement of Employee in Gojek Bandung Company.
- Iswanto, F., & Agustina, I. (2016). Peran dukungan sosial di tempat kerja terhadap keterikatan kerja karyawan. *Mediapsi*, 2(2), 38-45. <https://doi.org/10.21776/ub.mps.2016.002.02.6>
- Kurniawan, D. T., Rakhmad, A. A. N., Futari II, O., & Kusnayain, Y. I. (2021). How employer branding attract the generation z students to join on start-up unicorn. *JBMP (Jurnal Bisnis, Manajemen dan Perbankan)*, 7(2), 219-233.
- Maddux, J. E. (2018). *Subjective well-being and life satisfaction: An introduction to conceptions, theories, and measures*. Routledge/Taylor & Francis Group.

- Malasari, E. P. (2022). Pengaruh employee engagement terhadap work-life balance saat melaksanakan work from home. *Buletin Riset Psikologi dan Kesehatan Mental (BRPKM)*, 2(1), 212-219.
- McCrindle, M., & Fell, A. (2019). Understanding Generation Z: Recruiting, training and leading the next generation. *Australia: McCrindle Research Pty Ltd.*
- Nadya, A., & Farozin, M. (2021). Career guidance conceptualization to improve career adaptability for generation z. *ProGCouns: Journal of Professionals in Guidance and Counseling*, 2(1), 20-26. <http://dx.doi.org/10.21831/progcouns.v2i1.39906>
- Ng, W., & Diener, E. (2021). Stress's association with subjective well-being around the globe, and buffering by affluence and prosocial behavior. *The Journal of Positive Psychology*, 1–12. doi:10.1080/17439760.2021.1940256
- Nindyati, A. D. & Ramadhani, A. (2022). Gambaran makna kerja bagi generasi z di jakarta. *INQUIRI: Jurnal Ilmiah Psikologi*, 13(01), 41-60. Doi: <https://doi.org/10.51353/inquiry.v13i01.596>
- Peters, E., Spanier, K., Radoschewski, F. M., & Bethge, M. (2018). Influence of social support among employees on mental health and work ability—a prospective cohort study in 2013–15. *European Journal of Public Health*, 28(5), 819-823. doi:10.1093/eurpub/cky067
- Pfeffer, J. (2018). The overlooked essentials of employee well-being. *McKinsey Quarterly*, 3(2018), 82-89.
- Pratama, H. P., & Setiadi, I. K. (2021). Pengaruh Work Life Balance Terhadap Kepuasan Kerja Karyawan Milenial Perusahaan Startup di Jakarta. *Business Management Analysis Journal (BMAJ)*, 4(2), 145-159.

- Russell, J. E. (2008). Promoting subjective well-being at work. *Journal of career assessment*, 16(1), 117-131. DOI: 10.1177/1069072707308142
- Samputri, S. K., & Sakti, H. (2015). Dukungan sosial dan subjective well being pada tenaga kerja wanita PT. Arni family ungaran. *Jurnal Empati*, 4(4), 208-216. <https://doi.org/10.14710/empati.2015.14321>
- Schimmack, U. (2008). The structure of subjective well- being. In M. Eid & R. J. Larsen (Eds.), *The science of subjective wellbeing* (pp. 97–123). New York, NY: Guilford
- Schroth, H. (2019). Are you ready for Gen Z in the workplace?. *California Management Review*, 61(3), 5-18.
- Schwarzer, R., Knoll, N., & Rieckmann, N. (2004). Social support. *Health psychology*, 158, 181.
- Setiawan, A. I. (2013). Pengaruh dukungan sosial terhadap stres kerja pada karyawan. *Character: Jurnal Penelitian Psikologi.*, 2(1).
- Sigursteinsdottir, H., & Karlsdottir, F. B. (2022). Does social support matter in the workplace? Social support, job satisfaction, bullying and harassment in the workplace during COVID-19. *International journal of environmental research and public health*, 19(8), 4724. <https://doi.org/10.3390/ijerph19084724>
- Singh, A. P., & Dangmei, J. (2016). Understanding the generation Z: the future workforce. *South-Asian Journal of Multidisciplinary Studies*, 3(3), 1-5.
- Stone, A. A., & Mackie, C. E. (2013). *Subjective well-being: measuring happiness, suffering, and other dimensions of experience*. National Academies Press.
- Suryani, C. (2017). Dukungan Sosial di Media Sosial. *Bunga Rampai Komunikasi Indonesia*, 251-261.

Wong, K., Chan, A. H., & Ngan, S. C. (2019). The effect of long working hours and overtime on occupational health: a meta-analysis of evidence from 1998 to 2018. *International journal of environmental research and public health*, 16(12), 2102.

Xi, X., Wang, Y., & Jia, B. (2017, May). The Effect of social support on subjective well-being: Mediator Roles of self-esteem and self-efficacy. In *2017 3rd International Conference on Humanities and Social Science Research (ICHSSR 2017)* (pp. 487-499). Atlantis Press.

Xu, W., Sun, H., Zhu, B., Bai, W., Yu, X., Duan, R., ... & Li, W. (2019). Analysis of factors affecting the high subjective well-being of Chinese residents based on the 2014 China family panel study. *International journal of environmental research and public health*, 16(14), 2566.

Zhafira, Astya. D. (2019). *Pengaruh pemaafan dan dukungan sosial terhadap penerimaan diri wanita tuna susila di balai rehabilitasi sosial watunas mulya jaya* [Skripsi. Universitas Negeri Jakarta]. <http://repository.unj.ac.id/3164/>.

Zuhroh, F., Aini, K., & Aini, D. N. (2019). Hubungan Stres Kerja Dengan Produktivitas Pegawai Pabrik. *Jurnal Keperawatan Jiwa (JKJ): Persatuan Perawat Nasional Indonesia*, 5(1), 19-24.