

DAFTAR PUSTAKA

- Abraham, C., Conner, M., Jones, F., & O'Connor, D. (2016). Health psychology: second edition. In *Health Psychology: Second Edition*. <https://doi.org/10.4324/9781315776453>
- Acharya, A. S., Prakash, A., Saxena, P., & Nigam, A. (2013). Sampling: why and how of it? *Indian Journal of Medical Specialities*, 4(2), 3–7. <https://doi.org/10.7713/ijms.2013.0032>
- Azar, R. R., Waters, D. D., McKay, R. G., Giri, S., Hirst, J. A., Mitchell, J. F., Fram, D. B., & Kiernan, F. J. (2000). Short- and medium-term outcome differences in women and men after primary percutaneous transluminal mechanical revascularization for acute myocardial infarction. *The American Journal of Cardiology*, 85(6), 675–679. [https://doi.org/10.1016/S0002-9149\(99\)00839-5](https://doi.org/10.1016/S0002-9149(99)00839-5)
- Azwar, S. (2015). *Metode penelitian*. Pustaka Pelajar
- Bahall, M., & Khan, K. (2018). Quality of life of patients with first-time AMI: A descriptive study. *Health and Quality of Life Outcomes*, 16(1), 1–10. <https://doi.org/10.1186/s12955-018-0860-8>
- Bahtiar, Y., Betty Suprapti, H., & Jurusan Keperawatan Poltekkes Kemenkes Tasikmalaya, D. (2016). Pengaruh terapi hipnosis terhadap kadar gula darah pada pasien dm tipe 2 di kota tasikmalaya. *Media Informasi*, 12(1), 15–22. <https://doi.org/10.37160/BMI.V12I1.13>
- Barlow, D. H., Durand, V. M., & Stewart, S. H. (2013). Abnormal Psychology: An Integrative Perspective, Third Canadian Edition. In *Abnormal Psychology: An Integrative Approach* (Issue 11).
- Brann, L., Owens, J., & Williamson, A. (2012). The Handbook of Contemporary Clinical Hypnosis: Theory and Practice. *The Handbook of Contemporary Clinical Hypnosis: Theory and Practice*. <https://doi.org/10.1002/9781119950905>
- Copay, A. G., Subach, B. R., Glassman, S. D., Polly, D. W., & Schuler, T. C. (2007). Understanding the minimum clinically important difference: a review of concepts and methods. *Spine Journal*, 7(5), 541–546. <https://doi.org/10.1016/j.spinee.2007.01.008>
- Cresswell, J. W. (2014). *Research design : qualitative, quantitative, and mixed methods approaches* (4 th). SAGE Publications Inc.
- Dai, H., Much, A. A., Maor, E., Asher, E., Younis, A., Xu, Y., Lu, Y., Liu, X., Shu, J., & Bragazzi, N. L. (2020). Global, regional, and national burden of ischaemic heart disease and its attributable risk factors, 1990–2017: results from the Global Burden of Disease Study 2017. *European Heart Journal - Quality of Care and Clinical Outcomes*. <https://doi.org/10.1093/EHJQCCO/QCAA076>
- Diener, E., Suh, E. M., Lucas, R. E., & Smith, H. L. (1999). Subjective well-being: three decades of progress. *Psychological Bulletin*, 125(2), 276–302. <https://doi.org/10.1037/0033-2909.125.2.276>
- Division of Mental Health and Prevention of Substance Abuse. (1998). WHOQOL User Manual (DRAFT). *World Health Organization*, 1–106.
- DUKCAPIL. (2021). *Distribusi penduduk indonesia per Juni 2021*. Direktorat Jendral

