

REFERENCES

- Aktekin, M., Karaman, T., Senol, Y.Y., Erdem, S., Erengin, H., Akaydin, M., 2001. Anxiety, depression and stressful life events among medical students: A prospective study in Antalya, Turkey. *Med. Educ.* 35, 12–17. <https://doi.org/10.1046/j.1365-2923.2001.00726.x>
- American Psychiatric Association, 2013. Diagnostic and statistical manual of mental disorders : DSM-5. American Psychiatric Association, Arlington, VA.
- American Psychological Association, 2021. Anxiety [WWW Document]. *Am. Psychol. Assoc.* URL <https://www.apa.org/topics/anxiety> (accessed 1.13.21).
- Amstadter, A.B., Acierno, R., Richardson, L.K., Kilpatrick, D.G., 2009. Posttyphoon Prevalence of Posttraumatic Stress Disorder, Major Depressive Disorder, Panic Disorder, and Generalized Anxiety Disorder in a Vietnamese Sample 22, 180–188. <https://doi.org/10.1002/jts>
- Arisyna, A., Sustini, F., Muhdi, N., 2020. Anxiety Level and Risk Factors in Medical Students. *JUXTA J. Ilm. Mhs. Kedokt. Univ. Airlangga* 11, 79. <https://doi.org/10.20473/juxta.v11i22020.79-82>
- Arul, A.S.S.J., 2016. Study of life events and personality dimensions in generalized anxiety disorder. *J. Clin. Diagnostic Res.* 10, VC05–VC09. <https://doi.org/10.7860/JCDR/2016/18123.7652>
- Arusha, A.R., Biswas, R.K., 2020. Prevalence of stress, anxiety and depression due to examination in Bangladeshi youths: A pilot study. *Child. Youth Serv. Rev.* 116, 105254. <https://doi.org/10.1016/j.childyouth.2020.105254>
- Ayazi, T., Lien, L., Eide, A., Swartz, L., Hauff, E., 2014. Association between exposure to traumatic events and anxiety disorders in a post-conflict setting: A cross-sectional community study in South Sudan. *BMC Psychiatry* 14, 1–

10. <https://doi.org/10.1186/1471-244X-14-6>

Ayu, I., Savitri, R., Ketut, N., Diniari, S., 2014. Perbedaan Tingkat Kecemasan Dan Depresi Pada Mahasiswa Jenjang Preklinik Dan Co -Asisten Di Fakultas Kedokteran Universitas Udayana Pada Tahun 2014. E-Jurnal Med. Udayana 4, 1–11.

Badan Litbang Kesehatan, K.K.R., 2018. Laporan_Nasional_RKD2018_FINAL.pdf. Badan Penelit. dan Pengemb. Kesehat.

Bandelow, B., Sher, L., Bunevicius, Robertas, Hollander, E., Kasper, S., Zohar, J., Möller, H.J., Thibaut, F., Baranska-Rybak, W., Cubala, W.J., Fiellin, D., Kranzler, H.R., Moore, A., Rankans, E., Rasmussen, J., Saitz, R., Saravane, D., Schlaepfer, T.E., Tang, S.W., Valius, L., Wong, D., Zhitnikova, L.M., Allgulander, C., Ayuso-Gutierrez, J., Baldwin, D., Bunevicius, R., Cassano, G., Fineberg, N., Gabriels, L., Hindmarch, I., Kaiya, H., Klein, D.F., Lader, M., Lecrubier, Y., Lepine, J.P., Liebowitz, M.R., Lopez-Ibor, J.J., Marazitti, D., Miguel, E.C., Oh, K.S., Preter, M., Rupprecht, R., Sato, M., Starcevic, V., Stein, D.J., Van Ameringen, M., Vega, J., 2012. Guidelines for the pharmacological treatment of anxiety disorders, obsessive-compulsive disorder and posttraumatic stress disorder in primary care. *Int. J. Psychiatry Clin. Pract.* 16, 77–84. <https://doi.org/10.3109/13651501.2012.667114>

