

DAFTAR PUSTAKA

- Adelweis, E. C., Nurchayati, A. H., & Nuryanti, L. (2021). Student Health Literacy During the Covid-19 Pandemic College Student Health Literacy During The Covid-19 Pandemic. *Proceding of Inter-Islamic University Conference on Psychology*, 1(1).
- Angehrn, A., Krakauer, R. L., & Carleton, R. N. (2020). The Impact of Intolerance of Uncertainty and Anxiety Sensitivity on Mental Health Among Public Safety Personnel: When the Uncertain is Unavoidable. *Cognitive Therapy and Research*, 44(5), 919–930. <https://doi.org/10.1007/s10608-020-10107-2>
- Anwar, Z., & Djudiyah, D. (2021). Pengembangan program psikoedukasi untuk mengelola stres, cemas, dan depresi pada mahasiswa yang sedang menempuh skripsi. *Cognicia*, 9(1), 1–5.
- Aulia, A., Marchira, C. R., Supriyanto, I., & Pratiti, B. (2020). Cyberchondria in First Year Medical Students of Yogyakarta. *Journal of Consumer Health on the Internet*, 24(1), 1–9. <https://doi.org/10.1080/15398285.2019.1710096>
- Azizahira, G. (2021). *Cyberchondria terkait Covid-19 sebagai Prediktor Kecemasan terhadap Kondisi Kesehatan: Studi pada Individu Dewasa Awal di Indonesia* [PhD Thesis]. Universitas Gadjah Mada.
- Azwar, S. (1999). *Penyusunan skala psikologi*. Pustaka pelajar.
- Azwar, S. (2011). *Reliabilitas Dan Validitas*. Yogyakarta: Pustaka Pelajar.
- Bajcar, B., & Babiak, J. (2021). Self-esteem and cyberchondria: The mediation effects of health anxiety and obsessive–compulsive symptoms in a community sample. *Current Psychology*, 40(6), 2820–2831.
- Bajcar, B., Babiak, J., & Olchowska-Kotala, A. (2019). Cyberchondria and its measurement. The Polish adaptation and psychometric properties of the Cyberchondria Severity Scale CSS-PL. *Polish Psychiatry*, 53(1), 49–60.
- Bao, Y., Sun, Y., Meng, S., Shi, J., & Lu, L. (2020). 2019-nCoV epidemic: Address mental health care to empower society. *The Lancet*, 395(10224), e37–e38.
- Barke, A., Bleichhardt, G., Rief, W., & Doering, B. K. (2016). The Cyberchondria Severity Scale (CSS): German Validation and Development of a Short Form. *International Journal of Behavioral Medicine*, 23(5), 595–605. <https://doi.org/10.1007/s12529-016-9549-8>

- Baumgartner, S. E., & Hartmann, T. (2011). The role of health anxiety in online health information search. *Cyberpsychology, behavior, and social networking*, 14(10), 613–618.
- Bhaumik, U., & Nayok, S. (2021). Cyberchondria: An emerging entity in COVID-19 pandemic and thereafter. *European Psychiatry*, 64(1), S298–S298.
- Blackburn, J., Fischerauer, S. F., Talaei-Khoei, M., Chen, N. C., Oh, L. S., & Vranceanu, A.-M. (2019). What are the implications of excessive Internet searches for medical information by orthopaedic patients? *Clinical orthopaedics and related research*, 477(12), 2665.
- Bottesi, G., Marino, C., Vieno, A., Ghisi, M., & Spada, M. M. (2021). Psychological distress in the context of the COVID-19 pandemic: The joint contribution of intolerance of uncertainty and cyberchondria. *Psychology & Health*, 1–18. <https://doi.org/10.1080/08870446.2021.1952584>
- Buhr, K., & Dugas, M. J. (2006). Investigating the construct validity of intolerance of uncertainty and its unique relationship with worry. *Journal of Anxiety Disorders*, 20(2), 222–236. <https://doi.org/10.1016/j.janxdis.2004.12.004>
- Carleton, R. N., Norton, M. A. P. J., & Asmundson, G. J. G. (2007a). Fearing the unknown: A short version of the Intolerance of Uncertainty Scale. *Journal of Anxiety Disorders*, 21(1), 105–117. <https://doi.org/10.1016/j.janxdis.2006.03.014>
- Carleton, R. N., Norton, M. P. J., & Asmundson, G. J. (2007b). Fearing the unknown: A short version of the Intolerance of Uncertainty Scale. *Journal of anxiety disorders*, 21(1), 105–117.
- Dela, V. L. (2019). Strategi Coping Stress Pada Mahasiswa Bimbingan Konseling Yang Menyusun Skripsi Di Universitas Muhammadiyah Tapanuli Selatan. *Ristekdik: Jurnal Bimbingan dan Konseling*, 4(2), 90–94.
- Dewi, N. M. B. R. S., Subrata, I. M., Kardiwinata, M. P., & Ekawati, N. K. (2019). Tingkat Depresi Mahasiswa yang Sedang Menyusun Skripsi di Fakultas Kedokteran Universitas Udayana Tahun 2019. *Health*, 1.
- Durak Batigun, A., Gor, N., Komurcu, B., & Senkal Erturk, I. (2018). Cyberchondria Scale (CS): Development, validity and reliability study. *Dusunen Adam: The Journal of Psychiatry and Neurological Sciences*, 148–162. <https://doi.org/10.5350/DAJPN2018310203>
- Elhai, J. D., Yang, H., McKay, D., & Asmundson, G. J. (2020). COVID-19 anxiety symptoms associated with problematic smartphone use severity in Chinese adults. *Journal of Affective Disorders*, 274, 576–582.

