

digeneralisasikan pada populasi penelitian yang lebih luas. Selain itu, penelitian selanjutnya dapat membahas aspirasi karir pada konteks siswa SMK untuk dapat diketahui mengenai tingkat aspirasi karir pada siswa yang bersekolah di sekolah kejuruan. Penelitian lanjutan juga dapat meneliti mengenai aspirasi karir pada mahasiswa untuk melihat tingkat aspirasi karir pada siswa di Indonesia.

Saran terakhir, peneliti telah menyebutkan pada bagian pembahasan bahwa dapat dilakukan penelitian lanjutan berupa penelitian longitudinal untuk mengetahui apakah aspirasi karir perempuan menurun seiring berjalannya waktu seperti teori yang telah peneliti tuliskan dalam pembahasan. Penelitian selanjutnya dapat mengonfirmasi atau menolak teori tersebut berdasarkan konteks di Indonesia.

#### **Daftar Pustaka**

- Adeyemo, D. A. (2007). Moderating influence of emotional intelligence on the link between academic self-efficacy and achievement of university students. *Psychology and developing societies*, 19(2), 199-213. <https://doi.org/10.1177/097133360701900204>
- Afari, E., Ward, G., & Khine, M. S. (2012). Global self-esteem and self-efficacy correlates: Relation of academic achievement and self-esteem among emirati students. *International Education Studies*, 5(2), 49-57. <http://dx.doi.org/10.5539/ies.v5n2p49>
- Ahmad, A., & Safaria, T. (2013). Effects of self-efficacy on students' academic performance. *Journal of Educational, Health and Community Psychology*, 2(1), 22-29. <http://dx.doi.org/10.12928/jehcp.v2i1.3740>
- Al-Bahrani, M. A., Allawati, S. M., Abu Shindi, Y. A., & Bakkar, B. S. (2020). Career aspiration and related contextual variables. *International Journal of Adolescence and Youth*, 25(1), 703-711.

<https://doi.org/10.1080/02673843.2020.1730201>

Al-Bahrani, M., Abu Shindi, Y., Allawati, S., & Bakkar, B. (2021). A path analysis of effects of the career locus of control dimensions and career decision self-efficacy on career aspiration. *International Journal of Adolescence and Youth*, 26(1), 367-375. <https://doi.org/10.1080/02673843.2021.1961831>

Azwar, S. (2012a). *Penyusunan Skala Psikologi* (ed. 2). Yogyakarta: Pustaka Pelajar.

Azwar, S. (2012b). *Reliabilitas dan Validitas* (ed. 4). Yogyakarta: Pustaka Pelajar.

Azwar, S. (2017). *Metode Penelitian Psikologi* (ed. 2). Yogyakarta: Pustaka Pelajar.

Badan Pusat Statistik. (2017). *Statistik Pendidikan 2017*. <https://www.bps.go.id/publication/2017/12/29/a5f1de9e06a62e333bc7a33c/potret-pendidikan-indonesia-statistik-pendidikan-2017.html>

Badan Pusat Statistik. (2018). *Statistik Pendidikan 2018*. <https://www.bps.go.id/publication/2018/12/06/a65b526c119ce8f799e5ea63/statistik-pendidikan-2018.html>

Badan Pusat Statistik. (2019). *Statistik Pendidikan 2019*. <https://www.bps.go.id/publication/2019/11/29/1deb588ef5fdbfba3343bb51/potret-pendidikan-statistik-pendidikan-indonesia-2019.html>

Badan Pusat Statistik. (2020). *Statistik Pendidikan 2020*. <https://www.bps.go.id/publication/2020/11/27/347c85541c34e7dae54395a3/statistik-pendidikan-2020.html>

Badan Pusat Statistik. (2021). *Statistik Pendidikan 2021*. <https://www.bps.go.id/publication/2021/11/26/d077e67ada9a93c99131bcde/statistik-pendidikan-2021.html>

