

DAFTAR PUSTAKA

- Adji, S., Fitrikasari, A. dan Julianti, H., 2019. Hubungan Persepsi Citra Tubuh Dan Gejala Depresi Dengan Kejadian Gangguan Makan Pada Remaja Obesitas. *Journal of Nutrition and Health*, 7(1).
- Aghakhani, N., Nia, H., Eghtedar, S., Rahbar, N., Jasemi, M., dan Zadeh, M., 2011. Prevalance of Depression among Students of Urmia University of Medical Scinces (Iran). *Iran J Psychiatry Behav Sci.* 5 (2): 131-5.
- Agopyan, A., Kenger, E.B., Kermen, S., Ulker, M.T., Uzsoy, M.A. dan Yetgin, M.K., 2019. The Relationship Between Orthorexia Nervosa and Body Composition in Female Students of The Nutrition and Dietetics Department. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 24(2): 257- 266.
- Ali, M. dan Asrori, M., 2012. Psikologi Remaja Perkembangan Peserta Didik. Jakarta: Bumi Aksara.
- American Psychiatric Association. *Diagnostic and statistical manual of mental disorders* (5th ed.). 2013.
- Anmar, E.N. dan Nurmala, I., 2020. Analisis Faktor Sosio-Kultural terhadap Dimensi *Body Image* pada Remaja. *Journal of Health Science and Prevention*, 4(1): 23-32.
- Annisa, D. F., dan Ildil, I., 2016. Konsep Kecemasan (Anxiety) pada Lanjut Usia (Lansia). *Konselor*, 5(2), 93. <https://doi.org/10.24036/02016526480-0-00>.
- Arcelus, J., Mitchell, A. J., dan Wales, J., 2011. Mortality Rates in Patients with Anorexia Nervosa and Other Eating Disorders. *Archives of General Psychiatry*, 68(7): 724- 731.
- Atziza, R., 2015. Faktor-Faktor yang Mempengaruhi Kejadian Stres dalam Pendidikan Kedokteran. *Jurnal Agromed Unila*, 2(3): 317-320.
- Azzahro, E.A. dan Sari, J.D.E., 2021. FAKTOR PSIKOSOSIAL DENGAN KEJADIAN DEPRESI PADA REMAJA (Studi Pada Siswa Kelas 12 SMA XY Jember). *Journal Of Community Mental Health And Public Policy*, 3(2), pp. 69-77.
- Baik, S. H., Fox, R. S., Mills, S. D., Roesch, S. C., Sadler, G. R., Klonoff, E. A., dan Malcarne, V. L., 2019. Reliability and Validity of The Perceived Stress Scale-10 in Hispanic Americans with English or Spanish language preference. *Journal of Health Psychology*, 24(5), 628-639.
- Beck, A. T. dan Alford, B. A., 2009. Depression: Cause and treatment (2nd ed.). Philadelphia: University of Pennsylvania Press.
- Blinder B.J., Cumella E.J., Sanathara V.A., 2006. Psychiatric comorbidities of female inpatients with eating disorders. *Psychosomatic Medicine*, 68, 454-462.

- Brown, S.M., Opitz, M.C., Peebles, A.I., Sharpe, H., Duffy, F., dan Newman, E., 2020. A Qualitative Exploration of The Impact of COVID-19 on Individuals with Eating Disorders in the UK. *Appetite*, 156(2021): 1-9.
- Camara, Maria, Gonzalo B., dan Patricia P., 2014. The role of social support in adolescents: are you helping me or stressing me out?. *International Journal of Adolescence and Youth*. 22(2): 123–36.
- Castaldelli-Maia, J.M., Martins, S.S., Bhugra, D., Machado, M.P., De Andrade, A.G., Alexandrino-Silva, C., Baldassin, S. dan Alves, T.C.D.T.F., 2012. Does ragging play a role in medical student depression—cause or effect?. *Journal of Affective Disorders*, 139(3), pp.291-297.