- Fergus, T. A. (2013). Cyberchondria and Intolerance of Uncertainty: Examining When Individuals Experience Health Anxiety in Response to Internet Searches for Medical Information. *Cyberpsychology, Behavior, and Social Networking*, 16(10), 735–739. <https://doi.org/10.1089/cyber.2012.0671>
- Fergus, T. A. (2015). Anxiety sensitivity and intolerance of uncertainty as potential risk factors for cyberchondria: A replication and extension examining dimensions of each construct. *Journal of affective disorders*, 184, 305–309.
- Fergus, T. A., & Bardeen, J. R. (2013). Anxiety sensitivity and intolerance of uncertainty: Evidence of incremental specificity in relation to health anxiety. *Personality and Individual Differences*, 55(6), 640–644. <https://doi.org/10.1016/j.paid.2013.05.016>
- Fergus, T. A., & Russell, L. H. (2016). Does cyberchondria overlap with health anxiety and obsessive–compulsive symptoms? An examination of latent structure and scale interrelations. *Journal of anxiety disorders*, 38, 88–94.
- Fergus, T. A., & Spada, M. M. (2017). Cyberchondria: Examining relations with problematic Internet use and metacognitive beliefs. *Clinical Psychology & Psychotherapy*, 24(6), 1322–1330. <https://doi.org/10.1002/cpp.2102>
- Fergus, T. A., & Spada, M. M. (2018). Moving toward a metacognitive conceptualization of cyberchondria: Examining the contribution of metacognitive beliefs, beliefs about rituals, and stop signals. *Journal of Anxiety Disorders*, 60, 11–19. <https://doi.org/10.1016/j.janxdis.2018.09.003>
- Freeston, M. H., Rhéaume, J., Letarte, H., Dugas, M. J., & Ladouceur, R. (1994). Why do people worry? *Personality and individual differences*, 17(6), 791–802.
- Hadi, S. (2019). *Metodologi riset*.
- Iqbal, M., & Rizqulloh, L. (2020). Deteksi Dini Kesehatan Mental Akibat Pandemi Covid-19 Pada Unnes Sex Care Community Melalui Metode Self Reporting Questionnaire. *Praxis: Jurnal Sains, Teknologi, Masyarakat dan Jejaring*, 3(1), 20–24.
- Irmayanti, N., & Agustin, A. (2021). Faktor-faktor yang mempengaruhi kecemasan di masa pandemi covid-19 ditinjau dari gender. *Prosiding Seminar Nasional & Call for Paper" Peran Perempuan Sebagai Pahlawan di Era Pandemi" PSGESI LPPM UWP*, 8(1), 122–128.
- Isnaeni, R. P. (2018). *Hubungan kekuatan pengkodean dengan tipe kepribadian teoritikal pada dewasa awal di kota malang* [PhD Thesis]. University of Muhammadiyah Malang.

