



## Daftar Pustaka

- Abdel-Khalek, A. M., Korayem, A. S., & El-Nayal, M. A. (2012). Self-esteem among college students from four Arab countries. *Psychological Reports*, 110(1), 297-303.
- Ambarwati, P. D., Pinilih, S. S., & Astuti, R. T. (2019). Gambaran tingkat stres mahasiswa. *Jurnal Keperawatan Jiwa (JKJ): Persatuan Perawat Nasional Indonesia*, 5(1), 40-47.
- Andrews, F.M., & Withey, S. B. (1976). *Social indicators of well-being*. New York: Plenum Press.
- Andriani, R., Hayatunnufus, H., & Astuti, M. (2016). Hambatan Dalam Menyelesaikan Skripsi Mahasiswa D4 Fakultas Pariwisata Dan Perhotelan Universitas Negeri Padang. *Journal of Home Economics and Tourism*, 12(2).
- Ardiansyah, M. I. (2018). Hubungan Antara Self Esteem dan Problematic Internet Use (PIU) pada Mahasiswa Universitas Islam Indonesia. Diunduh dari <https://dspace.uii.ac.id/handle/123456789/13404>
- Arlinkasari, F., & Akmal, S. Z. (2017). Hubungan antara school engagement, academic self-efficacy dan academic burnout pada mahasiswa. *Humanitas (Jurnal Psikologi)*, 1(2), 81-102. Diunduh dari <https://journal.maranatha.edu/index.php/humanitas/article/view/418>.
- Artino, A. R. (2012). Academic self-efficacy: from educational theory to instructional practice. *Perspectives on medical education*, 1(2), 76-85.
- Aulia, S., & Panjaitan, R. U. (2019). Kesejahteraan psikologis dan tingkat stres pada mahasiswa tingkat akhir. *Jurnal Keperawatan Jiwa*, 7(2), 127-134. Diunduh dari <https://www.academia.edu/download/75715729/pdf.pdf>.
- Bandura, A. (1997). *Self-efficacy: The exercise of control*. New York, NY.
- Brouwers, C., Mommersteeg, P. M., Nyklíček, I., Pelle, A. J., Westerhuis, B. L., Szabó, B. M., & Denollet, J. (2013). Positive affect dimensions and their association with inflammatory biomarkers in patients with chronic heart failure. *Biological psychology*, 92(2), 220-226.
- Busseri, M. A. (2018). Examining the structure of subjective well-being through meta-analysis of the associations among positive affect, negative affect, and life satisfaction. *Personality and Individual Differences*, 122, 68-71.
- Çakar, F. S. (2012). The relationship between the self-efficacy and life satisfaction of young adults. *International Education Studies*, 5(6), 123-130.



Cappa, C., & Patton, G. C. (2017). Subjective well-being among young people in five Eastern European countries. *Global Mental Health*, 4. DOI: <https://doi.org/10.1017/gmh.2017.8>

Committee on Mental Health, S. U., Scherer, L. A., Leshner, A. I., & National Academies of Sciences, Engineering, and Medicine. (2021). Environments to Support Wellbeing for All Students. *Mental Health, Substance Use, and Wellbeing in Higher Education: Supporting the Whole Student*. National Academies Press (US).

Dewi, N.R., Susanti, T., & Novalyan, D. (2018). Kesulitan Mahasiswa Semester Akhir Dalam Menyusun Skripsi. Doctoral dissertation, UIN Sultan Thaha Saifuddin Jambi. Diunduh dari <http://repository.uinjambi.ac.id/id/eprint/1015>.

Di Giunta, L., Alessandri, G., Gerbino, M., Kanacri, P. L., Zuffiano, A., & Caprara, G. V. (2013). The determinants of scholastic achievement: The contribution of personality traits, self-esteem, and academic self-efficacy. *Learning and individual Differences*, 27, 102-108.

Diener, E., & Diener, M. (1995). Cross-cultural correlates of life satisfaction and self-esteem. *Journal of Personality and Social Psychology*, 68(4), 653–663. <https://doi.org/10.1037/0022-3514.68.4.653>

Diener, E., & Diener, M. (2009). Cross-cultural correlates of life satisfaction and self-esteem. In *Culture and well-being* (pp. 71-91). Springer, Dordrecht.

