

## DAFTAR PUSTAKA

- Aamodt, M. G., & Aamodt, M. G. (2010). *Industrial/Organizational Psychology: An Applied Approach* (6th ed). Belmont, CA: Wadsworth.
- Amir, N. (2007). Gangguan tidur, diagnosis dan penatalaksanaan. *Cermin Dunia Kedokteran*. 157(5), 196-206
- Amstad, F. T., Meier, L. L., Fasel, U., Elfering, A., & Semmer, N. K. (2011). A meta-analysis of work–family conflict and various outcomes with a special emphasis on cross-domain versus matching-domain relations. *Journal of Occupational Health Psychology*, 16(2), 151–169. <https://doi.org/10.1037/a0022170>
- Armstrong, K. H., Ogg, J. A., Sundman-Wheat, A. N., & St. John Walsh, A. (2014). *Evidence-Based Interventions for Children with Challenging Behavior*. New York, NY: Springer New York. Retrieved from <http://link.springer.com/10.1007/978-1-4614-7807-2>
- Aryee, S., Srinivas, E. S., & Tan, H. H. (2005). Rhythms of life: Antecedents and outcomes of work-family balance in employed parents. *Journal of Applied Psychology*, 90(1), 132–146. <https://doi.org/10.1037/0021-9010.90.1.132>
- Azwar, S. (2013). *Penyusunan Skala Psikologi* (2nd Ed). Yogyakarta: Pustaka Pelajar.
- Bardoel, E. A., & De Cieri, H. (2007). Reconciling work and family responsibility: a global perspective. *Anima, Indonesian Psychological Journal*, 23(1), 17–23.
- Baumrind, D. (1978). Parental disciplinary patterns and social competence in children. *Youth & Society*, 9(3), 239–267. <https://doi.org/10.1177/0044118X7800900302>
- Baumrind, D (1989). Rearing competent children. In W. Damon (Ed), *Child development today and tomorrow* (pp. 349-378). San Francisco: Jossey-Bass
- Baumrind, D. (1991). The influence of parenting style on adolescence competence and substances abuse. *Journal of Early Adolescence*, 11(1), 56–95.
- Baumrind, D., & Thompson, R.A. (2002). The ethics of parenting, In Bornstein, M.H (Ed), *Handbook of Parenting Volume 5: Practical Issues in Parenting* (pp. 3-34). New Jersey: Lawrence Erlbaum Associates.
- Behson, S. J. (2005). The relative contribution of formal and informal organizational work–family support. *Journal of Vocational Behavior*, 54(2), 487–500. <https://doi.org/10.1016/j.jvb.2004.02.004>

- Bornstein, M. H. (Ed.). (2002). *Handbook of Parenting* (2nd ed). Mahwah, N.J: Erlbaum.
- Bornstein, M.H. (2007). Parenting science and paractice. In Renninger, K.A. & Sigel, I.E (Eds), *Handbook of Child Psychology Vol. 4: Child Psychology in Practice* (pp.893-949). New Jersey: John Wiley & Sons.
- Bornstein, M.H. (2016). Determinants of parenting. In D. Cicchetti (Ed.), *Developmental Psychopathology: Vol. 4. Genes and environment* (3rd ed., pp. 180-270). Hoboken, NJ: Wiley.
- Bradshaw, J., Keung, A., Rees, G., & Goswami, H. (2011). Children's subjective well-being: International comparative perspectives. *Children and Youth Services Review*, 33(4), 548–556. <https://doi.org/10.1016/j.childyouth.2010.05.010>
- Brazelton, T. B. (1983). *Infant and Mother: Differences in Development*. New York: Delta.
- Brooks, J. (2011). *The Process of Parenting*. Edisi 8. Alih Bahasa: Rahmat Fajar. Yogyakarta. Pustaka Pelajar.
- Brooks-Gun, J., Han, W.-J., & Waldfogel, J. (2002). Maternal employment and child cognitive outcomes in the first three years of life: The NICHD study of early child care. *Child Development*, 73(4), 1052–1072.
- Bronfenbrenner, U., & Crouter, A. (1982). Work and Family through time and space. In S. B. Kamerman & C. D. Hayes (Eds), *Families work: Children in a changing world*. Washington, DC: National Academy of science.
- Buehler, C., & O'Brien, M. (2011). Mothers' part-time employment: Associations with mother and family well-being. *Journal of Family Psychology*, 25(6), 895–906. <https://doi.org/10.1037/a0025993>
- Burchielli, R., Bartram, T., & Thanacoody, R. (2008). Work-family balance or greedy organizations?. *Relations industrielles*, 63(1), 108. <https://doi.org/10.7202/018124ar>
- Calzada, E. J., Eyberg, S. M., Rich, B., & Querido, J. G. (2004). Parenting disruptive preschoolers: Experiences of mothers and fathers. *Journal of Abnormal Child Psychology*, 32(2), 203–213.
- Carlson, D. S., Kacmar, K. M., Wayne, J. H., & Grzywacz, J. G. (2006). Measuring the positive side of the work–family interface: Development and validation of a work–family enrichment scale. *Journal of Vocational Behavior*, 68(1), 131–164. <https://doi.org/10.1016/j.jvb.2005.02.002>

