

DAFTAR PUSTAKA

- Abdelwhab, S., Kamel, M. & Noshey, M., 2010. Sleep disorders in Hemodialysis Patients. *Kidney* 19: 175-181.
- Abramson. 2017. Understanding the Association Between Nutrition and Depression by Assessing Diet Quality, Omega-3, Cholesterol, and Sleep Quality in College Students. Diakses pada 2 Maret 2022 melalui <https://ir.library.illinoisstate.edu/etd/648/>
- Alim, Ikbal., 2015. Uji validitas dan reliabilitas instrumen pittsburgh sleep quality index versi Bahasa Indonesia = Test validity and reliability of the instrument pittsburgh sleep quality index Indonesia language version. Diakses pada 1 September 2019 melalui <http://lib.ui.ac.id/detail?id=20404062> & lokasi
- American Academy of Sleep Medicine, 2014. *International Classification of Sleep Disorders, 3rd ed.* Illinois. Darien.
- Amir, N., 2007. Gangguan Tidur pada Lanjut Usia: Diagnosis dan Penatalaksanaan. *Cermin Dunia Kedokteran* no.157.
- Anand S., Chertow GM., Johansen KL., Grimes B., Kurella Tamura M., *et al.*, 2001. Association of self-reported physical activity with laboratory markers of nutrition and inflammation: the comprehensive dialysis study. *J Renal Nutr.* 21: 429-437.
- Andrew G., Meredith S., Yue L., Cam-CAN., Rogier A., 2017. How are age-related differences in sleep quality associated with health outcomes? An epidemiological investigation in a UK cohort of 2406 adults. *BMJ Open* 7:e014920. doi:10.1136/bmjopen-2016-014920
- Avesani CM., Trolonge S., Deléaval P., Baria F., Mafra D., Faxén-Irving G., *et al.*, 2012. Physical activity and energy expenditure in haemodialysis patients: an international survey. *Nephrol Dial Transplant.* 27(6):2430-4.
- Baldwin LM., Klabunde CN., Green P., 2006. In search of the perfect comorbidity measure for use with administrative claims data: does it exist? *Med Care.* 44(8):745-53
- Benz RL., Pressman MR., Hovick ET., Peterson DD., 1999. A preliminary study of the effects of correction of anemia with recombinant human erythropoietin therapy on sleep, sleep disorders and daytime sleepiness in hemodialysis patients (The SLEPO study). *Am J Kidney Dis.* Dec;34(6):1089-1095.
- Bilgic A., Akgul A., Sezer S., Arat Z., Ozdemir FN dan Haberal M., 2007. Nutritional status and depression, sleep disorder, and quality of life in hemodialysis patients. *J Ren Nutr.* Nov; 17(6):381-8.
- Boyd CM & Fortin M., 2011. Future of multimorbidity research: How should understanding of multimorbidity inform health system design? *Public Health Rev.* 32:451-74.
- Brekke., Bård, Waldum., Amin, Amro., T. H. Østhus., T. Dammen., H. Gudmundsdottir., 2014, Self-perceived quality of sleep and mortality in Norwegian dialysis patients, *Hemodialysis International* Jan, doi: 10.1111/hdi.12066

- Buysse, D.J., Reynolds III, C.F., Monk, T.H., *et al.*, 1988. The Pittsburgh Sleep Quality Index: A new instrument for psychiatric practice and research. *Psychiatry Research* 28: 193-213. doi: 10.1016/0165-1781(89)90047-4
- Calvino J., Gonzalez-Tabarés., Cigarrán., Millán., Guijarro., Cobelo C., Maria-Jesús Sobrido., 2016. Sleep Quality in Non Dialysis Chronic Kidney Disease: Associated Factors and Influence on Prognosis. *International Journal of Clinical Medicine*, Vol.7 No.7. doi: 10.4236/ijcm.2016.77053
- Caplin B., Kumar S dan Davenport A., 2011. Patients' perspective of haemodialysis-associated symptoms. *Nephrol Dial Transplant*. 26: 2656–2663 doi: 10.1093/ndt/gfq763
- Chairunisa Putri. 2017. Hubungan lama terapi hemodialisis terhadap kualitas tidur pada pasien usia lanjut yang menjalani hemodialisis. Diakses pada 2 Maret 2022 melalui https://etd.unsyiah.ac.id/index.php?p=show_detail&id=29382
- Cohen S., Patel S., Khetpal P., Peterson R dan Kimmel P., 2007. Pain, Sleep Disturbance, and Quality of Life in Patients with Chronic Kidney Disease. *CJASN* September, 2 (5) 919-925; DOI: 10.2215/CJN.00820207
- Crawford dan Henry., 2005. The short-form version of the Depression Anxiety Stress Scales (DASS-21): construct validity and normative data in a large non-clinical sample. *Br J Clin Psychol*. Jun;44(Pt 2):227-39. doi: 10.1348/014466505X29657.