Bassols, A.M., Okabayashi, L.S., da Silva, A.B., Carneiro, B.B., Feijó, F., Guimarães, G.C., Cortes, G.N., Rohde, L.A., Eizirik, C.L., 2014. First- and last-year medical students: Is there a difference in the prevalence and intensity of anxiety and depressive symptoms? *Rev. Bras. Psiquiatr.* 36, 233–240. <https://doi.org/10.1590/1516-4446-2013-1183>

Bienvenu, O.J., Samuels, J.F., Costa, P.T., Reti, I.M., Eaton, W.W., Nestadt, G., 2004. Anxiety and depressive disorders and the five-factor model of

personality: A higher- and lower-order personality trait investigation in a community sample. *Depress. Anxiety* 20, 92–97.
<https://doi.org/10.1002/da.20026>

Bruijnen, C.J.W.H., Young, S.Y., Marx, M., Seedat, S., 2019. Social anxiety disorder and childhood trauma in the context of anxiety (Behavioural inhibition), impulsivity (behavioural activation) and quality of life. *South African J. Psychiatry* 25, 1–7.
<https://doi.org/10.4102/sajpsychiatry.v25i0.1189>

Budikayanti, A., Larasari, A., Malik, K., Syeban, Z., Indrawati, L.A., Octaviana, F., 2019. Screening of Generalized Anxiety Disorder in Patients with Epilepsy: Using a Valid and Reliable Indonesian Version of Generalized Anxiety Disorder-7 (GAD-7). *Neurol. Res. Int.* 2019.
<https://doi.org/10.1155/2019/5902610>

Chand, S.P., Kuckel, D.P., Huecker, M.R., 2022. Cognitive Behavior Therapy. [WWW Document]. StatPearls. URL
<https://www.ncbi.nlm.nih.gov/books/NBK470241/>

Chand, S.P., Marwaha, R., 2022. Anxiety. Treasure Island (FL).

Chandratika, D., 2015. Gangguan Cemas Pada Mahasiswa Semester I Dan Vii Program Studi Pendidikan Dokter Fakultas Kedokteran Universitas Udayana. *E-Jurnal Med. Udayana* 1–12.

Chatterjee, T., Kacker, P., 2020. Personality style and its relation with level of anxiety. *Int. J. Humanit. adn Soc. Sci. Invent.* 9, 12–15.

Cheng, G., Zhang, D., Ding, F., 2015. Self-esteem and fear of negative evaluation as mediators between family socioeconomic status and social anxiety in Chinese emerging adults. *Int. J. Soc. Psychiatry* 61, 569–576.
<https://doi.org/10.1177/0020764014565405>

Chris, A., 2018. Perbedaan tingkat stres, kecemasan, dan depresi pada mahasiswa

preklinik dan klinik Fakultas Kedokteran Universitas Tarumanagara.
Tarumanagara Med. J. 1, 21–26.

Christiansen, D.M., 2015. Examining Sex and Gender Differences in Anxiety Disorders. A Fresh Look Anxiety Disord. <https://doi.org/10.5772/60662>

Cuttilan, A.N., Sayampanathan, A.A., Ho, R.C.M., 2016. Mental health issues amongst medical students in Asia: A systematic review [2000-2015]. Ann. Transl. Med. 4. <https://doi.org/10.3978/j.issn.2305-5839.2016.02.07>

Darvyri, P., Galanakis, M., Avgoustidis, A., Pateraki, N., Vasdekis, S., Darviri, C., 2014. The Revised Intrinsic/Extrinsic Religious Orientation Scale in a Sample of Attica's Inhabitants. Psychology 5, 1557–1567. <https://doi.org/10.4236/psych.2014.513166>

Dollete, M., Steese, S., Phillips, W., Matthews, G., Hossfeld, B., Taormina, G., 2004. Understanding Girls' Circle Understanding Girls' Circle As An Intervention on Perceived Social Support, Body Image, Self-Efficacy, Locus of Control and Self-Esteem. J. Psychol. 90, 204–215.