- Cavell, T.A., Harrist, A. W., & Del Vecchio, T. (2013). Working with Parents of Aggressive Children: Ten Principles and the Role of Authoritative Parenting. In Larzelere, R.E., Morris, A.S., & Harrist, A. W. (Eds), *Authoritative Parenting: Synthesizing Nurture and Discipline for Optimal*
- Chait Barnett, R., Gareis, K. C., & Brennan, R. T. (2008). Wives' shift work schedules and husbands' and wives' well-being in dual-earner couples with children: A within-couple analysis. *Journal of Family Issues*, 29(3), 396–422.
- Clark, S. C. (2000). Work/family border theory: A new theory of work/family balance. *Human Relations*, 53(6), 747–770. <https://doi.org/10.1177/0018726700536001>
- Coie, J. D., & Dodge, K. A., Lynam, D. (1998). Agression and antisocial behaviour in youth. W. Damon & R.M. Lerner (Eds), *Handbook of child psychology: Social, amotional, and personality development* (Vol. 3., pp. 779-862). Toronto: Wiley.
- Compton, W.C. (2005). *Introduction to Positive Psychology*. New York: Thomson Wodsworth.
- Davis, E., Sawyer, M. G., Lo, ; Sing Kai, Priest, N., & Wake, M. (2010). Socioeconomic risk factors for mental health problems in 4-5-year-old children: Australian population study. *Academic Pediatrics*, 10(1), 41–47.
- DeGenova, M.K. & Rice, F.P. (2005). *Intimate Relationships, Marriage and Families*. New York: McGraw-Hill.
- DerMeer, P. H. V. (2012). Gender unemployment and subjective well-being: Why being unemployed is worse for men than for women. *Social Indicators Research*, 115, 23-44.
- Dewanggi, M., Hastuti, D., Hernawati, N. (2012). Pengasuhan orang tua dan kemandirian anak usia 3-5 tahun berdasarkan gender di Kampung Adat Urug. *Jurnal Ilmu Keluarga & Konsumen*, 5(1), 19-28.
- Dewi, I.G.A.M. (2013) *Antecedent dan konsekuensi konflik pekerjaan-keluarga-budaya*. (Disertasi. Tidak dipublikasikan) Fakultas Ekonomi dan Bisnis. Universitas Gadjah Mada, Yogyakarta
- Diener, E. (Ed.). (2009). *Assessing Well-Being* (Vol. 39). Dordrecht: Springer Netherlands. Retrieved from <http://link.springer.com/10.1007/978-90-481-2354-4>
- Diener, E., Larsen, R. J., & Emmons, R. A. (1985). Intensity and frequency: Dimensions underlying positive and negative affect. *Journal of Personality and Social Psychology*, 48(5), 1253–1265.

