



## DAFTAR PUSTAKA

- American Cancer Society. (2014). *Physical activity and the cancer patient*. <https://www.cancer.org/treatment/survivorship-during-and-after-treatment/staying-active/physical-activity-and-the-cancer-patient.html>
- American Cancer Society. (2016). *Chemotherapy What It Is, How It Helps*. <https://www.cancer.org/content/dam/cancer-org/cancer-control/en/booklets-fliers/phm-cancer-content.pdf>
- American Cancer Society. (2019). *How Chemotherapy Drugs Work*. 1–9.
- American Cancer Society. (2020). Breast Cancer. In *Breast Cancer Facts & Figures 2019-2020*. American Cancer Society.
- American College of Sports Medicine. (2018). Effects of Exercise on Health-Related Outcomes in Those with Cancer. *Exercise Is Medicine*, 89.
- Campbell, K. L., Winters-Stone, K. M., Wiskemann, J., May, A. M., Schwartz, A. L., Courneya, K. S., Zucker, D. S., Matthews, C. E., Ligibel, J. A., Gerber, L. H., Morris, G. S., Patel, A. V., Hue, T. F., Perna, F. M., & Schmitz, K. H. (2019). Exercise Guidelines for Cancer Survivors: Consensus Statement from International Multidisciplinary Roundtable. *Medicine and Science in Sports and Exercise*, 51(11), 2375–2390. <https://doi.org/10.1249/MSS.0000000000002116>
- Cancer-Council. (2016). *Understanding Chemotherapy A guide for people with cancer, their families and friends* (J. Bruce (ed.)). Cancer Council Australia.
- Cancer Council Australia. (2020). Understanding Chemotherapy. In *Annals of Internal Medicine* (Vol. 100, Issue 4, p. 623). [https://doi.org/10.7326/0003-4819-100-4-623\\_2](https://doi.org/10.7326/0003-4819-100-4-623_2)
- Cancer Research UK. (2019). *Exercise Guidelines for Cancer Patients and Survivors*. 1–5. <https://www.acsm.org/acsm-membership/regional-chapters/acsm-chapters/greater-new-york/2019/11/27/new-infographic-available-exercise-guidelines-cancer-patients-survivors>
- Cancer Research UK. (2020). *Treatment cycles and courses of treatment*. 8–10. <https://www.cancerresearchuk.org/about-cancer/cancer-in-general/treatment/cancer-drugs/how-you-have/treatment-cycles-and-courses>
- Clifford, B. K., Mizrahi, D., Sandler, C. X., Barry, B. K., Simar, D., Wakefield, C. E., Goldstein, D., & Clifford, B. K. (2018). *Barriers and facilitators of exercise experienced by cancer survivors: a mixed methods systematic review*. 685–700.
- Cortazar, P., Zhang, L., Untch, M., Mehta, K., Costantino, J. P., Wolmark, N., Bonnefoi, H., & Cameron, D. (2014). *Pathological complete response and long-term clinical benefit in breast cancer: the CTNeoBC pooled analysis*. 384. [https://doi.org/10.1016/S0140-6736\(13\)62422-8](https://doi.org/10.1016/S0140-6736(13)62422-8)
- Crevenna, R., & Dorner, T. E. (2019). Association between fulfilling the recommendations for health-enhancing physical activity with (instrumental) activities of daily living in older Austrians. *Wiener Klinische Wochenschrift*, 131(11–12), 265–272. <https://doi.org/10.1007/s00508-019-1511-8>