- Bandura, A. (1977). Self-efficacy: Toward a unifying theory of behavioral change. *Psychological review*, 84(2).  
<https://psycnet.apa.org/doi/10.1037/0033-295X.84.2.191>
- Bandura, A. (1997). *Self-efficacy: The exercise of control*. W H Freeman/Times Books/ Henry Holt & Co.
- Bandura, A., Barbaranelli, C., Caprara, G. V., & Pastorelli, C. (2001). Self-efficacy beliefs as shapers of children's aspirations and career trajectories. *Child development*, 72(1), 187-206. <https://doi.org/10.1111/1467-8624.00273>
- Bandura, A. (2006). Guide for constructing self-efficacy scales. In F. Pajares & T. Urdan (Eds.), *Self-efficacy beliefs of adolescents* (Vol. 5, pp. 307-337). Greenwich, CT: Information Age Publishing.
- Basith, A., Syahputra, A., & Ichwanto, M. A. (2020). Academic self-efficacy as predictor of academic achievement. *JPI (Jurnal Pendidikan Indonesia)*, 9(1), 163-170. <https://doi.org/10.23887/jpi-undiksha.v9i1.24403>
- Bong, M., & Skaalvik, E. M. (2003). Academic self-concept and self-efficacy: How different are they really?. *Educational psychology review*, 15(1), 1-40.  
<https://doi.org/10.1023/A:1021302408382>
- Caprara, G. V., Fida, R., Vecchione, M., Del Bove, G., Vecchio, G. M., Barbaranelli, C., & Bandura, A. (2008). Longitudinal analysis of the role of perceived self-efficacy for self-regulated learning in academic continuance and achievement. *Journal of Educational Psychology*, 100(3), 525–534.  
<https://doi.org/10.1037/0022-0663.100.3.525>
- Castro, S. M., & Armitage-Chan, E. (2016). Career aspiration in UK veterinary students: The influences of gender, self-esteem and year of study. *Veterinary Record*, 179(16), 408. <https://doi.org/10.1136/vr.103812>

- Creswell, J. W. (2015). *Educational Research: Planning, Conducting and Evaluating Quantitative and Qualitative Research* (5<sup>th</sup> ed.). Boston: Pearson.
- Dullas, A. R. (2019). The development of academic self-efficacy scale for Filipino junior high school students. *Frontiers in Education*, 3, 19. <https://doi.org/10.3389/feduc.2018.00019>
- Doménech-Betoret, F., Abellán-Roselló, L., & Gómez-Artiga, A. (2017). Self-efficacy, satisfaction, and academic achievement: the mediator role of Students' expectancy-value beliefs. *Frontiers in psychology*, 8, 1193. <https://doi.org/10.3389/fpsyg.2017.01193>
- Etikan, I., Musa, S. A., & Alkassim, R. S. (2016). Comparison of convenience sampling and purposive sampling. *American journal of theoretical and applied statistics*, 5(1), 1-4. doi: 10.11648/j.ajtas.20160501.11
- Field, A. (2013). *Discovering statistics using IBM SPSS statistics* (4<sup>th</sup> edition). London: Sage.
- Field, A. (2018). *Discovering statistics using IBM SPSS statistics* (5<sup>th</sup> edition). London: Sage.
- Galloway, A. (2005). Non-probability sampling. In Kempf-Leonard, K, *Encyclopedia of Social Measurement*, (pp859–864). Elsevier. <https://doi.org/10.1016/b0-12-369398-5/00382-0>
- Gaskill, P. J., & Hoy, A. W. (2002). Self-Efficacy and self-regulated learning. *Improving Academic Achievement*, 185–208. <https://doi.org/10.1016/b978-012064455-1/50012-9>
- Gottfredson, L. S. (2005). Applying Gottfredson's Theory of Circumscription and Compromise in career guidance and counseling. In S. D. Brown & R. W. Lent (Eds.), *Career development and counseling: Putting theory and research to*

*work* (pp. 71–100). John Wiley & Sons, Inc..

Gore, J., Holmes, K., Smith, M., Southgate, E., & Albright, J. (2015).

Socioeconomic status and the career aspirations of Australian school students:

Testing enduring assumptions. *The Australian educational researcher*, 42(2),

155-177. <https://doi.org/10.1007/s13384-015-0172-5>

Gregor, M. A., & O'Brien, K. M. (2015). Understanding career aspirations among

young women: Improving instrumentation. *Journal of*

*Career Assessment*, 24(3), 559-572.

<https://doi.org/10.1177%2F1069072715599537>

Gregor, M.A. (2016). *Understanding career aspirations among young women:*

*Improving instrumentation* (Disertasi).

<https://www.proquest.com/openview/474498e1cb2e2683a7efcb7b00a762c2/>

1?pq-origsite=gscholar&cbl=18750

Hanna, D., & Dempster, M. (2013). *Psychology statistics for dummies*. John Wiley

& Sons.

