

HUBUNGAN KECERDASAN EMOSIONAL DENGAN *SELF-REGULATED LEARNING* PADA MAHASISWA

Cici Afriani, Yuli Fajar Susetyo
Fakultas Psikologi, Universitas Gadjah Mada

INTISARI

Penelitian ini bertujuan untuk menguji hubungan antara kecerdasan emosional dengan *self-regulated learning* pada mahasiswa yang sedang menyelesaikan skripsi. Penelitian ini dilakukan di Universitas Gadjah Mada dengan subjek sebanyak 208 mahasiswa. Hipotesis dalam penelitian ini adalah kecerdasan emosional berhubungan positif dengan *self-regulated learning* pada mahasiswa. Alat ukur yang digunakan dalam penelitian ini adalah skala kecerdasan emosional dan skala *self-regulated learning*. Analisis data penelitian dilakukan dengan teknik korelasi *product moment* yang menunjukkan bahwa kecerdasan emosional berhubungan positif dengan *self regulated learning* dengan koefisien korelasi sebesar 0,383.

Kata kunci: kecerdasan emosional; *self-regulated learning*; mahasiswa.

THE RELATIONSHIP BETWEEN EMOTIONAL INTELLIGENCE WITH SELF REGULATED LEARNING IN COLLEGE STUDENTS

Cici Afriani, Yuli Fajar Susetyo
Faculty of Psychology, Universitas Gadjah Mada

ABSTRACT

This study aimed to examine the relationship between emotional intelligence and self-regulated learning in college students. This research was conducted at Gadjah Mada University with a subject of 208 students. The hypothesis in this study is that emotional intelligence is positively related to self-regulated learning in students who are completing their thesis. The measuring instrument used in this study is the emotional intelligence scale and a self regulated learning. The data analysis of the study was carried out by the Pearson product moment correlation technique showing that emotional intelligence was positively related to self regulated learning with a correlation coefficient of 0.383.

Keywords: *emotional intelligence; self-regulated learning; college students.*