- da Silva AA., de Mello RGB., Schaan CW., Fuchs FD., Redline S., Fuchs SC., 2016. Sleep duration and mortality in the elderly: a systematic review with meta-analysis. *BMJ Open*. 6:e008119. doi:10.1136/bmjopen-2015-008119
- Daniel V., Meetha S., Jayakumar., Manikantan., 2020. Quality and adequacy of sleep among dialysis patients, *Biomedicine*. 40(4): 543-546
- Dement W dan Kleitman, N., 1957. The Relation of Eye Movements During Sleep to Dream Activity. *Journal of Experimental Psychology*, 53(5): 339–346. doi:10.1037/h0048189.
- Departemen Kesehatan Republik Indonesia., 2017. Pengkajian Paripurna Pasien Geriatri (P3G). Diakses pada 1 September 2019 melalui <http://kesga.kemkes.go.id/images/pedoman/INSTRUMEN%20P3G.pdf>
- Dowling TC., Wang ES., Ferrucci L dan Sorkin JD., 2013. Glomerular filtration rate equations overestimate creatinine clearance in older individuals enrolled in the Baltimore longitudinal study on aging: impact on renal drug dosing. *Pharmacotherapy* 33(9), 912–921. doi: 10.1002/phar.1282.
- Ebrahimzadehkor B., Dorri A-M., Yapan, Gharavi A-H., 2014. Malnutrition-inflammation score in hemodialysis patients. *Zahedan J Res Med Sci*. 16(8):25–8.
- Echevers YM., Gaibor NG., Perez N., Martin FB., Delgado RM dan Risco MA., 2016. Survival of patients ≥ 70 years with advanced chronic kidney disease: Dialysis vs. conservative care. *Nefrologia*. 36(3):283–291. doi:10.1016/j.nefro.2015.11.006.

- Elder, S.J., Pisoni, R.L., Akizawa, T., *et al.*, 2008. Sleep quality predicts quality of life and mortality risk in haemodialysis patients: Results from the Dialysis Outcomes and Practice Patterns Study (DOPPS). *Nephrol Dial Transplant* 23: 998-1004. doi:10.1093/ndt/gfm630
- Erdem E., Kayaa C., Karatasa A., Dileka M., Akpolat T., 2013. Neutrophil to lymphocyte ratio in predicting short-term mortality in hemodialysis Patients. *Journal of Experimental and Clinical Medicine*. 30. 129-132. doi: 10.5835/jecm.omu. 30.02.008
- Fehrman-Ekholm I dan Skeppholm L., 2004. Renal function in the elderly (>70 years old) measured by means of iohexol clearance, serum creatinine, serum urea and estimated clearance. *Scand. J. Urol. Nephrol.* 38(1), 73–77 (2004). doi:10.1080/00365590310015750
- Fried TR., O'leary J., Towle V., Goldstein MK., Trentalange M and Martin DK., 2014. Health outcomes associated with polypharmacy in community dwelling older adults: A systematic review. *Journal of the American Geriatrics Society*; 62(12): 2261-2272.