- Jokic-Begic, N., Lauri Korajlija, A., & Mikac, U. (2020). Cyberchondria in the age of COVID-19. *PLOS ONE*, 15(12), e0243704. <https://doi.org/10.1371/journal.pone.0243704>
- Jungmann, S. M., & Witthöft, M. (2020). Health anxiety, cyberchondria, and coping in the current COVID-19 pandemic: Which factors are related to coronavirus anxiety? *Journal of Anxiety Disorders*, 73, 102239. <https://doi.org/10.1016/j.janxdis.2020.102239>
- KEMENKES PADK. (t.t.). Diambil 13 Januari 2022, dari <http://www.padk.kemkes.go.id/article/read/2021/02/01/46/5-m-dimasa-pandemi-covid-19-di-indonesia.html>
- KOMINFO, P. (t.t.). *Dirjen PPI: Survei Penetrasi Pengguna Internet di Indonesia Bagian Penting dari Transformasi Digital*. Website Resmi Kementerian Komunikasi Dan Informatika RI. Diambil 14 Januari 2022, dari http://content/detail/30653/dirjen-ppi-survei-penetrasi-pengguna-internet-di-indonesia-bagian-penting-dari-transformasi-digital/0/berita_satker
- Krismaroca, A. D., & Nasution, R. D. (2021). Sikap Pemerintah Ponorogo Dalam Pemberian Efek Jera Terhadap Masyarakat Pasca Uji Coba “New Normal.” *GOVERNMENT: Jurnal Ilmu Pemerintahan*, 14(1), 46–53.
- Lewis, T. (2006). Seeking health information on the internet: Lifestyle choice or bad attack of cyberchondria? *Media, Culture & Society*, 28(4), 521–539.
- Limilia, P., & Pratamawaty, B. B. (2020). Google Trends and Information Seeking Trend of COVID-19 in Indonesia. *Jurnal ASPIKOM*, 5(2), 188–205.
- Lusianawati, H. (2020). Inkonsistensi Kebijakan Pemerintah Dalam Menangani Pandemi Covid-19. *The Source: Jurnal Ilmu Komunikasi*, 2(2), 22–40.
- Marjan, F., Sano, A., & Ifdil, I. (2018). Tingkat kecemasan mahasiswa bimbingan dan konseling dalam menyusun skripsi. *JPGI (Jurnal Penelitian Guru Indonesia)*, 3(2), 84–89.
- Masruuroh, A. (2020). *Pengaruh low self-esteem terhadap cyberchondria pada mahasiswa Universitas Negeri Semarang*. [PhD Thesis]. UNNES.
- Mathes, B. M., Norr, A. M., Allan, N. P., Albanese, B. J., & Schmidt, N. B. (2018). Cyberchondria: Overlap with health anxiety and unique relations with impairment, quality of life, and service utilization. *Psychiatry Research*, 261, 204–211. <https://doi.org/10.1016/j.psychres.2018.01.002>
- Mayorga, N. A., Garey, L., Viana, A., Cardoso, J. B., Schmidt, N. B., & Zvolensky, M. J. (2021). Psychological Distress and Physical Health Symptoms in the Latinx Population

During the COVID-19 Pandemic: Exploring the Role of Anxiety Sensitivity. *Cognitive Therapy and Research*. <https://doi.org/10.1007/s10608-021-10243-3>

- McDaid, D., Park, A.-L., & Wahlbeck, K. (2019). The economic case for the prevention of mental illness. *Annual Review of Public Health*, 40, 373–389.
- McElroy, E., Kearney, M., Touhey, J., Evans, J., Cooke, Y., & Shevlin, M. (2019). The CSS-12: Development and Validation of a Short-Form Version of the Cyberchondria Severity Scale. *Cyberpsychology, Behavior, and Social Networking*, 22(5), 330–335. <https://doi.org/10.1089/cyber.2018.0624>
- Muse, K., McManus, F., Leung, C., Meghreblian, B., & Williams, J. M. G. (2012). Cyberchondriasis: Fact or fiction? A preliminary examination of the relationship between health anxiety and searching for health information on the Internet. *Journal of anxiety disorders*, 26(1), 189–196.
- Norr, A. M., Albanese, B. J., Oglesby, M. E., Allan, N. P., & Schmidt, N. B. (2015). Anxiety sensitivity and intolerance of uncertainty as potential risk factors for cyberchondria. *Journal of Affective Disorders*, 174, 64–69. <https://doi.org/10.1016/j.jad.2014.11.023>
- Norr, A. M., Capron, D. W., & Schmidt, N. B. (2014). Medical information seeking: Impact on risk for anxiety psychopathology. *Journal of Behavior Therapy and Experimental Psychiatry*, 45(3), 402–407. <https://doi.org/10.1016/j.jbtep.2014.04.003>
- Rahardjo, W., Qomariyah, N., Mulyani, I., & Andriani, I. (2021). Social media fatigue pada mahasiswa di masa pandemi COVID-19: Peran neurotisme, kelebihan informasi, invasion of life, kecemasan, dan jenis kelamin. *Jurnal Psikologi Sosial*, 19(2), 142–152.
- Reiss, S. (1991). Expectancy model of fear, anxiety, and panic. *Clinical Psychology Review*, 11(2), 141–153. [https://doi.org/10.1016/0272-7358\(91\)90092-9](https://doi.org/10.1016/0272-7358(91)90092-9)
- Sembiring, E. A. (2019). Pengaruh Metode Pencatatan Persediaan Dengan Sistem Periodik Dan Perpetual Berbasis Sia Terhadap Stock Opname Pada Perusahaan Dagang Di Pt Jasum Jaya. *Accumulated Journal (Accounting and Management Research Edition)*, 1(1), 69–77.
- Seng, J. J. B., Yeam, C. T., Huang, C. W., Tan, N. C., & Low, L. L. (2020). *Pandemic related Health literacy – A Systematic Review of literature in COVID-19, SARS and MERS pandemics* [Preprint]. *Infectious Diseases (except HIV/AIDS)*. <https://doi.org/10.1101/2020.05.07.20094227>
- Seto, S. B., Wondo, M. T. S., & Mei, M. F. (2020). Hubungan Motivasi Terhadap Tingkat Stress Mahasiswa Dalam Menulis Tugas Akhir (Skripsi). *Jurnal Basicedu*, 4(3), 733–739.