- Diener, E., Scollon, C. N., & Lucas, R. E. (2009). The evolving concept of subjective well-being: The multifaceted nature of happiness. In E. Diener (Ed.), *Social Indicators Research. Vol. 39. Assessing well-being: The collected works of Ed Diener* (pp. 67-100). New York, NY, US: Springer Science + Business Media.
- Diener, E., Suh, E. M., Lucas, R. E., & Smith, L. (1999). Subjective well-being: Three decades of progress. *Psychological Bulletin*, 125(2), 276-302
- Diener, E. (2011). New findings on subjective well-being. *International Positive Psychology Association, 2nd World Congress on Positive Psychology*, Philadelphia, PA.
- Diener, E., Lucas, R.E. & Oishi, S. (2005). Subjective well being: the science of happiness and life satisfaction. Dalam C.R. Snyder & S.J. Lopez (edtr). *Handbook of Positive Psychology* (hal – 63 – 73). New York: Oxford University Press.
- Diener, E., Robinson, M.D., & Solberg, E.C. (2004). Why are materialists less satisfied. Dalam T. Kasser & A. D. Kanner (Eds). *Psychology and consumer culture: The struggle for a good life in a materialistic world*. 29-48. Washington, DC: American Psychological Association.
- Diener, E., & Scollon, C. N. (2014). The what, why, when, and how of teaching the science of subjective well-being. *Teaching of Psychology*, 41(2), 175–183.
- Diener, E., Suh, E., & Oishi, S. (2006). Recent finding on subjective well being. *Indian Journal of Clinical Psychology*, 1–24.
- Duvall, E.M., & Miller, B. C. (1985). *Marriage and Family Development* (6 th edition). Cambridge: Harper & Row Publisher.
- Duxbury, L. E., & Higgins, C. A. (1991). Gender differences in work-family conflict. *Journal of Applied Psychology*, 76(1), 60.
- Eddington, N., & Shuman, R. (2008). *Subjective Well-Being (Happiness)*. California: Continuing Psychology Education Inc.
- Elmanora, E., Hastuti, D., & Muflikhati, I. (2015). Kesejahteraan keluarga dan kualitas lingkungan pengasuhan pada anak usia prasekolah. *Jurnal Ilmu Keluarga & Konsumen*, 8(2), 96–105.
- Fita, E. D. (2017). hubungan konflik peran ganda dengan stres kerja terhadap perawat wanita pada RSUD A. Wahab syahrani Samarinda. *Jurnal Psikoborneo*, 5(2); 346-352.

- Fitriasri, A. (2003). *Subjective well-being ditinjau dari forgiveness dan proactive coping pada ibu tunggal karena perceraian yang bekerja sebagai PNS pada Pem. Prov. Jateng*. (Tesis tidak terpublikasi). Fakultas Psikologi UGM, Yogyakarta.
- Ford, M. T., Heinen, B. A., & Langkamer, K. L. (2007). Work and family satisfaction and conflict: A meta-analysis of cross-domain relations. *Journal of Applied Psychology*, 92(1), 57–80. <https://doi.org/10.1037/0021-9010.92.1.57>
- Friedman, S. D., & Greenhaus, J. H. (2000). *Work and family—allies or enemies?: what happens when business professionals confront life choices*. Oxford University Press, USA.
- Frone, M.R. (2003). Work-family balance dalam Quick, J. M & Tetrick, L. E. *Handbook of Occupational Health Psychology*. Washington, DC: American Psychological Association
- Frone, M. R., Russell, M., & Cooper, M. L. (1994). Relationship between job and family satisfaction: Causal or non causal covariants?. *Journal of Management*, 20(3), 365–379.
- Galambos, N. L., Peterson, A. C., & Lerner, K. (1998). *Maternal Employment and sex typin\_in early adolescence: Contemporaneous and longitudinal relations*, In A. D. Gottfried & A. W. Gottfried (Eds), *Maternal employment and children's development: Longitudinal research*. NewYork: Pelenum
- Galambos, N. L., Sears, H. A., Almeida, D. M., & Kolaric, G. C. (1995). Parents' work overload and problem behavior in young adolescents. *Journal of Research on Adolescence*, 5(2), 201–223. [https://doi.org/10.1207/s15327795jra0502\\_3](https://doi.org/10.1207/s15327795jra0502_3)
- Garbarino, J., Bradshaw, C.P., & Kostelny, K. (2005). "Neighborhood and Community Influences on Parenting. In: *Parenting: An Ecological perspective*. eds. Tom Luster & Lynn Okagaki, pp. 297-318. Mahwah, NJ: Lawrence Erlbaum Associates.
- Gilmer, B. H. (1983). *Industrial and Organizational Psychology*. McGraw-Hill Kogakhusu, Ltd. Tokyo.
- George, D., & Malley, P (2003). *SPSS for Window step by step: A simple guide and reference*. 11.0 update (4th ed). Boston: Allyn & Bacon.
- Goñi-Legaz, S., Ollo-López, A., & Bayo-Moriones, A. (2010). The division of household labor in Spanish dual earner couples: Testing three theories. *Sex Roles*, 63(7–8), 515–529. <https://doi.org/10.1007/s11199-010-9840-0>
- Goldenberg, H & Goldenberg, I. (2008). *Family Therapy: An overview (7th Ed)*. Belmont: Thomson Brooks/Cole.