Duval, E.R., Javanbakht, A., Liberzon, I., 2015. Neural circuits in anxiety and stress disorders: A focused review. Ther. Clin. Risk Manag. 11, 115–126. <https://doi.org/10.2147/TCRM.S48528>

Eysenck, S.B.G., Eysenck, H.J., 1964. An improved short questionnaire for the measurement of extraversion and neuroticism. Life Sci. 3, 1103–1109. [https://doi.org/10.1016/0024-3205\(64\)90125-0](https://doi.org/10.1016/0024-3205(64)90125-0)

Fajriati, L., Yaunin, Y., Isona, L., 2018. Perbedaan Derajat Kecemasan pada Mahasiswa Baru Preklinik dan Klinik Fakultas Kedokteran Universitas Andalas. J. Kesehat. Andalas. <https://doi.org/10.25077/jka.v6i3.736>

Fakultas Kedokteran Kesehatan Masyarakat dan Keperawatan Universitas Gadjah Mada, 2021a. Program dan Kurikulum Kedokteran [WWW Document]. URL <https://fkkmk.ugm.ac.id/program-dan-kurikulum-kedokteran/> (accessed

11.14.21).

Fakultas Kedokteran Kesehatan Masyarakat dan Keperawatan Universitas Gadjah Mada, 2021b. School of Medicine - FK-KMK UGM [WWW Document]. URL <https://fkkmk.ugm.ac.id/en/school-of-medicine/>

Faruk, M.O., Mamun, M.A., Siddique, A.B., Griffiths, M.D., 2021. Risk Factors for Depression and Anxiety Disorders Among Bangladeshi Dental Students: A Cross-Sectional Survey Study. *Int. J. Ment. Health Addict.* <https://doi.org/10.1007/s11469-021-00603-1>

Fawzy, M., Hamed, S.A., 2017. Prevalence of psychological stress, depression and anxiety among medical students in Egypt. *Psychiatry Res.* 255, 186–194. <https://doi.org/10.1016/j.psychres.2017.05.027>

Firth, J., 1986. Levels and Sources of Stress in Medical Students. *Br. Med. J. (Clin. Res. Ed).* 292, 1177–1180. <https://doi.org/10.1136/bmj.292.6529.1177>

Goddard, A.W., Brouette, T., Almai, A., Jetty, P., Woods, S.W., Charney, D., 2001. Early coadministration of clonazepam with sertraline for panic disorder. *Arch. Gen. Psychiatry* 58, 681–686. <https://doi.org/10.1001/archpsyc.58.7.681>

Guo, K., Zhang, Xiaoye, Bai, S., Minhat, H.S., Nazan, A.I.N.M., Feng, Jianan, Li, X., Luo, G., Zhang, Xiaoping, Feng, Jujun, Li, Y., Si, M., Qiao, Y., Ouyang, J., Saliluddin, S., 2021. Assessing social support impact on depression, anxiety, and stress among undergraduate students in Shaanxi province during the COVID-19 pandemic of China. *PLoS One* 16, 1–10. <https://doi.org/10.1371/journal.pone.0253891>

Habibah, U., Syakurah, R.A., Ikhsan, D.S., Zulissetiana, E.F., Aini, S., 2021. Depression , Anxiety , and Stress among Students of Sriwijaya University. *Indig. J. Ilm. Psikol.* 6, 23–35. <https://doi.org/https://doi.org/10.23917/indigenous.v6i3.12629>