- Cooley E. dan Toray T., 2001. Disordered Eating in College Freshman Women: A Prospective Study. *J Am Coll Heal [Internet]*, 49(5): 229-35. Available from: <https://doi.org/10.1080/07448480109596308>
- Crawford, R. J dan Henry, D. J., 2005. The Short-Form Version Of The Depression, Anxiety, and Stress Scales (DASS-21): Construct Validity And Normative Data In A Large Non-Clinical Sample. *British Journal of Clinical Psychology*, 44, 227–239.
- Cuciureanu, M.D. dan Vink, R., 2015. Chapter 19: Magnesium and Stress. In: Vink R, ed. *Magnesium in the Central Nervous System*. University of Adelaide Press.
- Denholm, M. dan Jankowski, J., 2011. Gastroesophageal Reflux Disease and Bulimia Nervosa. *Dis Esophagus*. 2011, 24(2): 79-85.
- de Baaij, J.H., Hoenderop, J.G., Bindels, R.J., 2015. Magnesium in man: implications for health and disease. *Physiol Rev.*, 95: 1–46. <https://doi.org/10.1152/physrev.00012.2014> PMID: 25540137
- Dewi, A.S., 2010. Stress response in sponges and their potential applications to biomonitor stressors in coral reef ecosystem. *Squalen Bulletin of Marine and Fisheries Postharvest and Biotechnology*, 5(3), pp.92-100.
- Dewi, I. P., dan Fauziah, D., 2018. Pengaruh Terapi Seft Terhadap Penurunan Tingkat Kecemasan Pada Para Pengguna Napza. *Jurnal Keperawatan Muhammadiyah*, 2(2). <https://doi.org/10.30651/jkm.v2i2.1094>.
- Fernandes, M.A., Vieira, F.E.R., Avelino, F.V.S.D. dan Santos, J.D.M., 2018. Prevalence of anxious and depressive symptoms in college students of a public institution. *Revista brasileira de enfermagem*, 71, pp.2169-2175.
- Fernandez-Aranda, F., Casas, M., Claes, L., Bryan, D. C., Favaro, A., Granero, R., dan Treasure, J., 2020. COVID-19 and Implications for Eating Disorders. *European Eating Disorder Review*, 28(3): 239-245. <https://doi.org/10.1002/erv.2738>.
- Fitri, N.F. dan Adelya, B., 2017. Kematangan emosi remaja dalam pengentasan masalah. *JPGI (Jurnal Penelitian Guru Indonesia)*, 2(2), pp.30-39.

- Fitria, Y., dan Maulidia, R., 2018. Hubungan Antara Dukungan Sosial Keluarga Dengan Depresi Pada Remaja Di SMPN Kota Malang (Relationship Between Social Support With Adolescent Depression in Junior High School at Malang). *Prosiding Seminar Nasional Hasil Penelitian dan Pengabdian kepada Masyarakat III* (September): 270–76.
- Forney, K.J., Buchman-Schmitt, J.M., Keel, P.K., dan Frank, G.K., 2016. The Medical Complications Associated with Purging. *Int J Eat Disord*, 49(3): 249-59.
- Frank, G.K., 2016. The perfect storm-a bio-psycho-social risk model for developing and maintaining eating disorders. *Frontiers in behavioral neuroscience*, 10, p.44.
- Galmiche, M., Déchelotte, P., Lambert, G., dan Tivolacci, M.P., 2019. Prevalence of eating disorders over the 2000–2018 period. *American Journal of Clinical Nutrition*, 1-13.
- Garner, D.M., Olmsted, M.P., Bohr, Y., Garfinkel, P.E., 1982. The Eating Attitudes Test: psychometric features and clinical correlates. *Psychol Med* 12:871–878. doi:10.1017/ S0033291700049163
- Garner, D.M., Rosen, L., dan Barry, D., 1998. Eating Disorders in Athletes (839-857). *In Child and Adolescent Psychiatric Clinics of North America.*, 7, New York: W.B. Saunders.