- Greenhaus, J. H., & Beutell, N. J. (1985). Sources of conflict between work and family roles. *The Academy of Management Review*, 10(1), 76–88. <https://doi.org/10.2307/258214>
- Greenhaus, J. H., Collins, K. M., & Shaw, J. D. (2003). The relation between work–family balance and quality of life. *Journal of Vocational Behavior*, 63(3), 510–531.
- Greenhaus, J. H., Ziegert, J. C., & Allen, T. D. (2012). When family-supportive supervision matters: Relations between multiple sources of support and work–family balance. *Journal of Vocational Behavior*, 80(2), 266–275. <https://doi.org/10.1016/j.jvb.2011.10.008>
- Grice, M. M., McGovern, P. M., Alexander, B. H., Ukestad, L., & Hellerstedt, W. (2011). Balancing work and family after childbirth: A longitudinal analysis. *Women's Health Issues*, 21(1), 19–27. <https://doi.org/10.1016/j.whi.2010.08.003>
- Grusec, J. E., & Goodnow, J.J. (1994). Impact of parental discipline methods on the child's internalization of values: A reconceptualization of current points of view. *Developmental Psychology*, 30, 4-19.
- Grzywacz, J. G., & Carlson, D. S. (2007). Conceptualizing work—family balance: Implications for practice and research. *Advances in Developing Human Resources*, 9(4), 455–471. <https://doi.org/10.1177/1523422307305487>
- Grzywacz, J. G., & Marks, N. F. (2000). Reconceptualizing the work–family interface: An ecological perspective on the correlates of positive and negative spillover between work and family. *Journal of Occupational Health Psychology*, 5(1), 111–126. <https://doi.org/10.1037/1076-8998.5.1.111>
- Guest, D. E. (2002). Perspectives on the study of work-life balance. *Social Science Information*, 41(2), 255–279. <https://doi.org/10.1177/0539018402041002005>
- Halpern, D. F. (2005). Psychology at the intersection of work and family: Recommendations for employers, working families, and policymakers. *American Psychologist*, 60(5), 397–409. <https://doi.org/10.1037/0003-066X.60.5.397>
- Handayani, A. (2017). *Model Keseimbangan Kerja-Keluarga pada Ibu Bekerja*. (Disertasi. Tidak dipublikasikan). Fakultas Psikologi. Universitas Gadjah Mada, Yogyakarta.
- Handayani, A., Afiatin, T., Adiyanti, M.G. (2015). Studi eksplorasi makna keseimbangan kerja keluarga pada ibu bekerja. *Prosiding Seminar Nasional*



*Psikologi dan kemanusiaan*. Psychology Forum UMM, ISBN: 978-979-796-324-8

Harsiwi, A.M. (2004). Konflik kerja-keluarga dan kepuasan kerja akademisi Wanita. *Ekobis*, 3(1), 217-229.

Harvey, E. (1999). Short-term and long-term effects of early parental employment on children of the national longitudinal survey of youth. *Developmental Psychology*, 35 (2), 445-459

Hamama, L., Ronen, T., Shachar, K., & Rosenbaum, M. (2013). Links between stress, positive and negative affect, and life satisfaction among teachers in special education schools. *Journal of Happiness Studies*, 14(3), 731–751. <https://doi.org/10.1007/s10902-012-9352-4>

Hastuti, D. (2009). Psycho social stimulation in play groups and its effect to motor, cognitive, socio-emotional, and character development child's. *Jurnal Ilmu Keluarga & Konsumen*, 2(1), 41–56.

Headey, B., & Wooden, M. (2004). The effects of wealth and income on subjective well-being and ill-being. *Melbourne Institute of Applied Economic and Social Research*, (1032).

Henry, C. S., & Hubbs-Tait, L. (2013). New directions in authoritative parenting. In R. E. Larzelere, A. S. Morris, & A. W. Harrist (Eds.), *Authoritative parenting: Synthesizing nurturance and discipline for optimal child development*. (pp. 237–264). Washington: American Psychological Association. Retrieved from <http://content.apa.org/books/13948-011>

Higgins, C., Duxbury, L., & Lee, C. (1994). Impact of life-cycle stage and gender on the ability to balance work and family responsibilities. *Family Relations*, 43(2), 144-150

Hill, E. J. (2005). Work-family facilitation and conflict, working fathers and mothers, work-family stressors and support. *Journal of Family Issues*, 26(6), 793–819. <https://doi.org/10.1177/0192513X05277542>

Hill, E.J., Hawkin, A.J., Ferris, M., & Weitzman, M. (2001). Finding an extra day a week: The positive influence of perceived job flexibility on work family life balance. *Family Relations*; 50(1), 49-58

Hoghughi M, Long N. (2004). *Handbook of Parenting*. Amerika (US): SAGE.