Hartman, R. L., & Barber, E. G. (2020). Women in the workforce: The effect of

gender on occupational self-efficacy, work engagement and career

aspirations. *Gender in Management: An International Journal*.

<https://doi.org/10.1108/GM-04-2019-0062>

Hay, C. A., & Bakken, L. (1991). Gifted sixth-grade girls: Similarities and

differences in attitudes among gifted girls, non-gifted peers, and their

mothers. *Roeper Review*, 13(3), 158-160.

<https://doi.org/10.1080/02783199109553343>

Hur, J. W., Andrzejewski, C. E., & Marghitu, D. (2017). Girls and computer

science: Experiences, perceptions, and career aspirations. *Computer Science*

*Education*, 27(2), 100-120. <https://doi.org/10.1080/08993408.2017.1376385>

International Labour Organization. (2019, October 9). From School to Work:

An Analysis of Youth Labour Market Transition.

[https://ilo.org/wcmsp5/groups/public/---dgreports/---stat/documents](https://ilo.org/wcmsp5/groups/public/---dgreports/---stat/documents/publication/wcms_732422.pdf)

[/publication/wcms\\_732422.pdf](https://ilo.org/wcmsp5/groups/public/---dgreports/---stat/documents/publication/wcms_732422.pdf)

Kim, M. S., & Yun, S. Y. (2015). A study on the nursing student with academic self-efficacy, motivation and career aspiration. *Indian Journal of Science and Technology*, 8, 226. <https://dx.doi.org/10.17485/ijst/2015/v8iS1/58764>

Lent, R. W., Brown, S. D., & Hackett, G. (1994). Toward a unifying social cognitive theory of career and academic interest, choice, and performance. *Journal of vocational behavior*, 45(1), 79-122. <https://doi.org/10.1006/jvbe.1994.1027>

Mavin, S. (2001). Women's career in theory and practice: Time for change?. *Women in management review*. <https://doi.org/10.1108/09649420110392163>

Middleton, E. B., & Loughhead, T. A. (1993). Parental influence on career development: An integrative framework for adolescent career counseling. *Journal of career development*, 19(3), 161-173. <https://doi.org/10.1177/089484539301900302>

Mwaura, M. N. (2020). The Relationship between Career Aspiration and Academic Performance of Students in Public Secondary Schools in Nairobi County, Kenya. *International Journal of Multidisciplinary Research and Publication*, 3(2), 68-73.

O'Brien, K. M. (1996). The influence of psychological separation and parental attachment on the career development of adolescent women. *Journal of Vocational Behavior*, 48(3), 257-274.

<https://psycnet.apa.org/doi/10.1006/jvbe.1996.0024>

O'Brien, K. M., Friedman, S. M., Tipton, L. C., & Linn, S. G. (2000). Attachment, separation, and women's vocational development: A longitudinal analysis. *Journal of Counseling Psychology*, 47(3), 301.

<https://psycnet.apa.org/doi/10.1037/0022-0167.47.3.301>

Obura, C. A., & Ajowi, J. O. (2012). Gender and students' perceptions of career aspirations in secondary schools. *Academic Journal of Interdisciplinary Studies*, 1(2), 149-149. <https://doi.org/10.5901/ajis.2012.v1n2p149>

Olusegun, A. A., Adepeju, O. B., & Matthew, B. T. (2020). Influence of Self-efficacy on Academic Competence of Secondary School Students in Osun State. *American International Journal of Education and Linguistics Research*, 3(1), 38-44. <https://doi.org/10.46545/aijelr.v3i1.193>

Pajares, F., & Miller, M. D. (1995). Mathematics self-efficacy and mathematics performances: The need for specificity of assessment. *Journal of counseling psychology*, 42(2), 190. <https://psycnet.apa.org/doi/10.1037/0022-0167.42.2.190>

Patton, W., & Creed, P. (2007). The relationship between career variables and occupational aspirations and expectations for Australian high school adolescents. *Journal of Career Development*, 34(2), 127-148. <https://doi.org/10.1177%2F0894845307307471>

Pek, J., Wong, O., & Wong, A. C. (2018). How to address non-normality: A taxonomy of approaches, reviewed, and illustrated. *Frontiers in psychology*, 9, 2104. <https://doi.org/10.3389/fpsyg.2018.02104>

Pratiwi, R. G., & Yuliansyah, Y. (2020). Self Regulated Learning dan Konsep Diri sebagai Prediktor Aspirasi Karier pada Remaja. *Jurnal Ilmiah Psyche*, 14(1),

35-44. <https://doi.org/10.33557/jpsyche.v14i1.982>

Rojewski, J. W. (2005). Occupational Aspirations: Constructs, Meanings, and Application. In S. D. Brown & R. W. Lent (Eds.), *Career development and counseling: Putting theory and research to work* (pp. 131–154). John Wiley & Sons, Inc..

