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## **METHOD VALIDATION FOR THE DETERMINATION OF D-PSICOSE IN RAISINS USING ULTRASOUND-ASSISTED EXTRACTION COUPLED WITH IONIC CHROMATOGRAPHY**

### **ABSTRACT**

D-psicose is a low-calorie sugar that can be used as a sucrose alternative because it possesses 70% of sucrose's sweetness but low calories absorption in a human body. Considering the beneficial effect of D-psicose and its high availability in raisin matrices as the world's most consumed dried fruit, it is interesting to bring a reliable analytical method to determine D-psicose content in raisins, especially when is a large number of samples should be determined per day. Herein a new method for determining D-psicose in commercial raisins using ultrasound-assisted extraction (UAE) in conjunction with anion exchange chromatography has been developed and validated. The stability of D-psicose and its precursor was priorly assessed by determining the effect of a specific UAE power (100 W) and pulse duty cycle ( $0.5 \text{ s}^{-1}$ ) with varying extraction temperatures (10, 25, 40, 55, 70, and 85 °C) and times (5, 10, 15, 20, and 25 min). The D-psicose was determined in the extracts using a high-performance anion exchange chromatography paired with pulsed amperometric detection (HPAEC-PAD) systems. The method was validated with high linearity ( $R^2 > 0.999$ ), accuracy (89.78–101.06%), and precision (4.8% intra-day and 4.34% inter-day). A number of raisin products were checked during the method applicability assessment. A concentration as high as  $520 \text{ mg kg}^{-1}$  was found in a commercial raisin sample.

**Keywords:** D-psicose; fructose; high-performance anion exchange chromatography; pulsed amperometric detection; rare sugar.

## CHAPTER 1 INTRODUCTION

### 1.1 Background

D-psicose (D-ribo-hex-2-ose or D-psicose) is considered the novel low-calorie sweetener and has a potent substitute for sucrose as a table sugar due to increased obesity and diabetes, and other sugar-related health issues nowadays. D-psicose is a hexose sugar, and it was an epimerization product of D-fructose at a specific C3 position. It has considered as a low-calorie sugar that can be applied as a sucrose substitute since it has a 70% sucrose's sweetness, and it was contributed just a 0-0.39 kcal g<sup>-1</sup> to the human body because it is absorbed in the small intestine but directly excreted from the body via urine (Iida et al., 2010). D-psicose is rarely found in natural sources; therefore, it has been called rare sugar. It can be extracted in small quantities in a few natural sources like the Itea plant (Ayers et al., 2014), wheat (B. S. Miller & Swain, 1960), and also in several bacteria species and strains from the enzymatic reaction mechanism of D-tagatose-3 epimerase (L. Zhang et al., 2009).

Besides, it could be extracted as a natural compound in nature, and it also could be formed when the high heat and high pH conditions were applied in high-sucrose food materials. Binkley & Wolform (1953) revealed D-psicose's availability in processed cane and beet molasses, while Oshima et al. (2006) found that the function of time and temperature

positively correlates with the D-psicose content in long-term processed cane juice. Based on that theory, they also established the higher content of D-psicose in dried fruit like raisins, dried fig, and dried kiwi fruits than when fresh fruit is served.

Raisin is a grape-dried fruit, and it has been consumed long ago by humans and has reached an enormous consumption reaching 1.6 million tonnes annually consumption nowadays (FAO and OIV, 2016). It has been clearly stated that raisin has an appreciable D-psicose content (38.7 mg/100g) (Oshima et al., 2006). These D-psicose content in the raisin matrix can be associated with the high temperature and long-term process during raisin production. Furthermore, raisin is produced from fresh grapefruit, which has a high D-fructose content (6.9-7.6% ww (Johnson, 2003)), and it will be partially converted to D-psicose by the epimerization reaction mechanism.

Considering the beneficial effect of D-psicose and its high availability in the raisin matrix as a world-highest consumed dried fruit, it is necessary to bring a reliable analytical method to determine D-psicose content in raisins for further study or industry labelling needs, especially when it needs to be applied in a large number of sample analysis per day. For the last two decades, the study on D-psicose mainly discusses the novel biosynthesis as an alternative strategy due to the difficulty of extracting the compound from its natural source. Several studies which focused on D-psicose extraction in various food matrices have been reported by

researchers like Oshima et al. (2006), which investigated the existence of D-psicose in various food products. Hereafter the study conducted by Ayers et al. (2014), Miller & Swain (1960), and W. Zhang et al. (2016) each studied the existence of D-psicose content in Itea plant, wheat, and also in processed cane and beet molasses.

However, the D-psicose determination method study in various food matrices is not as much discussed as its biosynthesis strategy or its nutritional value and digestibility mechanism. Here we try to validate the D-psicose determination method in raisin matrices consisting of the sequence of ultrasound-assisted extraction and separation performed by high-performance anion exchange chromatography (HPAEC) in tandem with a pulsed amperometric detector (PAD), which is very useful for further simultaneous rapid determination method of D-psicose in raisins for research or industrial needs. As a justification, here we try to compare the compilation of the previous D-psicose and rare sugars determination methods, including their analysis and extraction methods described in Table 1.1 Previous Study on D-psicose determination to justify the suitability of our extraction and analysis methods to determine D-psicose content in raisin matrices

Table 1.1 Previous Study on D-psicose determination

No.	Research Title	Author	Determination instrument	Extraction methods
1	Psicose contents in various food products and its origin	Oshima et al. (2006)	Post-column gel permeation chromatography + HPLC-PAD	Ultrasound-assisted extraction with HPLC Grade Water Solvent
2	A sensitive and high throughput method for the analysis of D-psicose by capillary electrophoresis	Surapureddi et al. (2019)	Capillary electrophoresis system	No extraction process, Sample used is commercially dried D-psicose syrup
3	Comprehensive investigation of D-psicose in Chinese honeys and the assessment of its potential as a new marker for honey adulteration detection	Xie et al., (2022)	High performance liquid chromatography – Evaporative light scattering detection	No extraction process, sample used is a various honey which mixed with acetonitrile before analysis
4	Profiling of volatile and non-phenolic metabolites: Amino acids, organic acids, and sugars of green tea extracts obtained by different extraction techniques	Das et al. (2019)	High Performance Liquid Chromatography – Refractive Index Detector	Ultrasound extraction, Agitation extraction, Hot Water Extraction
5	Subcritical water hydrolysis of <i>Phragmites</i> for sugar extraction and catalytic conversion to platform chemicals	(Pattnaik et al., 2021)	High performance liquid chromatography – flame ionization detector	Sub-critical water hydrolysis

6	Pressurized liquid extraction of brewer's spent grain : Kinetics and crude extracts characterization	(Herbst et al., 2021)	DNS colorimetric methods for determined total reducing sugars	Pressurized liquid extraction
7	Influence of high-intensity ultrasound application on the kinetics of sugar release from acid suspensions of artichoke ( <i>Cynara scoymus</i> ) biomass	(Polachini et al., 2019)	DNS colorimetric method for total reducing sugar determination	High intensity (400 W UAE power) ultrasound assisted extraction
8	A microwave-based extraction method for the determination of sugar and polyols : Application to the characterization between regular and peaberry coffees	(Setyaningsih et al., 2021)	High performance anioin exchanger chromatography – pulsed amperometric detection	Microwave assisted extraction

Separating D-psicose from another sugar compound to conduct a valid and reliable determination method often encounters problems. Oshima et al. (2006) built the post-column method for the combination of gel permeability chromatography – ligand exchange (GPC-LEX) and high-performance anion exchange chromatography – pulsed amperometric detector (HPAEC-PAD) to detect psicose in various food matrices. Those methods succeeded in avoiding the degradation of fructose due to high eluent pH in regular HPAEC systems. However, this method takes a long time considering the analyte was eluted twice in the GPC and HPAEC column. (Surapureddi et al. 2019) developed a capillary electrophoresis method to separate D-psicose from other sugar compounds. It succeeded

in separating sugar compounds based on their size. However, it was susceptible to being interfered with by the other similarly size sugar compound in the same sample matrices. A novel study for D-psicose in Chinese honey using HPLC with evaporative light scattering detection (ELSD) was used by Xie et al. (2022) to detect adulteration in honey; however, the problems appeared regarding not fully separated specific sugar compounds because of its similar polarity strength and non-linear response of ELSD in the low-concentration analyte detection.

