

## Daftar Isi

Halaman Pengesahan .....	Error! Bookmark not defined.
Pernyataan Bebas Plagiasi .....	Error! Bookmark not defined.
Kata Pengantar .....	Error! Bookmark not defined.
Daftar Isi .....	1
Daftar Tabel .....	3
Daftar Gambar .....	4
BAB I .....	Error! Bookmark not defined.
PENDAHULUAN .....	Error! Bookmark not defined.
A. Latar Belakang Masalah .....	Error! Bookmark not defined.
B. Rumusan Permasalahan .....	Error! Bookmark not defined.
C. Tujuan dan Manfaat .....	Error! Bookmark not defined.
1. Tujuan .....	Error! Bookmark not defined.
2. Manfaat .....	Error! Bookmark not defined.
BAB II .....	Error! Bookmark not defined.
TINJAUAN PUSTAKA .....	Error! Bookmark not defined.
A. Krisis Usia Seperempat Abad pada masa <i>Emerging Adulthood</i> .....	Error! Bookmark not defined.
1. Pengertian <i>Emerging Adulthood</i> .....	Error! Bookmark not defined.
2. Karakteristik Masa <i>Emerging Adulthood</i> .....	Error! Bookmark not defined.
3. Pengertian <i>Quarterlife Crisis</i> (QLC) .....	Error! Bookmark not defined.
4. Aspek-Aspek Krisis Usia Seperempat Abad .....	Error! Bookmark not defined.
5. Tahapan-Tahapan Krisis .....	Error! Bookmark not defined.
6. Faktor-faktor yang Mempengaruhi Krisis Usia Seperempat Abad .....	Error! Bookmark not defined.
B. Kepribadian Kesungguhan .....	Error! Bookmark not defined.
1. Pengertian .....	Error! Bookmark not defined.
2. Aspek-Aspek Kepribadian Kesungguhan .....	Error! Bookmark not defined.
C. Dukungan Sosial .....	Error! Bookmark not defined.
1. Pengertian .....	Error! Bookmark not defined.
2. Aspek-aspek Dukungan Sosial .....	Error! Bookmark not defined.
D. Hubungan Kepribadian Kesungguhan dan Krisis Usia Seperempat Abad .....	Error! Bookmark not defined.
E. Hubungan Dukungan Sosial dan Krisis Usia Seperempat Abad .....	Error! Bookmark not defined.
F. Hubungan Kepribadian Kesungguhan dan Krisis Usia Seperempat Abad dengan Dukungan Sosial sebagai Mediator .....	Error! Bookmark not defined.
G. Hipotesis .....	Error! Bookmark not defined.
BAB III .....	Error! Bookmark not defined.
METODE .....	Error! Bookmark not defined.
A. Identifikasi dan Definisi Operasional Variabel .....	Error! Bookmark not defined.
1. Variabel Tergantung: Krisis Usia Seperempat Abad .....	Error! Bookmark not defined.
2. Variabel Bebas: Kepribadian Kesungguhan .....	Error! Bookmark not defined.

3. Variabel Mediator: Dukungan Sosial.....	Error! Bookmark not defined.
B. Partisipan Penelitian.....	Error! Bookmark not defined.
C. Desain Penelitian .....	Error! Bookmark not defined.
D. Instrumen Penelitian .....	Error! Bookmark not defined.
1. Skala <i>Quarter-life Crisis</i> .....	Error! Bookmark not defined.
2. Skala <i>Big-Five Inventory</i> .....	Error! Bookmark not defined.
3. <i>The Multidimensional Scale of Perceived Social Support</i> .....	Error! Bookmark not defined.
E. Analisis Data.....	Error! Bookmark not defined.
1. Uji Reliabilitas .....	Error! Bookmark not defined.
2. Seleksi Aitem.....	Error! Bookmark not defined.
3. Uji Hipotesis .....	Error! Bookmark not defined.
BAB IV .....	Error! Bookmark not defined.
HASIL PENELITIAN DAN PEMBAHASAN .....	Error! Bookmark not defined.
A. Deskripsi Subjek Penelitian .....	Error! Bookmark not defined.
B. Deskripsi dan Reliabilitas Data.....	Error! Bookmark not defined.
1. Deskripsi Data Penelitian.....	Error! Bookmark not defined.
2. Uji Daya Beda dan Reliabilitas.....	Error! Bookmark not defined.
C. Hasil Penelitian .....	Error! Bookmark not defined.
1. Uji Asumsi .....	Error! Bookmark not defined.
2. Uji Hipotesis .....	Error! Bookmark not defined.
D. Pembahasan.....	Error! Bookmark not defined.
E. Keterbatasan Penelitian.....	Error! Bookmark not defined.
BAB V .....	Error! Bookmark not defined.
PENUTUP.....	Error! Bookmark not defined.
A. Kesimpulan .....	Error! Bookmark not defined.
B. Saran .....	Error! Bookmark not defined.
DAFTAR PUSTAKA .....	Error! Bookmark not defined.

## Daftar Tabel

Tabel 1. Deskripsi Partisipan Penelitian berdasarkan Jenis Kelamin .....**Error! Bookmark not defined.**

Tabel 2. Deskripsi Partisipan Penelitian berdasarkan Usia .....**Error! Bookmark not defined.**

Tabel 3. Data Statistik Deskriptif.....**Error! Bookmark not defined.**

Tabel 4. Kategorisasi Data Hasil Penelitian .....**Error! Bookmark not defined.**

Tabel 5. Hasil Uji Normalitas .....**Error! Bookmark not defined.**

Tabel 6. Hasil Uji Linearitas .....**Error! Bookmark not defined.**

Tabel 7. Hasil Uji Multikolinearitas .....**Error! Bookmark not defined.**

Tabel 8. Hasil Uji Heteroskedastisitas .....**Error! Bookmark not defined.**

Tabel 9. Detail Jalur *Indirect Effect(s)* Secara Keseluruhan.....**Error! Bookmark not defined.**

Tabel 10. Detail Sumbangan Aspek Dukungan Sosial terhadap Krisis Usia Seperempat Abad .....**Error! Bookmark not defined.**

### Daftar Gambar

Gambar 1. Jalur Peran Kepribadian Kesungguhan terhadap Krisis Usia Seperempat Abad  
tanpa Peran Mediasi.....**Error! Bookmark not defined.**

Gambar 2. Jalur Peran Secara Keseluruhan .....**Error! Bookmark not defined.**