- Garcíaa., Fernándezb., Tesoc., Herasd., Romero., dan Ares., 2000. The quality of sleep associated with polypharmacy. *Aten Primaria*. Dec;26(10):697-9. doi: 10.1016/s0212-6567(00)78755-5.
- Guyton., A. C dan Hall., J. E., 2014. Buku Ajar Fisiologi Kedokteran. Edisi 12. Jakarta : EGC, 1022
- Hamza S., Saber., Hassan., 2019. Relationship between Sleep Disturbance and Polypharmacy among Hospitalized Elderly. *EJGG*, 6(2):34-37
- Hasanah., 2021. Hubungan penurunan kadar hemoglobin dengan kualitas tidur buruk pada pasien penyakit ginjal kronik yang menjalani hemodialisis di rsudza banda aceh. Diakses pada 2 Maret 2022 melalui https://etd.unsyiah.ac.id/index.php?p=show_detail&id=29315
- Hayashino Y., Yamazaki S., Takegami M., Nakayama T., Sokejima S., Fukuhara S., 2010. Association between number of comorbid conditions, depression, and sleep quality using the Pittsburgh Sleep Quality Index: Results from a population-based survey. *Sleep Medicine*; 366–371
- Holley JL., Nespors., Rault R., 1992. A comparison of reported sleep disorders in patients on chronic hemodialysis and continuous peritoneal dialysis. *Am J Kidney Dis*. 19:156–161.
- Iliescu EA., Yeates KE., Holland DC., 2004. Quality of sleep in patients with chronic kidney disease. *Nephrol Dial Transplant*;19(1):95–9.
- Indonesian Renal Registry., 2017. 10 th Report Of Indonesian Renal Registry. Diakses pada 1 September 2019 melalui <https://www.indonesianrenalregistry.org/data/IRR%202017%20.pdf>
- Indonesian Renal Registry., 2018. 11th Report Of Indonesian Renal Registry. Diakses pada 2 Maret 2022 melalui <https://www.indonesianrenalregistry.org/data/IRR%202018.pdf>
- Iruruh., 2021. Relationship between hemodialist adequation (kt / v) and sleep quality of hemodialist patients general hospital university muhammadiyah malang. Undergraduate (S1) thesis, Universitas Muhammadiyah Malang. Diakses pada 2 Maret 2022 melalui <https://eprints.umm.ac.id/75583/>

- Islamiyah W.R. *et al.*, 2018. Panduan Tatalaksana Gangguan Tidur. Jakarta: Sagung Seto
- KDIGO., 2012. Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease. Diakses pada 1 September 2019 melalui https://kdigo.org/wp-content/uploads/2017/02/KDIGO_2012_CKD_GL.pdf
- Kellerman, Q. D., Christensen, A. J., Baldwin, A. S., & Lawton, W. J., 2010. Association between depressive symptoms and mortality risk in chronic kidney disease. *Health Psychology*, 29(6), 594-600. doi: 10.1037/a0021235
- Kementrian Sosial, 2019. Batas usia lanjut. Diakses pada 2 Maret 2022 melalui <https://kemensos.go.id/mensos-usulkan-batasan-usia-lansia-jadi-65-tahun>
- Kent R.G., Uchino B.N., Cribbet M.R., Bowen K., Smith T., 2015. Social relationships and sleep quality. *Ann. Behav. Med.* 49:912–917
- Koppe L., Klich A., Dubourg L., Ecochard R dan Hadj-Aissa A., 2013. Performance of creatinine-based equations compared in older patients. *J. Nephrol.*26(4), 716–723. doi: 10.5301/jn.5000297.
- Kultigin T., Ibrahim G., Fatma H Y dan Halil Z T., 2012. The relationship between neutrophil-to-lymphocyte ratio and inflammation in end-stage renal disease patients. *Renal Failure*. 34(2) 155-9. doi: 10.3109/0886022X.2011.641514.
