

INTISARI

Latar belakang: Kanker payudara kini masih menjadi salah satu penyebab signifikan terhadap meningkatnya angka mortalitas akibat penyakit kanker. Mayoritas penderita kanker payudara di RS Kanker Dharmais mendapatkan penanganan saat sudah stadium lanjut dikarenakan oleh faktor keterlambatan deteksi dini dari pihak pasien seperti interpretasi dan pengenalan gejala, psikologis, dan sosial ekonomi.

Tujuan: Tujuan penelitian ini adalah untuk menganalisis faktor penyebab keterlambatan kedatangan pada pasien kanker payudara stadium lanjut di Rumah Sakit Kanker Dharmais

Metode: Penelitian ini menggunakan rancangan penelitian jenis kualitatif deskriptif. Informan penelitian ini terdiri dari informan kunci, yaitu: pasien kanker payudara RSKD stadium lanjut; informan utama, yaitu keluarga pasien kanker payudara stadium lanjut di RSKD; dan informan tambahan, yaitu dokter bedah onkologi RSKD/penyedia layanan.

Hasil: Keterlambatan pasien kanker payudara stadium lanjut berobat ke Rumah Sakit Kanker Dharmais dilihat berdasarkan faktor interpretasi dan pengenalan gejala adalah sikap mengabaikan saat adanya gejala dan tidak melakukan pencarian pengobatan; pada faktor psikologi terdapat perasaan takut setelah terdiagnosis dan adanya rasa khawatir pada proses pengobatan; pada faktor sosial ekonomi terdapat tidak dilakukan deteksi dini, kurangnya informasi deteksi dini, kendala waktu tunggu, dan pemilihan pengobatan alternatif.

Kesimpulan: Pasien datang terlambat ke Rumah Sakit Kanker Dharmais dikarenakan 3 faktor, yaitu: masalah pada interpretasi dan pengenalan gejala kanker payudara, permasalahan psikologis, dan sosial ekonomi. Perlu dilakukan perhatian kepada pasien untuk mengatasi adanya keterlambatan kedatangan khususnya pada pasien dengan stadium lanjut.

Kata kunci: faktor, kanker payudara, keterlambatan

ABSTRACT

Background: Breast cancer is still one of the significant causes of the increasing mortality rate due to cancer. The majority of breast cancer patients at Dharmais Cancer Hospital received treatment at advanced stage due to delays of early detection on the part of the patient such as interpretation and recognition of symptoms, psychological, and socio-economic.

Objective: The purpose of this study was to analyze the factors causing the arrival of breast cancer patients to Dharmais Cancer Hospital with advanced stages.

Method: This study used a qualitative descriptive type of research design. The informants of this study consisted of key informants, namely patients with advanced stage breast cancer at RSKD, main informants namely families of advanced stage breast cancer patients at RSKD, and additional informants namely surgical oncology RSKD/service providers.

Result: The delay of advanced breast cancer patients to the Dharmais Cancer Hospital was seen based on the interpretation and recognition of symptoms, there was an attitude of ignoring when there were symptoms and not seeking treatment; on psychological factors there was a feeling of fear after being diagnosed and a sense of worry in the treatment process; on socio-economic factors there was no early detection, lack of information on early detection, waiting time constraints and the selection of alternative treatments.

Conclusion: Patients arriving late to Dharmais Cancer Hospital were caused by three factors, namely problems of interpretation and recognition of breast cancer symptoms, psychological and socio-economic problems. It is necessary to pay attention to patients to overcome delays in arrival, especially in patients with advanced stages.

Key words: breast cancer, delay, factors