

## TABLE OF CONTENTS

|                                                                                 |            |
|---------------------------------------------------------------------------------|------------|
| <b>AUTHENTICITY STATEMENT .....</b>                                             | <b>III</b> |
| <b>ACKNOWLEDGEMENT .....</b>                                                    | <b>IV</b>  |
| <b>LIST OF TABLES .....</b>                                                     | <b>IX</b>  |
| <b>LIST OF APPENDICES.....</b>                                                  | <b>IX</b>  |
| <b>ABSTRACT .....</b>                                                           | <b>XI</b>  |
| <b>CHAPTER I.....</b>                                                           | <b>1</b>   |
| <b>INTRODUCTION.....</b>                                                        | <b>1</b>   |
| A. Background .....                                                             | 1          |
| B. Problem Formulation.....                                                     | 2          |
| C. Purpose of Study .....                                                       | 3          |
| D. Research Authenticity .....                                                  | 3          |
| E. Research Benefits .....                                                      | 7          |
| <b>CHAPTER II .....</b>                                                         | <b>9</b>   |
| <b>LITERATURE REVIEW.....</b>                                                   | <b>9</b>   |
| A. Literature Review .....                                                      | 9          |
| 1. Lecture .....                                                                | 9          |
| 2. Online Education.....                                                        | 10         |
| 3. Synchronous Online Learning .....                                            | 12         |
| 4. Cognitive Style, Learning Style, Learning Strategy, and Study Behavior ..... | 13         |
| 5. Self-Regulated Learning Behaviour.....                                       | 15         |
| 6. Perception towards Online Lectures.....                                      | 16         |
| B. Theoretical Framework .....                                                  | 20         |
| C. Conceptual Framework .....                                                   | 22         |
| <b>CHAPTER III .....</b>                                                        | <b>23</b>  |
| <b>RESEARCH METHOD .....</b>                                                    | <b>23</b>  |
| A. Study Design .....                                                           | 23         |
| B. Time and Study Setting .....                                                 | 23         |

|                                     |                                                                                               |           |
|-------------------------------------|-----------------------------------------------------------------------------------------------|-----------|
| C.                                  | Study Subjects .....                                                                          | 25        |
| 1.                                  | Study Population .....                                                                        | 25        |
| 2.                                  | Study Sample .....                                                                            | 25        |
| D.                                  | Study Materials and Instruments .....                                                         | 28        |
| 1.                                  | Questionnaire .....                                                                           | 29        |
| 2.                                  | Semi-structured Interview .....                                                               | 32        |
| E.                                  | Study Variable .....                                                                          | 32        |
| 1.                                  | Independent Variable .....                                                                    | 32        |
| 2.                                  | Dependent Variable .....                                                                      | 32        |
| 3.                                  | Confounding Factors .....                                                                     | 33        |
| F.                                  | Operational Definition .....                                                                  | 33        |
| G.                                  | Study Plan .....                                                                              | 35        |
| H.                                  | Data Analysis .....                                                                           | 35        |
| 1.                                  | Quantitative .....                                                                            | 35        |
| 2.                                  | Qualitative .....                                                                             | 36        |
| I.                                  | Ethical Consideration .....                                                                   | 36        |
| J.                                  | Research Cost .....                                                                           | 37        |
| K.                                  | Study Timeline .....                                                                          | 37        |
| <b>CHAPTER IV .....</b>             |                                                                                               | <b>38</b> |
| <b>RESULTS AND DISCUSSION .....</b> |                                                                                               | <b>38</b> |
| A.                                  | RESULTS .....                                                                                 | 38        |
| 1.                                  | Participants' Characteristics .....                                                           | 38        |
| 2.                                  | Modified SOL-Q-R Responses .....                                                              | 39        |
| 3.                                  | Students' Perception on Synchronous Online Lectures based on Interview ....                   | 44        |
| B.                                  | Discussion .....                                                                              | 64        |
| 1.                                  | Relationship between Perception and Self-Regulated Online Learning Behavior                   | 64        |
| 2.                                  | Motivation and Self-Regulated Learning Behavior of Medical Students .....                     | 65        |
| 3.                                  | Medical Students' Factors of Self-Regulated Learning during Synchronous Online Lectures ..... | 75        |
| 4.                                  | Perception of Medical Students towards Synchronous Online Lectures .....                      | 80        |

|                                           |            |
|-------------------------------------------|------------|
| 5. Study Strengths.....                   | 91         |
| 6. Study Limitations .....                | 92         |
| <b>CHAPTER V .....</b>                    | <b>93</b>  |
| <b>CONCLUSION AND RECOMMENDATION.....</b> | <b>93</b>  |
| A. Conclusion.....                        | 93         |
| B. Recommendation.....                    | 95         |
| <b>APPENDIX .....</b>                     | <b>109</b> |

## LIST OF TABLES

|                                                                           |    |
|---------------------------------------------------------------------------|----|
| Table 1. Comparison of previous literature and research authenticity..... | 3  |
| Table 2. Stratified random sampling result.....                           | 27 |
| Table 3. Participants' Characteristics (N=101).....                       | 39 |
| Table 4. Students' responses (N = 101).....                               | 40 |
| Table 5. Self-regulated learning category of each batch.....              | 43 |
| Table 6. Interview participants characteristics.....                      | 44 |

## LIST OF FIGURES

|                                                                                                                                       |    |
|---------------------------------------------------------------------------------------------------------------------------------------|----|
| Figure 1. The Cognitive Control Model (Riding, 1997) .....                                                                            | 15 |
| Figure 2. Connectivism Framework.....                                                                                                 | 20 |
| Figure 3. Connection between external world changes and learning behavior.....                                                        | 21 |
| Figure 4. Study plan .....                                                                                                            | 35 |
| Figure 5. Thematic analysis of the open ended interview.....                                                                          | 44 |
| Figure 6. Relationship between perception of synchronous online lectures and self-regulated learning behavior.....                    | 64 |
| Figure 7. Relationship between perception of the difficulty of synchronous online lectures and self-regulated learning behavior ..... | 64 |

## LIST OF APPENDICES

|                                                                                                  |     |
|--------------------------------------------------------------------------------------------------|-----|
| Appendix 1. Ethical Permit.....                                                                  | 109 |
| Appendix 2. Modified SOL-Q-R .....                                                               | 110 |
| Appendix 3. Semi-Structured Interview .....                                                      | 114 |
| Appendix 4. List of codes in forms of self-regulation that the participants has applied.....     | 116 |
| Appendix 5. List of Codes in factors influencing the self-regulated learning behavior theme..... | 117 |
| Appendix 6. List of Codes in perception towards synchronous online lectures theme .....          | 118 |
| Appendix 7. Goodness of fit chi-square test of study sample.....                                 | 119 |
| Appendix 8. Internal-consistency reliability of questionnaire .....                              | 120 |
| Appendix 9. SRL score by batch one-way ANOVA .....                                               | 121 |

## **LIST OF ABBREVIATIONS**

SOL: Synchronous online learning

SRoL: Self-regulated online learning

SOL-Q-R: Self-regulated Online Learning Questionnaire Revised