Hurlock E B. (2004). *Psikologi Perkembangan*. Jakarta (ID) : Erlangga.

Imelda, J. (2013). Perbedaan subjective well being ibu ditinjau dari status bekerja ibu. *Jurnal Ilmiah Mahasiswa Universitas Surabaya*, 2(1), 1–16.

ILO. (2015). *Tren Ketenagakerjaan dan Sosial di Indonesia 2014 - 2015: Memperkuat Daya Saing dan Produktivitas melalui Pekerjaan Layak*. Jakarta: Kantor Perburuhan Internasional

International Labor Organization. (2004). *Shift Work*. Geneva

International Labor Organization. (2008). *Keselamatan dan Kesehatan Kerja di Indonesia*.

Inglehart, R. (2002). Gender, aging, and subjective well-being. *International Journal of Comparative Sociology*, 43(3–5), 391–408.  
<https://doi.org/10.1177/002071520204300309>

Jarvis, M. (2000). “*Teori-teori Psikologi: Pendekatan Modern untuk Memahami Perilaku, Perasaan, dan Pikiran Manusia* (Terjemahan oleh SPA-Teamwork”. Bandung: Nusa Media

Jones, T. L., & Prinz, R. J. (2005). Potential roles of parental self-efficacy in parent and child adjustment: A review. *Clinical Psychology Review*, 25(3), 341–363.  
<https://doi.org/10.1016/j.cpr.2004.12.004>

Kaiser, A. and Delaney, E. (1996). The effects of poverty on parenting young children. *Peabody Journal of Education*, 71(4), 66-85.

Kalliath, T., & Brough, P. (2008). Achieving work–life balance. *Journal of Management & Organization*, 14(3), 224–226. <https://doi.org/10.1017/S1833367200003230>

Kammeyer KCW. 1987. *Marriage and Family: a Foundation For Personal Decision*. Massachusetts: Allyn & Bacon.

Keene, J. R., & Quadagno, J. (2004). Predictors of perceived work-family balance: Gender difference or gender similarity? *Sociological Perspectives*, 47(1), 1–23.

Keyes, C. L. M., Shmotkin, D., & Ryff, C. D. (2002). Optimizing well-being: The empirical encounter of two traditions. *Journal of Personality and Social Psychology*, 82(6), 1007–1022. <https://doi.org/10.1037//0022-3514.82.6.1007>

Khotimah, K. (2009). Diskriminasi gender terhadap perempuan dalam sektor pekerjaan. Yin Yang: Jurnal Studi Gender dan Anak. Vol.4(1). 158-180.

Kinnunen, U., & Mauno, S. (1998). Antecedents and outcomes of work -family conflict among employed women and men in Finland. *Human Relations*, 51(2), 157–177.



- Kousha, M., & Mohseni, N. (1997). Predictors of life satisfaction among urban Iranian women: An exploratory analysis. *Social Indicators Research*, 40(3), 329–357.
- Kodrat, K.F. (2009). *Pengaruh Shift Kerja terhadap Kemungkinan terjadinya Kelelahan pada Pekerja Pabrik Kelapa Sawit PT. X Labuan Batu*. (Tesis. Tidak dipublikasikan). Fakultas Kesehatan Masyarakat. Universitas Sumatera Utara.
- Kroemer, K.H.E. dan Grandjean, E. (2005). *Fitting the Task to the Man, A Textbook of Occupational Ergonomic*. Fifth Edition. New York: Taylor & Francis Inc.
- Kuntari, R. (2006). *Yang Bekerja yang Tersehat*. Diakses tanggal 5 November 2017 dari <http://www.kompasonline.com/>.
- Kuswadi, S. (1997). *Pengaturan Tidur Pekerja Shift*. Cermin dunia kedokteran. Jakarta.
- Lamanna, M. A., & Riedmann, A. (2009). *Marriages & Families: Making Choices and Facing Change* (Tenth Edition). Belmont, CA: Thomson Wadsworth. USA. Retrieved from <http://www.jstor.org/stable/1318096?origin=crossref>
- Lasswell M, Lasswell T. 1987. *Marriage and the family*. California: Wadsworth Publishing Company.
- Lazar, I., Osoian, C., & Ratiu, P. (2010). The role of work-life balance practices in order to improve organizational performance. *European Research Studies*, 13(1), 201.
- Lyness, K. S., & Kropf, M. B. (2005). The relationships of national gender equality and organizational support with work-family balance: A study of European managers. *Human Relations*, 58(1), 33–60. <https://doi.org/10.1177/0018726705050934>
- Marchelia, V. (2014). Stres kerja ditinjau dari shift kerja pada karyawan. *Jurnal Ilmiah Psikologi Terapan*, 2(1), 130–143.
- Marks, S. R., & MacDermid, S. M. (1996). Multiple roles and the self: A theory of role balance. *Journal of Marriage and the Family*, 58(2), 417–432.
- Martins, L. L., Eddleston, K. A., & Veiga, J. F. (2002). Moderators of the relationship between work-family conflict and career satisfaction. *The Academy of Management Journal*, 45(2), 399–409.
- Marungruang, P., Wongwanich, S., & Tangdhanakanond, K. (2014). Development and preliminary psychometric properties of a parenting quality scale. *Procedia - Social and Behavioral Sciences*, 116, 1696–1703. <https://doi.org/10.1016/j.sbspro.2014.01.458>