Du, H., King, R. B., & Chi, P. (2017). Self-esteem and subjective well-being revisited: The roles of personal, relational, and collective self-esteem. *PloS one*, 12(8), e0183958.

Emmons, R. A., & Diener, E. (1985). Personality correlates of subjective well-being. *Personality and Social Psychology Bulletin*, 11(1), 89-97.

Emmons, R. A., & Kaiser, H. A. (1996). Emotional Well-Being: Linking Goals and Affect Through the Self. *Striving and feeling: Interactions among goals, affect, and self-regulation*, 79.

Fajriani, I. T., & Suprihatin, T. (2018). Harga Diri, Kepuasan Kerja Dan Kesejahteraan Subjektif Pada Guru Madrasah Tsanawiyah. *Proyeksi: Jurnal Psikologi*, 12(1), 67-76.

Fatah, A. (2021). Hambatan Mahasiswa Dalam Menyelesaikan Tugas Akhir/Skripsi (Studi Kasus Pada Mahasiswa Konsentrasi Fikih Program Studi Pendidikan Agama Islam Fakultas Tarbiyah Dan Keguruan UIN Antasari Banjarmasin Angkatan 2017). Diunduh dari <https://idr.uin-antasari.ac.id/17096/>.



Fauziah, N. (2014). Empati, persahabatan, dan kecerdasan adversitas pada mahasiswa yang sedang skripsi. *Jurnal Psikologi*, 13(1), 78-92.

Fredrickson, B. L. (2013). Positive emotions broaden and build. In *Advances in experimental social psychology* (Vol. 47, pp. 1-53). Academic Press.

Freudenberg, B., Cameron, C., & Brimble, M. (2010). The importance of self: Developing students' self efficacy through work integrated learning. *The International Journal of Learning*, 17(10), 479-496.

Guindon, M. H. (Ed.). (2010). *Self-esteem across the lifespan: Issues and interventions*. Taylor & Francis.

Ha, S. E., & Kim, S. (2013). Personality and subjective well-being: Evidence from South Korea. *Social Indicators Research*, 111(1), 341-359.

Hewitt, J. P. (2020). 22 The Social Construction of Self-Esteem. *The Oxford handbook of positive psychology*, 309.

Ibrahim, H. I., Zulkafli, A. H., Mohammad Shah, K. A., & Amran, A. (2017). Building self-esteem through work-integrated learning. *International Journal of Learning and Teaching*, 3(1), 73-77.

Lam, T. P., Wong, J. G. W. S., Ip, M. S., Lam, K. F., & Pang, S. L. (2010). Psychological well-being of interns in Hong Kong: What causes them stress and what helps them. *Medical teacher*, 32(3), e120-e126.

Lam, T., & Ching, L. (2007). An exploratory study of an internship program: The case of Hong Kong students. *International Journal of Hospitality Management*, 26(2), 336-351.

Leary, M. R. (1999). Making sense of self-esteem. *Current directions in psychological science*, 8(1), 32-35.

Lent, R. W., & Brown, S. D. (2013). Understanding and facilitating career development in the 21st century. *Career development and counseling: Putting theory and research to work*, 2, 1-26.

Linayaningsih, F. (2007). *Kecemasan Pada Mahasiswa Fakultas Psikologi Universitas Katolik Soegijapranata Dalam Mengerjakan Skripsi* (Doctoral dissertation, Prodi Psikologi Unika Soegijapranata).

Lucas, R. E. (2018). Exploring the associations between personality and subjective well-being. *Handbook of well-being*. Salt Lake City, UT: DEF Publishers.

Lutfia, D. D., & Rahadi, D. R. (2020). Analisis Internship Bagi Peningkatan Kompetensi Mahasiswa. *Jurnal Ilmiah Manajemen Kesatuan*, 8(3), 199-204.



Lyubomirsky, S., King, L., & Diener, E. (2005). The benefits of frequent positive affect: Does happiness lead to success?. *Psychological bulletin*, 131(6), 803.

Marfuatun, E. (2016). Hubungan Antara Dukungan Sosial Dan Subjective Well Being Pada Remaja Di Panti Asuhan (Doctoral Dissertation, Universitas Gadjah Mada). Diunduh dari [http://etd.repository.ugm.ac.id/home/detail\\_pencarian/94677](http://etd.repository.ugm.ac.id/home/detail_pencarian/94677).