- Cuesta-Vargas, A. I., & Pérez-Cruzado, D. (2014). Relationship between Barthel index with physical tests in adults with intellectual disabilities. *Journal of the Korean Physical Society*, 3(1), 1–6. <https://doi.org/10.1186/2193-1801-3-543>
- Dahlan, M. S. (2016). *Besar sampel dalam penelitian kedokteran dan kesehatan* (Edisi 4). Epidemiologi Indonesia.
- Devon, H. A., Block, M. E., Moyle-Wright, P., Ernst, D. M., Hayden, S. J., Lazzara, D. J., Savoy, S. M., & Kostas-Polston, E. (2007). A psychometric toolbox for testing validity and reliability. *Journal of Nursing Scholarship*, 39(2), 155–164. <https://doi.org/10.1111/j.1547-5069.2007.00161.x>
- Dieci, M. V., Orvieto, E., Dominici, M., & Conte, P. (2014). *Rare Breast Cancer Subtypes : Histological , Molecular , and Clinical Peculiarities*. 805–813. <https://doi.org/10.1634/theoncologist.2014-0108>
- Gao, N., Ryan, M., Krucien, N., Robinson, S., & Norman, R. (2020). Paid work, household work, or leisure? Time allocation pathways among women following a cancer diagnosis. *Social Science and Medicine*, 246(December 2019), 112776. <https://doi.org/10.1016/j.socscimed.2019.112776>
- Giuliano, A. E., Connolly, J. L., Edge, S. B., & Mittendorf, E. A. (2017). Breast Cancer—Major Changes in the American Joint Committee on Cancer Eighth Edition Cancer Staging Manual. *CA: A Cancer Journal for Clinicians*, 00(0). <https://doi.org/10.3322/caac.21393>.
- Granger, C. L., Connolly, B., Denehy, L., Hart, N., Antippa, P., Lin, K. Y., & Parry, S. M. (2017). Understanding factors influencing physical activity and exercise in lung cancer: a systematic review. *Supportive Care in Cancer*, 25(3), 983–999. <https://doi.org/10.1007/s00520-016-3484-8>
- Kalyn, R., & BC Cancer. (2020). *Cancer drug pharmacology table*. 1–9.
- Kucukvardar, D., & Karadibak, D. (2020). Factors influencing physical activity in patients with colorectal cancer. *Irish Journal of Medical Science*. <https://doi.org/https://doi.org/10.1007/s11845-020-02338-9>
- Lorusso, D., Bria, E., Costantini, A., Di Maio, M., Rosti, G., & Mancuso, A. (2017). Patients' perception of chemotherapy side effects: Expectations, doctor–patient communication and impact on quality of life – An Italian survey. *European Journal of Cancer Care*, 26(2), 1–9. <https://doi.org/10.1111/ecc.12618>
- Milanović, Z., Pantelić, S., Trajković, N., Sporiš, G., Kostić, R., & James, N. (2013). Age-related decrease in physical activity and functional fitness among elderly men and women. *Clinical Interventions in Aging*, 8, 549–556. <https://doi.org/10.2147/CIA.S44112>
- Muhamad, M., Afshari, M., & Kazilan, F. (2011). Family support in cancer survivorship. *Asian Pacific Journal of Cancer Prevention*, 12(6), 1389–1397.
- National Cancer Institute. (2018). *Chemotherapy and You*. Department of Health & Human Services | National Institutes of Health.
- Paguntalan, J. C., & Gregoski, M. (2016). Physical activity barriers and motivators among high-risk employees. *Work*, 55(3), 515–524. <https://doi.org/10.3233/WOR-162424>
- Sander, A. P., Wilson, J., Izzo, N., Mountford, S. A., & Hayes, K. W. (2012). Factors that affect decisions about physical activity and exercise in survivors



- of breast cancer : a qualitative study. In *Physical Therapy* (Vol. 92, Issue 4).
- Sastroasmoro, S., & Ismael, S. (2014). *Dasar-Dasar Metodologi Penelitian Klinis* (Edisi 5). Sagung Seto.
- Setiadi. (2013). *Konsep dan Praktik Penulisan Riset Keperawatan Edisi 2*. Graha Ilmu.
- Singh, P. (2018). *Factors associated with physical inactivity in adult breast cancer survivors — A population - based study*. April, 6331–6339. <https://doi.org/10.1002/cam4.1847>
- Sloan, J. A., Cheville, A. L., Liu, H., Novotny, P. J., Wampfler, J. A., Garces, Y. I., Clark, M. M., & Yang, P. (2016). Impact of self-reported physical activity and health promotion behaviors on lung cancer survivorship. *Health and Quality of Life Outcomes*, 1–14. <https://doi.org/10.1186/s12955-016-0461-3>
- Suryadinata, R. V., Wirjatmadi, B., Adriani, M., & Lorensia, A. (2020). Effect of age and weight on physical activity. *Journal of Public Health Research*, 9(2), 187–190. <https://doi.org/10.4081/jphr.2020.1840>
- Thompson, P. (2014). Benefits and Risks Associated with Physical Activity. *ACSM's Guidelines For Exercise Testing and Prescription*, 3.
- Troeschel, A. N., Leach, C. R., Shuval, K., Stein, K. D., & Patel, A. V. (2018). Physical activity in cancer survivors during “Re-Entry” following cancer treatment. *Preventing Chronic Disease*, 15(5), 1–10. <https://doi.org/10.5888/pcd15.170277>
- Volaklis, K. A., Halle, M., & Tokmakidis, S. P. (2013). Exercise in the prevention and rehabilitation of breast cancer. *Wiener Klinische Wochenschrift*, 125(11–12), 297–301. <https://doi.org/10.1007/s00508-013-0365-8>
- Wirtz, P., & Baumann, F. T. (2018). Physical Activity, Exercise and Breast Cancer - What Is the Evidence for Rehabilitation, Aftercare, and Survival? A Review. *Breast Care*, 13(2), 93–101. <https://doi.org/10.1159/000488717>
- World Health Organization, W. (2019). Indonesia Source Globocan 2018. *International Agency for Research on Cancer*, 256, 1–2. <http://gco.iarc.fr/>
- Wu TY, Chang TW, Chang SM, Lin YY, Wang JD, Kuo YL. (2019). Dynamic Changes Of Body Image And Quality Of Life In Breast Cancer Patients. *Cancer Manag Res*. 2019;11:10563-10571
- Yildiz Kabak V, Gursen C, Aytar A, Akbayrak T, Duger T. (2020). Physical activity level, exercise behavior, barriers, and preferences of patients with breast cancer-related lymphedema. *Support Care Cancer*. doi: 10.1007/s00520-020-05858-3. Epub 2020 Nov 10. PMID: 33170403.
- Yulianto, A. Y., Irawiraman, H., Ompusunggu, P. M. T. M. (2018). Gambaran Usia Dan Stadium Klinis Pasien Kanker Payudara Yang Dilakukan Pemeriksaan Imunohistokimia Di Rumah Sakit Abdul Wahab Sjahranie Pada Tahun 2018. *Jurnal Kebidanan Mutiara Mahakam*, Vol 8 , No 2, Tahun 2020, Hal 126-140