- Elkins, G. R., Barabasz, A. F., Council, J. R., & Spiegel, D. (2015). Advancing Research and Practice: The Revised APA Division 30 Definition of Hypnosis. *Https://Doi.Org/10.1080/00029157.2015.1011465*, 57(4), 378–385. <https://doi.org/10.1080/00029157.2015.1011465>
- Faber, J., & Fonseca, L. M. (2014). How sample size influences research outcomes. *Dental Press Journal of Orthodontics*, 19(4), 27–29. <https://doi.org/10.1590/2176-9451.19.4.027-029.ebo>
- Fayers P. M., & Machin D. (2013). *Quality of life: the assessment, analysis and interpretation of patient*. John Wiley & Sons. [https://books.google.co.id/books?hl=en&lr=&id=pqX6WKgHKJsC&oi=fnd&pg=PA1&dq=Fayers,+P.+M.,+%26+Machin,+D.+\(2016\).+Quality+of+life:+the+assessment,+analysis+and+interpretation+of+patient-reported+outcomes.+John+Wiley+%26+Sons.&ots=z69OHhe9eY&sig=pE4_IxGHZ4](https://books.google.co.id/books?hl=en&lr=&id=pqX6WKgHKJsC&oi=fnd&pg=PA1&dq=Fayers,+P.+M.,+%26+Machin,+D.+(2016).+Quality+of+life:+the+assessment,+analysis+and+interpretation+of+patient-reported+outcomes.+John+Wiley+%26+Sons.&ots=z69OHhe9eY&sig=pE4_IxGHZ4)
- Frisch, M. B. (2012). Quality of life well-being in general medicine, mental health and coaching. In *Handbook of Social Indicators and Quality of Life Research* (pp. 239–263). Springer Netherlands. https://doi.org/10.1007/978-94-007-2421-1_11
- Hadning, I., & Ainii, N. Q. (2021). An Analysis of Health Workers' Quality of Life in Indonesia During COVID-19 Pandemic. *Proceedings of the 4th International Conference on Sustainable Innovation 2020–Health Science and Nursing (ICoSIHSN 2020)*, 33(ICoSIHSN 2020), 425–430. <https://doi.org/10.2991/ahsr.k.210115.085>
- Haraldstad, K., Wahl, A., Andenæs, R., Andersen, J. R., Andersen, M. H., Beisland, E., Borge, C. R., Engebretsen, E., Eisemann, M., Halvorsrud, L., Hanssen, T. A., Haugstvedt, A., Haugland, T., Johansen, V. A., Larsen, M. H., Løvereide, L., Løyland, B., Kvarme, L. G., Moons, P., ... Helseth, S. (2019). A systematic review of quality of life research in medicine and health sciences. *Quality of Life Research*, 28(10), 2641–2650. <https://doi.org/10.1007/S11136-019-02214-9/TABLES/5>
- Harper, A., Power, M., Orley, J., Herrman, H., Schofield, H., Murphy, B., Metelko, Z., Szabo, S., Pibernik-Okanovic, M., Quemada, N., Caria, A., Rajkumar, S., Kumar, S., Saxena, S., Chandiramani, K., Amir, M., Bar-On, D., Tazaki, M., Noji, A., ... Sartorius, N. (1998). Development of the World Health Organization WHOQOL-BREF Quality of Life Assessment. *Psychological Medicine*, 28(3), 551–558. <https://doi.org/10.1017/S0033291798006667>
- Hastjarjo, T. D. (2014). Rancangan Eksperimen Acak. *Buletin Psikologi*, 22(2), 73. <https://doi.org/10.22146/bpsi.11455>
- Hayes, A., Arima, H., Woodward, M., Chalmers, J., Poulter, N., Hamet, P., & Clarke, P. (2016). Changes in quality of life associated with complications of diabetes: Results from the ADVANCE study. *Value in Health*, 19(1), 36–41. <https://doi.org/10.1016/j.jval.2015.10.010>
- Heap, M., & Kottiyattil, A. (2012). The history and nature of hypnosis. *Hartland's Medical and Dental Hypnosis*.

- Janssen, M., Heerkens, Y., Kuijer, W., Van Der Heijden, B., & Engels, J. (2018). Effects of mindfulness-based stress reduction on employees' mental health: A systematic review. In *PLoS ONE* (Vol. 13, Issue 1). <https://doi.org/10.1371/journal.pone.0191332>
- Lindfors, P., Unge, P., Arvidsson, P., Nyhlin, H., Björnsson, E., Abrahamsson, H., & Simrén, M. (2012). Effects of gut-directed hypnotherapy on IBS in different clinical settings: results from two randomized, controlled trials. *American Journal of Gastroenterology*, *107*(2), 276–285. <https://doi.org/10.1038/AJG.2011.340>
- Lindfors, P., Unge, P., Nyhlin, H., Ljótsson, B., Björnsson, E. S., Abrahamsson, H., & Simrén, M. (2012). Long-term effects of hypnotherapy in patients with refractory irritable bowel syndrome. *Scandinavian Journal of Gastroenterology*, *47*(4), 414–421. <https://doi.org/10.3109/00365521.2012.658858>
- Mehba, N., & Issa, S. A. (2015). A Study on Risk Factors among Patients with Ischemic Heart Disease Aged 18 to 40 Years of Age in Basra City. *International Journal of Medicine and Pharmaceutical Sciences (IJMPS)*, *5*(1), 53–66. <http://www.tjprc.org/view-archives.php>
- Morys, J. M., Bellwon, J., Höfer, S., Rynkiewicz, A., & Gruchala, M. (2016). Quality of life in patients with coronary heart disease after myocardial infarction and with ischemic heart failure. *Archives of Medical Science*, *12*(2), 326–333. <https://doi.org/10.5114/aoms.2014.47881>
- Page, P. (2014). Beyond statistical significance: clinical interpretation of rehabilitation research literature. *International Journal of Sports Physical Therapy*, *9*(5), 726–736. <http://www.ncbi.nlm.nih.gov/pubmed/25328834> <http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=PMC4197528>
- Power, M., & Kuyken, W. (1998). World Health Organization Quality of Life Assessment (WHOQOL): Development and general psychometric properties. *Social Science and Medicine*, *46*(12), 1569–1585. [https://doi.org/10.1016/S0277-9536\(98\)00009-4](https://doi.org/10.1016/S0277-9536(98)00009-4)
- Proietti, R., Mapelli, D., Volpe, B., Bartoletti, S., Sagone, A., Bianco, L. D., & Daliento, L. (2011). Mental stress and ischemic heart disease: evolving awareness of a complex association. *Future Cardiology*, *7*(3), 425–437. <https://doi.org/10.2217/fca.11.13>
- Romero, M., Vivas-Consuelo, D., & Alvis-Guzman, N. (2013). Is Health Related Quality of Life (HRQoL) a valid indicator for health systems evaluation? *SpringerPlus*, *2*(1), 1–7. <https://doi.org/10.1186/2193-1801-2-664>
- Sandor, B., Nagy, A., Toth, A., Rabai, M., Mezey, B., Csatho, A., Czuriga, I., Toth, K., & Szabados, E. (2014). Effects of moderate aerobic exercise training on hemorheological and laboratory parameters in ischemic heart disease patients. *PLoS ONE*, *9*(10), 1–8. <https://doi.org/10.1371/journal.pone.0110751>
- Seniati, L., Yulianto, A., & B.N. Setiadi. (2011). *Psikologi eksperimen*. PT Indeks.
- Sirgy, M. J. (2012). *Consequences of hedonic well-being, life satisfaction, and eudaimonia*. 45–60. https://doi.org/10.1007/978-94-007-4405-9_3
- Sun, J. L., Boyle, S. H., Samad, Z., Babyak, M. A., Wilson, J. L., Kuhn, C., Becker, R. C., Ortel, T. L., Williams, R. B., Rogers, J. G., O'Connor, C. M., Velazquez, E. J., & Jiang, W. (2017).