- Halperin, S.J., Henderson, M.N., Prenner, S., Grauer, J.N., 2021. Prevalence of Anxiety and Depression Among Medical Students During the Covid-19 Pandemic: A Cross-Sectional Study. *J. Med. Educ. Curric. Dev.* 8, 238212052199115. <https://doi.org/10.1177/2382120521991150>
- Hashmi, R., Alam, K., Gow, J., March, S., 2021. Prevalence of Mental Disorders by Socioeconomic Status in Australia: A Cross-Sectional Epidemiological Study. *Am. J. Heal. Promot.* 35, 533–542. <https://doi.org/10.1177/0890117120968656>
- Hoque, M.N., Hannan, A., Imran, S., Alam, M.A., Matubber, B., Saha, S.M., 2021. Anxiety and Its Determinants among Undergraduate Students during E-learning in Bangladesh Amid Covid-19. *J. Affect. Disord. Reports* 6, 100241. <https://doi.org/10.1016/j.jadr.2021.100241>
- Imran, N., Haider, I.I., Mustafa, A.B., Aamer, I., Kamal, Z., Rasool, G., Azeem, M.W., Javed, A., 2021. The hidden crisis: COVID-19 and impact on mental health of medical students in Pakistan. *Middle East Curr. Psychiatry* 28. <https://doi.org/10.1186/s43045-021-00123-7>
- Inoue, T., 2012. [Pharmacotherapy of anxiety disorders]. *Seishin Shinkeigaku Zasshi* 114, 1085–1092. <https://doi.org/10.1093/med/9780199934959.003.0047>
- Jalnapurkar, I., Allen, M., Pigott, T., 2018. Sex Differences in Anxiety Disorders: A Review. <https://doi.org/10.24966/PDA-0150/100012>
- Kaplan, S.C., Levinson, C.A., Rodebaugh, T.L., Menatti, A., Weeks, J.W., 2015. Social Anxiety and the Big Five Personality Traits: The Interactive Relationship of Trust and Openness. *Cogn. Behav. Ther.* 44, 212–222. <https://doi.org/10.1080/16506073.2015.1008032>
- Katherine H., B., 2017. The Effect of Anxiety and Depression on College Students' Academic Performance: Exploring Social Support as a Moderator.

Digit. Commons @ ACU. *Thesis*. Abilene Christian University.

Kaur, S., Singh, R., 2017. Role of Different Neurotransmitters in Anxiety: a Systemic Review. *Int. J. Pharm. Sci. Res.* 8, 411–421.
[https://doi.org/10.13040/IJPSR.0975-8232.8\(2\).411-21](https://doi.org/10.13040/IJPSR.0975-8232.8(2).411-21)

Kendler, K.S., 1996. Major depression and generalised anxiety disorder. Same genes, (partly)different environments--revisited. *Br. J. Psychiatry. Suppl.* 68–75.

Konsil Kedokteran Indonesia, 2012. Peraturan Konsil Kedokteran Indonesia Nomor 10 Tahun 2012 tentang Standar Pendidikan Profesi Dokter Indonesia., Standar Pendidikan Profesi Dokter Indonesia.

Kring, A.M., Johnson, S.L., Davison, G.C., 2013. *Abnormal Psychology*. Wiley, Hoboken, N.J.

Kugbey, N., Osei-Boadi, S., Atefoe, E.A., 2015. The Influence of Social Support on the Levels of Depression , Anxiety and Stress among Students in Ghana The Influence of Social Support on the Levels of Depression ,. *J. Educ. Pract.* 6, 135–140.

Kukku, M., Reddy, S.M., 2020. Social Anxiety among Introverts and Extroverts across gender among Undergraduate students during the pandemic COVID-19 in Bangalore 57, 1184–1191.

Kunwar, D., Risal, A., Koirala, S., 2016. Study of Depression, Anxiety and Stress among the Medical Students in two Medical Colleges of Nepal. *Kathmandu Univ. Med. J. (KUMJ)* 14, 22–26.

Lasheras, I., Gracia-García, P., Lipnicki, D.M., Bueno-Notivol, J., López-Antón, R., De La Cámara, C., Lobo, A., Santabárbara, J., 2020. Erratum: Prevalence of anxiety in medical students during the covid-19 pandemic: A rapid systematic review with meta-analysis (*Int. J. Environ. Res. Public Health* 2020, 17, 6603). *Int. J. Environ. Res. Public Health* 17, 1.