- Kozier, B., Erb G., Berman A., dan Snyder S. J., 2004. Fundamental of Nursing. (Ed.7) Vol 2. Jakarta: EGC.
- Kwok W., Yong S dan Kwok O., 2016. Outcomes in elderly patients with end-stage renal disease: Comparison of renal replacement therapy and conservative management. *Hong Kong Journal of Nephrology*. 19, 42e56. doi:10.1016/j.hkjn.2016.04.002 1561-5413
- Lei, G. H., Yang, C. H., Ge, Y., Zhang, Y., Xie, Y. F., Chen, J. W., Wu, J. Y., 2021. Community Workers' Social Support and Sleep Quality during the Coronavirus Disease 2019 (COVID-19): A Moderated Mediation Model. *International Journal of Mental Health Promotion* ; 23(1):121-140, 2021.
- Li., Lu X., Xiong R dan Wang S., 2017. High Neutrophil-to-Lymphocyte Ratio Predicts Cardiovascular Mortality in Chronic Hemodialysis Patients. *Hindawi Mediators of Inflammation*.vol 8. doi: 10.1155/2017/9327136
- Lidberg dan Muutra., 2009. Fluid Intake and Quality of Sleep in Hemodialysis Patients-a Correlational Study. *diva* 2:275607. p. 24. Doi: DiVA.org:hig-5813
- Lim A. S., Yu L., Kowgier M., Schneider J. A., Buchman A. S., Bennett D. A., 2013. Modification of the relationship of the apolipoprotein E epsilon4 allele to the risk of Alzheimer disease and neurofibrillary tangle density by sleep. *JAMA Neurol.* 70, 1544–1551. 10.1001/jamaneurol.2013.4215
- Lustberg L., Reynolds CF., 2000. Depression and insomnia: questions of cause and effect. *Sleep Med Rev*;4:253–62
- López-Torres J., Navarro B., Párraga I., *et al.*, 2013. El estado de salud de las personas mayores que sufren insomnio. *Gac Sanit*; 27:47–52.

- Loran MJ., McErlean., Eisele G., Raccio., dan Verdile VP., 2002. The Emergency Department Care of Hemodialysis Patients. *Clin Nephrol.* Jun;57(6):439-43. doi: 10.5414/cnp57439.
- Mallapallil, M., Friedman, E.A., Delano, B.G., McFarlane, S.I., Salifu, M.O., 2014. Chronic kidney disease in the elderly: evaluation and management, *Clin Pract (Lond)*, Vol. 11 No.5, p. 525-535. doi: 10.2217/cpr.14.46
- Mardiana, Nunuk., 2008. Nutrisi pada Penderita Dialisis, Meeting and Symposium. Diakses pada 2 Maret 2022 melalui <http://www.b11nk.com>
- Masuda T., Murata M., Honma S., Iwazu Y., Sasaki N., Ogura M., et al., 2011. Sleep-disordered breathing predicts cardiovascular events and mortality in hemodialysis patients. *Nephrol Dial Transplant.* Jul;26(7):2289-95. doi: 10.1093/ndt/gfq756.
- Mehrabi S., Sarikhani S., Roozbeh J., 2017. Sleep Quality in Patients Undergoing Long-term Hemodialysis Using the Pittsburgh Sleep Quality Index. *Nephro-Urol Mon.* 9(2):e13137. doi: 10.5812/numonthly.44278
- Mehta., Kumari., Rubal., Sharma., Kumar., 2020. Effectiveness of Exercise Regimen on Quality of Sleep in Patients with End Stage Renal Disease on Maintenance Haemodialysis. *Medico-legal Update, October-December, Vol. 20, No. 4*
- Merlino G., Piani A., Dolso P., Adorati M., Cancelli I., Valente M., et al., 2005. Sleep disorders in patients with end-stage renal disease undergoing dialysis therapy. *Nephrol Dial Transplant.* 21: 184-90.