Also, the application of conventional extraction methods like maceration and hot water extraction is a high energy-consuming method and has a low effectivity of extraction time. Also, this conventional extraction method has a low effectivity on sugar extraction yield (Das et al., 2019). More modern extraction methods like subcritical water hydrolysis sugar extraction (Pattnaik et al., 2021) or pressurized liquid extraction (Herbst et al., 2021) are non convenient for D-psicose extraction since they use a high-temperature treatment for the extraction. The presence of ultrasound answers the problem of optimizing D-psicose extraction since it can run at a controlled moderate temperature has a high effectivity of extraction time, and has high efficiency of extraction yield (Polachini et al., 2019).

Based on the reasons above, we would try to validate a simple, high-performance anion exchange chromatography-pulsed amperometric detection (HPAEC-PAD) method. These method has

been used as sugar compound detection and determination compound in peaberry coffee study developed by Setyaningsih et al. (2021) with the aid of UAE as a sample preparation technique to get a rapid, simple, and simultaneous method to study D-psicose content in raisins matrices. Several considerations were studied before method validation, specifically the fructose and psicose stability regarding their effect on increasing/decreasing D-psicose content during analysis.

## **1.2 Research Problems**

1. What is the effect of various extraction time on the D-fructose degradation in the mid-high extraction temperature?
2. What is the effect of high temperature in analytical extraction on the stability of D-psicose in the analysis method?
3. Is the developed method reaching the minimum values for the validation parameters (Selectivity, linearity, LOD, LOQ, Accuracy, Precision) to guarantee reliable results for raisins samples?
4. What is the concentration of D-psicose in commercial raisin products?

## **1.3 Objectives**

1. To establish the effect of various analytical extraction time on the stability of D-fructose in the mid-high extraction temperature
2. To establish the effect of various analytical extraction temperatures on the stability of D-psicose
3. To validate the developed method by the validation parameters (Selectivity, linearity, LOD, LOQ, Accuracy, Precision)

4. To determine the concentration of D-psicose content in several commercial raisin products.

#### **1.4 Benefits**

1. Explaining the effect of extraction time and temperatures due to D-psicose stability during extraction
2. Providing a simple validated ionic chromatography method to quantificate the D-psicose content in raisins matrices

## CHAPTER 2 LITERATURE REVIEW

### 2.1 D-psicose

D-psicose was included in the reduced-calorie sweeteners group and had an actual scientific name is D-ribo-hexulose (J. B. Miller, 2019). It was a rare monosaccharide, and it is an epimerization product of D-fructose at the specific C-3 (Figure 2.1). D-psicose has a molecular formula  $C_6H_{12}O_6$ , and a 180.16 g/mol molecular weight. D-psicose has produced commercially nowadays as a non-nutritive sweetener, and it has a white and odorless crystalline powder appearance. D-psicose crystallizes only in  $\beta$ -D-pyranose with the 1C ( ${}^1C_4(D)$ ) (Tanaka & Yamaj, 2010).

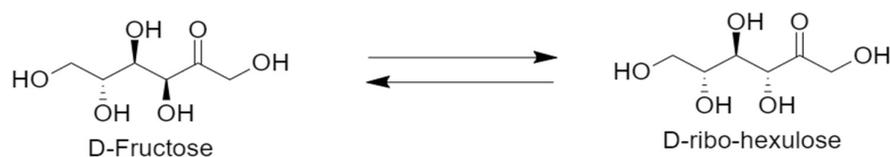


Figure 2.1 Conversion of D-fructose to D-psicose by D-tagatose 3-epimerase

Source : (Tanaka & Yamaj, 2010).

As aforementioned in the introduction section, D-psicose is scarce as a natural compound. They are rarely found in a few plant sources such as the Itea plant and wheat (Ayers et al., 2014; B. S. Miller & Swain, 1960), and are also identified in several bacteria species (L. Zhang et al., 2009). In processed food, D-psicose is usually found in high heat-processed food from a high fructose content source like processed cane and beet molasses

(Binkley & Wolform, 1953), long-term processed fruit juice with high-heat treatment, and also in caramelized sucrose products like caramel sauce and worchester sauce (Oshima et al., 2006).

Iida et al. (2010) has revealed that D-psicose will be partially ingested and absorbed in the small intestine while the remaining approximately 20% of unabsorbed molecules will pass to the large intestine. Even though it is absorbed in the small intestine, it contributes 10% as much as sucrose's calorie intake because it will be excreted via the urine system and play an inert-like role in our digestion system. Other benefits of D-psicose have also been reported, like its ability to suppress glycemic response for healthy and glucose intolerance subjects (Mooradian et al., 2017).

D-psicose stability is likely to be significantly decreased in the rise of temperature and pH. In a high-temperature process like caramelization and maillard reaction, the decreasing D-psicose concentrations can be marked by browning. In daily food processing, it has been studied that long-term-high temperature heating has decreased D-psicose concentration (e.g., sponge cake) while short-time-high temperature heating tends not to spoil D-psicose content in food matrices (e.g., gyuhi) (Oshima et al., 2014). Thereby in analytical extraction conditions, the extraction time and temperature condition should be given more attention as much as alkaline treatment in the analysis method.

## 2.2 Raisin

Raisins are a grape product that dates back to the Neolithic period. Black raisins were known in antiquity (Rhodes Island) and were consumed as a snack and dessert by ancient Greeks and used in cooking. Additionally, these delectable fruits were grown in Persia and Egypt, and the Bible mentions dried grapes. What makes them unique is that they were also used as spices. (Jeszka-Skowron & Czarczyńska-Goślińska, 2020). Thomson seedless (Sultana alias Sultaninas, which accounts for over 90% of raisin supply), Muscat of Alexandria, and Black Corinth are the primary grape varieties used in raisin production. Additionally, Zante currants, Fiesta, Dattier de Beyrouth, flame seed, and Manuka raisins are popular. Sultanas are small seedless berries (2 g per berry) with delicate skin that dries quickly (Figure 2.2). (FAO and OIV, 2016)

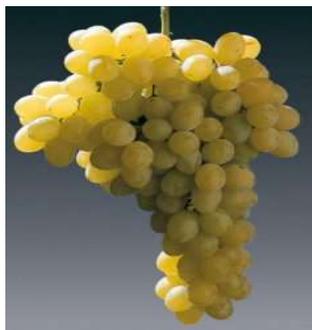


Figure 2.2 Sultana's grape varieties  
Source : (FAO and OIV, 2016)

Raisins are grapes typically dried using the sun's heat, natural air drying (solar drying), or a mechanical process called oven drying. Sun drying is primarily accomplished by spreading grapes in a thin layer over a platform that is directly exposed to the sun. This procedure could take

between two and three weeks. However, hot air drying involves placing grapes in a dehydration tunnel for at least 24 hours, during which time they are exposed to a temperature- and velocity-controlled airflow (Williamson & Carughi, 2010). During drying, berries can be bleached with sulfur dioxide (SO<sub>2</sub>) to maintain their color and inhibit the growth of mold and thus mycotoxin production. It is a standard method for producing "golden yellow" (Figure 2.3) types by retarding oxidation (inactivation of polyphenol oxidase) and nonenzymatic browning reactions (Maillard process products). Sucrose was the most severely impacted, becoming fully hydrolyzed during drying, while glucose and fructose experienced losses of up to 50% and 20%, respectively, following processing (Camacho, 2015).



Figure 2.3 golden-yellow variant raisin  
Source: Britannica (2015)

Raisins provide more total energy, nutrient density, and fiber than fresh fruits due to their concentration. Raisins are an excellent source of not only some essential nutrients—carbohydrates, mainly fructose and glucose—but also phytochemicals such as flavonols, quercetin, and kaempferol glycosides, as well as the phenolic acids caftaric and coutaric acid (Camacho, 2015). There is some evidence that consuming an

appropriate amount of dried fruit, including raisins, on a regular basis may improve glycemic control, reduce cardiovascular risk factors, and demonstrate antioxidant activity (Jeszka-Skowron & Czarczyńska-Goślińska, 2020)

### **2.3 Ultrasound-assisted Extraction**

Ultrasound-assisted extraction is a novel technique that enables fast extractions of compounds from solid samples into the extraction medium with excellent repeatability and higher purity of the end product. Additionally, ultrasound-assisted extraction reduces solvent usage while simultaneously meeting the goal of sustainable "green" chemistry by consuming less crude solvents than the conventional extraction approach (Chemat et al., 2017).

Ultrasounds, like another soundwaves, are transferred across any fluid by waves that compress and stretch the medium's molecular space. As the ultrasound travels through the medium, the average distance between molecules varies as they oscillate around their mean location. When the negative pressure induced by an ultrasonic wave across a liquid is sufficiently large, the distance between the liquid's molecules surpasses the minimum molecular distance necessary to keep the liquid intact, the liquid degrades and voids form. These spaces are referred to as cavitation bubbles (Santos et al., 2009).