<https://doi.org/10.3390/ijerph17249353>

- Lawrence, P.J., Murayama, K., Creswell, C., 2019. Systematic Review and Meta-Analysis: Anxiety and Depressive Disorders in Offspring of Parents With Anxiety Disorders. *J. Am. Acad. Child Adolesc. Psychiatry* 58, 46–60. <https://doi.org/10.1016/j.jaac.2018.07.898>
- Lee, C.M., Juarez, M., Rae, G., Jones, L., Rodriguez, R.M., Davis, J.A., Boysen-Osborn, M., Kashima, K.J., Krane, N.K., Kman, N., Langsfeld, J.M., Harries, A.J., 2021. Anxiety, PTSD, and stressors in medical students during the initial peak of the COVID- 19 pandemic. *PLoS One* 16, 1–12. <https://doi.org/10.1371/journal.pone.0255013>
- Lisa Y. Maeng and Mohammed R. Milad, 2017. Sex Differences in Anxiety Disorders: Interactions between Fear, Stress, and Gonadal Hormones. *Physiol. Behav.* 176, 139–148. <https://doi.org/10.1016/j.yhbeh.2015.04.002>
- Locke, A.B., Kirst, N., Shultz, C.G., 2015. Diagnosis and management of generalized anxiety disorder and panic disorder in adults. *Am. Fam. Physician* 91, 617–624.
- Malau-Aduli, B.S., Roche, P., Adu, M., Jones, K., Alele, F., Drovandi, A., 2020. Perceptions and processes influencing the transition of medical students from pre-clinical to clinical training. *BMC Med. Educ.* 20, 1–13. <https://doi.org/10.1186/s12909-020-02186-2>
- McLaughlin, K.A., Behar, E., Borkovec, T.D., 2008. Family history of psychological problems in generalized anxiety disorder. *J. Clin. Psychol.* 64, 905–918. <https://doi.org/10.1002/jclp.20497>
- Melchior, M., Chastang, J.F., Walburg, V., Arseneault, L., Galéra, C., Fombonne, E., 2010. Family income and youths' symptoms of depression and anxiety: A longitudinal study of the French GAZEL Youth cohort. *Depress. Anxiety* 27,

1095–1103. <https://doi.org/10.1002/da.20761>

Moreira de Sousa, J., Moreira, C.A., Telles-Correia, D., 2018. Anxiety, depression and academic performance: A study amongst Portuguese medical students versus non-medical students. *Acta Med. Port.* 31, 454–462. <https://doi.org/10.20344/amp.9996>

Moss, F., McManus, I.C., 1992. The anxieties of new clinical students. *Med. Educ.* 26, 17–20. <https://doi.org/10.1111/j.1365-2923.1992.tb00116.x>

Moutinho, I.L.D., De Castro Pecci Maddalena, N., Roland, R.K., Lucchetti, A.L.G., Tibiriçá, S.H.C., Da Silva Ezequiel, O., Lucchetti, G., 2017. Depression, stress and anxiety in medical students: A cross-sectional comparison between students from different semesters. *Rev. Assoc. Med. Bras.* 63, 21–28. <https://doi.org/10.1590/1806-9282.63.01.21>

Nasution, I.Y., 2014. Perbedaan Tingkat Kecemasan Mahasiswa Kedokteran FKUB Yang Sedang Menjalani Kepaniteraan Senior (Ko-asisten) Di Bagian Ilmu Kesehatan Masyarakat Dan Bedah FKUB. *Skripsi*. Universitas Brawijaya.

Newman, S.C., Bland, R.C., 2006. A population-based family study of DSM-III generalized anxiety disorder. *Psychol. Med.* 36, 1275–1281. <https://doi.org/10.1017/S0033291706007732>

Niemi, P.M., Vainiomäki, P.T., 2006. Medical students' distress - Quality, continuity and gender differences during a six-year medical programme. *Med. Teach.* 28, 136–141. <https://doi.org/10.1080/01421590600607088>

Nuss, P., 2015. Anxiety disorders and GABA neurotransmission: A disturbance of modulation. *Neuropsychiatr. Dis. Treat.* 11, 165–175. <https://doi.org/10.2147/NDT.S58841>

Patriquin, M.A., Mathew, S.J., 2017. The Neurobiological Mechanisms of Generalized Anxiety Disorder and Chronic Stress. *Chronic Stress* 1.

