# DAFTAR PUSTAKA

Alutaybi, A., Al-Thani, D., McAlaney, J., & Ali, R. (2020). Combating Fear of Missing Out (FoMO) on Social Media: The FoMO-R Method. *International Journal of Environmental Research and Public Health*, *17*(17), 6128. https://doi.org/10.3390/ijerph17176128

Andreassen, C. S., Pallesen, S., & Griffiths, M. D. (2017a). The relationship between addictive use of social media, narcissism, and self-esteem: Findings from a large national survey. *Addictive Behaviors*, *64*, 287–293. https://doi.org/10.1016/j.addbeh.2016.03.006

American Medical Association, 2008. *American Medical Association Complete Guide to Prevention and Wellness*. Wiley, United State of America

Asosiasi Penyelenggara Jasa Internet Indonesia. (2022). Asosiasi Penyelenggara Jasa Internet Indonesia. Retrieved June 13, 2022, from https://apjii.or.id/survei Tingkat Kecanduan Internet di Indonesia Nomor Lima di Dunia

Arnus, S. H. (2015). Computer Mediated Communication (CMC), Pola baru berkomunikasi. Al-Munzir, 8(2), 275-289. https://ejournal.iainkendari.ac.id/index.php/al-munzir/article/view/744

Ariyani, L. S. (2019). *Hubungan Antara Adiksi Media Sosial Instagram dan Kematangan Sosial Remaja. Skripsi tidak dipublikasikan.* Yogyakarta: Universitas Gadjah Mada.

Aryati, L. R., Halimah, L. (2021). Pengaruh FoMO (*Fear of Missing Out)* terhadap adiksi media sosial Instagram Pada *Emerging Adulthood, 7*(2), 222-224, http://dx.doi.org/10.29313/.v0i0.28284

Biglu, M.-H., & Ghavami, M. (2016). Factors influencing dependence on mobile phone. *Journal of Analytical Research in Clinical Medicine*, *4*(3), 158–162. https://doi.org/10.15171/jarcm.2016.026

Buglass, S. L., Binder, J. F., Betts, L. R., & Underwood, J. D. M. (2017). Motivators of online vulnerability: The impact of social network site use and FOMO. *Computers in Human Behavior*, *66*, 248–255. https://doi.org/10.1016/j.chb.2016.09.055

Blackwell, D., Leaman, C., Tramposch, R., Osborne, C., & Liss, M. (2017). Extraversion, neuroticism, attachment style and fear of missing out as predictors of social media use and addiction. *Personality and Individual Differences*, *116*, 69–72. https://doi.org/10.1016/j.paid.2017.04.039

Databoks. (2019, August 6). *Databok*s. Retrieved June 13, 2022, from https://databoks.katadata.co.id/datapublish/2019/08/06/tingkat-kecanduan-internet-di-indonesia-nomor-lima-di-dunia

D Griffiths, M. (2013). Social Networking Addiction: Emerging Themes and Issues. *Journal of Addiction Research & Therapy*, *04*(05). https://doi.org/10.4172/2155-6105.1000e118

Dong, H., Yang, F., Lu, X., & Hao, W. (2020). Internet Addiction and Related Psychological Factors Among Children and Adolescents in China During the Coronavirus Disease 2019 (COVID-19) Epidemic. *Frontiers in Psychiatry*, 11. https://doi.org/10.3389/fpsyt.2020.00751

Dou, F., Li, Q., Li, X., Li, Q., & Wang, M. (2021). Impact of perceived social support on fear of missing out (FoMO): A moderated mediation model. *Current Psychology*. https://doi.org/10.1007/s12144-021-01404-4

Freedman, D.A. (2009). *Statistical models: theory and practice*.cambridge university press

Fabris, M. A., Marengo, D., Longobardi, C., & Settanni, M. (2020). Investigating the links between fear of missing out, social media addiction, and emotional symptoms in adolescence: The role of stress associated with neglect and negative reactions on social media. *Addictive Behaviors*, *106*, 106364. https://doi.org/10.1016/j.addbeh.2020.106364