- Mistik S., Ünalın., Aslaner H., Çalışkan M., Aslaner., Tokgöz., 2019. The Effect of Quality of Sleep on Depression in Hemodialysis Patients. *Turk J Nephrol.* 28(1): 38-42.
- Morgan K., Healey OW., Healey PJ., 1989. Factors influencing persistent subjective insomnia in old age: a follow-up study of good and poor sleepers aged 65 to 74. *Age Ageing.* 18: 177.
- Murtagh, F.E., Addington-Hall, J., dan Higginson, I.J., 2007. The prevalence of symptoms in end-stage renal disease: A systematic review. *Adv Chronic Kid Dis* 14: 82-99. doi: 10.1053/j.ackd.2006.10.001
- Muttaqin, Darmawan., Ripa, Serena., 2021. Psychometric properties of the Indonesian version of the Depression Anxiety Stress Scale: Factor structure, reliability, gender, and age measurement invariance. *Jurnal Penelitian Psikologi.* Vol 6, No 1. 61–76
- Nasution, H., 2014. Gangguan tidur pasien psikosomatik. *Dalam: Buku Ajar Ilmu Penyakit Dalam, 6th ed.; penyunting: Setiati S, et al.* InternaPublishing: Jakarta 3657-3659.
- NKF KDOQI. 2018. Estimated Glomerular Filtration Rate (eGFR). Diakses pada 7 September 2019 melalui <https://www.kidney.org/atoz/content/gfr>
- Novak, M., Shapiro, C.M., Mendelssohn, D., et al., 2006. Diagnosis and Management of Insomnia in Dialysis Patients. *Semin Dialysis* 19(1): 25-31. doi: 10.1111/j.1525-139X.2006.00116.x.

- Palinggi., 2017. Perubahan kadar hemoglobin dan ureum terhadap kualitas tidur pasien *end stage renal disease* yang menjalani terapi hemodialisis di rumah sakit umum daerah andi makkasau parepare. Diakses pada 2 Maret 2022 melalui http://digilib.unhas.ac.id/uploaded_files/temporary/DigitalCollection/MGQ5MzAyMTEyMjA3YTNIYzk3NjJmZmEyZmU3Y2EyMGZhODIwNGMxOQ==.pdf
- Pai, M.F., Hsu, S.P., Yang, S.Y., *et al.*, 2007. Sleep disturbance in chronic hemodialysis patients: The impact of depression and anemia. *Renal Failure* 29: 673-677. doi: 10.1080/08860220701459642
- Parker KP., 2003. Sleep disturbances in dialysis patients. *Sleep Med Rev.* 7:131-143.
- Peraturan Menteri Kesehatan Republik Indonesia Nomor 25 Tahun 2016 Tentang Rencana Aksi Nasional Kesehatan Lanjut Usia Tahun 2016-2019. Diakses pada 1 September 2019 melalui http://hukor.kemkes.go.id/uploads/produk_hukum/PMK_No._25_ttg_Rencana_Aksi_Nasional_Kesehatan_Lanjut_Usia_Tahun_2016-2019_.pdf
- Phillips dan Ancoli., 2001. Sleep Disorders in the Elderly. *Sleep Med.* Mar;2(2):99-114. doi: 10.1016/s1389-9457(00)00083-6.