- Graell, M., Morón-Nozaleda, M. G., Camarero, R., Villaseñor, Á., Yáñez, S., Muñoz, R., Martínez- Núñez, B., Miguélez-Fernández, C., Muñoz, M., dan Faya, M., 2020. Children and Adolescents with Eating Disorders During COVID-19 Confinement: Difficulties and Future Challenges. *European Eating Disorders Review*, 28(6): 864–870. <https://doi.org/10.1002/erv.2763>
- Haryanto, Hartati, D.W., dan Siti, N., 2015. Sistem Deteksi Gangguan Depresi pada Anak - Anak dan Remaja. *Jurnal Ilmiah Teknik Industri* 14(2): 142–52. <http://journals.ums.ac.id/index.php/jiti /article/view/998/998>.
- Hasanah, U., Fitri, N.L., Supardi, S. dan PH, L., 2020. Depresi pada mahasiswa selama masa pandemi covid-19. *Jurnal Keperawatan Jiwa*, 8(4), pp.421-424.
- Hasibuan, S.M. dan Riyandi, R., 2019. Pengaruh Tingkat Gejala Kecemasan Terhadap Indeks Prestasi Akademik Pada Mahasiswa Angkatan 2016 Fakultas Kedokteran Universitas Muhammadiyah Sumatera Utara. *Jurnal Biomedik: Jbm*, 11(3), pp.137-143.
- Hasna, A., 2021. Diagnosis dan Tatalaksana Bulimia Nervosa. *Jurnal Medika Utama*, 2(4): 1218-1222.
- Hempel, R., Vanderbleek, E., dan Lynch, T. R., 2018. Radically Open DBT: Targeting Emotional Loneliness in Anorexia Nervosa. *Eating Disorders*, 26(1): 92-104.

- Hermanto, R.A., Kandarina, B.I. dan Latifah, L., 2020. Hubungan antara status anemia, tingkat aktivitas fisik, kebiasaan sarapan dan depresi pada remaja putri di Kota Yogyakarta. *Media Gizi Mikro Indonesia*, 11(2), pp.141-152.
- Hidayati, K.B. dan Farid, M., 2016. Konsep diri, adversity quotient dan penyesuaian diri pada remaja. *Persona: Jurnal Psikologi Indonesia*, 5(02), pp.137-144.
- Holmes, E.A., O'Connor, R.C., Perry, V.H., Tracey, I., Wessely, S., Arseneault, L., dan Everall, I., 2020. Multidisciplinary Research Priorities for The COVID-19 Pandemic: A Call for Action for Mental Health Science. *The Lancet Psychiatry*. [https://doi.org/10.1016/S2215-0366\(20\)30168-1](https://doi.org/10.1016/S2215-0366(20)30168-1).
- Juliani, A.J. dan Bastian, A., 2021. Pendidikan karakter sebagai upaya wujudkan Pelajar Pancasila. In *Prosiding Seminar Nasional Program Pascasarjana Universitas PGRI Palembang*.
- Kazdin, A.E., 2000. *Encyclopedia of Psychology* (8 Volume Set). 978-1-55798-187-5.
- Kementerian Kesehatan RI, 2018. Laporan Riskesdas 2018. <https://pusdatin.kemkes.go.id/resources/download/pusdatin/infodatin/InfoDatin-Kesehatan-Jiwa.pdf>
- Komisi Perlindungan Anak Indonesia, 2018. Tawuran Pelajar 2018 Lebih Tinggi dibanding Tahun Lalu. <https://metro.tempo.co/read/1125876/kpai-tawuran-pelajar-2018-lebih-tinggi-dibanding-tahun-lalu>
- Krabbenborg, M.A, Danner, U.N., Larsen, J.K., van der Veer, N., van Elburg, A.A., de Ridder, D.T., Evers, C., Stice, E., dan Engels, R.C., 2012. The Eating Disorder Diagnostic Scale: Psychometric Features within a Clinical Population and a Cut-Off Point to Differentiate Clinical Patients from Healthy Controls. *Eur Eat Disord*, 20(4):315-20.
- Kring, A.M., Johnson, S. L., Davidson, G. C., 2012. *Abnormal Psychology*, 12th Edition. USA: John Wiley & Sons, Inc, p. 334-343.