Matera, C., Bosco, N., & Meringolo, P. (2020). Perceived mattering to family and friends, self-esteem, and well-being. *Psychology, health & medicine*, 25(5), 550-558.

Mensah, C., Azila-Gbettor, E. M., Appietu, M. E., & Agbodza, J. S. (2021). Internship work-related stress: A comparative study between hospitality and marketing students. *Journal of Hospitality & Tourism Education*, 33(1), 29-42.

Midgley, C., Thai, S., Lockwood, P., Kovacheff, C., & Page-Gould, E. (2021). When every day is a high school reunion: Social media comparisons and self-esteem. *Journal of Personality and Social Psychology*, 121(2), 285–307. <https://doi.org/10.1037/pspi0000336>

Muatsiroh, A. (2021). *Penyesuaian Akademik sebagai Mediator Hubungan Efikasi Diri Akademik terhadap Kesejahteraan Subjektif pada Mahasiswa Baru di Era Pandemi* (Doctoral dissertation, Universitas Gadjah Mada).

Nadeak, E. U. (2019). *Peran Self Compassion Dan Efikasi Diri Akademik Dengan Subjective Well Being Pada Mahasiswa Tahun Pertama Universitas Mercu Buana Yogyakarta* (Doctoral dissertation, Universitas Mercu Buana Yogyakarta).

Nartova-Bochaver, S., Donat, M., & Rüprich, C. (2019). Subjective well-being from a just-world perspective: A multi-dimensional approach in a student sample. *Frontiers in psychology*, 10, 1739.

Octavianingrum, D. (2020). Pentingnya Kompetensi Pedagogik Dalam Kegiatan Magang Kependidikan Bagi Mahasiswa Calon Guru. *Jurnal Faktor*, 2(2).

Orth, U., Erol, R. Y., & Luciano, E. C. (2018). Development of self-esteem from age 4 to 94 years: A meta-analysis of longitudinal studies. *Psychological bulletin*, 144(10), 1045.

Osberg, L. (1985). The measurement of economic well-being. University of Toronto Press.

Pavot, W., & Diener, E. (1993). The affective and cognitive context of self-reported measures of subjective well-being. *Social indicators research*, 28(1), 1-20.



- Prakasita, B. (2018). *Peran Efikasi Diri dan Dukungan Sosial Teman terhadap Kesejahteraan Subjektif Mahasiswa yang Menggerjakan Tugas Akhir* (Doctoral dissertation, Universitas Gadjah Mada).
- Purnasari, K. D., & Abdullah, S. M. (2018). Harga Diri Dan Kematangan Karier Pada Mahasiswa Tingkat Akhir. *Insight: Jurnal Ilmiah Psikologi*, 20(1), 51-68.
- Putri, A. S. (2016). *Hubungan Antara Berpikir Positif Dengan Harga Diri Pada Mahasiswa Skripsi Di Fakultas Psikologi Universitas Muhammadiyah Surakarta* (Doctoral dissertation, Universitas Muhammadiyah Surakarta).
- Putri, D. A. (2013). *Hubungan antara self efficacy dengan subjective well-being pada mahasiswa baru Politeknik Elektronika Negeri Surabaya (PENS) yang kos* (Doctoral dissertation, Universitas Airlangga).
- Putri, D. K. S. (2013). Pengalaman menyelesaikan skripsi: studi fenomenologis pada mahasiswa Psikologi Universitas Negeri Surabaya. *Character: Jurnal Penelitian Psikologi.*, 2(2).
- Rachmawati, F., & Budiningsih, T. E. (2017). Hubungan antara berpikir positif dengan efikasi diri akademik pada mahasiswa yang sedang menyusun skripsi. *Intuisi: Jurnal Psikologi Ilmiah*, 7(1), 14-17.
- Ripamonti, S., Galuppo, L., Bruno, A., Ivaldi, S., & Scaratti, G. (2018). Reconstructing the internship program as a critical reflexive practice: the role of tutorship. *Teaching in Higher Education*, 23(6), 751-768.
- Rosenberg, M. (2015). *Society and the adolescent self-image*. Princeton university press.
- Sachitra, V., & Bandara, U. (2017). Measuring the academic self-efficacy of undergraduates: The role of gender and academic year experience. *World Academy of Science, Engineering and Technology*, 11(11), 2320-2325.
- Santos, M. C. J., Magramo Jr, C. S., Oquan Jr, F., & Paat, J. J. (2014). Establishing the relationship between general self-efficacy and subjective well-being among college students. *Asian journal of management sciences & education*, 3(1), 1-12.
- Schmuck, D., Karsay, K., Matthes, J., & Stevic, A. (2019). "Looking Up and Feeling Down". The influence of mobile social networking site use on upward social comparison, self-esteem, and well-being of adult smartphone users. *Telematics and informatics*, 42, 101240.
- Snyder, C. R., & Lopez, S. J. (Eds.). (2001). *Handbook of positive psychology*. Oxford university press.