Cavitation bubbles can behave in two ways when the liquid compresses and stretches. Bubbles generated at low ultrasonic intensities ( $1-3 \text{ W cm}^{-2}$ ) bounce about an equilibrium size for many acoustic cycles in the first process, called stable cavitation. It produces bubbles when the sound intensity is more than  $10 \text{ W cm}^{-2}$  (transient cavitation). Before rapidly collapsing on compression, transient bubbles grow to at least double their original radius (Timothy J Mason & J Philip Lorimer, 1989)

Transducers bubble collapse is the primary source of ultrasonic energy's chemical and mechanical effects. Each collapsing bubble may be viewed as a microreactor capable of quickly producing temperatures of several thousand degrees and pressures of more than one thousand atmospheres (Santos et al., 2009). Micro-jetting occurs when cavitation bubbles implode on a product's surface, resulting in various impacts such as surface peeling, erosion, and particle breakup. Additionally, microturbulence and micromixing phenomena are caused by cavitation bubbles collapsing in liquid media (Chemat et al., 2017).

## **2.4 Extraction Temperature**

Temperature plays a role in the effectiveness and efficiency of extraction procedures. The application of high temperatures aids in the disruption of strong solute–matrix interactions, which involve van der Waals forces, hydrogen bonding, and dipole attraction between the solute molecules and the matrix's active regions. Additionally, greater temperatures result in faster diffusion rates (Santos et al., 2009). Increased

temperature also affected viscosity and surface tension drop and increased vapor pressure. Due to the higher vapor pressure, more solvent vapors enter the bubble cavity and form multiple cavitation bubbles, which collapse less forcefully and minimize the sonication effect. As a result, when extraction procedures reach a more significant temperature, the sonochemical consequences of cavitation bubble collapse may be diminished (Chemat et al., 2017).

Temperature specifically boosts extraction yield when it is higher. Scientific evidence for this effect includes an increase in the number of cavitation bubbles, a greater solid-solvent contact area, and an increase in solvent diffusivity, which increases the desorption and solubility of the target molecules. However, when the temperature is near the solvent's boiling point, this effect is diminished and may result in the breakdown of any thermolabile compounds . As a result, temperature parameter adjustment can be used to maximize the yield of target compounds while minimizing degradation (Chemat et al., 2017).

## **2.5 Extraction Time**

The term "extraction time" refers to the period during which solid sample and the liquid solvent come into contact. These factors are critical to the success of any extraction procedure. Generally, a longer contact time would result in higher production of D-psicose extract in raisins matrices. Extraction time has an effect on the rate and manner of extraction of the chemical compounds found in raisins. The longer the contact time, the

greater the possibility that water may bond to the water-soluble component in raisins like D-psicose as reducing sugar, thereby the increases of extraction time should be increased D-psicose extraction yield (Oshima et al., 2014). However, in polysaccharide extractions especially, this increasing trend was just shown in the early period of extraction (10-20 min) and will flatten the curve in the later period (after 20 min) (Cheung & Wu, 2013).

## 2.6 UAE Power

The effect of ultrasound power is strongly correlated with high amplitude and expressed by Chemat et al. (2017) in an ultrasound intensity-ultrasound power correlation. The ultrasonic intensity is the energy transmitted per second and square meter of emitting surface. This parameter is directly proportional to the transducer's amplitude and, consequently, to the sound wave's pressure amplitude.

At increased ultrasonic intensity, the cavitation bubble collapse will be more violent, and the increased intensity will result in stronger sonochemical effects in the falling bubble. Additionally, cavitation is a dynamic process, and high ultrasonic intensity would result in larger bubbles, resulting in increased shear forces due to bubble collapse. On the other hand, increasing the power causes the bubbles to pulsate and collapse more rapidly, increasing the number of cavitation bubbles and resulting in a larger concentration of free radicals in the aqueous solution of chemicals. (Gogate & Pandit, 2004)

A minimum value of ultrasonic intensity is necessary to attain the cavitation threshold. In terms of extraction, determining the ultrasonic intensity (UI) is a critical input parameter that significantly affects the extraction efficiency (Tiwari, 2015). UI is computed by dividing the calculated power provided to the media by the calculated power delivered to the media, as given in equation :

$$UI = \frac{P}{S}$$

Where UI denotes ultrasonic intensity ( $\text{W}\cdot\text{cm}^{-2}$ ), P denotes ultrasound power (W) as derived by equation 2, and S is the transducer's radiating surface. (Chemat et al., 2017)

A minimum intensity is necessary to reach the cavitation threshold, and this implies that larger amplitudes are not necessarily required to get the desired results. Excessive amplitude sonication can rapidly deteriorate the ultrasonic transducer, resulting in liquid agitation rather than cavitation and poor ultrasound transmission through the liquid medium. Thus, as the amplitude increases, the analyte extraction increases continually until an optimum is obtained. (Santos et al., 2009)

## **2.7 Solid to Liquid Ratio**

The higher the solvent-to-solid ratio, the higher the extraction yield.. A solvent-to-solid ratio that is too high will result in an excessive amount of extraction solvent and will require a long extractions period for concentration because the ultrasonic wave propagation distance is getting

bigger so that will slow down the occurrence of the cavitation phenomenon (Q. W. Zhang et al., 2018).

## **2.8 Instruments**

### **2.8.1 High-performance anion exchange chromatography**

Ion Chromatography (IC) is a type of high-performance liquid chromatography used to separate and identify anions, cations, and other compounds after converting them to ionic forms. IC is a chromatographic technique suitable for separating and detecting ionic and ionizable species. This made it possible to find a small number of inorganic anions in water samples with high sensitivity and in a reasonable amount of time. (Paull & Michalski, 2019)

The anion separation can be done with a number of different eluents. Hydroxides seem like the perfect eluent because they break down into the water with almost no conductivity after suppression. However, these eluents are hard to use because they absorb CO<sub>2</sub> and form carbonate quickly. In cation analysis, low-concentration mineral acids (like HCl, HNO<sub>3</sub>, or H<sub>2</sub>SO<sub>4</sub>) and organic acids are the most common eluents (e.g., ethylenediamine or 2,3-diaminopropionic acid).

In ion chromatography, the stationary phases are solid macromolecules with a cross-linked space structure that do not dissolve in water or other solvents. (Paull & Michalski, 2019)

There are also amphoteric ion exchangers, which can swap either anions or cations depending on the pH of the solution, and bipolar/zwitterionic ion exchangers, which can swap both types of ions. Two of the most important things that affect the separation quality are the types of stationary phases in the analytical column and the types of eluents (concentration, pH, flow rate, and addition of organic solvents). This made the chromatographic system easier to use. (Paull & Michalski, 2019)

### 2.8.2 Pulsed Amperometric Detection

The majority of carbohydrates are electrochemically active. Therefore their detection using electrochemistry is theoretically achievable. In the 1980s, Dennis Johnson and colleagues developed cyclic, pulsed amperometric techniques that enabled the detection of carbohydrates in acidic or alkaline solutions with reasonable sensitivity and specificity. In pulsed amperometry, the working electrode is elevated to an oxidizing potential (voltage) to oxidize its surface and remove any adsorbed oxidation products from the preceding detection cycle. After that, the working electrode is moved to a reducing potential, converting the gold oxide on its surface to gold (Hardy, 1989).

The working electrode's potential stepped to a suitable value for oxidizing carbohydrate aldehyde or hydroxyl groups (usually around 0.05V relative to a silver/silver chloride reference electrode potential). After a brief delay (to allow the cell's charging current to dissipate), the cell's current is sampled for a defined time, and the charge is measured as the time-dependent variable. The overall cycle duration for this triple-pulse sequence is approximately 1 second, which provides sufficient temporal resolution for conventional HPLC analysis times (flow rate of  $1 \text{ ml min}^{-1}$ , peak widths in the tens of seconds to minutes) (Hardy, 1989).

## 2.9 Validation Method

The analysis technique must be verified if the standard (compendial) method alters the acceptance criteria, if there are changes in methodological aspects such as reagents, instruments, chromatographic settings, and sample preparation and if non-standard (non-compendial) methods were developed as a result of laboratory needs (FDA, 2015).

Before undertaking the validation study, the approach and procedure of the analysis must be clarified. This is achieved through the creation of procedures based on a scientific basis and optimization research. Validation data must be generated in accordance with a Good Manufacturing Practice (GMP) implementation protocol by describing the

methodology and all validation parameters; the equipment must have been qualified/calibrated (FDA, 2015).