<https://doi.org/10.1177/2470547017703993>

- Pine, D.S., Cohen, P., Gurley, D., Brook, J., Ma, Y., 1998. The risk for early-adulthood anxiety and depressive disorders in adolescents with anxiety and depressive disorders. *Arch. Gen. Psychiatry* 55, 56–64.
<https://doi.org/10.1001/archpsyc.55.1.56>
- Quek, T.T.C., Tam, W.W.S., Tran, B.X., Zhang, M., Zhang, Z., Ho, C.S.H., Ho, R.C.M., 2019. The global prevalence of anxiety among medical students: A meta-analysis. *Int. J. Environ. Res. Public Health* 16.
<https://doi.org/10.3390/ijerph16152735>
- Ressler, K.J., 2010. Amygdala activity, fear, and anxiety: modulation by stress. *Biol. Psychiatry*. <https://doi.org/10.1016/j.biopsych.2010.04.027>
- Rodriguez, B.F., Weisberg, R.B., Pagano, M.E., Machan, J.T., Culpepper, L., Keller, M.B., 2004. Frequency and patterns of psychiatric comorbidity in a sample of primary care patients with anxiety disorders. *Compr. Psychiatry* 45, 129–137. <https://doi.org/10.1016/j.comppsy.2003.09.005>
- Roy-Byrne, P., 2015. Treatment-refractory anxiety; definition, risk factors, and treatment challenges. *Dialogues Clin. Neurosci.* 17, 191–206.
<https://doi.org/10.31887/dcns.2015.17.2/proybyrne>
- Sadock, B.J., Sadock, V.A., Ruiz, P., 2017. Kaplan and Sadock's Comprehensive Textbook of Psychiatry, 10th ed. Wolters Kluwer Health, Philadelphia.
- Sadock, B.J., Sadock, V.A., Ruiz, P., 2015. Kaplan and Sadock's Synopsis of Psychiatry: Behavioral Sciences/Clinical Psychiatry, 11th ed. Wolters Kluwer, Philadelphia.
- Sapra, A., Bhandari, P., Sharma, S., Chanpura, T., Lopp, L., 2020. Using Generalized Anxiety Disorder-2 (GAD-2) and GAD-7 in a Primary Care Setting. *Cureus* 12. <https://doi.org/10.7759/CUREUS.8224>

- Saravanan, C., Wilks, R., 2014. Medical Students Experience of and Reaction to Stress: The. Sci. World J. 2014, 1.
- Sareen, J., Afifi, T.O., McMillan, K.A., Asmundson, G.J.G., 2011. Relationship Between Household Income and Mental Disorders. Arch. Gen. Psychiatry 68, 419. <https://doi.org/10.1001/archgenpsychiatry.2011.15>
- Sarikaya, O., Civaner, M., Kalaca, S., 2006a. The anxieties of medical students related to clinical training. Int. J. Clin. Pract. 60, 1414–1418. <https://doi.org/10.1111/j.1742-1241.2006.00869.x>
- Sarikaya, O., Civaner, M., Kalaca, S., 2006b. The anxieties of medical students related to clinical training. Int. J. Clin. Pract. 60, 1414–1418. <https://doi.org/10.1111/j.1742-1241.2006.00869.x>
- Seetan, K., Al-Zubi, M., Rubbai, Y., Athamneh, M., Khamees, A., Radaideh, T., 2021. Impact of COVID-19 on medical students' mental wellbeing in Jordan. PLoS One 16, 1–10. <https://doi.org/10.1371/journal.pone.0253295>
- Singh, I., Jha, A., 2013. Anxiety, Optimism and Academic Achievement among Students of Private Medical and Engineering Colleges: A Comparative Study. J. Educ. Dev. Psychol. 3, 222–233. <https://doi.org/10.5539/jedp.v3n1p222>
- Soderlund, K., 2021. The Relationship Between Personality Traits and The Strength of Anxiety Symptoms. J. South Carolina Acad. Sci. 19, 131–143.
- Spitzer, R.L., Kroenke, K., Williams, J.B.W., Löwe, B., 2006a. A brief measure for assessing generalized anxiety disorder: The GAD-7. Arch. Intern. Med. 166, 1092–1097.
- Spitzer, R.L., Kroenke, K., Williams, J.B.W., Löwe, B., 2006b. A Brief Measure for Assessing Generalized Anxiety Disorder: The GAD-7. Arch. Intern. Med. 166, 1092–1097. <https://doi.org/10.1001/ARCHINTE.166.10.1092>