- Krisnani, H., Santoso, M. B., dan Putri, D., 2018. Gangguan makan anorexia nervosa dan bulimia nervosa pada remaja. *Prosiding Penelitian Dan Pengabdian Kepada Masyarakat*, 4(3), 399.
- Kristanti, R.A., 2020. Hubungan antara tingkat stres dengan gangguan makan pada Mahasiswa Preklinik Fakultas Kedokteran Universitas Pelita Harapan. *Hubungan antara tingkat stres dengan gangguan makan pada Mahasiswa Preklinik Fakultas Kedokteran Universitas Pelita Harapan*, pp.1-71.
- Kurniawan, M.Y., Briawan, D., dan Caraka, R.E., 2015. Persepsi Tubuh dan Gangguan Makan pada Remaja. *Jurnal Gizi Klinik Indonesia*, 11(3): 105-114.
- Legiran, L, Azis, M.Z., dan Bellinawati, N., 2015. Faktor Risiko Stres dan Perbedaannya pada Mahasiswa Berbagai Angkatan di Fakultas Kedokteran Universitas Muhammadiyah Palembang. *Jurnal Kedokteran dan Kesehatan*, 2(2): 197-202.

- Lestari, A.T., Yogisutanti, G., dan Sobariah, E., 2017. Hubungan Tingkat Stres dan *Eating Disorder* dengan Status Gizi pada Remaja Perempuan di SMA Negeri 1 Ciwidey. *Jurnal Ilmu Kesehatan eISSN*, 2597: 9635.
- Li, S., Wang, Y., Xue, J., Zhao, N., dan Zhu, T., 2020. The Impact of COVID-19 Epidemic Declaration on Psychological Consequences: A Study on Active Weibo Users. *International Journal of Environmental Research and Public Health*, 17(6): 2032.
- Lisa, M.A. dan Suryani, R. M., 2018. Tingkat Kecemasan Mahasiswa Keperawatan dalam Menghadapi Ujian Berbasis Computer Based Test. 16(2), 67–75.
- Livana, P. H., Mubin, M. F., dan Basthomi, Y., 2020. “ Learning Task” Attributable to Students’ Stress During the Pandemic Covid-19. *Jurnal Ilmu Keperawatan Jiwa*, 3(2), 203–208. <http://dx.doi.org/10.32584/jikj.v3i2.590>
- Lomanjaya, I. P., dan Soegiono, E. A., 2014. Studi Deskriptif Perilaku Makan Mahasiswa Universitas Kristen Petra Surabaya.
- Lovibond, S.H. dan Lovibond, P.F., 1995. *Manual for the Depression Anxiety Stress Scales*.
- Maia, B. R., dan Dias, P. C., 2020. Anxiety, depression and stress in university students: The impact of COVID-19. *Estudos de Psicologia (Campinas)*. <https://doi.org/10.1590/1982-0275202037e200067>
- Mandiri, A.D., 2015. Uji validitas konstruk pada alat ukur Eating Attitudes Test (EAT-26). *JP3I (Jurnal Pengukuran Psikologi dan Pendidikan Indonesia)*, 4, pp.353-363.
- Mardiyah, R.A. dan Nurwati, R.N., 2020. Dampak Pandemi COVID-19 terhadap Peningkatan Angka Pengangguran di Indonesia.
- Masyah, B. 2020. Pandemi Covid 19 Terhadap Kesehatan Mental Dan Psikososial. *Mahkam Nursing Journal*. 2(8), 353-362.
- Mehler, P. S. dan Brown, C., 2015. Anorexia nervosa-Medical complications. *Journal of Eating Disorders*, 3(1), 1–8. <https://doi.org/10.1186/s40337-015-0040-8>
- Melani, S.A., Hasanuddin, H. dan Siregar, N.S.S., 2021. Hubungan kepercayaan diri dengan gangguan makan anorexia nervosa pada remaja di SMAN 4 Kota Langsa. *Jurnal SAGO Gizi dan Kesehatan*, 2(2), pp.170-177.