In accordance with the ICH guidelines (Table 2.1), the validation procedures for evaluating HPLC-DAD include linearity, selectivity, accuracy (recovery), precision, the limit of detection, and the limit of quantitation (Monti et al., 2017). Examining the chromatogram to ensure there are no distracting peaks is a test for selectivity. Five radiant concentrations and three iterations were used to calculate linearity. The LOD and LOQ values are derived from the respective calibration curves.

Analyzing six samples, accuracy (recovery) and precision (reported as percent RSD) were examined. There are both intra-day (three repetitions on the same day) and daily (three repetitions on three different days) tests undertaken. Finally, measurement error is determined using validation data provided during each step of the analytical technique. Consideration is given to four sources of uncertainty when determining measurement uncertainty: matrix (recovery), standard preparation, sample preparation, and calibration curve (Alyassin et al., 2020)

**Table 2.1 Parameters required in method validation (ICH,2005)**

Type of analytical procedure characteristics	IDENTIFICATION	TESTING FOR IMPURITIES		ASSAY - Dissolution (measurement only) - content/potency
		Quantitation limit		
Accuracy	-	+	-	+
Precision	-	+	-	+
- Repeatability	-	+ (1)	-	+ (1)

- Intermediate Precision				
Spesificity (2)	+	+	+	+
Detection Limit	-	- (3)	+	-
Quantitation Limit	-	+	-	-
Linearity	-	+	-	+
Range	-	+	-	+

- signifies that this characteristic is not normally evaluated

+ signifies that this characteristic is normally evaluated

- (1) Incases where reproducibility has been performed, intermediate precision is not needed
- (2) Lack of specificity of one analytical procedure could be compensated by other supporting analytical procedure
- (3) Maybe needed in some cases

If there is a change in the conditions between the working conditions and the conditions when the validation of the previous method or a deviation from the standard method, the validation method is performed on the new method of analysis or its development. Benefits of method validation include reviewing the findings of analytical methods, assuring analysis procedures, ensuring accuracy and repeatability of analytical procedure results, and lowering the risk of abnormalities (Ravichandran et al., 2010).

### 2.9.1 Linearity

The correlation coefficient is a line-based indicator that indicates the proportional relationship between the analytical response and the observed concentration. The linear regression equation is determined by plotting the concentration of the standard solution against the peak area of each component, where a and b are calculated. A valid

method of analysis has a correlation coefficient greater than 0.999. (Ravichandran et al., 2010)

$$Y = a + bX$$

$$a = \frac{\Sigma y - b\Sigma x}{n}$$

$$b = \frac{n\Sigma xy - \Sigma x\Sigma y}{n\Sigma x^2 - (\Sigma x)^2}$$

For testing the linearity of the relationship between concentration (X) and area (Y), the correlation coefficient ( $R^2$ ) is utilized, which is determined using the formula: (Ravichandran et al., 2010)

$$R^2 = \left( \frac{n(\Sigma xy) - (\Sigma x)(\Sigma y)}{\sqrt{\{n(\Sigma x^2) - (\Sigma x)^2\}\{n(\Sigma y^2) - (\Sigma y)^2\}}} \right)^2$$

### 2.9.2 Limit of Detection (LOD) and Limit of Quantification (LOQ)

The detection limit (LOD) is the lowest concentration of chemicals in a sample that can be detected and elicits a measurable reaction from the instrument. In contrast, the limit of quantitation (LOQ) refers to the least amount of chemicals in a sample that still passes the stringent and precise standards. LOD and LOQ values are generated statistically using a calibration curve-derived linear regression equation. The standard deviation and equation are then determined (Ravichandran et al., 2010)

$$S_{y/x} = \sqrt{\frac{\Sigma(Y - Yi)}{n - 2}}$$

$$S_b = \frac{S_{y/x}}{\sqrt{\sum_i (x_i - \bar{x})^2}}$$

$$S_a = S_{y/x} \sqrt{\frac{\sum_i x_i^2}{n \sum_i (x_i - \bar{x})^2}}$$

$$LOD = \frac{3 SD}{b}$$

$$LOQ = \frac{10 SD}{b}$$

Note :

$S_{y/x}$  = Standard Deviation at the origin

$S_b$  = Standard deviation of slope

$S_a$  = Standard deviation of intercept

Y = The area detected at each concentration

$Y_i$  = The theoretical area of each concentration, calculated form the linear regression equation

n = Number of replicate sample injections

b = slope regression equation of the calibration curve

### 2.9.3 Accuracy

Accuracy is a parameter that reflects the degree to which the analysis findings correspond to the actual concentration of the analyte. Accuracy is reported as the number of analytes recovered as a percentage of the sample. Accuracy is achieved by comparing the reference's results to the fundamental reference material. The International Conference on Harmonization (ICH) suggests gathering data from nine determinations of levels with three distinct concentrations to demonstrate precision. Good percent recovery falls within the range of 95 to 105 percent for the active substance level of  $\geq 0.1\%$  w/w (AOAC, 2016)

$$\text{Recovery precentage} = \frac{C1 - C3}{C2} \times 100\%$$

Note :

C1 = concentration of compounds in the sample and standard

C2 = concentration of compounds in the sample

C3 = concentration of the actual compound added to the inside the sample

#### 2.9.4 Precision

A precision test or equality test is used to assess the degree of similarity between the outcomes of the study in order to determine the random error analysis. Repeatability and reproducibility are two forms of precision tests (Ravichandran et al., 2010).

Repeatability test is a test for the correctness of the method whether it can be performed repeatedly by the analyst under the same conditions and in a little period of time. To provide a measure of equality under normal conditions, repeatability is determined using identical samples from the same batch. Comparatively, reproducibility is the resemblance of techniques carried out under different settings, locations, equipment, reagents, solvents, or analysts, with identical samples from the same batch. Reproducibility can also be achieved in the same laboratory by employing distinct instruments, reagents, solvents, or analysts. Meanwhile Intermediate precision describes variability within a laboratory, such as differences

in days, analysts, and equipment. (Ravichandran et al., 2010).

Six or more replicates of a mixture of materials with a homogeneous matrix are used to conduct the repeatability precision test. If the approach yields a permitted proportion of relative standard deviation (RSD), stringent requirements are provided (Ravichandran et al., 2010).

#### 2.9.5 Selectivity

The selectivity is determined by comparing the retention times of the standard solution, the sample solution, and the sample solution-standard mixture. So that the method can be stated selectively, the research must demonstrate that the standard and sample solutions and the mixing of sample solutions with the standard peak area occur when the retention time (Rt) is relatively the same (Ravichandran et al., 2010)

### 2.10 Hypothesis

1. D-fructose content will stable enough to be submitted to the mid-high extraction temperature during the extraction under an hour using UAE because of the extraction condition does not accommodate Maillard reaction on the sugar compound.

2. D-psicose contents in raisins may be degraded during high temperature treatment with long extraction time, but merely not degraded when its applied for a short extraction time (0-30 min.).
3. The extraction and chromatographic methods meet the validations parameters (precision, accuracy, linearity, selectivity, LOD, and LOQ).
4. Levels of D-psicose in regular food samples, specifically raisin samples, can be determined using the UAE-HPLC-PAD method with reliable results.

## CHAPTER 3 MATERIALS AND METHOD

### 3.1 Chemical and Reagents

From Sigma Aldrich Chemical Co., analytical grade standards of D-psicose, D-fructose, and lactose were purchased (St. Louis, MO, USA). In order to filter the ultrapure water that was necessary for this experiment, the Milli-Q system was used (Millipore Corp., Bedford, MA). Sigma Aldrich Chemical Company was also responsible for the distribution of reagents of analytical grade, such as anhydrous sodium acetate and sodium hydroxide (St. Louis, MO, USA).

### 3.2 Research Time and Place

The research to developed and validated a determination method for D-psicose in raisins was done in the Analytical Chemistry Laboratory, Departamento de Química Analítica, Universidad de Cádiz, Spain from February 7<sup>th</sup> until June 28<sup>th</sup>, 2022.

### 3.3 Sample Treatment

#### 3.3.1 Raisins collection

Four commercial raisin samples comprising three different varieties were acquired at a local market for the method validation. The varieties include two Thompson seedless raisins, cultivated in Spain and Chile; a Muscat raisin from Spain; and a Sultana raisin from Turkey. The four samples were mixed and ground in a food processor (Thermomix

TM31, Vorwerk International Strecker & Co., Wollerau, Switzerland) for 30 s, using the highest speed of the food processor's settings. Henceforth, a typical joint sample was used for method development. To test the method's applicability, those four samples were analyzed individually. Two additional samples from California (Sun-Maid Growers of California, Fresno, CA, USA) and Indonesia (PT. Trillions Naturalindo Multiboga, Bandung, Indonesia) were also included in the analysis. The ground samples were stored in a dry place at room temperature.