- Sun, L., Sun, L.N., Sun, Y.H., Yang, L.S., Wu, H.Y., Zhang, D.D., Cao, H.Y., Sun, Y., 2011. Correlations between psychological symptoms and social relationships among medical undergraduates in Anhui Province of China. *Int. J. Psychiatry Med.* 42, 29–47. <https://doi.org/10.2190/PM.42.1.c>
- Suyu-Tattao, L., 2016. Living Arrangement Problems, Academic Performance and Coping Strategies of First Year College Students. *Online J. New Horizons Educ.* 6, 132–135.
- Verger, P., Combes, J.B., Kovess-Masfety, V., Choquet, M., Guagliardo, V., Rouillon, F., Peretti-Wattel, P., 2009. Psychological distress in first year university students: Socioeconomic and academic stressors, mastery and social support in young men and women. *Soc. Psychiatry Psychiatr. Epidemiol.* 44, 643–650. <https://doi.org/10.1007/s00127-008-0486-y>
- Vesga-López, O., Schneier, F.R., Wang, S., Heimberg, R.G., Liu, S.-M., Hasin, D.S., Blanco, C., 2008. Gender differences in generalized anxiety disorder: results from the National Epidemiologic Survey on Alcohol and Related Conditions (NESARC). *J. Clin. Psychiatry* 69, 1606–1616.
- Wenjun, C., Ziwei, F., Guoqiang, H., Mei, H., Xinrong, X., Jiabin, D., Jianzhong, Z., 2020. The psychological impact of the COVID-19 epidemic on college students in China. *Psychiatry Res.* 287, 1–5.
- Whaley, S.E., Pinto, A., Sigman, M., 1999. Characterizing interactions between anxious mothers and their children. *J. Consult. Clin. Psychol.* 67, 826–836. <https://doi.org/10.1037/0022-006X.67.6.826>
- Widosari, Y., 2010. Perbedaan Derajat Kecemasan dan Depresi Mahasiswa Kedokteran Preklinik dan Ko-asisten di FK UNS Surakarta. *Skripsi. Universitas Sebelas Maret.*
- William C, S., Megan J, W., Lindsay A, N., Jeanette A, S., 2019. Review of the Effect of Religion on Anxiety. *Int. J. Depress. Anxiety* 2, 1–5.

<https://doi.org/10.23937/2643-4059/1710016>

Wolf, T.M., Kissling, G.E., Burgess, L.A., 1986. Lifestyle Characteristics during Medical School: A Four-Year Cross-Sectional Study. *Psychol. Rep.* 59, 179–189. <https://doi.org/10.2466/pr0.1986.59.1.179>

World Health Organization, 2017. Depression and Other Common Mental Disorders: Global Health Estimates. Geneva.

Xiao, C., 2020. A Novel Approach of Consultation on 2019 Novel Coronavirus (COVID-19)-Related Psychological and Mental Problems: Structured Letter Therapy. *Psychiatry Investig.* 17, 175–176. <https://doi.org/10.30773/pi.2020.0047>

Yasin, M.A.S.M., Dzulkifli, M.A., 2011. The Relationship between Social Support and Academic Achievement 1, 277–281.