- Miadinar, M.G. dan Supriyanto, C., 2021. Tingkat Kesehatan Mental Di Tim Atletik Tulungagung Selama Pandemi COVID-19 (Sifat Psikometri dan Varians DASS-21) pada Atlet DAN Non-Athlet. *Jurnal Kesehatan Olahraga*, 9(03).
- Mubasyiroh, Rofingatul, Indri Yunita Suryaputri, dan Dwi Hapsari Tjandrarini. 2017. Determinan Gejala Mental Emosional Pelajar SMP-SMA di Indonesia Tahun 2015. *Buletin Penelitian Kesehatan* 45(2): 103–12.

- Munir, S., Anita, R. dan Sefnimal, T.D.O., 2020. Academic Stress Factors Among Indonesia Students: A Case of IAIN Batu Sangkar. *Jurnal Pendidikan Progresif*, 10(3), pp.417-428.
- Murck H., 2002. Magnesium and affective disorders. *Nutr Neurosci*, 5: 375–389. <https://doi.org/10.1080/1028415021000039194> PMID: 12509067
- Nafa, H., Purwaningsih, P. dan Aini, F., 2020. FAKTOR-FAKTOR YANG BERHUBUNGAN DENGAN KEJADIAN HIPERTENSI DIPELAYANAN KESEHATAN UMUM PUSKESMAS UNGARAN (Doctoral dissertation, Universitas Ngudi Waluyo).
- Naseh, S. 1993. Keunggulan dan Keterbatasan Beberapa Metode Penelitian Kesehatan. *Media Litbangkes*, 3(1): 22-24.
- National Institute for Health and Care Excellence (NICE), 2017. *Eating Disorders: Recognition and Treatment* [Online]. Tersedia dalam <<https://www.nice.org.uk/guidance/ng69/resources/eating-disorders-recognition-and-treatment-pdf-1837582159813>> Diakses 10 September 2021.
- National Institute of Mental Health (NIMH). Eating Disorders: About More Than Food. 2018;1-6. Available from: https://www.nimh.nih.gov/health/publications/eating-disorders/eatingdisorders_148810.pdf
- Ngan S., Rajarathnam D., Balan J., Tiang K-P., Chern B., Hong T., 2017. The Relationship between Eating Disorders and Stress among Medical Undergraduate: A Cross-Sectional Study. *Open J Epidemiol.*, 10;7: 85–95.
- Novita, S. 2017. Hubungan Antara Harga Diri dan Stres dengan Perilaku Makan pada Mahasiswa Keperawatan Universitas Andalas. *Thesis Universitas Andalas, Padang*.
- Okazaki, S., 1997. Sources of ethnic differences between Asian American and White American college students on measures of depression and social anxiety. *Journal of Abnormal Psychology*, 106(1), 52.
- PH, L., Susanti, Y., dan Putra, D. E. A., 2018. Hubungan Karakteristik Keluarga Dengan Tingkat Ansietas Saat Menghadapi Kekambuhan Pasien Gangguan Jiwa. *Indonesian Journal for Health Sciences*, 2(1), 46. <https://doi.org/10.24269/ijhs.v2i1.664>.
- Phillipou, A., Meyer, D., Neill, E., Tan, E.J., Toh, W.L., Rheenen, T.E.V., dan Rossell, S.L., 2020. Eating and exercise behaviors in eating disorders and the general population during the COVID-19 pandemic in Australia. *International Journal of Eating Disorders*, p. 1-8.
- Pouteau, E., Kabir-Ahmadi, M., Noah, L., Mazur, A., Dye, L., Hellhammer, J., Pickering, G., dan Dubray, C., 2018. Superiority of magnesium and vitamin B6 over magnesium alone on severe stress in healthy adults with low magnesemia: A randomized, single-blind clinical trial. *PLoS One*, 18;13(12).

- Praptikaningtyas, A.A.I., Wahyuni, A.A.S. dan Aryani, L.N.A., 2019. Hubungan tingkat depresi pada remaja dengan prestasi akademis siswa SMA Negeri 4 Denpasar. *Jurnal Medika Udayana*, 8(7), pp.1-5.