### 3.3.2 Ultrasound-assisted Extraction

Extraction with UAE utilizes the application of Bandelin Sonopuls HD 4400 Ultrasonic Probe (Bandelin electronic, Berlin, Germany) with the aid of Frigiterm TFT-30 water bath circuit cooler (J.P. Selecta, Barcelona, Spain). It was proposed to prepare the sample solution before injection into the ion chromatography system. The sample to the solvent ratio we used for the whole extraction in this study was 1 gr to 20 mL of filtered water. Also, for specific ultrasound power and cycle, an intermediate condition of UAE was chosen; therefore, both ultrasound power and cycle were set to 100 W and 0.5/s. The ultrasonic parameter differences for each study we conducted were in the time and temperature settings. The fructose stability study applied a constant extraction temperature at 50°C with various extraction times (5,10,15,20, and 25 min). In contrast, we applied a constant

extraction time at 10 min with various extraction temperatures (10, 25, 40, 55, 70, and 85 °C) for the psicose stability study. Also, for the method validation, we applied a constant extraction temperature of 25 °C and a constant extraction time of 10 min.

### **3.4 D-psicose Content Measurement**

To determine the content of D-psicose in raisins matrices, chromatographic analyses were conducted using high-performance anion-exchange chromatography (HPAE) equipment (Metrohm 930 Compact I.C. Flex, Gallen, Switzerland). The detecting system incorporated a pulsed amperometric detector (PAD) with a gold working electrode. Using an aqueous mobile phase containing 300 mM sodium hydroxide and 1 mM sodium acetate, elution was performed at a flow rate of 0.5 mL min<sup>-1</sup>. Separation of the components using a Metrosep Carb 2-150/4.0 column (Metrohm). The chromatographic analysis was documented using MagIC net®, version 3.1 (Metrohm) software. Before the chromatographic analysis, all samples were diluted 1:25 with HPLC grade water and filtered through a 0.45 µm nylon filter to ensure that the concentrations of the chemicals fell within the linear ranges of the calibration curves. The volume of the injection was fixed to 5 µL. Identifying the resulted peaks was done by comparing the retention period of the peaks to that of reference chemicals

### **3.5 Method Validation**

Based on the recommendations of ISO 17025 and ICH Guideline Q2 (R1), the innovative method for the simultaneous separation of D-psicose

compound in raisins matrices was verified ((ISO), 2005; ICH). The method's detection and qualification limitations, linearity range, and precisions were determined. Using the standard reference for the eight examined analytes, a series of solutions with concentrations ranging from 1 to 50 mg L<sup>-1</sup> was created. After calculating the regression analysis, the linearity within the examined range was tested to demonstrate that the test results generated by the method are proportionate to the analyte concentration. On the basis of the slope and standard error regression data, the limits of detection (LOD) and quantification (LOQ) were estimated. Repeatability (intraday) and intermediate precision (interday) were utilized to represent the developed method's precisions. Six separate analyses of the same samples performed on the same day were utilized to determine the repeatability's value. Comparatively, three independent analyses were conducted on three consecutive days to assess the intermediate precision. Precision was expressed using coefficients of variation (CVs) of the retention time and peak area.

### 3.5.1 Selectivity

A mixture solution of 10 ppm for each three different standard (D-fructose, D-psicose, and lactose) solution was injected into the HPAEC system at a volume of 5 µL under specific conditions. Three repetitions are performed, the resolution indicates the separation of analytes from one another. Selectivity is determined by applying a formula to get the Rs resolution :

$$R_S = 2 \frac{(t_{r2} - t_{r1})}{(W_1 + W_2)}$$

Note :

R = Resolution

$t_{r1}$  = retention time first peak

$t_{r2}$  = retention time second peak

$W_1$  = base width of the first peak

$W_2$  = base width of the second peak

The purpose of determining the resolution value is to ensure the separation of the eluted components close together and to ensure the efficiency of the system separation, the resolution will be met if the value of  $R > 1.5$  (Emons, 2013)

### 3.5.2 Linearity, Limit of Detection (LOD), and Limit of Quantification (LOQ).

5  $\mu$ L of a D-psicose solution in a filtered aquadest solvent with concentrations of 1, 2.5, 5, 7.5, and 10 mg/L was subsequently injected into an HPLC system under specified circumstances. The noted area is then converted into a standard curve. Each concentration repetition was performed three times.

The measurement data used to create the standard curve are then examined using linear regression. A standard curve is produced for each tested substance. The linear correlation coefficient (R) must exceed 0.99 (Emons, 2013). The linearity of the outcomes demonstrates the analytical technique that yields outcomes exactly proportional to its concentration. In addition, the linear regression

equation  $y = bx + a$  is utilized to calculate the detection limit (LOD) and the quantitation limit (LOQ).

LOD is defined as the lowest analyte concentration that can be detected, whereas LOQ is the lowest sample concentration that can be quantified with an acceptable level of accuracy and precision (Bernal et al., 2013). The detection limit (LOD) and quantitation limit (LOQ) of each chemical are determined statistically using a linear regression equation derived from the standard curve (Emons, 2013).

### 3.5.3 Accuracy

This determination method's accuracy is calculated using the usual addition approach (standard addition method). Accuracy test is performed by adding a D-psicose solution into the sample of extracted raisins solution in which level of D-psicose in the sample has known before.

Accuracy test done with 9 determinations consisting of 3 levels of 50, 100, 150% of D-psicose fortification based on the past literature about D-psicose content in raisins (Oshima et al., 2006). The solution from each determination is subsequently filtered using a 0.45 m filter prior to injection into the chosen HPEAC system. On the other hand, the same sample was likewise made without any additions. Comparing the amount of measured analytes for each

standard addition to the theoretical analytic content yields the percent recovery (Emons, 2013).

The calculation formula for recovery

$$\text{Percent Recovery (\%)} = ((B-A)/C) \times 100$$

Note :

A= analyte levels before standard addition

B = analyte levels after standard addition

C = standard levels added

Good percent recovery is indicated by a range between 95 and 105 percent for the active ingredient content >0.1 percent b/b (AOAC, 2016)

#### 3.5.4 Precision

The intraday precision of the raisins sample test solution was determined using fortification of 5 mg/L D-psicose standard solution, and then nine determinations were performed on the same day. The obtained area was recorded, and the RSD of each concentration was calculated.

For the determination of the intermediate precision in the D-psicose test solution, 5 mg/L analytes were used, and each determination was performed on the first, second, and third days on a sequence. The acquired area was recorded, and RSD and the standard deviation of the average concentration were calculated from each concentration (Ravichandran et al., 2010)

#### 3.5.5 Real Sample Applications

The real sample applications conducted by extracting several different commercially available raisins with validated extraction and ion chromatographic methods. For each varieties of commercial sample, 6 extraction and analysis were run to evaluate the average value of D-psicose levels in each raisin sample.

### **3.6 Statistical Analysis**

Minitab Statistical Software (Minitab, LLC., USA) was utilized for the stability study of D-fructose and D-psicose to run a one-way ANOVA ( $p=0.05$ ) subsequently with a least significant difference (LSD,  $p = 0.05$ ) test was conducted to determine if there were significant differences between the means. Microsoft Office's Analysis ToolPak was used to evaluate the linear regression of the experimental outcomes of the D-psicose calibration curve for further calculation of LOD and LOQ.

## **CHAPTER 4 : RESULTS AND DISCUSSION**

### **4.1 Fructose and Psicose Stability**

The purpose of this investigation into the stability of fructose and psicose is to ensure that the UAE used in this determination method did not significantly ( $p<0.05$ ) impact the analyte content while it was being analyzed. The results from the study on the stability of fructose showed that increasing the ultrasound period the level of fructose remains stable for up to 25 minutes of extraction time, at a temperature that was considered to be mid-high for

extraction (50 °C). Sustained ultrasonic waves provide adequate heat accumulation, which may lead to decomposing the fructose content that is dissolving in the solvent. This is because the extraction system absorbs ultrasound energy.

As seen in Figure 4.1, the results of this specific experiment showed no statistically significant difference in the mean peak area responses between any of the groups of observed periods. Based on these findings, it can be concluded that fructose is robust enough to withstand temperatures higher than the mid-high range for the entire 25-minute extraction period.