Franchina, V., Vanden Abeele, M., Van Rooij, A., Lo Coco, G., & De Marez, L. (2018). Fear of missing out as a predictor of problematic social media use and Phubbing behavior among Flemish adolescents. International Journal of Environmental Research and Public Health, 15(10), 2319. https://doi.org/10.3390/ijerph15102319

Gravetter, F. J., & Forzano, L. B. (2018). *Research methods for the behavioral sciences (6th ed.)*.Cengage Learning.

Griffiths, M. D., & Kuss, D. (2017). Adolescent social media addiction (revisited). https://www.researchgate.net/publication/320146297

Griffiths, M. D., & Kuss, D. (n.d.). Adolescent social media addiction (revisited) "Evaluation of Responsible Gaming Trainings for Lottery Sales Partners in Austria in consideration of Test Purchases." University of Bremen View project Mental Health Assessment View project. https://www.researchgate.net/publication/320146297

Griffiths, M. D., & Parke, J. (2002). The Social Impact of Internet Gambling. *Social Science Computer Review*, *20*(3), 312–320. https://doi.org/10.1177/089443930202000308

Hadi, S. (2015). *Statistik* (p. 196). Pustaka Pelajar

Helmi, A. F. (2020). Adaptasi dan validasi Skala FoMO. Yogyakarta: Universitas Gadjah Mada. Diakses dari https://www.youtube.com/watch?v=eNN6MPw1aJ4

Helmi, A. F. (2021). Aspek-aspek psikologis interaksi sosial di ruang Siber. Paper dipresentasikan di Pidato Pengukuhan Jabatan Guru Besar dalam Bidang Psikologi Sosial. Universitas Gadjah Mada.

Instagram, Inc. (2018, April 19). Layanan instagram. Diambil dari https://help.instagram.com/581066165581870.

JTW. (2011). Report outlines how FOMO is manifesting in the Zeitgeist.

Jayani, Dwi Hadya. 2019. "Indonesia Peringkat Kelima Dunia Dalam Jumlah Pengguna Internet." *Databoks 9 Katadata*, September 11.

Kaloeti, D. V. S., Kurnia S, A., & Tahamata, V. M. (2021). Validation and psychometric properties of the Indonesian version of the Fear of Missing Out Scale in adolescents. *Psicologia: Reflexão e Crítica*, *34*(1), 15. https://doi.org/10.1186/s41155-021-00181-0

Kang, I., & Ma, I. (2020). A Study on Bandwagon Consumption Behavior Based on Fear of Missing Out and Product Characteristics. *Sustainability*, 12(6), 2441. https://doi.org/10.3390/su12062441

Kang, I., Cui, H., & Son, J. (2019). Conformity Consumption Behavior and FoMO. *Sustainability*, *11*(17), 4734. https://doi.org/10.3390/su11174734

Kaplan, A. M., & Haenlein, M. (2010). Users of the world, unite! The challenges and opportunities of Social Media. *Business Horizons*, 53(1), 59–68. https://doi.org/10.1016/j.bushor.2009.09.003

Kaye, B. K., & Johnson, T. J. (2002). Online and in the Know: Uses and Gratifications of the Web for Political Information. *Journal of Broadcasting & Electronic Media*, *46*(1), 54–71. https://doi.org/10.1207/s15506878jobem4601_4

Kementerian Komunikasi dan Informatika Republik Indonesia. (2020, November 9). *Survei pengguna internet indonesia 2019-2020*. "Saat ini penetrasi

pengguna internet Indonesia berjumlah 73,7 persen, naik dari 64,8 persen dari tahun 2018. KOMINFO. https://www.kominfo.go.id/

Kemp, S. (2021, February 11). *Digital 2021: Indonesia*. DataReportal. https://datareportal.com/reports/digital-2021-indonesia