- Pobocik KM., Rentzell., Leonard., Daye dan Evans., 2020. Influence of Aerobic Exercise on Sleep and Salivary Melatonin in Men. *Int J Sports Exerc Med.* 6:161
- Putri RD dan Ananda NR. 2012. Hubungan antara adekuasi hemodialisis dengan kualitas tidur pada pasien gagal ginjal kronik yang menjalani hemodialisis. Diakses pada 2 Maret 2022 melalui <https://etd.umy.ac.id/id/eprint/27179/12/Naskah%20Publikasi.pdf>
- Pusat Data dan Informasi Kementerian Kesehatan RI., 2016. Situasi Usia Lanjut di Indoensia. Diakses pada 1 September 2019 melalui <http://www.depkes.go.id/resources/download/pusdatin/infodatin/infodatin%20lansia%202016.pdf>
- Qianqian., Bo Liu., Shumin Lin., Jiajia Li., Peifen Liang., *et al.*, 2021. Pittsburgh Sleep Quality Index score predicts all-cause mortality in Chinese dialysis patients, *Int Urol Nephrol*, Nov; 53(11):2369-2376. doi: 10.1007/s11255-021-02842-6.
- Razeghi E., Sahraian MA., Heidari R., Bagherzadeh M., 2012. Association of inflammatory biomarkers with sleep disorders in hemodialysis patients. *Acta Neurol Belg.* 112:45-49.
- Reeve, K., dan Bailes, B., 2010. Insomnia in Adult: Etiology and Management. *The Journal for Nurse Practitioners*; 6 (1): 53-60. doi: 10.1016/j.nurpra.09.013
- Riskesdas., 2013. Riset Kesehatan Dasar. Diakses pada 1 September 2019 melalui <http://www.depkes.go.id/resources/download/general/Hasil%20Riskesdas%202013.pdf>
- Rodin J., McAvay G., Timko C., 1988. A longitudinal study of depressed mood and sleep disturbances in elderly adults. *J Gerontol Psychol Sci.* 43:45-53.

- Roumelioti, M.E., Strollo, P.J. dan Unruh, M., 2010. Sleep disorders in chronic kidney disease. *Dalam: Chronic Kidney Disease, Dialysis, and Transplantation, 3rd ed.; penyunting: Himmelfarb J & Sayegh MH.* Saunders-Elsevier: Philadelphia 198-209.
- Sabbatini M., Pisani A., Crispo A., Ragosta A., Gallo R., Pota A., *et al.*, 2008. Sleep quality in patients with chronic renal failure: a 3-year longitudinal study. *Sleep Med.* 9(3):240–6
- Sabet R., Naghizadeh M dan Azari S., 2012. Quality of sleep in dialysis patients. *Iran J Nurs Midwifery Res.* May-Jun; 17(4): 270–274.
- Simamora, E.K., 2014. Perbedaan aktivitas fisik berdasarkan penggunaan telepon pintar pada remaja SMA di Yogyakarta, Skripsi, Fakultas Kedokteran, Universitas Gadjah Mada.
- Shaarawy A., Baki AH., Teama NM., Halim R., Fahim N dan Sultan RA., 2018. Neutrophils to Lymphocytes Ratio is an Easy Non Expensive Marker of Inflammation in Hemodialysis Patients. *Journal of Clinical & Experimental Nephrology.* Vol.3 No.4:19. doi: 10.21767/2472-5056.100070
- Sherwood, L., 2001. *Fisiologi Manusia, dari Sel ke Sistem, 2nd ed.* Buku Kedokteran EGC:Jakarta.
- Shudana., 2017. Penilaian Status Nutrisi pada Pasien Dialisis. BaliUro-Nephrology Scientific Communication. Diakses pada 2 Maret 2022 melalui https://simdos.unud.ac.id/uploads/file_penelitian_1_dir/b31362f37e3e15f39bb9d6c9b6f9f4f6.pdf
- Soleimani F., Motaarefi H., Dehkordi., 2016. Effect of Sleep Hygiene Education on Sleep Quality in Hemodialysis Patients. *Journal of Clinical and Diagnostic Research.* Dec, Vol-10(12): LC01-LC04
- Stepanski EJ dan Wyatt JK., 2003. Use of sleep hygiene in the treatment of insomnia. *Sleep Med Rev.* 7(3):215-25.
- Steptoe A., O'Donnell K., Marmot M., Wardle J., 2008. Positive affect, psychological well-being, and good sleep. *J. Psychosom. Res.* 64:409–415.