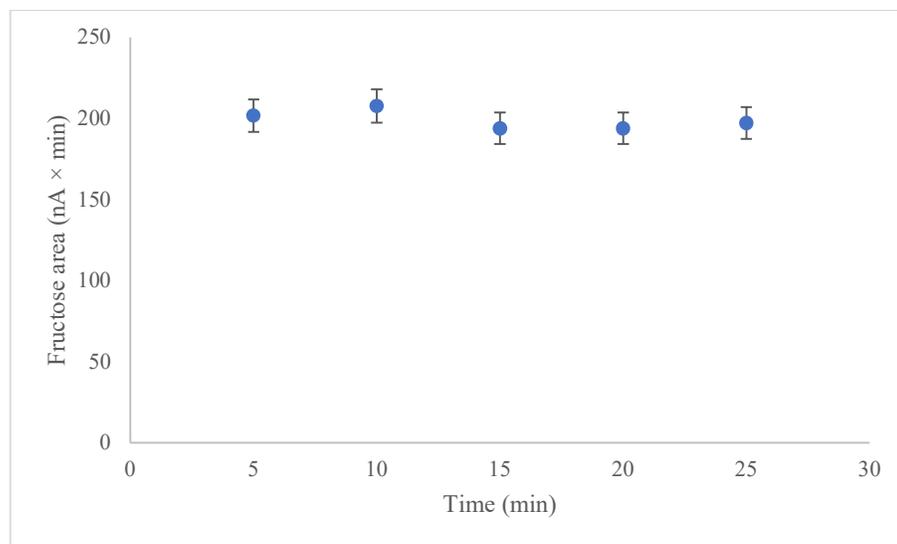


Figure 4 1. Fructose peak area response versus different extraction times

Nonetheless, during the course of our process of collecting data, we discovered an unstable behavior of fructose peak area response in the 5 minute group, a result of fructose level was much lower than the other results using the same condition, as depicted in Appendix 1. Therefore, 10 minutes of extraction time was selected as the parameter that would remain constant

throughout the planned method validation. The findings of this study are consistent with those of earlier research on the behavior of fructose during heating at various temperatures and for varying amounts of time (Woo et al., 2011). In addition, this 10-minute extraction period was the same characteristics as the research of psicose in various food matrices, which was another approach that was offered to determine the amount of psicose contained in raisins (Oshima et al., 2006).

In contrast, for the study on the stability of psicose, the observation of different extraction temperatures with a constant extraction time (10 minutes) in raisin matrices also resulted in a stable amount of psicose being present in any of the groups of temperatures that were observed, as can be seen in Figure 4.2. Based on these findings, it can be deduced that extractions of psicose can be carried out at any temperature between 10-85 °C without the need to be concerned about large changes in the amount of psicose brought about by the extraction process itself.

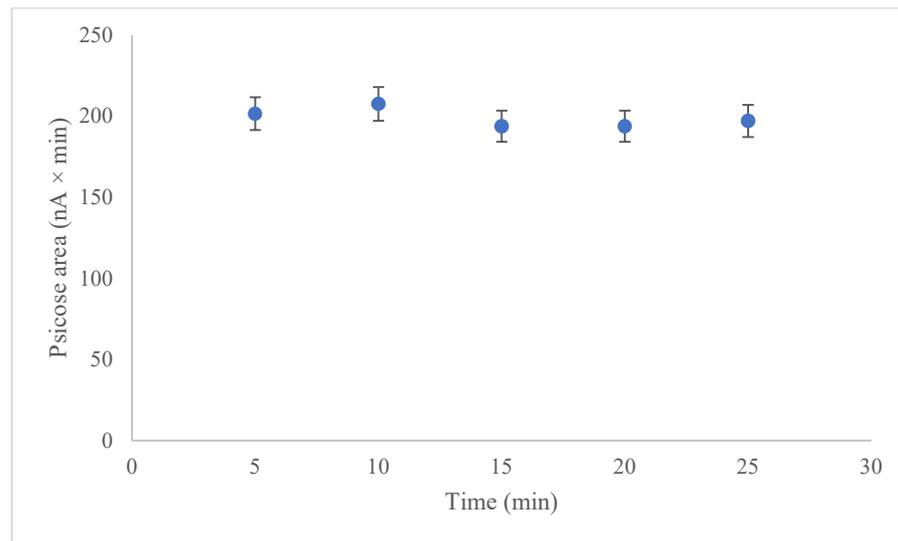


Figure 4 2. D-psicose peak area response versus extraction temperature

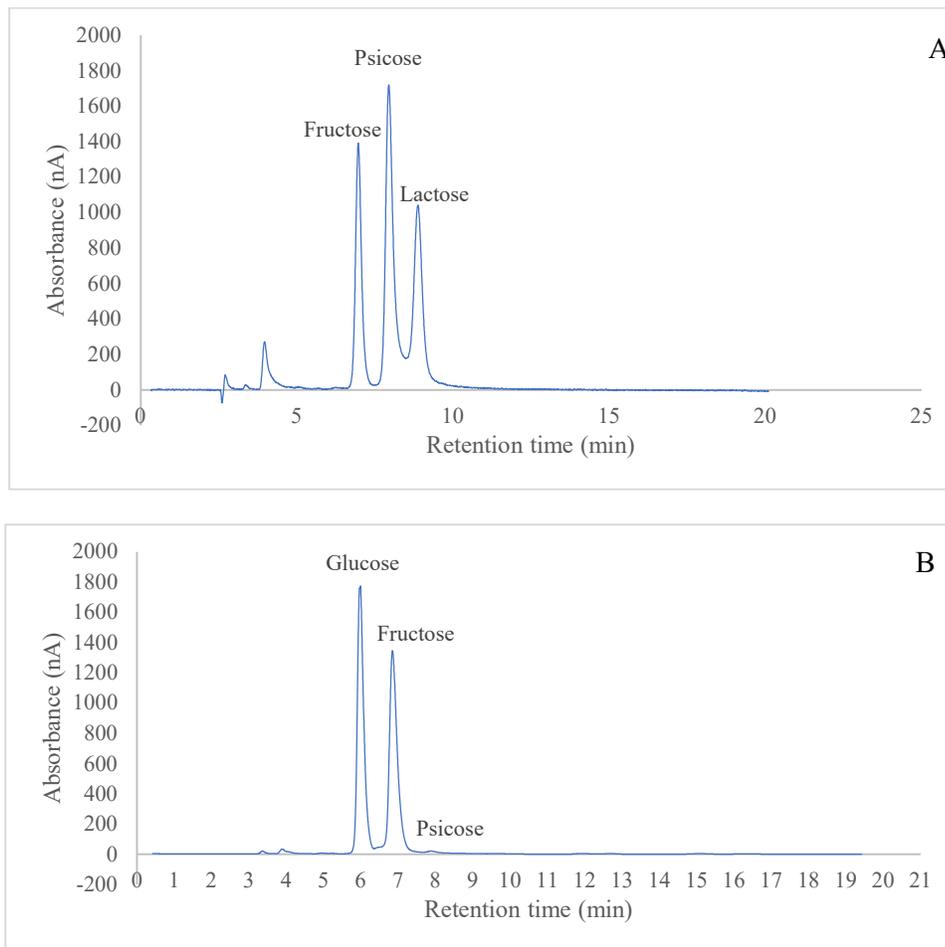
However, a particular extraction temperature of 25 °C was selected as our fixed extraction parameter for the projected method validation. This was done in part because of the unstable behavior of peak area response in the group of 10 °C (Appendix 2). Additionally, selecting an extraction temperature that is not too far from room temperature will save more time and energy than selecting a higher temperature for the extraction itself when it comes to preparing the extraction environment for further D-psicose determination in raisin matrices. With this decision, our study results agreed with the earlier UAE parameters for psicose determination in various food matrices (Oshima et al., 2006) and the study results of psicose decreasing behavior affected by heating temperature in various processed foods. (Oshima et al., 2014).

## 4.2 Method Validations

### 4.2.1 Selectivity

Selectivity is the ability of a method to dependably measure the target analyte in the presence of matrix interfaces. The absence of false-positive results was investigated by analyzing a solution of psicose standard mixed with two other standard compounds (fructose and lactose) that were eluted just before and after the psicose in the ion chromatography method. This was done in order to determine whether or not the solution contained any false-positive results.

As can be seen in Figure 4.3a, there are no interference peaks during the retention time (7.71 min) that is predicted for psicose. It is necessary to determine the resolution value before coming to the conclusion that the psicose peak is eluted as a single compound and that the psicose peak was unaffected by any other compounds. According to our findings (Appendix 3), the mean resolution value between fructose and psicose was greater than 1.5, which indicates that the fructose-psicose peaks are distinct from one another. On the other hand, the mean resolution value between psicose and lactose was less than 1.5, which indicates that the psicose-lactose peak is not fully separated (Emons, 2013).