- Mash, E. J., & Johnston, C. (1983). Parental perceptions of child behavior problems, parenting self-esteem, and mothers' reported stress in younger and older hyperactive and normal children. *Journal of Consulting and Clinical Psychology*, 51(1), 86–99.
- Mayasari, A. (2011). Perbedaan tingkat kelelahan perawat wanita shift pagi dan malam. *Jurnal Kesehatan Masyarakat*, 7(1), 32–38.
- McMunn, A. (2006). Life course social roles and women's health in mid-life: causation or selection? *Journal of Epidemiology & Community Health*, 60(6), 484–489. <https://doi.org/10.1136/jech.2005.042473>
- Mitchell, V., & Helson, R. (1990). Women's prime of life: Is it the 50s?. *Psychology of Women Quarterly*, 16, 331–347.
- Moore, F. (2007). Work-life balance: contrasting managers and workers in an MNC. *Employee Relations*, 29(4), 385–399. <https://doi.org/10.1108/01425450710759217>
- Muchinsky, P. M. (2006). *Psychology Applied to Work: An Introduction to Industrial and Organizational Psychology* (8th ed). Belmont, CA: Thomson/Wadsworth.
- Munandar, A, S. (2001). *Psikologi Industri dan Organisasi*. Jakarta : Penerbit Universitas Indonesia.
- Montero, M. L. (2013). A Comparison of contextual stress ratings versus subjective stress rating in individuals high in negative affect. (disertasi tidak terpublikasi). Diunduh dari <http://search.proquest.com/docview/1474915843?accountid=13771>
- Myers, D. G., & Diener, E. (1995). Who is happy?. *Psychological Science*, 6(1), 10–19.
- Nafisah, D. (2008). Politisasi relasi suami-istri: Telaah KHI perspektif gender. *Yin Yang: Jurnal Studi Islam, Gender Dan Anak*, 3(2), 195–208.
- Namayandeh, H., Yaacob, S. N., & Juhari, R. (2010). The influences of work support and family support on work-family conflict (W-FC) among married female nurses in Shiraz-Iran. *Journal of American Science*, 6(12), 534–540.
- Negeri, C. B. (2013). Subjective well being pada ibu yang memiliki anak tuna rungu. *Jurnal Ilmiah Mahasiswa Universitas Surabaya*, 2(2).
- New Zealand, State Services Commission, & New Zealand Public Service Association. (2005). *Work-life balance: a resource for the State Services*. Wellington, N.Z.: State Services Commission.