- Pruessner, J.C., Champagne, F., Meaney, M.J. dan Dagher, A., 2004. Dopamine release in response to a psychological stress in humans and its relationship to early life maternal care: a positron emission tomography study using [¹¹C] raclopride. *Journal of Neuroscience*, 24(11), pp.2825-2831.
- Purnama, N.L.A., 2020. Perilaku Makan dan Status Gizi Remaja. *Jurnal Penelitian Kesehatan*, 7(2): 57-62.
- Reyes-Rodríguez ML, Franko DL, Matos-Lamourt A, Bulik CM, Von Holle A, Cámara-Fuentes LR, Rodríguez-Angleró D, Cervantes-López S, dan Suárez-Torres A, 2010. Eating disorder symptomatology: prevalence among Latino College Freshmen students. *J Clin Psychol*, 66(6): 666-679.
- Rohmawati, N., Asdie, A.H. dan Susetyowati, S., 2015. Tingkat kecemasan, asupan makan, dan status gizi pada lansia di Kota Yogyakarta. *Jurnal Gizi Klinik Indonesia*, 12(2), pp.62-71.
- Santoso, M.B. dan Putri, D., 2018. Gangguan Makan Anorexia Nervosa dan Bulimia Nervosa pada Remaja. *Prosiding Penelitian dan Pengabdian kepada Masyarakat*, 4(3): 399-407.
- Sari, D.L., Esti, W. dan Sirli, M.T., 2019. Hubungan pola pikir pesimisme dengan resiko depresi pada remaja. *Jurnal Ilmiah Keperawatan* 4.
- Schaumberg, K., Weich, E., Breithaupt, L., Hubel, C., Baker, J., dan Munn-Chernoff, M., 2017. HHS Public Access. *Physiology & Behavior*, 176(12): 139–148. <https://doi.org/10.1002/erv.2553>.
- Schlegl, S., Maier, J., Meule, A. dan Voderholzer, U., 2020. Eating Disorders in Times of The COVID–19 Pandemic—Results from an Online Survey of Patients with Anorexia Nervosa. *International Journal of Eating Disorders*, 53(11): 1791-1800.
- Selye, H., 1980. The stress concept today//IL Kutash, LB Schlesinger and Associates (Eds.), Handbook on stress and anxiety.
- Sempaga, C.A.P.M., 2021. Faktor-Faktor yang Berhubungan dengan Gangguan Makan pada Remaja. *Jurnal Penelitian Perawat Profesional*, 3(4): 661-668.
- Shah, P., Thornton, I., dan Turrin, D., 2021. Informed Consent. [Updated 2021 Jun 14]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2022 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK430827/>
- Sharan, P. dan Sundar, A.S., 2015. Eating Disorders in Women. *Indian Journal of Psychiatry*, 57(2):286-95.
- Shelton, V.L. dan Valkyrie, K.T., 2010. College Student Stress: A Predictor of Eating Disorder Precursor Behaviors. *The Alabama Counseling Association Journal*, 35, 14-23.
- Sherwood L., 2014. Fisiologi manusia dari sel ke sistem (Edisi 8). Jakarta: EGC.

- Siwi, L.G. dan Qomaruddin, M.B., 2021. Perasaan Kesepian Berhubungan dengan Depresi, Kecemasan dan Stres pada Siswa SMA. *Jurnal Ilmiah Permas: Jurnal Ilmiah STIKES Kendal*, 11(4), pp.739-746.
- Son, C., Hegde, S., Smith, A., Wang, X., dan Sasangohar, F., 2020. Effects of COVID-19 on College Students' Mental Health in the United States: Interview Survey Study. *Journal of Medical Internet Research*, 22(9): 1-14.
- Starcevic, V., 2005. *Anxiety Disorders in Adults: A Clinical Guide*. Oxford University Press.
- Sulistyan, A., Huryati, E., Hastuti J., Atika, S. dan Emy, H., 2016. Distorsi citra tubuh, perilaku makan, dan fad diets pada remaja putri di Yogyakarta. *Jurnal Gizi Klinik Indonesia*, 12(3), pp.99-107.