*Figure 4.3. The representative chromatograms of the detected samples. (A) a mixture of 3 standard solutions (fructose-psicose-lactose); (B) Extracted raisins solution spiked with psicose standard*

However, our observation (Figure 4.) in natural raisin matrices spiked with psicose standard demonstrated that lactose was not detected in raisin matrices; consequently, the problems regarding not fully separated peaks between psicose and lactose could be ruled out from this determination method. Figure 4.3 shows the results of our observation in natural raisin matrices spiked with psicose standard.

#### 4.2.2 Linearity

The concentration range over which the method can be applied was evaluated with the help of five calibration levels produced in psicose standard solution: 1.0, 2.5, 5.0, 7.5, and 10 mg L<sup>-1</sup>. This was done in order to determine the range of the method's applicability. As shown in Figure 4.4, a linear calibration curve for psicose was detected between the peak area and the analyte concentration of the five calibration levels. This may be seen as a correlation between the two variables. The regression coefficient on the calibration curve, denoted by R<sup>2</sup>, was 0.9982. As a consequence, the validity of the linearity of the analyte responses across the investigated range was confirmed. The lowest concentration that can be detected is referred to as the LOD, while the lowest concentration that can be quantified is referred to as the LOQ. LOD and LOQ for the chromatographic method can be calculated, however it is more useful determining both parameters for the whole method, it means including the extraction step. Therefore, the lowest concentration of psicose that could be detected using the method that was attempted was 208.6 ng/kg, while the lowest concentration of psicose that could be measured was 695 ng/kg.

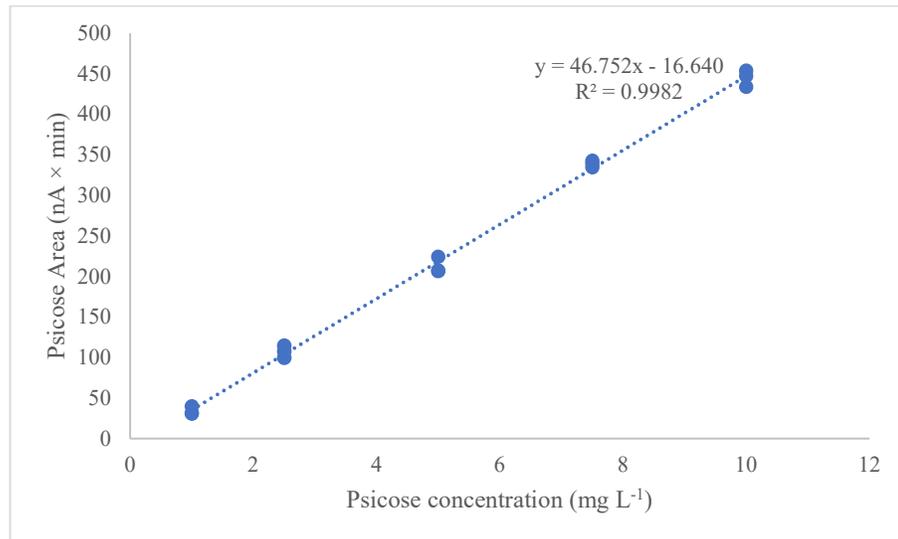


Figure 4.4. HPAEC-PAD calibration curve of psicose in solvent

#### 4.2.3 Accuracy and precision

For the purpose of ensuring accuracy and precision, nine replicate samples of raisins that had been spiked with psicose standard solution at three different concentrations (2, 6, and 10 mg/kg) were examined. Recovery (acceptable range: 80–120 percent) and coefficient of variation (CV) (acceptable when below 10 percent) were used to evaluate a procedure's accuracy and precision, respectively. The acceptable range for recovery was 80–120%. According to Table 4.1, the mean recovery was 101.6 percent, 91.64 percent, and 89.78 percent, and the coefficient of variation (CV) intra-day was 4.80%, while the CV inter-day was 4.34% , respectively.

Table 4 1 The average recovery and coefficient of variation (CV) results of psicose spiked at 2, 6, and 10 mg/kg (9 replicates)

Spiking levels	Spiking recovery replicates	Recovery (%)	Mean Recovery (%)	CV intra-day (%)	CV inter-day (%)
Psicose 2 mg/kg	Sp_R1	107.24	101.06	4.80	4.34
	Sp_R2	112.47			
	Sp_R3	83.46			
Psicose 6 mg/kg	Sp_R4	96.03			
	Sp_R5	68.86			
	Sp_R6	110.05			
Psicose 10 mg/kg	Sp_R7	94.54	89.78		
	Sp_R8	86.64			
	Sp_R9	88.18			

#### 4.2.4 Real Sample Applications

After it was demonstrated that the suggested method for HPAEC-PAD with the UAE determination method for psicose in raisins had high precision and accuracy, it was put to use to extract a variety of raisins samples in order to evaluate the method's applicability. This was done in order to determine whether or not the method could be applied to other situations. The fructose stability and psicose stability tests were each carried out on four different samples of raisins, while the method validation tests were carried out on a single sample for each variety, including Thompson, Sultana, Malaga, and Bio. The applicability of the suggested determination method was evaluated with the use of two additional raisins sourced from Indonesia and the United States of America.

According to the findings of the sample application, our method was successful in measuring one replication of Bio varieties raisins from Spain with a psicose concentration of  $520 \text{ mg kg}^{-1}$ . The proposed approach could not detect psicose in other raisin samples. However, this results was in agreement with the level range of psicose that previously reported (Oshima et al., 2006)

## CHAPTER 5 : CONCLUSION AND RECOMMENDATION

### 5.1 Conclusion

- Fructose was stable enough versus a mid-high extraction temperature for 0 –25 min extraction time using proposed UAE method.
- Psicose was stable enough versus a range of extraction temperatures from 10 – 85 °C) in UAE conditions
- The following UAE working conditions can be applied with no degradation of fructose nor of psicose in the UAE working conditions: 25° C extraction temperature, 10 min. extraction time.
- A linearity test, an accuracy test, a precision test, a limit of detection test, and a limit of quantification test were carried out in order to verify the method. The conclusions reached by the ICH were consistent with the findings that were presented. Resulting a LOD value at 208.6 ng kg<sup>-1</sup> and LOQ value at 695 ng kg<sup>-1</sup>.
- The only raisin showing psicose content was the one produced under organic conditions at the level of 520 mg kg<sup>-1</sup>. These findings shown that the method is able to determine psicose content in raisins matrices at levels greater than the LOD of the suggested method of determination. The results was in agreement with the level of psicose reported in the past research reports.

## 5.2 Recommendation

- In order to do further research, it may be necessary to use a longer separation column to provide clearer D-psicose peak to avoid the effect of D-fructose boardening peak. If so, the dilution step before the chromatographic analysis could be avoided, then decreasing the LOD by a factor of 25:1 at the least.

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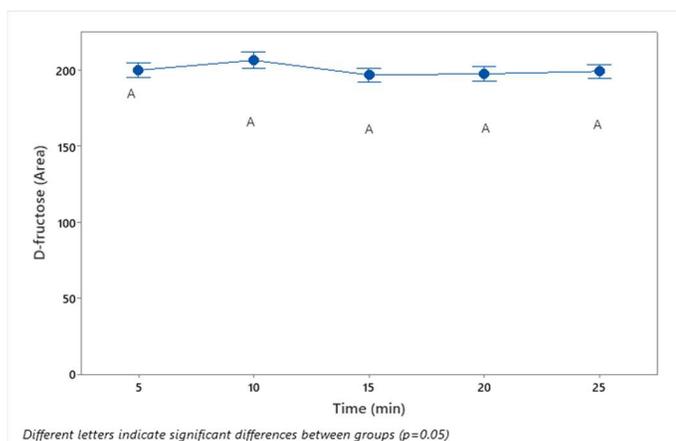
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**Appendix 1. Fructose stability data collection (red signed data was an outlier)**

Time (min)	Fructosa (Area)	Mean
5	201.706	190.1973
	200.361	
	168.525	
10	207.673	206.9337
	207.201	
	205.927	
15	193.892	197.0900
	195.579	
	201.799	
20	193.892	197.8543
	195.799	
	203.872	
25	197.160	199.4660
	198.930	
	202.308	



**Analysis of Variance**

Source	DF	Adj SS	Adj MS	F-Value	P-Value
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Time (min)	4	132,2	33,05	2,68	0,101
Error	9	111,1	12,35		
Total	13	243,3			

### Appendix 2. Psicose stability data collection

Temperature	Psicose Area	Mean
10	198.661	197.682
	196.703	
	93.852	
	104.185	
25	194.452	199.343
	204.812	
	192.040	
	206.068	
40	192.299	200.568
	210.309	
	198.883	
	200.782	
55	202.215	195.727
	108.483	
	198.556	
	186.410	
70	198.485	202.900
	211.191	
	205.784	
	196.138	
85	209.650	209.819
	217.928	
	205.635	
	206.064	