- Soto, C. J. (2015). Is happiness good for your personality? Concurrent and prospective relations of the big five with subjective well-being. *Journal of personality*, 83(1), 45-55.
- Sutalaksana, D. A., & Kusdiyati, S. (2021). Hubungan Stres Akademik dengan Subjective Well-Being pada Mahasiswa Tingkat Akhir.
- Tamannaeifar, M. R., & Motaghedifard, M. (2014). Subjective well-being and its sub-scales among students: The study of role of creativity and self-efficacy. *Thinking Skills and Creativity*, 12, 37-42.
- Taylor, C. T., Lyubomirsky, S., & Stein, M. B. (2017). Upregulating the positive affect system in anxiety and depression: Outcomes of a positive activity intervention. *Depression and anxiety*, 34(3), 267-280.
- Tsuraya, F. H. (2017). *Hubungan antara resiliensi dengan subjective well-being pada remaja panti asuhan di Kabupaten Banyumas* (Doctoral dissertation, Universitas Muhammadiyah Purwokerto).
- Veenhoven, R. (2008). Sociological theories of subjective well-being. *The science of subjective well-being*, 9, 44-61.
- Wang, S. C., & Fowler, P. J. (2019). Social cohesion, neighborhood collective efficacy, and adolescent subjective well-being in urban and rural Taiwan. *American journal of community psychology*, 63(3-4), 499-510.
- Wangid, M. N. (2013). Identifikasi Hambatan Struktural Dan Kultural Mahasiswa Dalam Menyelesaikan Tugas Akhir. *Jurnal Penelitian Ilmu Pendidikan*, 6(2).
- Warr, P. (1978). A study of psychological well-being. *British journal of Psychology*, 69(1), 111-121.
- Yasar Yilmaz, K., & Sivis Cetinkaya, R.A.H. S.A.N (2019). Subjective wellbeing of education faculty students: The role of psychological and demographic variables. *İnönü Üniversitesi Eğitim Fakültesi Dergisi*, 20(1), 165-177.
- Yurni, Y. (2017). Perasaan Kesepian dan Self-esteem pada Mahasiswa. *Jurnal Ilmiah Universitas Batanghari Jambi*, 15(4), 123-128.
- Zakaria, D. (2017). Tingkat stres mahasiswa ketika menempuh skripsi (Doctoral dissertation, University of Muhammadiyah Malang). Diunduh dari <https://eprints.umm.ac.id/43367/>.
- Zhang, R. P. (2016). Positive affect and self-efficacy as mediators between personality and life satisfaction in Chinese college freshmen. *Journal of Happiness Studies*, 17(5), 2007-2021.



Zhang, X., & Ardasheva, Y. (2019). Sources of college EFL learners' self-efficacy in the English public speaking domain. *English for Specific Purposes*, 53, 47-59.

Bandura, A. (1997). Self-efficacy: The exercise of control. *New York, NY*.

Zhao, Y., Zheng, Z., Pan, C., & Zhou, L. (2021). Self-esteem and academic engagement among adolescents: A moderated mediation model. *Frontiers in Psychology*, 12, 2006.

Zhou, J., Huebner, E. S., & Tian, L. (2020). Longitudinal associations and mechanisms between achievement goals and subjective well-being in school in Chinese adolescents. *School Mental Health*, 12(2), 353-365.

Zwedberg, S., Barimani, M., & Jonas, W. (2020). Exploring the internship experiences of Swedish final term student midwives: a cross-sectional survey. *Sexual & Reproductive Healthcare*, 26, 100543.