- Suryadi, T., 2009. *Prinsip-Prinsip Etika dan Hukum dalam Profesi Kedokteran*. Pertemuan Nasional V JBHKI dan Workshop III Pendidikan Bioetika dan Medikolegal, Medan.
- Sutjiato, M, 2015. Hubungan Faktor Internal dan Eksternal dengan Tingkat Stres pada Mahasiswa Fakultas Kedokteran Universitas Sam Ratulangi Manado. *JIKMU*, 5(1): 30-42.
- Suwandi, G.R. dan Malinti, E., 2020. Hubungan Tingkat Pengetahuan Dengan Tingkat Kecemasan Terhadap Covid-19 Pada Remaja Di SMA Advent Balikpapan. *Malahayati Nursing Journal*, 2(4), pp.677-685.
- Tantiani dan Syafiq, 2008. Perilaku Makan Menyimpang Pada Remaja di Jakarta. *Jurnal Kesehatan Masyarakat Nasional*, 2(6).
- Tirta M, Wirasto RT, Huriyati E., 2010. Status Stres Psikososial dan Hubungannya dengan Status Gizi Siswa SMP Stella Duce 1 Yogyakarta. *Jurnal Gizi Klinik Indonesia*. 6(3):138- 144.
- Touyz, S., Lacey, H., dan Hay, P., 2020. Eating Disorders in the Time of COVID-19. *Journal of Eating Disorders*, 8(1): 19.
- Tumenggung, I. dan Talibo, S.D., 2018. Eating disorders pada siswa SMA di Kota Gorontalo. *Health Nutrition Journal*, 4(1), pp.26-35.
- Van Son G., van Hoeken D., Bartelds A., dan Van Furth E., Hoek H., 2006. Time Trends in The Incidence of Eating Disorders: A Primary Care Study in The Netherlands. *Int J Eat Disord*, 39: 565-9.
- Vitagliano, J.A., Jhe, G., Milliren, C.E., 2021. COVID-19 and eating disorder and mental health concerns in patients with eating disorders. *J Eat Disord* 9, 80.
- Wand GS, Oswald LM, McCaul ME, Wong DF, Johnson E, Zhou Y, Kuwabara H, Kumar A., 2007. Association of amphetamine-induced striatal dopamine release and cortisol responses to psychological stress. *Neuropsychopharmacology* 32:2310–2320.
- Wijayanti, A., Margawati, A., dan Wijayanti, H.S., 2019. Hubungan Stress, Perilaku Makan, dan Asupan Zat Gizi dengan Status Gizi pada Mahasiswa Tingkat Akhir. *Journal of Nutrition College*, 8(1), 1-8.

- World Health Organization (WHO), 2013. *Mental Health Action Plan 2013–2020*. Geneva: World Health Organization.
- World Health Organization (WHO), 2020. *WHO Director-General's Opening Remarks at the Media Briefing on COVID-19*.
- Wiryawan, A.D., 2021. Collaborative Governance di dalam Manajemen Risiko Penanganan Kejahatan Klitih di Kota Yogyakarta (Doctoral dissertation, Universitas Gadjah Mada)
- Yaribeygi, H., Panahi, Y., Sahraei, H., Johnston, T.P. dan Sahebkar, A., 2017. The impact of stress on body function: A review. *EXCLI journal*, 16, p.1057.
- Yusuf, A.M., 2016. Metode Penelitian Kuantitatif, Kualitatif, dan Penelitian Gabungan. *Prenada Medika*.
- Zogovic, D., Pesic, V., Dmitrasinovic, G., Dajak, M., Plecas, B., Batinic, B., 2014. Pituitary-gonadal, pituitary- adrenocortical hormones and IL-6 levels following long-term magnesium supplementation in male students. *J Med Biochem*, 291–298.
- Zong, S., 2015. A Study on Adolescent Suicide Ideation in South Korea. *Procedia - Social and Behavioral Sciences* 174: 1949–56. <http://dx.doi.org/10.1016/j.sbspro.2015.01.860>.