### Analysis of Variance

Source	DF	Adj SS	Adj MS	F-Value	P-Value
Temperature	5	435,8	87,16	1,88	0,159

Error	15	697,0	46,47		
Total	20	1132,8			

### Appendix 3. Resolution works data collection

Repetition	Fructose - Psicose	Psicose - Lactose
R1	1.5714	1.4308
R2	1.5714	1.4844
R3	1.4776	1.3333
<b>Mean</b>	<b>1.5401</b>	<b>1.4162</b>

### Appendix 4. Psicose calibration curve

Samples	Mean Area
0.1005	3.70
0.2513	7.40
0.5025	16.71
0.7538	26.75
1.0050	34.27
2.5125	107.52
5.0250	212.83
7.5375	338.81
10.0500	444.95

#### SUMMARY OUTPUT

<i>Regression Statistics</i>	
Multiple R	0.999664896
R Square	0.999329904
Adjusted R Square	0.999234176

	LOD	LOD(ppm)
	6.69	0.1489
<b>LOQ</b>	20.27	0.4512

Standard Error	4.52342224
Observations	9

#### ANOVA

	<i>df</i>	<i>SS</i>	<i>MS</i>	<i>F</i>	<i>Significance F</i>
Regression	1	213601.5	213601.5	10439.27	2.27E-12
Residual	7	143.2294	20.46135		
Total	8	213744.7			

	<i>Coefficients</i>	<i>Standard Error</i>	<i>t Stat</i>	<i>P-value</i>	<i>Lower 95%</i>	<i>Upper 95%</i>	<i>Lower 95.0%</i>	<i>Upper 95.0%</i>
Intercept	5.935441246	2.027459	-2.92753	0.022102	-10.7296	1.141263273	10.72961922	1.141263273
X Variable 1	44.93341161	0.439779	102.1727	2.27E-12	43.8935	45.97332353	43.89349969	45.97332353

## Appendix 5. Psicose recovery works

### Psicose Recovery in Real Samples (Standard added Before Extraction)

No	Sample	Area Value	Standard	Area Value	Spiked Sample	Area Value	%Recovery	Mean %Recovery
4	Raisins	N.D.	Psicose 2 ppm	23.783	S. Psicose 2	25.505	107.24%	101.06%
5		N.D.		30.435	S. Psicose 2	34.231	112.47%	
6		N.D.		29.034	S. Psicose 2	24.233	83.46%	
4		N.D.	Psicose 6 ppm	57.890	S. Psicose 6	55.589	96.03%	91.64%

5	N.D.		68.163	S. Psicose 6	46.936	68.86%	
6	N.D.		50.513	S. Psicose 6	55.589	110.05%	
4	N.D.	Psicose 10 ppm	132.199	S. Psicose 10	124.977	94.54%	89.78%
5	N.D.		154.192	S. Psicose 10	133.590	86.64%	
6	N.D.		150.211	S. Psicose 10	132.451	88.18%	

N.D. = Not detected

## Appendix 6. Psicose precision works

### Repeatability

Repetition	Area Value	Mean	SD	RSD	CV
1	139.151	140.3647	6.7379	0.0480	4.80%
2	147.887				
3	149.195				
4	135.303				
5	144.394				
6	135.554				
7	133.331				
8	146.654				
9	131.813				

**Intermediate Precision**

Day	Repetition	Area Value	Mean	SD	RSD	CV
1	1	139.151	143.4550	6.2214	0.0434	4.34%
	2	146.654				
	3	154.394				
2	1	144.776				
	2	148.470				
	3	141.313				
3	1	145.027				
	2	133.984				
	3	137.326				

## Appendix 8. GRASEQA Research Posters



### VALIDATION OF A RAPID ULTRASOUND-ASSISTED EXTRACTION COUPLED WITH ION CHROMATOGRAPHY METHOD FOR THE DETERMINATION OF D-PSICOSE IN RAISIN MATRICES



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#### INTRODUCTION

D-psicose (D-ribo-2-heose or D-allulose) is an epimer of D-fructose at C3 [1]. With the rise in obesity, diabetes, and other sugar-related health issues, this sugar provides a low-calorie option for sucrose as table sugar. D-psicose provides 70% of sucrose's sweetness and 0.39 kcal g<sup>-1</sup> to the body [2]. Small amounts can be recovered from tea and wheat [3].

D-psicose is rarely formed in nature, although food processing can promote its formation. Time and temperature positively correlate with processed food D-psicose content, according to Oshima et al. Dried figs and kiwis have more D-psicose than raw. Raisins have more D-psicose (up to 38.7 mg 100 g<sup>-1</sup>) than other dried fruits [4].

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#### D-FRUCTOSE STABILITY

The stability results of D-psicose and its precursor (D-fructose) ensured that UAE as a sample preparation step in the detection procedure did not appreciably modify the analyte in the matrix. The ultrasound energy may allow psicose epimerization from degraded D-fructose after it is extracted from the sample. Therefore, D-fructose stability was checked in the regular solvent used for the UAE in the range from 5 to 25 min.



It was proved that D-fructose was stable unless until 25 min of extraction time at 50 °C

#### ANALYTICAL METHODS

UAE was conducted using a Bandelin Sonopuls HD 4400 Ultrasonic Probe and a Frigitherm TFF-30 water bath circulator (J.P. Selecta, Barcelona, Spain). High-performance anion-exchange (HPAE) chromatography was used (Metrohm 930 Compact IC, Flex, Gießen, Switzerland). Metrosep Carb 2-150/4.0 was used to separate the components (Metrohm AG, Gießen, Switzerland). MagIC.net (Metrohm AG, Switzerland) was used to manage the chromatographic system.



1 g of a mixture of four powdered raisins sample was diluted with 20 mL HPLC grade water

Extraction by UAE with 100 W and power, 0.5 s pulse cycle

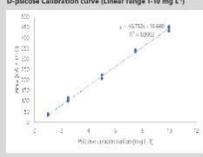
25 °C extraction temperature and 12 min. extraction time

All samples were diluted 1:10 with HPLC grade water and filtered through 0.45 µm nylon filter

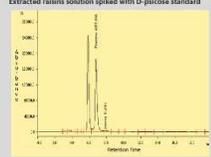
Injection to HPAE-PMD with a constant injection volume (5 µL)

#### RESULTS

D-psicose Calibration curve (Linear range 1-10 mg L<sup>-1</sup>)



Extracted raisins solution spiked with D-psicose standard

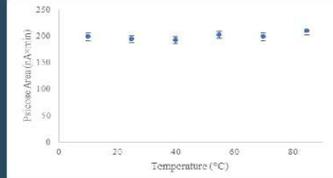


Validation Parameters	Results
Linear Equation	y = 46.752x - 15.109
R <sup>2</sup>	0.9992
LOD (ng kg <sup>-1</sup> )	208.6
LOQ (ng kg <sup>-1</sup> )	695.4
Psicose spiked 2 mg kg <sup>-1</sup>	191.6
Recovery (%)	91.64
Psicose spiked 6 mg kg <sup>-1</sup>	59.76
Recovery (%)	99.76
Intra-day, CV (%) n=3	4.80
Inter-day, CV (%) n=3	4.34

Analytical parameters for HPAE-PMD (Linear range 1-10 mg L<sup>-1</sup>)

#### D-PSICOSE STABILITY

In the D-psicose stability investigation, various extraction temperatures were observed to find the UAE extraction temperature that does not produce D-psicose degradation. This observation was done at 10, 25, 40, 55, 70, and 85 °C for a constant extraction time (10 min.).



These studies show that D-psicose may be extracted at temperatures between 10-85 °C using UAE without degradation.

#### REAL SAMPLE APPLICATIONS

Our method measured one replicate of Bio raisins from Spain with D-psicose concentration of 833.0 ng kg<sup>-1</sup>. The proposed approach could not detect D-psicose in other raisin samples. Therefore, additional work should be done to be able to determine D-psicose in raisins. However, the current method shows a LOQ lower than the values reported for D-psicose in several food samples with a minimum of 22 mg kg<sup>-1</sup> in cereals [4].

#### CONCLUSIONS

The method's linearity, accuracy, precision, detection limit, and quantification limit were evaluated. ICH's recommendations were followed. D-psicose was found only in one specific commercial raisin sample. These results showed that the methodology can detect and determine D-psicose in raisin matrices and requires only a fast sample preparation. This is the first study validating a method for the determination of D-psicose.



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