

## CONTENTS

<b>UNDERGRADUATE THESIS .....</b>	<b>i</b>
<b>RATIFICATION PAGE.....</b>	<b>ii</b>
<b>STATEMENT PAGE .....</b>	<b>iii</b>
<b>DEDICATION.....</b>	<b>iv</b>
<b>PREFACE.....</b>	<b>v</b>
<b>CONTENTS.....</b>	<b>vi</b>
<b>LIST OF FIGURES .....</b>	<b>ix</b>
<b>LIST OF TABLE.....</b>	<b>x</b>
<b>LIST OF APPENDIX .....</b>	<b>xi</b>
<b>ABSTRACT .....</b>	<b>xii</b>
<b>INTISARI .....</b>	<b>xiii</b>
<b>CHAPTER I INTRODUCTION.....</b>	<b>1</b>
<b>I.1. Background .....</b>	<b>1</b>
<b>I.2 Purposes.....</b>	<b>3</b>
<b>I.3. Research Benefits .....</b>	<b>4</b>
<b>CHAPTER II LITERATURE REVIEW AND HYPOTHESIS</b>	
<b>FORMULATION.....</b>	<b>5</b>
<b>II.1. Literature Review.....</b>	<b>5</b>
II.1.1 Avocado .....	5
II.1.2 Free Radicals .....	10
II.1.3 Antioxidant.....	11
II.1.4 Maceration.....	12
II.1.5 DPPH Assay.....	13
II.1.6 Aging Skin .....	16

II.1.7 Lotion Cream .....	17
<b>II.2. Hypothesis Formulation and Research Design.....</b>	<b>18</b>
II.2.1 Hypothesis Formulation I.....	18
II.2.2 Hypothesis Formulation II .....	18
<b>II.2.3. Research Design.....</b>	<b>18</b>
<b>CHAPTER III RESEARCH METHODS.....</b>	<b>19</b>
<b>III.1 Materials.....</b>	<b>19</b>
<b>III.2 Apparatus .....</b>	<b>19</b>
<b>III.3 Research Procedures .....</b>	<b>19</b>
III.3.1. The Maceration of Avocado Peel .....	19
III.3.2. DPPH (2,2 Diphenyl-1-picrylhydrazyl) Assay .....	20
III.3.3. The Phytocompounds Assay.....	21
III.3.4. The Determination of Total Phenolic Content.....	22
III.3.5. The Determination of Total Flavonoid Content .....	22
III.3.6. The Formulation of Cream .....	23
III.3.7. Evaluation of the Quality of Physical Lotion Cream Preparations....	24
<b>CHAPTER IV RESULTS AND DISCUSSION .....</b>	<b>25</b>
<b>IV.1. Maceration Process .....</b>	<b>25</b>
IV.1.1 Butter Avocado.....	28
IV.1.2 Miki Avocado .....	28
IV.1.3 Wina (Vienna) Avocado.....	29
<b>IV.2 Phytochemistry Assay.....</b>	<b>29</b>
IV.2.1 Phenolic Test .....	31
IV.2.2 Flavonoid Test .....	31
IV.2.3 Steroid/Triterpenoid Test.....	32
IV.2.4 Saponin Test .....	33
IV.2.6 Tannin Test.....	33
<b>IV.3 Determination of Total Flavonoid Content .....</b>	<b>34</b>

<b>IV.4 Determination of Total Phenolic Content.....</b>	<b>36</b>
<b>IV.5 Antioxidant Activity Assay.....</b>	<b>38</b>
<b>IV.6 Cream Lotion .....</b>	<b>46</b>
IV.6.1 Organoleptic Test .....	47
IV.6.3 Volunteer Irritation Test .....	50
<b>CHAPTER V CONCLUSION AND SUGGESTION .....</b>	<b>51</b>
<b>V.1 CONCLUSION .....</b>	<b>51</b>
<b>V.2 SUGGESTION.....</b>	<b>51</b>
<b>REFERENCES.....</b>	<b>52</b>
<b>APPENDICES .....</b>	<b>58</b>