Kircaburun, K., & Griffiths, M. D. (2018a). Instagram addiction and the Big Five of personality: The mediating role of self-liking. *Journal of Behavioral Addictions*, *7*(1), 158–170. https://doi.org/10.1556/2006.7.2018.15

Kircaburun, K., & Griffiths, M. D. (2018b). Instagram addiction and the Big Five of personality: The mediating role of self-liking. *Journal of Behavioral Addictions*, *7*(1), 158–170. https://doi.org/10.1556/2006.7.2018.15

Li, S. H., Beames, J. R., Newby, J. M., Maston, K., Christensen, H., & Werner-Seidler, A. (2021). The impact of COVID-19 on the lives and mental health of Australian adolescents. *European Child & Adolescent Psychiatr*y. https://doi.org/10.1007/s00787-021-01790-x

Likert, R. (1932). A technique for the measurement of attitudes. Archives of Psychology.https://psycnet.apa.org/record/1933-01885-001

Masciantonio, A., Bourguignon, D., Bouchat, P., Balty, M., & Rimé, B. (2021a). Don't put all social network sites in one basket: Facebook, Instagram, Twitter, TikTok, and their relations with well-being during the COVID-19 pandemic. *PLoS ONE*, 16(3 March). https://doi.org/10.1371/journal.pone.0248384

Moore, K., & Craciun, G. (2020). Fear of Missing Out and Personality as Predictors of Social Networking Sites Usage: The Instagram Case. *Psychological Reports*. https://doi.org/10.1177/0033294120936184

Moore, K., & Craciun, G. (2021). Fear of Missing Out and Personality as Predictors of Social Networking Sites Usage: The Instagram Case. *Psychological Reports*, 124(4), 1761–1787. https://doi.org/10.1177/0033294120936184

Przybylski, A. K., Murayama, K., DeHaan, C. R., & Gladwell, V. (2013). Motivational, emotional, and behavioral correlates of fear of missing out. *Computers in Human Behavior*, *29*(4), 1841–1848. https://doi.org/10.1016/j.chb.2013.02.014

Putri, L. S. (2019). Fear of missing out lifestyle on students in palembang. *Jurnal Masyarakat dan Budaya*, *21*(2), 129-148.

Putri, R. A., Erlyani, N., & Mayangsari, M. D. (2016). Hubungan antara aktualisasi diri dengan intensitas penggunaan media sosial path pada remaja di SMA Negeri 2 Banjarbaru. *Jurnal Ecopsy: Jurnal Ilmu Psikologi*, 3(1).

People, Y. (2017, May 19). Instagram ranked worst for young people's mental health. RSPH | Royal Society for Public Health UK. Diakses 12 Januari 2023, dari https://www.rsph.org.uk/about-us/news/Instagram-ranked- worst-for-young-people-s-mental-health.html.

Reagle, J. (2015). Following the joneses: Fomo and conspicuous sociality. *Peer Reviewed Journal,* *10*(10), 1–8. https://journals.uic.edu/ojs/index.php/fm/article/view/6064/4996

Reid Chassiakos, Y. (Linda), Radesky, J., Christakis, D., Moreno, M. A., Cross, C., Hill, D., Ameenuddin, N., Hutchinson, J., Levine, A., Boyd, R., Mendelson, R., & Swanson, W. S. (2016). *Children and Adolescents and Digital Media. Pediatrics*, *138*(5). https://doi.org/10.1542/peds.2016-2593

Riyanto, A. D. (2022, February 15). Hootsuite (We are Social): Indonesian Digital Report 2022 – Andi Dwi Riyanto, Dosen, Praktisi, Konsultan, Pembicara: E-bisnis/Digital Marketing/Promotion/Internet marketing, SEO, Technopreneur, Fasilitator Google Gapura Digital yogyakarta. Andi Link. Retrieved June 9, 2022, from https://andi.link/hootsuite-we-are-social-indonesian-digital-report-2022/

Rozgonjuk, D., Sindermann, C., Elhai, J. D., & Montag, C. (2020). Fear of Missing Out (FoMO) and social media's impact on daily-life and productivity at work: Do WhatsApp, Facebook, Instagram, and Snapchat Use Disorders mediate that association? *Addictive Behaviors*, 110, 106487. https://doi.org/10.1016/j.addbeh.2020.106487

Santrock, J. W. (2011). *Life-Span Development*. Perkembangan Masa Hidup Edisi Ketigabelas Jilid I. Jakarta: Erlangga.