Mental stress-induced left ventricular dysfunction and adverse outcome in ischemic heart disease patients. *European Journal of Preventive Cardiology*, 24(6), 591–599. <https://doi.org/10.1177/2047487316686435>

Teasdale, J. D., Williams, J. M. G., & Segal, Z. V. (2014). *The mindful way workbook: an 8-week program to free yourself from depression*. Guilford Publications. [https://books.google.co.id/books?hl=en&lr=&id=OuWxCwAAQBAJ&oi=fnd&pg=PP1&dq=Teasdale,+J.+D.,+Williams,+J.+M.+G.,+%26+Segal,+Z.+V.+\(2014\).+The+mindful+way+workbook:+An+8-week+program+to+free+yourself+from+depression+and+emotional+distress.+Guilford+Publica](https://books.google.co.id/books?hl=en&lr=&id=OuWxCwAAQBAJ&oi=fnd&pg=PP1&dq=Teasdale,+J.+D.,+Williams,+J.+M.+G.,+%26+Segal,+Z.+V.+(2014).+The+mindful+way+workbook:+An+8-week+program+to+free+yourself+from+depression+and+emotional+distress.+Guilford+Publica)

The WHOQOL Group. (1994a). Development of the whoqol: rationale and current status. *International Journal of Mental Health*, 23(3), 24–56. <https://doi.org/10.1080/00207411.1994.11449286>

The WHOQOL Group. (1994b). the development of the world health organization quality of life assessment instrument (the whoqol). *Quality of Life Assessment: International Perspectives*, 41–57. https://doi.org/10.1007/978-3-642-79123-9_4

Theofilou, P. (2013). Quality of life: Definition and measurement. *Europe's Journal of Psychology*, 9(1), 150–162. <https://doi.org/10.5964/ejop.v9i1.337>

VandenBos, G. R. (ed.). (2007). *APA Dictionary of Psychology*. Washington DC: American Psychological Association.

Williams, R. M., Ehde, D. M., Day, M., Turner, A. P., Hakimian, S., Gertz, K., Ciol, M., McCall, A., Kincaid, C., Pettet, M. W., Patterson, D., Suri, P., & Jensen, M. P. (2020). The chronic pain skills study: Protocol for a randomized controlled trial comparing hypnosis, mindfulness meditation and pain education in Veterans. *Contemporary Clinical Trials*, 90, 105935. <https://doi.org/10.1016/j.cct.2020.105935>

Williamson, A. (2019). What is hypnosis and how might it work? *Palliative Care and Social Practice*, 12, 1–4. <https://doi.org/10.1177/1178224219826581>

Winarto, E., Yetti, K., & Mustikasari, M. (2011). Penurunan Tekanan Darah Pada Klien Hipertensi Primer Melalui Terapi Hypnosis. *Jurnal Keperawatan Indonesia*, 14(1), 65–72. <https://doi.org/10.7454/jki.v14i1.59>

Yüksel, R., Ozcan, O., & Dane, S. (2013). The effects of hypnosis on heart rate variability. *International Journal of Clinical and Experimental Hypnosis*, 61(2), 162–171. <https://doi.org/10.1080/00207144.2013.753826>