- Seyed Hashemi, S. G., Hosseinneshad, S., Dini, S., Griffiths, M. D., Lin, C.-Y., & Pakpour, A. H. (2020). The mediating effect of the cyberchondria and anxiety sensitivity in the association between problematic internet use, metacognition beliefs, and fear of COVID-19 among Iranian online population. *Heliyon*, 6(10), e05135. <https://doi.org/10.1016/j.heliyon.2020.e05135>
- Starcevic, V. (2017). Cyberchondria: Challenges of Problematic Online Searches for Health-Related Information. *Psychotherapy and Psychosomatics*, 86(3), 129–133. <https://doi.org/10.1159/000465525>
- Starcevic, V., & Berle, D. (2013). Cyberchondria: Towards a better understanding of excessive health-related Internet use. *Expert Review of Neurotherapeutics*, 13(2), 205–213. <https://doi.org/10.1586/ern.12.162>
- Starcevic, V., Berle, D., & Arnáez, S. (2020). Recent Insights Into Cyberchondria. *Current Psychiatry Reports*, 22(11), 56. <https://doi.org/10.1007/s11920-020-01179-8>
- Starcevic, V., Schimmenti, A., Billieux, J., & Berle, D. (2021). Cyberchondria in the time of the COVID -19 pandemic. *Human Behavior and Emerging Technologies*, 3(1), 53–62. <https://doi.org/10.1002/hbe2.233>
- Suharsono, Y., & Anwar, Z. (2020). Analisis Stress dan Penyesuaian Diri Pada Mahasiswa. *Cognicia*, 8(1), 1–9.
- Taylor, S., Zvolensky, M. J., Cox, B. J., Deacon, B., Heimberg, R. G., Ledley, D. R., Abramowitz, J. S., Holaway, R. M., Sandin, B., & Stewart, S. H. (2007). Robust dimensions of anxiety sensitivity: Development and initial validation of the Anxiety Sensitivity Index-3. *Psychological assessment*, 19(2), 176.
- Vismara, M., Caricasole, V., Starcevic, V., Cinosi, E., Dell’Osso, B., Martinotti, G., & Fineberg, N. A. (2020). Is cyberchondria a new transdiagnostic digital compulsive syndrome? A systematic review of the evidence. *Comprehensive Psychiatry*, 99, 152167. <https://doi.org/10.1016/j.comppsy.2020.152167>
- Warren, A. M., Zolfaghari, K., Fresnedo, M., Bennett, M., Pogue, J., Waddimba, A., Zvolensky, M., Carlbring, P., & Powers, M. B. (2021). Anxiety sensitivity, COVID-19 fear, and mental health: Results from a United States population sample. *Cognitive Behaviour Therapy*, 50(3), 204–216. <https://doi.org/10.1080/16506073.2021.1874505>
- White, R. W., & Horvitz, E. (2009). Cyberchondria: Studies of the escalation of medical concerns in web search. *ACM Transactions on Information Systems (TOIS)*, 27(4), 1–37.



Yuniardi, M. S. (2020). *Should we shoot intolerance of uncertainty for anxiety disorders? Data from the UK and Indonesia*. 24(08), 13.

Zangoulechi, Z., Yousefi, Z., & Keshavarz, N. (2018). The Role of Anxiety Sensitivity, Intolerance of Uncertainty, and Obsessive-Compulsive Symptoms in the prediction of Cyberchondria. *Advances in Bioscience and Clinical Medicine*, 6(4), 1. <https://doi.org/10.7575/aiac.abcm.v.6n.4p.1>

Zheng, H., Sin, S.-C. J., Kim, H. K., & Theng, Y.-L. (2020). Cyberchondria: A systematic review. *Internet Research*, 31(2), 677–698. <https://doi.org/10.1108/INTR-03-2020-0148>