Saw, G., Chang, C. N., & Chan, H. Y. (2018). Cross-sectional and longitudinal disparities in STEM career aspirations at the intersection of gender, race/ethnicity, and socioeconomic status. *Educational Researcher*, 47(8), 525-531. <https://doi.org/10.3102%2F0013189X18787818>

Sawitri, D.R., Creed, P.A. & Zimmer-Gembeck, M.J. Parental influences and adolescent career behaviours in a collectivist cultural setting. *Int J Educ Vocat Guidance* 14, 161–180 (2014). <https://doi.org/10.1007/s10775-013-9247-x>

Sawitri, D. R., & Creed, P. A. (2015). Perceived career congruence between adolescents and their parents as a moderator between goal orientation and career aspirations. *Personality and Individual Differences*, 81, 29-34. doi:10.1016/j.paid.2014.12.061

Sawitri, D. R., & Creed, P. A. (2017). Collectivism and perceived congruence with parents as antecedents to career aspirations: A social cognitive perspective. *Journal of Career Development*, 44(6), 530-543. <https://doi.org/10.1177%2F0894845316668576>

Sawitri, D. R., & Suryadi, B. (2020, February). The Role of Socioeconomic Status in the Relationship Between Career Aspirations and Engagement in Career Exploration. In *International Conference on Educational Psychology and Pedagogy "Diversity in Education"(ICEPP 2019)* (pp. 260-263). Atlantis Press.



- Schunk, D. H. (1991). Self-efficacy and academic motivation. *Educational psychologist*, 26(3-4), 207-231.  
<https://doi.org/10.1080/00461520.1991.9653133>
- Schunk, D. H., & Ertmer, P. A. (2000). Self-regulation and academic learning: Self-efficacy enhancing interventions. In M Boekaerts, P. R. Pintrich, & M. Zeidner, *Handbook of self-regulation* (pp. 631-649). Academic Press.
- Schunk, D. H., & Pajares, F. (2002). The development of academic self-efficacy. In A. Wigfield & J. S. Eccles (Eds.), *Development of achievement motivation* (pp. 15–31). Academic Press. <https://doi.org/10.1016/B978-012750053-9/50003-6>
- Schunk, D. H., & Mullen, C. A. (2012). Self-efficacy as an engaged learner. In S. L. Christenson, A. L. Reschly, & C. Wylie (Eds.), *Handbook of research on student engagement* (pp. 219–235). Springer Science + Business Media. [https://doi.org/10.1007/978-1-4614-2018-7\\_10](https://doi.org/10.1007/978-1-4614-2018-7_10)
- Sofyan, A., Yusuf, A. M., & Daharnis, D. (2013). Tingkat aspirasi karir siswa di tinjau dari jenis kelamin, jurusan dan daerah tempat tinggal. *Jurnal Konseling dan Pendidikan*, 1(3), 9-27. <https://doi.org/10.29210/110800>
- Tamtomo, V. I. (2019). Efikasi diri dan aspirasi karir siswa untuk menjadi pemain sepakbola profesional. *Acta Psychologia*, 1(1), 80-86.  
<https://doi.org/10.21831/ap.v1i1.43313>
- United Nations Children's Fund. (2019). Transition from School to Work.  
<https://www.unicef.org/media/60366/file/Transitions-from-school-to-work-2019.pdf>
- Usher, E. L., & Pajares, F. (2008). Sources of self-efficacy in school: Critical review of the literature and future directions. *Review of educational research*, 78(4), 751-796. <https://doi.org/10.3102%2F0034654308321456>



Wati, E., Daharnis, D., & Syahniar, S. (2013). Hubungan antara aspirasi siswa dan dukungan orangtua dengan motivasi belajar serta implikasinya terhadap bimbingan konseling. *Konselor*, 2(1). <https://doi.org/10.24036/0201321871-0-00>

Zimmerman, B. J., Bandura, A., & Martinez-Pons, M. (1992). Self-motivation for academic attainment: The role of self-efficacy beliefs and personal goal setting. *American educational research journal*, 29(3), 663-676.  
<https://doi.org/10.3102%2F00028312029003663>