- Nurofia, F., & Adelina, I. (2015). Suatu tinjauan teoritis terhadap typologi work-family balance pada tipe pekerjaan "manager menengah". *Proceeding konferensi nasional optimalisasi community well-being dalam perspektif multidisipliner*. (hal 115-124). Bandung. Universitas Kristen Maranatha.
- Oktaviana, R. (2015). Hubungan antara subjective well-being dengan self management pada ibu bekerja di rumah sakit muhammadiyah palembang. *Jurnal Ilmiah PSYCHE*, 9(2), 107–116.
- O’Laughlin, E. M., & Bischoff, L. G. (2005). Balancing parenthood and academia: Work/family stress as influenced by gender and tenure status. *Journal of Family Issues*, 26(1), 79–106. <https://doi.org/10.1177/0192513X04265942>
- Pachter, L. M., & Dumont-Mathieu, T. (2004). Parenting in Culturally Divergent Settings. In *Handbook of Parenting: Theory and Research for Practice* (pp. 88–97). 1 Oliver’s Yard, 55 City Road, London EC1Y 1SP United Kingdom: SAGE Publications Ltd. Retrieved from [http://sk.sagepub.com/reference/hdbk\\_parenting/n6.xml](http://sk.sagepub.com/reference/hdbk_parenting/n6.xml)
- Papalia, D.E., Old, S.W., & Felman, R.D. (2008). *Human Development* (Psikologi Perkembangan). Ed 9. Alih Bahasa: A. K. Anwar. Jakarta. Prenadanedia Group.
- Parke, R. D., & Buriel, R. (1998). Socialization in the family: Ethnic and ecological perspectives. In W. Damon (Series Ed.) & N. Eisenberg (Vol. Ed.), *Handbook of Child Psychology: Vol. 3. Social, emotional, and personality development* (5th ed., pp. 463-552). New York Wiley.
- Parkes, L. P., & Langford, P. H. (2008). Work-life balance or work- life alignment? a test of the importance of work-life balance for employee engagement and intention to stay in organisations [Electronic version]. *Journal of Management & Organization*, 14(3), 267-284.
- Parmeggiani, L. (1983). *Encyclopedia of Occupational Health and Safety*. Volume 2, L-Z. Third Edition. Geneve: International Labour Office.
- Repetti, R. L., & Wood, J. (1997). Effects of daily stress at work on mothers’ interactions with preschoolers. *Journal of Family Psychology*, 11(1), 90–108.
- Riggio, R. E. (2013). *Introduction to Industrial/Organizational Psychology* (6th ed). Upper Saddle River, N.J: Pearson.
- Rini, Jacinta F. (2002). Wanita Bekerja. <http://www.E-psikologi.com>.
- Ryff, C. D., & Singer, B. (1998). Middle age and well-being. *Encyclopedia of Mental Health*, 2, 707-719.

- Rodrigo, M. J., Byrne, S., & Rodríguez, B. (2014). Parenting styles and child well-being. In Ben-Arieh, A., Casas, F., Frønes, I., & Korbin, J. E. (eds.), *Handbook of Child Well-Being*, vol. 4. New York: Springer, pp. 2173–96.
- Russell, J. E. A. (2008). Promoting subjective well-being at work. *Journal of Career Assessment*, 16(1), 117–131. <https://doi.org/10.1177/1069072707308142>
- Ryan, R. M. & Deci, E. L. (2001) To be happy or to be self-fulfilled: A review of research on hedonic and eudomonic well-being. *Annual Review of Psychology*, 52, 141-161.
- Saltzstein, A. L., Ting, Y., & Saltzstein, G. H. (2001). Work-family balance and job satisfaction: The impact of family-friendly policies on attitudes of federal government employees. *Public Administration Review*, 61(4), 452–467.
- Santrock, J. W. (2002). *Life Span Development. Perkembangan Masa Hidup*. Ed 5. Alih bahasa: Chusairi, A., & Damanik J. Jakarta. Erlangga.
- Santrock, J. W (2012). *Life Span Development* (Thirteenth Edition). New York: McGraw-Hil.
- Suma'mur. (2009). Higiene Perusahaan dan Kesehatan Kerja. Jakarta: Sagung Seto.
- Sunarti E. (2004). *Mengasuh Dengan Hati Tantangan yang Menyenangkan*. Jakarta (ID) : PT. Elex Media Komputindo
- Sarracino, F. (2013). Determinants of subjective well-being in high and low income countries: Do happiness equations differ across countries. *The Journal of Socio-Economics*, 42(3), 51–66.
- Schnittger, M. H., & Bird, G. W. (1990). Coping among dual-career men and women across the family life cycle. *Family Relations*, 39(2), 199. <https://doi.org/10.2307/585724>
- Setiono, K. (2011). *Psikologi Keluarga*. Bandung: PT. Alumni.
- Sharifian, A., Farahani, S., Pasalar, P., Gharavi, M., & Aminian, O. (2005). Shift work as an oxidative stressor. *Journal of Circadian Rhythms*, 3(0), 15. <https://doi.org/10.1186/1740-3391-3-15>
- Steinberg, L. (2000). Youth violence: Do parent and families make a difference? *National Institute of Justice Journal*, 30–38.
- Strazdins, L., Clements, M. S., Korda, R. J., Broom, D. H., & D'Souza, R. M. (2006). Unsociable work? nonstandard work schedules, family relationships, and children's well-being. *Journal of Marriage and Family*, 68(2), 394–410.

