

INTISARI

Penelitian ini bertujuan untuk mendeskripsikan (1) unsur intrinsik dan (2) bentuk pengungkapan wujud aktualisasi diri pada tokoh Cheon Lisa dalam *webtoon Her Secret* (여주실격). Objek penelitian ini berupa *webtoon Her Secret* dan menggunakan kajian psikologi humanistik dari Abraham Maslow (Minderop, 2010) untuk mengidentifikasi kebutuhan-kebutuhan yang perlu dilakukan untuk mencapai proses aktualisasi diri. Penelitian ini merupakan penelitian kualitatif dengan metode deskriptif kualitatif. Sumber data yang digunakan dalam penelitian ini adalah *webtoon Her Secret* dari episode 1 hingga 107.

Hasil dari penelitian ini menunjukkan bahwa tokoh Cheon Lisa telah teraktualisasi diri dengan didukung dengan unsur-unsur intrinsik yang mendorong Cheon Lisa teraktualisasi diri. Tokoh Cheon Lisa telah memenuhi lima kebutuhan untuk mencapai aktualisasi diri seperti kebutuhan fisiologis, kebutuhan akan rasa aman, kebutuhan rasa memiliki dan cinta, kebutuhan akan rasa penghargaan dan kebutuhan aktualisasi diri. Terdapat juga lima ciri-ciri dari pribadi yang telah teraktualisasi diri seperti melihat hidup dengan jernih, mengabdikan dirinya pada pekerjaan atau kewajiban, kreatifitas dan spontanitas, kadar konflik diri yang rendah dan mempunyai kemerdekaan psikologis yang telah muncul dalam tokoh Cheon Lisa. Tokoh Cheon Lisa telah berhasil menjadi aktris yang teraktualisasi diri.

Kata kunci: unsur intrinsik, psikologi humanistik, aktualisasi diri, *webtoon*, *her secret*.

ABSTRACT

This research discusses (1) the intrinsic elements and (2) the forms of self-actualization of the character Cheon Lisa in the webtoon *Her Secret*(여주실격). The object of this research is the webtoon *Her Secret* and uses humanistic psychology studies from Abraham Maslow (Minderop, 2010) to identify the needs that need to be done to achieve the self-actualization process. This research is a qualitative research with qualitative descriptive method. The data sources that used in this research is the webtoon *Her Secret* from episode 1 to 107.

The results of this research indicate that the character Cheon Lisa has been self-actualized with the support of intrinsic elements that encourage Cheon Lisa to be self-actualized. Cheon Lisa's character has fulfilled five needs to achieve self-actualization such as physiological needs, safety needs, needs for belonging and love, needs for esteem, and needs for self-actualization. There are also five characteristics of a self-actualized person such as strong sense of reality, devoting himself to work or obligations, creativity and spontaneity, low levels of self-conflict, and having psychological independence that have appeared in the character Cheon Lisa. The character Cheon Lisa has succeeded in becoming a self-actualized actress.

Keywords: intrinsic element. humanistic psychology, self-actualization, webtoon, her secret.

초록

본 연구에서는 (1) 웹툰 여주실격에 내재적 요소, (2) 등장하는 천리사의 자기실현 형태에 대해 논의하였다. 본 연구의 목적은 웹툰 여주실격에 Abraham Maslow의 인본주의 심리학 연구를 사용하여 자기실현 과정을 달성하기 위해 수행해야 할 필요한 것들은 논의한다. 본 연구는 질적 서술적 방법을 사용한 질적 연구이다. 본 연구에 사용된 데이터 출처는 1회부터 107회까지의 웹툰 '여주실격'이다.

본 연구의 결과는 천리사의 내재적 요소의 뒷받침으로 천리사가 자기실현 되었음을 자신의 보여준다. 천리사의 캐릭터는 생리적 욕구, 안전의 욕구, 소속감과 사랑의 욕구, 존경의 욕구, 자기실현의 욕구 등 자기실현 위한 5가지 욕구를 충족시켰다. 또한 천리사 캐릭터에 나타난 자기실현인의 5가지 특징은 현실감이 강하고 일에 전념하고, 창의성과 자발성, 자기 갈등이 낮고 심리적 독립성이라는 것이다. 극 중 천리사는 자기실현에 성공한 배우다.

키워드: 내재적 요소, 인본주의 심리학, 자기실현, 웹툰, 여주실격