Salehan, M., & Negahban, A. (2013). Social networking on smartphones: When mobile phones become addictive. *Computers in Human Behavior*, 29(6), 2632–2639. https://doi.org/10.1016/j.chb.2013.07.003

Sukmaraga, B. G. (2018). *Hubungan Antara Intensitas Penggunaan Media Sosial Instagram dan Materialisma Pada Remaja.* Yogyakarta: Universitas Sanata Dharma.

Servidio, R. (2021). Fear of missing out and self-esteem as mediators of the relationship between maximization and problematic smartphone use. *Current Psychology*. https://doi.org/10.1007/s12144-020-01341-8

Statista (2020, Februari 19). *Berapa usia mayoritas pengguna media sosial di Indonesia.* Databoks. https://databoks.katadata.co.id/datapublish/2020/11/23/berapa-usia-mayoritas-pengguna-media-sosial-di-indonesia

Sujarwoto, S., Tampubolon, G., & Pierewan, A. C. (2019). A Tool to Help or Harm? Online Social Media Use and Adult Mental Health in Indonesia. *International Journal of Mental Health and Addiction*, *17*(4), 1076–1093. https://doi.org/10.1007/s11469-019-00069-2

Tamayanti, R., Efendi, D., Imania, A., & Sari, D. (2021, 2). Kecanduan Internet Berhubungan dengan Perkembangan Sosial Anak Usia Sekolah di Kelurahan Makasar, Jakarta. Jurnal Kesehatan, 11, 387. 10.35730/jk.v11i3.551

Team, R. (2008). Gambaran erilaku seksual dengan orientasi heteroseksual mahasiswa kos di Kecamatan Jatinangor-Sumedang. Majalah Keperawatan Unpad, *10*(18).

Tsitsika, A. K., Tzavela, E. C., Janikian, M., Ólafsson, K., Iordache, A., Schoenmakers, T. M., Tzavara, C., & Richardson, C. (2014a). Online Social Networking in Adolescence: Patterns of Use in Six European Countries and Links With Psychosocial Functioning. *Journal of Adolescent Health*, 55(1), 141–147. https://doi.org/10.1016/j.jadohealth.2013.11.010

Tsitsika, A. K., Tzavela, E. C., Janikian, M., Ólafsson, K., Iordache, A., Schoenmakers, T. M., Tzavara, C., & Richardson, C. (2014b). Online Social Networking in Adolescence: Patterns of Use in Six European Countries and Links With Psychosocial Functioning. *Journal of Adolescent Health*, 55(1), 141–147. https://doi.org/10.1016/j.jadohealth.2013.11.010

Wang, P., Xie, X., Wang, X., Wang, X., Zhao, F., Chu, X., Nie, J., & Lei, L. (2018). The need to belong and adolescent authentic self-presentation on SNSs: A moderated mediation model involving FoMO and perceived social support. *Personality and Individual Differences*, *12*8, 133–138. https://doi.org/10.1016/j.paid.2018.02.035

Warmbrod, J. R. (2014). Reporting and Interpreting Scores Derived from Likert-type Scales. *Journal of Agricultural Education*, *55*(5), 30–47. https://doi.org/10.5032/jae.2014.05030

Weinstein, E. (2018). The social media see-saw: Positive and negative influences on adolescents' affective well-being. *New Media & Society*, *20*(10), 3597–3623. https://doi.org/10.1177/1461444818755634