- Sugiono. (2012). *Statistik untuk Penelitian*. Bandung. Alfabeta.
- Tai shu-yu., Lin P.C., Chen Y. M., Hung C. H., Pan C. H., Pan S. M., Lee C. Y (2014) Effects of Marital Status and Shift Work on Family Function among Registered Nurses. *Industrial Healt.*
- Tesch-Römer, C., Motel-Klingebiel, A., & Tomasik, M. J. (2008). Gender differences in subjective well-being: Comparing societies with respect to gender equality. *Social Indicators Research*, 85(2), 329–349.
- Thorntwaite, L. (2002). In *Work - Family Balance: International Research on Employee Preferences*. Sydney: Australian Centre for Industrial Relations Research and Training. Retrieved from <http://pandora.nla.gov.au/pan/22289/20021221/www.acirrt.com/research/papers.htm>
- Triwahyuningsih, Y. (2017) *Model Kesejahteraan Subjektif pada Ibu Bekerja yang Memiliki Anak Usia Prasekolah*. (Disertasi. Tidak dipublikasikan). Fakultas Psikologi. Universitas Gadjah Mada, Yogyakarta.
- Twenge, J. M., Sherman, R. A., & Lyubomirsky, S. (2016). More happiness for young people and less for mature adults: Time period differences in subjective well-being in the United States, 1972–2014. *Social Psychological and Personality Science*, 7(2), 131–141.
- Ulfiah (2016). *Psikologi Keluarga. Pemahaman Hakikat Keluarga dan Penanganan Problematika Rumah Tangga*. Ed. 1. Ghalia Indonesia; Bogor.
- Unger, R., & Crawford, M. (1992). *Women and Gender: A Feminist Psychology*. New York: McGraw-Hil.
- Uthayasutiyani, K., & Gunapalan, S. (2011). Dual career family life style. *Juornal of Management*, 7(1), 65–71.
- Valcour, M. (2007). Work-based resources as moderators of the relationship between work hours and satisfaction with work-family balance. *Journal of Applied Psychology*, 92(6), 1512–1523. <https://doi.org/10.1037/0021-9010.92.6.1512>
- Veenhoven, R. (1988). The utility of happiness. *Social Indicators Research*, 20, 333--354.
- Voydanoff, P. (2005). Consequences of boundary-spanning demands and resources for work-to-family conflict and perceived stress. *Journal of Occupational Health Psychology*, 10(4), 491–503. <https://doi.org/10.1037/1076-8998.10.4.491>
- Wahyu, A. (2000). *Pengaruh Shift Kerja dan Lama Kerja Terhadap Stres dan Kepuasan Kerja pada Tenaga Kerja Wanita*. (Tesis. Tidak dipublikasikan).

Program Studi Ilmu Kesehatan Kerja Program Pascasarjana Fakultas Kedokteran Universitas Gadjah Mada, Yogyakarta.

Watson, D. (2002). Positive affectivity: The disposition to experience pleasurable emotional states. Dalam S. J. Lopez & C. R. Snyder (Eds.). *The handbook of positive psychology*. New York: Guilford press.

Watson, D., & Clark, L. A. (1988). Development and validation of brief measures of positive and negative affect: The PANAS scales. *Journal of Personality and Social Psychology*, 54(4), 1063–1070.

Wayne, J. H., Musisca, N., & Fleeson, W. (2004). Considering the role of personality in the work–family experience: Relationships of the big five to work–family conflict and facilitation. *Journal of Vocational Behavior*, 64(1), 108–130. [https://doi.org/10.1016/S0001-8791\(03\)00035-6](https://doi.org/10.1016/S0001-8791(03)00035-6)

Wijaya, Maurits, L. S., & Suparniati, E. (2006). Hubungan antara shift kerja dengan gangguan tidur dan kelelahan kerja perawat instalasi rawat darurat rumah sakit DR. Sardjito Yogyakarta. *Sains Kesehatan*, 19(2), 188–197.

Winarsunu, T. (2008). *Psikologi Keselamatan Kerja*. Malang: UMM Press

Yang, Y. (2008). Social inequalities in happiness in the united states, 1972 to 2004: An age-period-cohort analysis. *American Sociological Review*, 73(2), 204–226.