- Tang SC., Lai KN., 2007. Tired but cant sleeps. *Perit Dial Int.* 27(6):647–50.
- Tamura, M.K., 2012. Neurologic aspects of kidney disease. *Dalam: Brenner & Rector's The Kidney, 9th ed.; penyunting: Taal MW, et al.* Elsevier-Saunders: Philadelphia 2149-2154.
- Taraz M., Khatami M.R., Hajiseyedjavadi, Farrokhian, Amini, Khalili, *et al.* 2013. Association between antiinflammatory cytokine, IL-10, and sleep quality in patients on maintenance hemodialysis. *Hemodialysis International* 17: 382-390.doi: 10.1111/hdi.12035
- Terzi B., Topbaş., Ergul., 2019. Comparison of Sleep Quality and Dialysis Adequacy of Patients Undergoing Hemodialysis. *Saudi J Kidney Dis Transpl.* 30(6):1342-1350
- Ulrika dan Robert., 2009. Fluid Intake and Quality of Sleep in Hemodialysis Patients - a Correlational Study. *DiVA.* hig-5813
- Undang Undang Nomor 13 Tahun 1998 tentang Kesejahteraan Lanjut Usia. Diakses pada 1 September 2019 melalui <http://www.bphn.go.id/data/documents/98uu013.pdf>

- Unruh, M.L., Buysse, D.J., Dew, M.A., *et al.* 2006. Sleep quality and its correlates in the first year of dialysis. *Clin J Am Soc Nephrol* 1: 802-810. doi:10.2215/CJN.00710206
- Varim., Atilgan B., Uyanik., Acar T., Alagoz N., Nalbant., *et al.*, 2016. Association between the neutrophil-to-lymphocyte ratio, a new marker of systemic inflammation, and restless legs syndrome. *Singapore Med J.* 57(9): 514-516 doi: 10.11622/smedj.2016154
- Vgontzas AN., Papanicolaou DA., Bixler EO., *et al.*, 2000. Sleep apnea and daytime sleepiness and fatigue: relation to visceral obesity, insulin resistance, and hypercytokinemia. *J Clin Endocrinol Metab.* 85: 1151-1158.
- Wahyuni, D., Tjekyan, R. M. S., Darmayanti, S., 2009. Kualitas Tidur dan Gangguan Tidur pada Lansia di Panti Werda Bakti Dharma KM. 7 Palembang. Fakultas Kedokteran Universitas Sriwijaya. Diakses pada 2 Maret 2022 melalui <https://repository.unsri.ac.id/25851/>
- Wahyuni P., Miro S., Kurniawan., 2018. Hubungan Lama Menjalani Hemodialisis dengan Kualitas Hidup Pasien Penyakit Ginjal Kronik dengan Diabetes Melitus di RSUP Dr. M Djamil Padang. *Andalas Journal of Health.* Vol 7, No 4.
- Wing Ma dan Tau-Li., 2016. Depression in dialysis patients. *Nephrology (Carlton)*, Aug;21(8):639-46. doi: 10.1111/nep.12742.
- World Health Organization., 2020. Elderly Population. Diakses pada 1 September 2019 melalui http://origin.searo.who.int/entity/health_situation_trends/data/chi/elderly-population/en/
- Xiao., Zhang., Kong., Li S., Yang N., 2021. The Effects of Social Support on Sleep Quality of Medical Staff Treating Patients with Coronavirus Disease 2019 (COVID-19) in January and February 2020 in China. *Med Sci Monit.* 26: e923549
- Yosa Marisa, 2020. *Pengaruh Hemodialisis Terhadap Rasio Netrofil Limfosit dan Interleukin 17 pada Pasien PGK Pre-HD dan Post-HD.* Masters thesis, Universitas Andalas. Diakses pada 2 Maret 2022 melalui <http://scholar.unand.ac.id/64111/>